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    <wp:docPr name="Picture 34" descr="H:\1st Partition\My Activities\The NAJFNR\Website\Images\NAJFNR Logo.png"
    id="34"/>
    - <wp:cNvGraphicFramePr>
      <a:graphicFrameLocks noChangeAspect="1" xmlns:a="http://schemas.openxmlformats.org/drawingml/2006/main"/>
    </wp:cNvGraphicFramePr>
    - <a:graphic xmlns:a="http://schemas.openxmlformats.org/drawingml/2006/main">
      - <a:graphicData uri="http://schemas.openxmlformats.org/drawingml/2006/picture">
        - <pic:pic xmlns:pic="http://schemas.openxmlformats.org/drawingml/2006/picture">
          - <pic:nvPicPr>
            <pic:cNvPr name="Picture 4" descr="H:\1st Partition\My Activities\The
            NAJFNR\Website\Images\NAJFNR Logo.png" id="0"/>
            - <pic:cNvPicPr>
              <a:picLocks noChangeAspect="1" noChangeArrowheads="1"/>
            </pic:cNvPicPr>
            </pic:nvPicPr>
            - <pic:blipFill>
              - <a:blip cstate="print" r:embed="rId9">
                - <a:extLst>
                  - <a:ext uri="{28A0092B-C50C-407E-A947-70E740481C1C}">
                    <a14:useLocalDpi val="0"
                    xmlns:a14="http://schemas.microsoft.com/office/drawing/2010/main"/>
                  </a:ext>
                </a:extLst>
              </a:blip>
              <a:srcRect/>
              - <a:stretch>
                <a:fillRect/>
              </a:stretch>
            </pic:blipFill>
            - <pic:spPr bwMode="auto">
              - <a:xfrm>
                <a:off y="0" x="0"/>
                <a:ext cx="1442720" cy="951230"/>
              </a:xfrm>
            </pic:spPr>
          </pic:pic>
        </a:graphicData>
      </a:graphic>
    </wp:cNvGraphicFramePr>
  </wp:anchor>

```

```

    </a:xfm>
  - <a:prstGeom prst="rect">
    <a:avLst/>
    </a:prstGeom>
    <a:noFill/>
  - <a:ln>
    <a:noFill/>
  </a:ln>
  </pic:spPr>
</pic:pic>
</a:graphicData>
</a:graphic>
- <wp14:sizeRelH relativeFrom="margin">
  <wp14:pctWidth>0</wp14:pctWidth>
</wp14:sizeRelH>
- <wp14:sizeRelV relativeFrom="margin">
  <wp14:pctHeight>0</wp14:pctHeight>
</wp14:sizeRelV>
</wp:anchor>
</w:drawing>
</w:r>
- <w:r w:rsidR="00C62C26" w:rsidPr="005C028C">
  - <w:rPr>
    <w:noProof/>
    <w:sz w:val="22"/>
  </w:rPr>
  - <mc:AlternateContent>
    - <mc:Choice Requires="wpg">
      - <w:drawing>
        - <wp:inline wp14:editId="0ADF602D" wp14:anchorId="2F70865D" distR="0" distL="0" distB="0" distT="0">
          <wp:extent cx="5988055" cy="1014412"/>
          <wp:effectExtent r="0" b="0" t="0" l="0"/>
          <wp:docPr name="Group 10991" id="10991"/>
          <wp:cNvGraphicFramePr>
            - <a:graphic xmlns:a="http://schemas.openxmlformats.org/drawingml/2006/main">
              - <a:graphicData uri="http://schemas.microsoft.com/office/word/2010/wordprocessingGroup">
                - <wpg:wgp>
                  <wpg:cNvGrpSpPr/>
                  - <wpg:grpSpPr>
                    - <a:xfm>
                      <a:off y="0" x="0"/>
                      <a:ext cx="5988055" cy="1014412"/>
                      <a:chOff y="39628" x="-43766"/>
                      <a:chExt cx="5988055" cy="1122214"/>
                    </a:xfm>
                  </wpg:grpSpPr>
                - <wps:wsp>
                  <wps:cNvPr name="Rectangle 147" id="147"/>
                  <wps:cNvSpPr/>
                  - <wps:spPr>
                    - <a:xfm>
                      <a:off y="39628" x="2990669"/>
                      <a:ext cx="42144" cy="186477"/>
                    </a:xfm>
                    - <a:prstGeom prst="rect">
                      <a:avLst/>
                      </a:prstGeom>
                    - <a:ln>
                      <a:noFill/>
                    </a:ln>
                  </wps:spPr>
                - <wps:txbx>
                  - <w:txbxContent>
                    - <w:p w:rsidP="00C62C26" w:rsidRDefault="00164130" w:rsidR="00164130" w14:textId="77777777" w14:paraId="378DD19B">
                      - <w:pPr>
                        <w:spacing w:lineRule="auto" w:line="259" w:after="160" w:before="0"/>
                        <w:ind w:right="0" w:left="0" w:firstLine="0"/>
                        <w:jc w:val="left"/>
                      </w:pPr>
                      - <w:r>
                        - <w:rPr>
                          <w:sz w:val="22"/>
                        </w:rPr>
                        <w:t xml:space="preserve"></w:t>
                      </w:r>
                    </w:p>
                  </w:txbxContent>
                </wps:txbx>
              - <wps:bodyPr bIns="0" rIns="0" tIns="0" lIns="0" vert="horz" rtlCol="0" horzOverflow="overflow">
                <a:noAutofit/>
              </wps:bodyPr>
            </a:graphicData>
          </wpg:wgp>
        </a:graphic>
      </wp:cNvGraphicFramePr>
    </wp:inline>
  </w:drawing>
</mc:Choice>
</mc:AlternateContent>
</w:r>

```

```

    </wps:bodyPr>
  </wps:wsp>
- <wps:wsp>
  <wps:cNvPr name="Rectangle 148" id="148"/>
  <wps:cNvSpPr/>
  - <wps:spPr>
    - <a:xfrm>
      <a:off y="507496" x="2990669"/>
      <a:ext cx="42144" cy="186477"/>
    </a:xfrm>
    - <a:prstGeom prst="rect">
      <a:avLst/>
    </a:prstGeom>
    - <a:ln>
      <a:noFill/>
    </a:ln>
  </wps:spPr>
- <wps:txbx>
  - <w:txbxContent>
    - <w:p w:rsidP="00C62C26" w:rsidRDefault="00164130" w:rsidR="00164130"
      w14:textId="77777777" w14:paraId="0EEC441A">
      - <w:pPr>
        <w:spacing w:lineRule="auto" w:line="259" w:after="160" w:before="0"/>
        <w:ind w:right="0" w:left="0" w:firstLine="0"/>
        <w:jc w:val="left"/>
      </w:pPr>
      - <w:r>
        - <w:rPr>
          <w:sz w:val="22"/>
        </w:rPr>
        <w:t xml:space="preserve"></w:t>
      </w:r>
    </w:p>
  </w:txbxContent>
</wps:txbx>
- <wps:bodyPr bInns="0" rInns="0" tInns="0" lInns="0" vert="horz" rtlCol="0"
  horzOverflow="overflow">
  <a:noAutofit/>
</wps:bodyPr>
</wps:wsp>
- <wps:wsp>
  <wps:cNvPr name="Rectangle 149" id="149"/>
  <wps:cNvSpPr/>
  - <wps:spPr>
    - <a:xfrm>
      <a:off y="975365" x="2990669"/>
      <a:ext cx="42144" cy="186477"/>
    </a:xfrm>
    - <a:prstGeom prst="rect">
      <a:avLst/>
    </a:prstGeom>
    - <a:ln>
      <a:noFill/>
    </a:ln>
  </wps:spPr>
- <wps:txbx>
  - <w:txbxContent>
    - <w:p w:rsidP="00C62C26" w:rsidRDefault="00164130" w:rsidR="00164130"
      w14:textId="77777777" w14:paraId="4768D7D2">
      - <w:pPr>
        <w:spacing w:lineRule="auto" w:line="259" w:after="160" w:before="0"/>
        <w:ind w:right="0" w:left="0" w:firstLine="0"/>
        <w:jc w:val="left"/>
      </w:pPr>
      - <w:r>
        - <w:rPr>
          <w:sz w:val="22"/>
        </w:rPr>
        <w:t xml:space="preserve"></w:t>
      </w:r>
    </w:p>
  </w:txbxContent>
</wps:txbx>
- <wps:bodyPr bInns="0" rInns="0" tInns="0" lInns="0" vert="horz" rtlCol="0"
  horzOverflow="overflow">
  <a:noAutofit/>
</wps:bodyPr>
</wps:wsp>
- <wps:wsp>
  <wps:cNvPr name="Rectangle 239" id="239"/>
  <wps:cNvSpPr/>
  - <wps:spPr>

```

```

- <a:xfm>
  <a:off y="517241" x="1971991"/>
  <a:ext cx="1781790" cy="168235"/>
</a:xfm>
- <a:prstGeom prst="rect">
  <a:avLst/>
</a:prstGeom>
- <a:ln>
  <a:noFill/>
</a:ln>
</wps:spPr>
- <wps:txbx>
  - <w:txbxContent>
    - <w:p w:rsidP="00C62C26" w:rsidRDefault="00164130" w:rsidR="00164130"
      w14:textId="77777777" w14:paraId="711E08BE" w:rsidRPr="00B409E3">
      - <w:pPr>
        <w:spacing w:lineRule="auto" w:line="259" w:after="160" w:before="0"/>
        <w:ind w:right="0" w:left="0" w:firstLine="0"/>
        <w:jc w:val="center"/>
      - <w:rPr>
        <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
      </w:rPr>
    </w:pPr>
    - <w:r w:rsidRPr="00B409E3">
      - <w:rPr>
        <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
      </w:rPr>
      <w:t>Contents lists available at</w:t>
    </w:r>
  </w:p>
  </w:txbxContent>
</wps:txbx>
- <wps:bodyPr bIns="0" rIns="0" tIns="0" lIns="0" vert="horz" rtlCol="0"
  horzOverflow="overflow">
  <a:noAutofit/>
</wps:bodyPr>
</wps:wsp>
- <wps:wsp>
  <wps:cNvPr name="Rectangle 242" id="242"/>
  <wps:cNvSpPr/>
  - <wps:spPr>
    - <a:xfm>
      <a:off y="555884" x="3543881"/>
      <a:ext cx="38021" cy="168235"/>
    </a:xfm>
    - <a:prstGeom prst="rect">
      <a:avLst/>
    </a:prstGeom>
    - <a:ln>
      <a:noFill/>
    </a:ln>
  </wps:spPr>
- <wps:txbx>
  - <w:txbxContent>
    - <w:p w:rsidP="00C62C26" w:rsidRDefault="00164130" w:rsidR="00164130"
      w14:textId="77777777" w14:paraId="1268648C">
      - <w:pPr>
        <w:spacing w:lineRule="auto" w:line="259" w:after="160" w:before="0"/>
        <w:ind w:right="0" w:left="0" w:firstLine="0"/>
        <w:jc w:val="left"/>
      </w:pPr>
      - <w:r>
        <w:t xml:space="preserve"></w:t>
      </w:r>
    </w:p>
  </w:txbxContent>
</wps:txbx>
- <wps:bodyPr bIns="0" rIns="0" tIns="0" lIns="0" vert="horz" rtlCol="0"
  horzOverflow="overflow">
  <a:noAutofit/>
</wps:bodyPr>
</wps:wsp>
- <wps:wsp>
  <wps:cNvPr name="Shape 13829" id="13829"/>
  <wps:cNvSpPr/>
  - <wps:spPr>
    - <a:xfm>
      <a:off y="673229" x="-43766"/>
      <a:ext cx="5981064" cy="365760"/>
    </a:xfm>
    - <a:custGeom>
      <a:avLst/>
    </a:custGeom>
  </wps:spPr>

```

```

<a:gdLst/>
<a:ahLst/>
<a:cxnLst/>
<a:rect r="0" b="0" t="0" l="0"/>
- <a:pathLst>
  - <a:path w="5467472" h="365760">
    - <a:moveTo>
      <a:pt y="0" x="0"/>
    </a:moveTo>
    - <a:lnTo>
      <a:pt y="0" x="5467472"/>
    </a:lnTo>
    - <a:lnTo>
      <a:pt y="365760" x="5467472"/>
    </a:lnTo>
    - <a:lnTo>
      <a:pt y="365760" x="0"/>
    </a:lnTo>
    - <a:lnTo>
      <a:pt y="0" x="0"/>
    </a:lnTo>
  </a:path>
</a:pathLst>
</a:custGeom>
- <a:solidFill>
  - <a:schemeClr val="accent6">
    <a:lumMod val="40000"/>
    <a:lumOff val="60000"/>
  </a:schemeClr>
</a:solidFill>
- <a:ln w="0" cap="rnd">
  <a:miter lim="127000"/>
</a:ln>
</wps:spPr>
- <wps:style>
  - <a:lnRef idx="0">
    - <a:srgbClr val="000000">
      <a:alpha val="0"/>
    </a:srgbClr>
  </a:lnRef>
  - <a:fillRef idx="1">
    <a:srgbClr val="F2F2F2"/>
  </a:fillRef>
  - <a:effectRef idx="0">
    <a:srgbClr r="0" b="0" g="0"/>
  </a:effectRef>
  <a:fontRef idx="none"/>
</wps:style>
<wps:bodyPr>
</wps:wsp>
- <wps:wsp>
  <wps:cNvPr name="Rectangle 244" id="244"/>
  <wps:cNvSpPr>
  - <wps:spPr>
    - <a:xfrm>
      <a:off y="697360" x="1835110"/>
      <a:ext cx="2933739" cy="168235"/>
    </a:xfrm>
    - <a:prstGeom prst="rect">
      <a:avLst/>
    </a:prstGeom>
    - <a:ln>
      <a:noFill/>
    </a:ln>
  </wps:spPr>
- <wps:txbx>
  - <w:txbxContent>
    - <w:p w:rsidP="00C62C26" w:rsidRDefault="00164130" w:rsidR="00164130"
      w14:textId="77777777" w14:paraId="1BD9E20A" w:rsidRPr="00B409E3">
      - <w:pPr>
        <w:spacing w:lineRule="auto" w:line="259" w:after="160" w:before="0"/>
        <w:ind w:right="0" w:left="0" w:firstLine="0"/>
        <w:je w:val="left"/>
      </w:pPr>
      <w:rPr>
        <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
      </w:rPr>
    </w:pPr>
    - <w:r w:rsidRPr="00B409E3">
      - <w:rPr>
        <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
      </w:rPr>
      <w:t xml:space="preserve">Journal homepage: </w:t>
    </w:r>
  </w:txbxContent>

```

```

</w:r>
- <w:hyperlink r:id="rId10" w:history="1">
  - <w:r w:rsidRPr="00B409E3">
    - <w:rPr>
      <w:rStyle w:val="Hyperlink"/>
      <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
    </w:rPr>
    <w:t>https://www.najfnr.org</w:t>
  </w:r>
</w:hyperlink>
- <w:r w:rsidRPr="00B409E3">
  - <w:rPr>
    <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
  </w:rPr>
  <w:t xml:space="preserve"></w:t>
</w:r>
</w:p>
</w:txbxContent>
</wps:txbx>
- <wps:bodyPr bIns="0" rIns="0" tIns="0" lIns="0" vert="horz" rtlCol="0"
  horzOverflow="overflow">
  <a:noAutofit/>
</wps:bodyPr>
</wps:wsp>
- <wps:wsp>
  <wps:cNvPr name="Rectangle 246" id="246"/>
  <wps:cNvSpPr/>
  - <wps:spPr>
    - <a:xfm>
      <a:off y="697616" x="3882209"/>
      <a:ext cx="38021" cy="168235"/>
    </a:xfm>
    - <a:prstGeom prst="rect">
      <a:avLst/>
    </a:prstGeom>
    - <a:ln>
      <a:noFill/>
    </a:ln>
  </wps:spPr>
</wps:txbx>
- <wps:txbx>
  - <w:txbxContent>
    - <w:p w:rsidP="00C62C26" w:rsidRDefault="00164130" w:rsidR="00164130"
      w14:textId="7777777" w14:paraId="66D12DA3">
      - <w:pPr>
        <w:spacing w:lineRule="auto" w:line="259" w:after="160" w:before="0"/>
        <w:ind w:right="0" w:left="0" w:firstLine="0"/>
        <w:jc w:val="left"/>
      </w:pPr>
      - <w:r>
        <w:t xml:space="preserve"></w:t>
      </w:r>
    </w:p>
  </w:txbxContent>
</wps:txbx>
- <wps:bodyPr bIns="0" rIns="0" tIns="0" lIns="0" vert="horz" rtlCol="0"
  horzOverflow="overflow">
  <a:noAutofit/>
</wps:bodyPr>
</wps:wsp>
- <wps:wsp>
  <wps:cNvPr name="Rectangle 255" id="255"/>
  <wps:cNvSpPr/>
  - <wps:spPr>
    - <a:xfm>
      <a:off y="906785" x="5902145"/>
      <a:ext cx="42144" cy="186477"/>
    </a:xfm>
    - <a:prstGeom prst="rect">
      <a:avLst/>
    </a:prstGeom>
    - <a:ln>
      <a:noFill/>
    </a:ln>
  </wps:spPr>
</wps:txbx>
- <wps:txbx>
  - <w:txbxContent>
    - <w:p w:rsidP="00C62C26" w:rsidRDefault="00164130" w:rsidR="00164130"
      w14:textId="7777777" w14:paraId="4013F728">
      - <w:pPr>
        <w:spacing w:lineRule="auto" w:line="259" w:after="160" w:before="0"/>
        <w:ind w:right="0" w:left="0" w:firstLine="0"/>
        <w:jc w:val="left"/>
      </w:pPr>

```

```

    </w:pPr>
    - <w:r>
      - <w:rPr>
        <w:sz w:val="22"/>
        <w:rPr>
          <w:t xml:space="preserve"></w:t>
        </w:r>
      </w:p>
    </w:tblxContent>
    </wps:tblx>
    - <wps:bodyPr bIncs="0" rIncs="0" tIncs="0" lIncs="0" vert="horz" rtlCol="0"
      horzOverflow="overflow">
      <a:noAutofit/>
    </wps:bodyPr>
  </wps:wsp>
</wpg:wgp>
</a:graphicData>
</a:graphic>
</wp:inline>
</w:drawing>
</mc:Choice>
- <mc:Fallback>
  - <w:pict>
    - <v:group w:14:anchorId="2F70865D" id="Group 10991"
      o:gfxdata="UESDBBQABGAIAAAAIQC2gziS/gAAAOEBAAATAAAAW0NvbnRlbnRfVHlwZXNdLnhtbJSRQU7DN
      90jcwfiWJU67QAgI6YK0S0CoHGBkTxKLZGx5TGHvJ5O2G0SRWNoz/78nu9wexkFMGNg6quQqL6RA
      0s5Y6ir5vt9ID1JwBDIwOMJJKHPhlPr69KfdHjyxSmriSfyz+USnWPY7AufNladK6MEJmX9ApD/o
      OITrorhX2IFEilmcO2RdNtjC5xDf9pCuTyYBB5bi6bQ4syoJ3g9WQ0ymailZg5KdCXIKLjvcW893
      SUOqXwnz5DrngHtJTxOsQfEKIT7DmDSUCaxw7Rqn8787ZsmRM9e2VmPEBN4uqYvTtW7jvji9N/y
      JsXecLq0q+WD6m8AAAD//wMAUESDBBQABGAIAAAAIQA4/SH/1gAAAJQBAAALAAAAAX3JlbHMvLnJl
      bHOkkMFqzwAMhu+DvYPRFXGawxijTi+j0GvpHsDYimMaW0Yy2fr2M4PBMnrUb/Q94l/fhMiIqR
      JVI2sOt6UJgd+ZiDgffL8ekFIFsbvV0oo4EbChzGx4f9GRdb25HMsYhqlCwG5lrLq9biZkxW0iQY
      22YiTra2kYMu1IltQD30/bPm3wwYN0x18gb45AdQl1tp5j5FB2T0FQ7R0nTNEV3j6o9feQzroLi
      OWA14Fm+Q8a1a8+Bvu/d/dMb2JY5uiPbhG/ktn4cqGU/er3pcvwCAAD//wMAUESDBBQABGAIAAAA
      IQBRUXBwkAAAG4VAAA0AAAAZHJzL2Uyb0RvYy54bWzkWG1v2zYQ/j5g/0HQ98Y9W7EKYZZCQZs
      bdF2P4DRiy2AIgVSIZ39+t0dRdmxg6HugKRoEsCijfj3fOQ1B0v3+56Gdw3xnZarUJ2EYVBoypd
      d2q9Cv+ev2mCAM7CIULQVWzCh8aG769+vWxy+2wbLjeaFk3JgAji63wyrcjOOwXCxstWl6YS/0
      0CjobLXpxQivZr2ojdiC9V4ueBRI6029WB01VgL0veuM7wi+23bVOPHtrXNGMhVCL6N9Gvo9xZ/
      FteXYrk2Yth01eSG+A4vetEpmHQ29V6MIrgz3YmpvquMtrodLyrDL3TbdlVDMUA0LDqK5sbou4Fi
      WS+362GGCaA9wum7zVYf7j+ZoKuBu6gsWRgo0QNNNHpGRADrdlgvQPQDF+GT2YSrN0bRr1rTY9P
      iCfYEbgPM7jNbgwqEKZIUURpGgYV9LGIJQnjDv5qAxzhuDdJnGdZGIBCXGa88N2/P2mCcc5ZgjoL
      78ECHZ392g6wpuweNvv/YPuyEUNDbfGegw8OW5B60z7DahFrLJmAgJJRIc8bMLi3A9wRgvCylLCuP
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    <w:tblPr w:tblpY="564" w:tblpX="240" w:vertAnchor="text"/>
    <w:tblOverlap w:val="never"/>
    <w:tblW w:w="5130" w:type="dxa"/>
    <w:tblInd w:w="0" w:type="dxa"/>
    <w:tblLook w:val="04A0" w:noVBand="1" w:noHBand="0" w:lastColumn="0" w:firstColumn="1" w:lastRow="0" w:firstRow="1"/>
  </w:tblPr>
  - <w:tblGrid>
    <w:gridCol w:w="3442"/>
    <w:gridCol w:w="264"/>
    <w:gridCol w:w="1424"/>
  </w:tblGrid>
  - <w:tr w:rsidR="00C62C26" w:14:textId="7777777" w:14:paraId="49A4D1D9" w:rsidRPr="005C028C" w:rsidTr="009B08AB">
    - <w:trPr>
      <w:trHeight w:val="562"/>
    </w:trPr>
    - <w:tc>
      - <w:tcPr>
        <w:tcW w:w="3442" w:type="dxa"/>
      - <w:tcBorders>
        <w:top w:val="nil"/>
        <w:left w:val="nil"/>
        <w:bottom w:val="nil"/>
        <w:right w:val="nil"/>
      </w:tcBorders>
    </w:tc>
  </w:tr>
</w:tbl>

```

```

</w:tcPr>
- <w:p w:rsidP="009B08AB" w:rsidRDefault="00C62C26" w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="25F03059"
w:rsidRPr="005C028C">
- <w:pPr>
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<w:ind w:right="0" w:left="0" w:firstLine="0"/>
<w:contextualSpacing/>
<w:jc w:val="left"/>
- <w:rPr>
<w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
<w:b/>
<w:bCs/>
</w:rPr>
</w:pPr>
</w:p>
- <w:p w:rsidP="008B0DCA" w:rsidRDefault="008B0DCA" w:rsidR="00C62C26" w14:textId="77777777"
w14:paraId="0A7B8DBE" w:rsidRPr="008B0DCA">
- <w:pPr>
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<w:ind w:right="0" w:left="0" w:firstLine="0"/>
<w:contextualSpacing/>
<w:jc w:val="left"/>
- <w:rPr>
<w:rFonts w:cs="Times New Roman" w:hAnsi="Times New Roman" w:ascii="Times New Roman"/>
</w:rPr>
</w:pPr>
- <w:r w:rsidRPr="00695689">
- <w:rPr>
<w:rFonts w:cs="Times New Roman" w:hAnsi="Times New Roman" w:ascii="Times New Roman"/>
<w:noProof/>
</w:rPr>
<w:t>A R</w:t>
</w:r>
- <w:r w:rsidRPr="00C11383">
- <w:rPr>
<w:rFonts w:cs="Times New Roman" w:hAnsi="Times New Roman" w:ascii="Times New Roman"/>
</w:rPr>
<w:t xml:space="preserve"> T I C L E </w:t>
</w:r>
- <w:r>
- <w:rPr>
<w:rFonts w:cs="Times New Roman" w:hAnsi="Times New Roman" w:ascii="Times New Roman"/>
</w:rPr>
<w:t xml:space="preserve"> I N F O </w:t>
</w:r>
- <w:r w:rsidR="00C62C26" w:rsidRPr="005C028C">
<w:t xml:space="preserve"> </w:t>
</w:r>
</w:p>
</w:tc>
- <w:tc>
- <w:tcPr>
<w:tcW w:w="264" w:type="dxa"/>
- <w:tcBorders>
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<w:left w:val="nil"/>
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<w:right w:val="nil"/>
</w:tcBorders>
<w:vAlign w:val="bottom"/>
</w:tcPr>
- <w:p w:rsidP="009B08AB" w:rsidRDefault="00C62C26" w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="40F96978"
w:rsidRPr="005C028C">
- <w:pPr>
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<w:ind w:right="0" w:left="0" w:firstLine="0"/>
<w:contextualSpacing/>
<w:jc w:val="left"/>
</w:pPr>
- <w:r w:rsidRPr="005C028C">
<w:t xml:space="preserve"> </w:t>
</w:r>
</w:p>
</w:tc>
- <w:tc>
- <w:tcPr>
<w:tcW w:w="1424" w:type="dxa"/>
- <w:tcBorders>
<w:top w:val="nil"/>
<w:left w:val="nil"/>
<w:bottom w:val="nil"/>
<w:right w:val="nil"/>

```

```

        </w:tcBorders>
    </w:tcPr>
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      w:rsidRPr="00611197">
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        <w:contextualSpacing/>
      - <w:rPr>
        <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
        <w:b/>
        <w:bCs/>
        <w:sz w:val="18"/>
        <w:szCs w:val="18"/>
      </w:rPr>
    </w:pPr>
  </w:p>
  - <w:p w:rsidP="008F595A" w:rsidRDefault="008F595A" w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="08A8AA95"
    w:rsidRPr="008F595A">
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      <w:contextualSpacing/>
    - <w:rPr>
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    </w:rPr>
  </w:pPr>
  - <w:r w:rsidRPr="00C11383">
    - <w:rPr>
      <w:rFonts w:hAnsi="Bell MT" w:ascii="Bell MT"/>
    </w:rPr>
    <w:t xml:space="preserve">A B S T R A C T </w:t>
  </w:r>
  - <w:r w:rsidR="00C62C26" w:rsidRPr="005C028C">
    <w:t xml:space="preserve"></w:t>
  </w:r>
</w:p>
</w:tr>
</w:tbl>
- <w:tbl>
  - <w:tblPr>
    <w:tblStyle w:val="TableGrid0"/>
    <w:tblPr w:tblY="1306" w:tblX="90" w:vertAnchor="text" w:horzAnchor="margin" w:rightFromText="180"
      w:leftFromText="180"/>
    <w:tblW w:w="9490" w:type="dxa"/>
  - <w:tblBorders>
    <w:top w:val="none" w:space="0" w:color="auto" w:sz="0"/>
    <w:left w:val="none" w:space="0" w:color="auto" w:sz="0"/>
    <w:bottom w:val="none" w:space="0" w:color="auto" w:sz="0"/>
    <w:right w:val="none" w:space="0" w:color="auto" w:sz="0"/>
    <w:insideH w:val="none" w:space="0" w:color="auto" w:sz="0"/>
    <w:insideV w:val="none" w:space="0" w:color="auto" w:sz="0"/>
  </w:tblBorders>
    <w:tblLook w:val="04A0" w:noVBand="1" w:noHBand="0" w:lastColumn="0" w:firstColumn="1" w:lastRow="0" w:firstRow="1"/>
  </w:tblPr>
  - <w:tblGrid>
    <w:gridCol w:w="3701"/>
    <w:gridCol w:w="5789"/>
  </w:tblGrid>
  - <w:tr w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="759E68F8" w:rsidTr="00033A39">
    - <w:tc>
      - <w:tcPr>
        <w:tcW w:w="3701" w:type="dxa"/>
      </w:tcPr>
    - <w:p w:rsidP="00033A39" w:rsidRDefault="00C62C26" w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="531342C1"
      w:rsidRPr="005C028C">
      - <w:pPr>
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        <w:ind w:right="0" w:left="0" w:firstLine="0"/>
        <w:jc w:val="left"/>
      - <w:rPr>
        <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
        <w:b/>
        <w:bCs/>
        <w:iCs/>
        <w:sz w:val="14"/>
        <w:szCs w:val="14"/>
      </w:rPr>
    </w:pPr>
  - <w:r w:rsidRPr="005C028C">
    - <w:rPr>

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```

        <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
        <w:b/>
        <w:bCs/>
        <w:iCs/>
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        <w:szCs w:val="14"/>
    </w:rPr>
    <w:t xml:space="preserve">Article history: </w:t>
</w:r>
</w:p>
- <w:p w:rsidP="00033A39" w:rsidRDefault="002D35A0" w:rsidR="002D35A0" w14:textId="77777777" w14:paraId="24F4C68C"
w:rsidRPr="005C028C">
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    <w:jc w:val="left"/>
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
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    <w:sz w:val="14"/>
    <w:szCs w:val="14"/>
  </w:rPr>
</w:pPr>
- <w:r>
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
    Semilight"/>
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  </w:rPr>
  <w:t>Received</w:t>
</w:r>
- <w:r w:rsidRPr="005C028C">
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    <w:sz w:val="14"/>
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  </w:rPr>
  <w:t xml:space="preserve"></w:t>
</w:r>
- <w:r>
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
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    <w:sz w:val="14"/>
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  </w:rPr>
  <w:t xml:space="preserve">02 September </w:t>
</w:r>
- <w:r w:rsidRPr="005C028C">
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
    Semilight"/>
    <w:sz w:val="14"/>
    <w:szCs w:val="14"/>
  </w:rPr>
  <w:t>201</w:t>
</w:r>
- <w:r>
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
    Semilight"/>
    <w:sz w:val="14"/>
    <w:szCs w:val="14"/>
  </w:rPr>
  <w:t>8</w:t>
</w:r>
- <w:r w:rsidRPr="005C028C">
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
    Semilight"/>
    <w:sz w:val="14"/>
    <w:szCs w:val="14"/>
  </w:rPr>
  <w:t xml:space="preserve"></w:t>
</w:r>
</w:p>
- <w:p w:rsidP="00033A39" w:rsidRDefault="002D35A0" w:rsidR="002D35A0" w14:textId="77777777" w14:paraId="5D71B9EE"
w:rsidRPr="005C028C">
  - <w:pPr>
    <w:spacing w:lineRule="auto" w:line="259" w:after="0" w:before="0"/>

```

```

<w:ind w:right="0" w:left="0" w:firstLine="0"/>
<w:jc w:val="left"/>
- <w:rPr>
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  Semilight"/>
  <w:sz w:val="14"/>
  <w:szCs w:val="14"/>
</w:rPr>
</w:pPr>
- <w:r>
  - <w:rPr>
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    Semilight"/>
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    <w:t>Accepted 26 October</w:t>
  </w:r>
- <w:r w:rsidRPr="005C028C">
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
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    <w:sz w:val="14"/>
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  </w:r>
- <w:r>
  - <w:rPr>
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    <w:szCs w:val="14"/>
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  </w:r>
- <w:r w:rsidRPr="005C028C">
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    Semilight"/>
    <w:sz w:val="14"/>
    <w:szCs w:val="14"/>
    </w:rPr>
    <w:t xml:space="preserve"></w:t>
  </w:r>
</w:p>
- <w:p w:rsidP="00033A39" w:rsidRDefault="002D35A0" w:rsidR="00C62C26" w14:textId="62E4B07E"
w14:paralId="6EF6CDD4" w:rsidRPr="005C028C">
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    <w:jc w:val="left"/>
  - <w:rPr>
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    <w:sz w:val="14"/>
    <w:szCs w:val="14"/>
    </w:rPr>
  </w:pPr>
- <w:r>
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
    Semilight"/>
    <w:sz w:val="14"/>
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    </w:rPr>
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  </w:r>
- <w:r w:rsidR="0037697D">
  - <w:rPr>
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    <w:sz w:val="14"/>
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    </w:rPr>
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  </w:r>
- <w:r>
  - <w:rPr>
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    <w:sz w:val="14"/>

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        <w:szCs w:val="14"/>
        </w:rPr>
        <w:t>November</w:t>
    </w:r>
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        </w:rPr>
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    </w:r>
    - <w:r>
        - <w:rPr>
            <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI Semilight"/>
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            <w:sz w:val="14"/>
            <w:szCs w:val="14"/>
        </w:rPr>
        <w:t>2018</w:t>
    </w:r>
</w:p>
- <w:p w:rsidP="00033A39" w:rsidRDefault="00C62C26" w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="0D432D36" w:rsidRPr="005C028C">
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        <w:jc w:val="left"/>
    - <w:rPr>
        <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
        <w:b/>
        <w:bCs/>
        <w:iCs/>
        <w:sz w:val="14"/>
        <w:szCs w:val="14"/>
    </w:rPr>
    </w:pPr>
    - <w:r w:rsidRPr="005C028C">
        - <w:rPr>
            <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
            <w:b/>
            <w:bCs/>
            <w:iCs/>
            <w:sz w:val="14"/>
            <w:szCs w:val="14"/>
        </w:rPr>
        <w:t xml:space="preserve">Keywords: </w:t>
    </w:r>
</w:p>
- <w:p w:rsidP="00033A39" w:rsidRDefault="00C62C26" w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="652A395F" w:rsidRPr="005C028C">
    - <w:pPr>
        <w:spacing w:lineRule="auto" w:line="259" w:after="0" w:before="0"/>
        <w:ind w:right="0" w:left="0" w:firstLine="0"/>
        <w:jc w:val="left"/>
    - <w:rPr>
        <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI Semilight"/>
        <w:sz w:val="14"/>
        <w:szCs w:val="14"/>
    </w:rPr>
    </w:pPr>
    - <w:r w:rsidRPr="00577ADA">
        - <w:rPr>
            <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI Semilight"/>
            <w:sz w:val="14"/>
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        </w:rPr>
        <w:t xml:space="preserve">Colorectal </w:t>
    </w:r>
    - <w:r>
        - <w:rPr>
            <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI Semilight"/>
            <w:noProof/>
            <w:sz w:val="14"/>
            <w:szCs w:val="14"/>
        </w:rPr>
        <w:t>N</w:t>
    </w:r>

```

```

</w:r>
- <w:r w:rsidRPr="002233CE">
  - <w:rPr>
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    <w:noProof/>
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    <w:szCs w:val="14"/>
  </w:rPr>
  <w:t>eoplasms</w:t>
</w:r>
</w:p>
- <w:p w:rsidP="00033A39" w:rsidRDefault="00C62C26" w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="1FE7D9AA"
  w:rsidRPr="005C028C">
  - <w:pPr>
    <w:spacing w:lineRule="auto" w:line="259" w:after="0" w:before="0"/>
    <w:ind w:right="0" w:left="0" w:firstLine="0"/>
    <w:jc w:val="left"/>
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
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    <w:szCs w:val="14"/>
  </w:rPr>
</w:pPr>
- <w:r w:rsidRPr="00577ADA">
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
      Semilight"/>
    <w:sz w:val="14"/>
    <w:szCs w:val="14"/>
  </w:rPr>
  <w:t>Hyperglycemia</w:t>
</w:r>
</w:p>
- <w:p w:rsidP="00033A39" w:rsidRDefault="00C62C26" w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="1C9614AB"
  w:rsidRPr="005C028C">
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    <w:ind w:right="0" w:left="0" w:firstLine="0"/>
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  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
      Semilight"/>
    <w:sz w:val="14"/>
    <w:szCs w:val="14"/>
  </w:rPr>
</w:pPr>
- <w:r w:rsidRPr="00577ADA">
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
      Semilight"/>
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    <w:szCs w:val="14"/>
  </w:rPr>
  <w:t>Hypertension</w:t>
</w:r>
</w:p>
- <w:p w:rsidP="00033A39" w:rsidRDefault="00C62C26" w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="44A3A9A8">
  - <w:pPr>
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    <w:ind w:right="0" w:left="0" w:firstLine="0"/>
    <w:jc w:val="left"/>
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
      Semilight"/>
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    <w:szCs w:val="14"/>
  </w:rPr>
</w:pPr>
- <w:r w:rsidRPr="00577ADA">
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
      Semilight"/>
    <w:sz w:val="14"/>
    <w:szCs w:val="14"/>
  </w:rPr>
  <w:t>Visceral obesity</w:t>
</w:r>
</w:p>
- <w:p w:rsidP="00AF7978" w:rsidRDefault="00C62C26" w:rsidR="00AF7978" w14:textId="77652208" w14:paraId="2530A79B">
  - <w:pPr>

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<w:jc w:val="left"/>
- <w:rPr>
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  Semilight"/>
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  <w:szCs w:val="14"/>
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- <w:r w:rsidRPr="00577ADA">
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    Semilight"/>
    <w:sz w:val="14"/>
    <w:szCs w:val="14"/>
  </w:rPr>
  <w:t>Dyslipidemia</w:t>
</w:r>
</w:p>
- <w:p w:rsidP="00AF7978" w:rsidRDefault="002D35A0" w:rsidR="00C62C26" w14:textId="1EA46E85"
w14:paraId="55B05B16">
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- <w:r w:rsidRPr="00577ADA">
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    Semilight"/>
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    <w:szCs w:val="14"/>
  </w:rPr>
  <w:t>Meta-analysis</w:t>
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- <w:r>
  - <w:rPr>
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    Semilight"/>
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  <w:t>.</w:t>
</w:r>
</w:p>
- <w:tbl>
  - <w:tblPr>
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w:leftFromText="180"/>
    <w:tblOverlap w:val="never"/>
    <w:tblW w:w="0" w:type="auto"/>
    <w:tblLook w:val="04A0" w:noVBand="1" w:noHBand="0" w:lastColumn="0" w:firstColumn="1" w:lastRow="0"
w:firstRow="1"/>
  </w:tblPr>
  - <w:tblGrid>
    <w:gridCol w:w="1615"/>
    <w:gridCol w:w="1620"/>
  </w:tblGrid>
  - <w:tr w:rsidR="002D35A0" w14:textId="77777777" w14:paraId="35C13A75" w:rsidRPr="005C028C" w:rsidTr="0099201C">
    - <w:tc>
      - <w:tcPr>
        <w:tcW w:w="3235" w:type="dxa"/>
        <w:gridSpan w:val="2"/>
        <w:shd w:val="clear" w:color="auto" w:themeFillShade="BF" w:themeFill="accent6" w:fill="538135"/>
      </w:tcPr>
      - <w:p w:rsidP="00033A39" w:rsidRDefault="002D35A0" w:rsidR="002D35A0" w14:textId="77777777"
w14:paraId="69A338A6" w:rsidRPr="005C028C">
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          <w:adjustRightInd w:val="0"/>
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            <w:bCs/>
            <w:color w:val="FFFFFF" w:themeColor="background1"/>
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    </w:pPr>
    - <w:r w:rsidRPr="005C028C">
        - <w:rPr>
            <w:rFonts w:cs="Arial-BoldMT" w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT" w:eastAsia="Times
            New Roman"/>
            <w:b/>
            <w:bCs/>
            <w:color w:val="FFFFFF" w:themeColor="background1"/>
            <w:sz w:val="14"/>
            <w:szCs w:val="24"/>
        </w:rPr>
        <w:t>Access this article online</w:t>
    </w:r>
</w:p>
</w:tc>
</w:tr>
- <w:tr w:rsidR="002D35A0" w14:textId="77777777" w14:paralId="6E659E6C" w:rsidRPr="005C028C"
w:rsidTr="0099201C">
    - <w:trPr>
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    </w:trPr>
    - <w:tc>
        - <w:tcPr>
            <w:tcW w:w="1615" w:type="dxa"/>
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        - <w:p w:rsidP="00033A39" w:rsidRDefault="002D35A0" w:rsidR="002D35A0" w14:textId="77777777"
w14:paralId="50EC6189" w:rsidRPr="005C028C">
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                <w:autoSpaceDN w:val="0"/>
                <w:adjustRightInd w:val="0"/>
                <w:snapsToGrid w:val="0"/>
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                <w:ind w:right="0" w:left="0" w:firstLine="0"/>
                <w:jc w:val="center"/>
            - <w:rPr>
                <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
            </w:rPr>
        </w:pPr>
    </w:tr>
    - <w:r w:rsidRPr="005C028C">
        - <w:rPr>
            <w:rFonts w:cs="Arial-BoldMT" w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT" w:eastAsia="Times
            New Roman"/>
            <w:sz w:val="14"/>
            <w:szCs w:val="24"/>
        </w:rPr>
        <w:t>Quick Response Code</w:t>
    </w:r>
    - <w:r w:rsidRPr="005C028C">
        - <w:rPr>
            <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
        </w:rPr>
        <w:t></w:t>
    </w:r>
</w:p>
</w:tc>
- <w:tc>
    - <w:tcPr>
        <w:tcW w:w="1620" w:type="dxa"/>
        <w:vMerge w:val="restart"/>
    </w:tcPr>
    - <w:p w:rsidP="00033A39" w:rsidRDefault="002D35A0" w:rsidR="002D35A0" w14:textId="77777777"
w14:paralId="1766A61B" w:rsidRPr="005C028C">
        - <w:pPr>
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            <w:ind w:right="0" w:left="0" w:firstLine="0"/>
            <w:jc w:val="left"/>
        - <w:rPr>
            <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
            <w:b/>
            <w:bCs/>
            <w:sz w:val="18"/>
            <w:szCs w:val="18"/>
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    </w:pPr>

```

```

- <w:r w:rsidRPr="005C028C">
  - <w:rPr>
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    <w:b/>
    <w:bCs/>
    <w:sz w:val="18"/>
    <w:szCs w:val="18"/>
  </w:rPr>
  <w:t xml:space="preserve">Website: </w:t>
</w:r>
</w:p>
- <w:p w:rsidP="00033A39" w:rsidRDefault="002D35A0" w:rsidR="002D35A0" w14:textId="77777777"
w14:paraId="57FF0B69" w:rsidRPr="005C028C">
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    <w:ind w:right="0" w:left="0" w:firstLine="0"/>
    <w:jc w:val="left"/>
  - <w:rPr>
    <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
    <w:sz w:val="18"/>
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  </w:rPr>
</w:pPr>
- <w:r w:rsidRPr="005C028C">
  - <w:rPr>
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    <w:b/>
    <w:noProof/>
    <w:color w:val="385623" w:themeShade="80" w:themeColor="accent6"/>
    <w:sz w:val="30"/>
    <w:szCs w:val="30"/>
  </w:rPr>
  - <mc:AlternateContent>
    - <mc:Choice Requires="wps">
      - <w:drawing>
        - <wp:anchor wp14:editId="66E321B8" wp14:anchorId="36794F47" allowOverlap="1"
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distR="114300" distL="114300" distB="45720" distT="45720">
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            <wp:posOffset>-36194</wp:posOffset>
          </wp:positionH>
          - <wp:positionV relativeFrom="paragraph">
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          </wp:positionV>
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          <wp:effectExtent r="0" b="0" t="0" l="0"/>
          <wp:wrapNone/>
          <wp:docPr name="Text Box 2" id="4"/>
          - <wp:cNvGraphicFramePr>
            <a:graphicFrameLocks
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            </wp:cNvGraphicFramePr>
          - <a:graphic xmlns:a="http://schemas.openxmlformats.org/drawingml/2006/main">
            - <a:graphicData
              uri="http://schemas.microsoft.com/office/word/2010/wordprocessingShape">
              - <wps:wsp>
                - <wps:cNvSpPr txBox="1">
                  <a:spLocks noChangeArrowheads="1"/>
                </wps:cNvSpPr>
                - <wps:spPr bwMode="auto">
                  - <a:xfrm>
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                  </a:xfrm>
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                    <a:avLst/>
                  </a:prstGeom>
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                  </a:solidFill>
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              - <wps:txbx>
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```

```

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w14:paraId="13C663C9" w:rsidRPr="00847784">
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    <w:ind w:left="11" w:hanging="11"/>
    <w:jc w:val="right"/>
  - <w:rPr>
    <w:lang w:val="fr-FR"/>
  </w:rPr>
</w:pPr>
- <w:r>
  - <w:rPr>
    <w:noProof/>
  </w:rPr>
- <w:drawing>
  - <wp:inline wp14:editId="3CD1CF4B"
    wp14:anchorId="7AD447C2" distR="0"
    distL="0" distB="0" distT="0">
    <wp:extent cx="673100" cy="241300"/>
    <wp:effectExtent r="0" b="6350" t="0"
      l="0"/>
    <wp:docPr name="Picture 40" id="40"/>
  - <wp:cNvGraphicFramePr>
    <a:graphicFrameLocks
      noChangeAspect="1"
      xmlns:a="http://schemas.openxm
    </wp:cNvGraphicFramePr>
  - <a:graphic
    xmlns:a="http://schemas.openxmlformats.o
  - <a:graphicData
    uri="http://schemas.openxmlformats.o
  - <pic:pic
    xmlns:pic="http://schemas.openx
  - <pic:nvPicPr>
    <pic:cNvPr
      name="Picture 1"
      id="0"/>
  - <pic:cNvPicPr>
    <a:picLocks
      noChangeAspe
      noChangeArro
    </pic:cNvPicPr>
    <pic:nvPicPr>
  - <pic:blipFill>
    - <a:blip
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    - <a:extLst>
      - <a:ext
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          A947-
          70E740481C1
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            val='
            xmlns
          </a:ext>
        </a:extLst>
      </a:blip>
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    - <a:stretch>
      <a:fillRect/>
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    </pic:blipFill>
  - <pic:spPr bwMode="auto">
    - <a:xfrm>
      <a:off y="0"
        x="0"/>
      <a:ext
        cx="673100"
        cy="241300"/>
    </a:xfrm>
  - <a:prstGeom
    prst="rect">
    <a:avLst/>
    <a:prstGeom>
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  </wps:bodyPr>
</wps:wsp>
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</wp14:sizeRelH>
- <wp14:sizeRelV relativeFrom="margin">
  <wp14:pctHeight>0</wp14:pctHeight>
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</w:drawing>
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- <mc:Fallback>
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ABkcn
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HGEA
bWxQSwUGAAAAAAQABADzAAAAhUAAAAA " style="position:absolute;margin-
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top:22.05pt;width:68pt;height:19.9pt;z-index:251705344;visibility:visible;mso-wrap-
style:none;mso-width-percent:0;mso-height-percent:0;mso-wrap-distance-left:9pt;mso-
wrap-distance-top:3.6pt;mso-wrap-distance-right:9pt;mso-wrap-distance-
bottom:3.6pt;mso-position-horizontal:absolute;mso-position-horizontal-
relative:margin;mso-position-vertical:absolute;mso-position-vertical-relative:text;mso-
width-percent:0;mso-height-percent:0;mso-width-relative:margin;mso-height-
relative:margin;y-text-anchor:top" type="#_x0000_t202">
  - <v:textbox style="mso-fit-shape-to-text:t">
    - <w:txbxContent>
      - <w:p w:rsidP="002D35A0" w:rsidRDefault="00164130" w:rsidR="00164130"
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        - <w:pPr>
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w:before="0"/>
          <w:ind w:left="11" w:hanging="11"/>
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        - <w:rPr>
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    </w:txbxContent>
  - <w:r>
    - <w:rPr>
      <w:noProof/>
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  </w:r>
</w:pict>
</mc:Choice>
</w:drawing>
</w:txbxContent>
</wps:txbx>
- <wps:bodyPr anchorCtr="0" anchor="t" bInz="45720" rInz="91440"
tInz="45720" lInz="91440" wrap="none" vert="horz" rot="0">
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  </wps:bodyPr>
</wps:wsp>
</a:graphicData>
</a:graphic>
- <wp14:sizeRelH relativeFrom="margin">
  <wp14:pctWidth>0</wp14:pctWidth>
</wp14:sizeRelH>
- <wp14:sizeRelV relativeFrom="margin">
  <wp14:pctHeight>0</wp14:pctHeight>
</wp14:sizeRelV>
</wp:anchor>
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      - <w:p w:rsidP="002D35A0" w:rsidRDefault="00164130" w:rsidR="00164130"
w14:textId="77777777" w14:paraId="13C663C9" w:rsidRPr="00847784">
        - <w:pPr>
          <w:spacing w:lineRule="auto" w:line="240" w:after="0"
w:before="0"/>
          <w:ind w:left="11" w:hanging="11"/>
          <w:jc w:val="right"/>
        - <w:rPr>
          <w:lang w:val="fr-FR"/>
        </w:rPr>
      </w:pPr>
    </w:txbxContent>
  - <w:r>
    - <w:rPr>
      <w:noProof/>
    </w:rPr>
  </w:r>
</w:pict>
</mc:Choice>
</w:drawing>
</w:txbxContent>
</wps:txbx>
- <wps:bodyPr anchorCtr="0" anchor="t" bInz="45720" rInz="91440"
tInz="45720" lInz="91440" wrap="none" vert="horz" rot="0">
  <a:spAutoFit/>
  </wps:bodyPr>
</wps:wsp>
</a:graphicData>
</a:graphic>
- <wp14:sizeRelH relativeFrom="margin">
  <wp14:pctWidth>0</wp14:pctWidth>
</wp14:sizeRelH>
- <wp14:sizeRelV relativeFrom="margin">
  <wp14:pctHeight>0</wp14:pctHeight>
</wp14:sizeRelV>
</wp:anchor>
</w:drawing>
</mc:Choice>
- <mc:Fallback>
  - <w:pict>
    - <v:shape w14:anchorId="36794F47" id="_x0000_s1037" stroked="f"
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90jcwflWJU67QAgl6YK0S0CoHGBkTxKLZGx5TGhv5O2G0SRWNoz/78nu9wexkFM
0s5Y6ir5vt9ID1JwBDIwOMJKHpHlpr69KfdHjyxSmriSfYz+USnWPY7AufNadK6MEJ
OITrorhX2IFeilmc02RdNtjC5XDF9pCuTyYBB5bi6bQ4syoJ3g9WQ0ymailZg5KdCXIk
SUOqXwnz5DrgnHtJTxOsQfEKIT7DmDSUCaxw7Rqn8787ZsmRm9e2VmPeBN4uqYv
JsXecLq0q+WD6m8AAAD//wMAUESDBBQABgAIAAAAIQA4/SH/IgAAAJQBAAALa
bHOkkMFqzwAMhu+DvYPRFXGawxijTi+j0GvpHsDYimMaW0Yy2fr2M4PBMnrUb/
JV12sOt6UJgd+ZiDgfl8ekFIFsbvV0oo4EbChzGx4f9GRdb25HMsYhqlCwG5lrLq9biZ
22YiTra2kYMu11ItQD30/bPm3wwYN0x18gb45AdQ11tp5j/sFB2T0FQ7R0nTNEV3j6o9f
OWA14Fm+Q8a1a8+Bvu/d/dMb2JY5uiPbhG/ktm4cG/er3pcvCAAD//wMAUESDBB
IQD8viexHglAAB8EAAAOAAAAZHJzL2Uyb0RvYy54bWysU8GO2yAqvVfqPyDujR3
dttKu/0AjHGMCGwCNnb69R1wkkbbW1UOiGGGx5s3M+vbUStyEMSLMDWdz3JKhC
SnxgpmUkjkjUxh6u3n7Zj3YShTQg2qF1whifDXymvYh2CrLPO+FZn4GVhh0duA0C
VlmR58tsANdaB1x4j7f3k5NuEn7XCRC6+dZ0XgaiaIreQdpf2Ju7ZZs2qvWO2l/xEg/0DC8
UPcsMPLi5F9QWnIHHrow46Az6DrJRcoBs5nrr7J56pkVKRcUx9uLTP7/wfKvh++OyL
sxD+QgjKal6g/UVBj1ZDAsjXmOVU6bePgD/6YmBbc/MXtw5B0MvW1vs5vFldvV0wv/
2EuABDR2TkpUAYc6F146UykQrHy5vl+2W0Ho6uYIGUZeKWser82DofPgyQJB5q6r
ZFh1Dol/eVCy3UmlkuH2zVY5cmDYJLu0Ev9XYcqQoaarRbFiyAbi+9Q/WgZsYiU1Es2
tCkkMKmmMzJR5qROFGSSJozNmMqwOoveQHtEuRxMPYszhoce3C9KbuzXmhock
GeXiQ4GGu/Y01x5mOALVNFAYhbchjUQSw95hYXY
```

```

- <w:drawing>
- <wp:inline wp14:editId="3CD1CF4B"
wp14:anchorId="7AD447C2" distR="0" distL="0" distB="0"
distT="0">
  <wp:extent cx="673100" cy="241300"/>
  <wp:effectExtent r="0" b="6350" t="0" l="0"/>
  <wp:docPr name="Picture 40" id="40"/>
- <wp:cNvGraphicFramePr>
  <a:graphicFrameLocks noChangeAspect="1"
xmlns:a="http://schemas.openxmlformats.org/d
xmlns:a="http://schemas.openxmlformats.org/drawingml
- <a:graphic
xmlns:a="http://schemas.openxmlformats.org/drawingml
- <a:graphicData
uri="http://schemas.openxmlformats.org/drawingml
- <pic:pic
xmlns:pic="http://schemas.openxmlformats.org
- <pic:nvPicPr>
  <pic:cNvPicPr name="Picture 1"
id="0"/>
- <pic:cNvPicPr>
  <a:picLocks noChangeAspect="1"
noChangeArrowheads="1"/>
  </pic:cNvPicPr>
  <pic:nvPicPr>
- <pic:blipFill>
  - <a:blip r:embed="rId13">
    - <a:extLst>
      - <a:ext uri="{28A0092B-
C50C-407E-A947-
70E740481C1C}">
        <a14:useLocalDpi
val="0"
xmlns:a14="http://s
        </a:ext>
      </a:extLst>
    </a:blip>
    <a:srcRect/>
- <a:stretch>
  <a:fillRect/>
  </a:stretch>
</pic:blipFill>
- <pic:spPr bwMode="auto">
  - <a:xfrm>
    <a:off y="0" x="0"/>
    <a:ext cx="673100"
cy="241300"/>
  </a:xfrm>
  - <a:prstGeom prst="rect">
    <a:avLst/>
  </a:prstGeom>
  <a:noFill/>
- <a:ln>
  <a:noFill/>
  </a:ln>
</pic:spPr>
</pic:pic>
</a:graphicData>
</a:graphic>
</wp:inline>
</w:drawing>
</w:r>
</w:p>
<w:txbxContent>
<v:textbox>
<w10:wrap anchorx="margin"/>
</v:shape>
</w:pict>
</mc:Fallback>
</mc:AlternateContent>
</w:r>
- <w:hyperlink r:id="rId14" w:history="1">
- <w:r w:rsidRPr="005C028C">
- <w:rPr>
  <w:rStyle w:val="Hyperlink"/>
  <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
  <w:sz w:val="18"/>
  <w:szCs w:val="18"/>
</w:rPr>
<w:t>www.najfnr.or</w:t>
</w:r>
</w:hyperlink>

```

```

- <w:r w:rsidRPr="005C028C">
  - <w:rPr>
    <w:rStyle w:val="Hyperlink"/>
    <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
    <w:sz w:val="18"/>
    <w:szCs w:val="18"/>
  </w:rPr>
  <w:t>g</w:t>
</w:r>
</w:p>
</w:tr>
- <w:tr w:rsidR="002D35A0" w14:textId="77777777" w14:paraId="15D17E13" w:rsidRPr="005C028C" w:rsidTr="0099201C">
  - <w:trPr>
    <w:trHeight w:val="1013"/>
  </w:trPr>
  - <w:tc>
    - <w:tcPr>
      <w:tcW w:w="1615" w:type="dxa"/>
    </w:tcPr>
  - <w:p w:rsidP="00033A39" w:rsidRDefault="002D35A0" w:rsidR="002D35A0" w14:textId="77777777" w14:paraId="4B7B88EC" w:rsidRPr="005C028C">
    - <w:pPr>
      <w:spacing w:lineRule="auto" w:line="259" w:after="0" w:before="0"/>
      <w:ind w:right="0" w:left="0" w:firstLine="0"/>
      <w:jc w:val="center"/>
    - <w:rPr>
      <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
    </w:rPr>
  </w:pPr>
  - <w:r w:rsidRPr="005C028C">
    - <w:rPr>
      <w:noProof/>
    </w:rPr>
  - <w:drawing>
    - <wp:anchor wp14:editId="133F05D5" wp14:anchorId="32918243" allowOverlap="1" layoutInCell="1" locked="0" behindDoc="0" relativeHeight="251704320" simplePos="0" distR="114300" distL="114300" distB="0" distT="0">
      <wp:simplePos y="0" x="0"/>
      - <wp:positionH relativeFrom="column">
        <wp:posOffset>207678</wp:posOffset>
      </wp:positionH>
      - <wp:positionV relativeFrom="paragraph">
        <wp:posOffset>90203</wp:posOffset>
      </wp:positionV>
      <wp:extent cx="486888" cy="457200"/>
      <wp:effectExtent r="8890" b="0" t="0" l="0"/>
      <wp:wrapNone/>
      <wp:docPr name="Picture 1" id="1"/>
      - <wp:cNvGraphicFramePr>
        <a:graphicFrameLocks noChangeAspect="1"
          xmlns:a="http://schemas.openxmlformats.org/drawingml/2006/main"/>
        </wp:cNvGraphicFramePr>
      - <a:graphic xmlns:a="http://schemas.openxmlformats.org/drawingml/2006/main">
        - <a:graphicData uri="http://schemas.openxmlformats.org/drawingml/2006/picture">
          - <pic:pic xmlns:pic="http://schemas.openxmlformats.org/drawingml/2006/picture">
            - <pic:nvPicPr>
              <pic:cNvPr name="" id="1"/>
              <pic:cNvPicPr>
                <pic:nvPicPr>
                  - <pic:blipFill>
                    - <a:blip cstate="print" r:embed="rId15">
                      - <a:extLst>
                        - <a:ext uri="{28A0092B-C50C-407E-A947-70E740481C1C}">
                          <a14:useLocalDpi val="0"
                            xmlns:a14="http://schemas.microsoft.com/office/drawing" />
                        </a:ext>
                      </a:extLst>
                    </a:blip>
                  - <a:stretch>
                    <a:fillRect/>
                  </a:stretch>
                </pic:blipFill>
              - <pic:spPr>
                - <a:xfrm>
                  <a:off y="0" x="0"/>
                  <a:ext cx="486888" cy="457200"/>
                </a:xfrm>
                - <a:prstGeom prst="rect">
                  <a:avLst/>
                </a:prstGeom>
              </pic:spPr>

```

```

        </pic:pic>
        </a:graphicData>
        </a:graphic>
        - <wp14.sizeRelH relativeFrom="margin">
            <wp14.pctWidth>0</wp14.pctWidth>
        </wp14.sizeRelH>
        - <wp14.sizeRelV relativeFrom="margin">
            <wp14.pctHeight>0</wp14.pctHeight>
        </wp14.sizeRelV>
        </wp:anchor>
        </w:drawing>
        </w:r>
        </w:p>
        </w:tc>
        - <w:tc>
            - <w:tcPr>
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                    <w:vMerge/>
                </w:tcPr>
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                w14:paraId="5D40B0F5" w:rsidRPr="005C028C">
                - <w:pPr>
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                    <w:ind w:right="0" w:left="0" w:firstLine="0"/>
                    <w:jc w:val="left"/>
                - <w:rPr>
                    <w:rFonts w:hAnsi="Tw Cen MT" w:ascii="Tw Cen MT"/>
                </w:rPr>
            </w:pPr>
        </w:p>
        </w:tc>
        </w:tr>
        - <w:tr w:rsidR="002D35A0" w14:textId="7777777" w14:paraId="0C6CE084" w:rsidRPr="005C028C"
            w:rsidTr="0099201C">
            - <w:trPr>
                <w:trHeight w:val="202"/>
            </w:trPr>
            - <w:tc>
                - <w:tcPr>
                    <w:tcW w:w="3235" w:type="dxa">
                        <w:gridSpan w:val="2"/>
                    </w:tcPr>
                - <w:p w:rsidP="00033A39" w:rsidRDefault="002D35A0" w:rsidR="002D35A0" w14:textId="7777777"
                    w14:paraId="20DE54EE" w:rsidRPr="00CD7A6F">
                    - <w:pPr>
                        <w:spacing w:lineRule="auto" w:line="259" w:after="0" w:before="0"/>
                        <w:ind w:right="0" w:left="235"/>
                        <w:jc w:val="center"/>
                    - <w:rPr>
                        <w:rFonts w:hAnsi="Arial Black" w:ascii="Arial Black"/>
                        <w:b/>
                        <w:color w:val="385623" w:themeShade="80" w:themeColor="accent6"/>
                        <w:spacing w:val="20"/>
                        <w:sz w:val="12"/>
                        <w:szCs w:val="12"/>
                    </w:rPr>
                </w:pPr>
            - <w:r w:rsidRPr="00CD7A6F">
                - <w:rPr>
                    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight"
                        w:ascii="Leelawadee UI Semilight" w:eastAsia="Leelawadee UI Semilight"/>
                    <w:color w:val="0563C1"/>
                    <w:sz w:val="12"/>
                    <w:szCs w:val="12"/>
                    <w:u w:val="single" w:color="0563C1"/>
                </w:rPr>
                <w:t>https://doi.org/10.5281/zenodo</w:t>
            </w:r>
            - <w:r w:rsidR="0035656E">
                - <w:rPr>
                    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight"
                        w:ascii="Leelawadee UI Semilight" w:eastAsia="Leelawadee UI Semilight"/>
                    <w:color w:val="0563C1"/>
                    <w:sz w:val="12"/>
                    <w:szCs w:val="12"/>
                    <w:u w:val="single" w:color="0563C1"/>
                </w:rPr>
                <w:t>.</w:t>
            </w:r>
            - <w:r w:rsidR="0035656E" w:rsidRPr="0035656E">
                - <w:rPr>

```

```

        <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight"
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        <w:sz w:val="12"/>
        <w:szCs w:val="12"/>
        <w:u w:val="single" w:color="0563C1"/>
    </w:rPr>
    <w:t>1478870</w:t>
</w:r>
</w:p>
</w:tc>
</w:tr>
</w:tbl>
- <w:p w:rsidP="00033A39" w:rsidRDefault="00C62C26" w:rsidR="00C62C26" w14:textId="7777777" w14:paraId="47EDE851">
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    <w:jc w:val="left"/>
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
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    <w:szCs w:val="14"/>
  </w:rPr>
</w:pPr>
</w:p>
- <w:p w:rsidP="00033A39" w:rsidRDefault="00C62C26" w:rsidR="00C62C26" w14:textId="7777777" w14:paraId="0CF64664">
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    <w:ind w:right="0" w:left="0" w:firstLine="0"/>
  - <w:rPr>
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    <w:color w:val="000000" w:themeColor="text1"/>
    <w:sz w:val="18"/>
    <w:szCs w:val="18"/>
  </w:rPr>
</w:pPr>
</w:p>
</w:tc>
- <w:tc>
  - <w:tcPr>
    <w:tcW w:w="5789" w:type="dxa"/>
  </w:tcPr>
- <w:p w:rsidP="00033A39" w:rsidRDefault="00C62C26" w:rsidR="00C62C26" w14:textId="7777777" w14:paraId="5EF7316F"
  w:rsidRPr="002D35A0">
  - <w:pPr>
    <w:spacing w:lineRule="auto" w:line="240" w:after="0" w:before="0"/>
    <w:ind w:right="0" w:left="-14" w:firstLine="0"/>
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
      Semilight"/>
    <w:color w:val="auto"/>
    <w:sz w:val="15"/>
    <w:szCs w:val="15"/>
  </w:rPr>
</w:pPr>
- <w:r w:rsidRPr="003B2F4B">
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Arial Narrow" w:ascii="Arial Narrow"/>
    <w:b/>
    <w:bCs/>
    <w:color w:val="auto"/>
    <w:sz w:val="15"/>
    <w:szCs w:val="15"/>
  </w:rPr>
    <w:t>Background:</w:t>
  </w:r>
- <w:r w:rsidRPr="002D35A0">
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI
      Semilight"/>
    <w:b/>
    <w:bCs/>
    <w:color w:val="auto"/>
    <w:sz w:val="15"/>
    <w:szCs w:val="15"/>
  </w:rPr>
    <w:t xml:space="preserve"></w:t>
  </w:r>
- <w:r w:rsidRPr="002D35A0">
  - <w:rPr>

```

<w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI Semilight"/>
 <w:color w:val="auto"/>
 <w:sz w:val="15"/>
 <w:szCs w:val="15"/>
 </w:rPr>
 <w:t>Patients with metabolic syndrome (MetS) have a higher risk of developing colorectal neoplasms (CRN) including colorectal adenoma (CRA) and colorectal cancer (CRC). Nonetheless, the role and implication of each component of the syndrome, i.e. (hyperglycemia, hypertension, dyslipid</w:t>

</w:r>
 - <w:r w:rsidR="00CB6CD1">
 - <w:rPr>
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 <w:color w:val="auto"/>
 <w:sz w:val="15"/>
 <w:szCs w:val="15"/>
 </w:rPr>
 <w:t>idemia, and visceral obesity) are</w:t>

</w:r>
 - <w:r w:rsidRPr="002D35A0">
 - <w:rPr>
 <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI Semilight"/>
 <w:color w:val="auto"/>
 <w:sz w:val="15"/>
 <w:szCs w:val="15"/>
 </w:rPr>
 <w:t xml:space="preserve"> not well ascertained. </w:t>

</w:r>
 - <w:r w:rsidRPr="003B2F4B">
 - <w:rPr>
 <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Arial Narrow" w:ascii="Arial Narrow"/>
 <w:b/>
 <w:bCs/>
 <w:color w:val="auto"/>
 <w:sz w:val="15"/>
 <w:szCs w:val="15"/>
 </w:rPr>
 <w:t>Aims:</w:t>

</w:r>
 - <w:r w:rsidRPr="002D35A0">
 - <w:rPr>
 <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI Semilight"/>
 <w:b/>
 <w:bCs/>
 <w:color w:val="auto"/>
 <w:sz w:val="15"/>
 <w:szCs w:val="15"/>
 </w:rPr>
 <w:t xml:space="preserve"></w:t>

</w:r>
 - <w:r w:rsidRPr="002D35A0">
 - <w:rPr>
 <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI Semilight"/>
 <w:color w:val="auto"/>
 <w:sz w:val="15"/>
 <w:szCs w:val="15"/>
 </w:rPr>
 <w:t>We conducted a systematic review and a meta-analysis in order to assess the association between MetS components and CRN.</w:t>

</w:r>
 - <w:r w:rsidRPr="002D35A0">
 - <w:rPr>
 <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI Semilight"/>
 <w:b/>
 <w:bCs/>
 <w:color w:val="auto"/>
 <w:sz w:val="15"/>
 <w:szCs w:val="15"/>
 </w:rPr>
 <w:t xml:space="preserve"></w:t>

</w:r>
 - <w:r w:rsidRPr="003B2F4B">
 - <w:rPr>
 <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Arial Narrow" w:ascii="Arial Narrow"/>
 <w:b/>
 <w:bCs/>
 <w:color w:val="auto"/>

```

        <w:sz w:val="15"/>
        <w:szCs w:val="15"/>
        </w:rPr>
        <w:t>Methods and Material:</w:t>
    </w:r>
    - <w:r w:rsidRPr="002D35A0">
        - <w:rPr>
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            <w:b/>
            <w:bCs/>
            <w:color w:val="auto"/>
            <w:sz w:val="15"/>
            <w:szCs w:val="15"/>
        </w:rPr>
        <w:t xml:space="preserve"></w:t>
    </w:r>
    - <w:r w:rsidRPr="002D35A0">
        - <w:rPr>
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</w:r>
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                - <wpg:grpSpPr>
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      L2Uyb0RvYy54bWxQSwECLQAUAAYACAAAACEA+1L8eN8AAAAJAQAADwAAAAAAAAAAAAAAAAACFBA.
      ZHJzL2Rvd25yZXYueG1sUEsFBgAAAAEAAQA8wAAAJEFAAAAAA== " coordsize="5930891,45085"
      style="position:absolute;margin-left:1.5pt;margin-top:234.6pt;width:473.6pt;height:3.55pt;z-index:251668480;visibility:visible;mso-wrap-style:square;mso-width-percent:0;mso-height-percent:0;mso-wrap-distance-left:9pt;mso-wrap-distance-top:0;mso-wrap-distance-right:9pt;mso-wrap-distance-bottom:0;mso-position-horizontal:absolute;mso-position-horizontal-relative:text;mso-position-vertical:absolute;mso-position-vertical-relative:text;mso-width-percent:0;mso-height-percent:0;mso-width-relative:margin;mso-height-relative:margin;v-text-anchor:top" o:spid="_x0000_s1026" filled="f" strokecolor="#70ad47 [3209]"/>
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  </v:shape>
</w:pict>
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</mc:AlternateContent>
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- <w:p w:rsidP="00E75889" w:rsidRDefault="00A36C58" w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="738D30BF">
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  <w:sz w:val="16"/>
  <w:szCs w:val="16"/>
</w:rPr>
</w:pPr>
- <w:r w:rsidRPr="005C028C">
  - <w:rPr>
    <w:noProof/>
  </w:rPr>
  - <w:drawing>
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      </wp:positionV>
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      <wp:effectExtent r="1905" b="1905" t="0" l="0"/>
      <wp:wrapNone/>
      <wp:docPr name="Picture 12" descr="Image result for telephone icon" id="12"/>
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        <a:graphicFrameLocks noChangeAspect="1" xmlns:a="http://schemas.openxmlformats.org/drawingml/2006/main"/>
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      - <a:graphic xmlns:a="http://schemas.openxmlformats.org/drawingml/2006/main">
        - <a:graphicData uri="http://schemas.openxmlformats.org/drawingml/2006/picture">
          - <pic:pic xmlns:pic="http://schemas.openxmlformats.org/drawingml/2006/picture">
            - <pic:nvPicPr>
              <pic:cNvPr name="Picture 3" descr="Image result for telephone icon" id="0"/>
            - <pic:cNvPicPr>
              <a:picLocks noChangeAspect="1" noChangeArrowheads="1"/>
            </pic:cNvPicPr>
            <pic:nvPicPr>
              <pic:blipFill>
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                  - <a:duotone>
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                    <a:prstClr val="white"/>
                  </a:duotone>
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                  - <a:ext uri="{28A0092B-C50C-407E-A947-70E740481C1C}">
                    <a14:useLocalDpi val="0"
                      xmlns:a14="http://schemas.microsoft.com/office/drawing/2010/main"/>
                  </a:ext>
                </a:extLst>
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            - <a:stretch>
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          </pic:blipFill>
          - <pic:spPr bwMode="auto">
            - <a:xfrm>
              <a:off y="0" x="0"/>
              <a:ext cx="131445" cy="131445"/>
            </a:xfrm>
            - <a:prstGeom prst="rect">
              <a:avLst>
                <a:prstGeom>
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            </pic:spPr>
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  - <w:rPr>
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  </w:rPr>

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    - <wp:positionV relativeFrom="paragraph">
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    </wp:positionV>
    <wp:extent cx="127635" cy="153670"/>
    <wp:effectExtent r="5715" b="0" t="0" l="0"/>
    <wp:wrapNone/>
    <wp:docPr name="Picture 16" descr="Image result for email" id="16"/>
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    </wp:cNvGraphicFramePr>
    - <a:graphic xmlns:a="http://schemas.openxmlformats.org/drawingml/2006/main">
      - <a:graphicData uri="http://schemas.openxmlformats.org/drawingml/2006/picture">
        - <pic:pic xmlns:pic="http://schemas.openxmlformats.org/drawingml/2006/picture">
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            <pic:cNvPr name="Picture 5" descr="Image result for email" id="0"/>
            - <pic:cNvPicPr>
              <a:picLocks noChangeAspect="1" noChangeArrowheads="1"/>
            </pic:cNvPicPr>
            </pic:nvPicPr>
          - <pic:blipFill>
            - <a:blip estate="print" r:embed="rId17">
              - <a:duotone>
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                </a:schemeClr>
                <a:prstClr val="white"/>
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                    - <a14:imgEffect>
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                    </a14:imgEffect>
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                </a14:imgProps>
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            </a:ext>
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          - <a:stretch>
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          </a:stretch>
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        - <pic:spPr bwMode="auto">
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            <a:off y="0" x="0"/>
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          - <a:prstGeom prst="rect">
            <a:avLst/>
            <a:prstGeom>
              <a:noFill/>
            - <a:ln>
              <a:noFill/>
            </a:ln>
          </pic:spPr>
        </pic:pic>
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    </a:graphic>
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- <w:r w:rsidR="00C62C26" w:rsidRP="007B5FB4">

```

```

- <w:rPr>
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  <w:sz w:val="16"/>
  <w:szCs w:val="16"/>
</w:rPr>
<w:t>* Corresponding author</w:t>
</w:r>
- <w:r w:rsidR="00C62C26" w:rsidRPr="007B5FB4">
  - <w:rPr>
    <w:rFonts w:cs="Leelawadee UI Semilight" w:hAnsi="Leelawadee UI Semilight" w:ascii="Leelawadee UI Semilight"/>
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    <w:szCs w:val="16"/>
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- <w:r w:rsidR="00C62C26" w:rsidRPr="007B5FB4">
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    <w:sz w:val="16"/>
    <w:szCs w:val="16"/>
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  <w:tab/>
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- <w:r w:rsidR="00C62C26">
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  </w:rPr>
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</w:r>
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- <w:r w:rsidR="00C62C26" w:rsidRPr="007B5FB4">
  - <w:rPr>
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    <w:szCs w:val="16"/>
  </w:rPr>
  <w:tab/>
</w:r>
- <w:hyperlink r:id="rId19" w:history="1">
  - <w:r w:rsidR="00C62C26" w:rsidRPr="006E5BD7">
    - <w:rPr>
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      <w:sz w:val="16"/>
      <w:szCs w:val="16"/>
    </w:rPr>
    <w:t>khaled@khaledmb.co.uk</w:t>
  </w:r>
</w:hyperlink>
</w:p>
- <w:p w:rsidP="00C62C26" w:rsidRDefault="006E5BD7" w:rsidR="00C62C26" w14:textId="77777777" w14:paraId="0A93FCA3" w:rsidRPr="00E75896">
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  </w:rPr>
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- <w:r w:rsidRPr="005C028C">
  - <w:rPr>
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    - <mc:Choice Requires="wps">
      - <w:drawing>

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  - <wp:positionV relativeFrom="paragraph">
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  </wp:positionV>
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- <mc:Fallback>
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      SUOqXwnz5DrgnHfJTxOsQfEKIT7DmDSUCaxw7Rqn8787ZsmRM9e2VmPeBN4uqYvT7jvjj9N/y
    >

```

```

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right:9pt;mso-wrap-distance-bottom:0;mso-position-horizontal:absolutemso-position-horizontal-relative:text;mso-
position-vertical:absolutemso-position-vertical-relative:text;mso-width-percent:0;mso-height-percent:0;mso-width-
relative;margin;mso-height-relative;margin;v-text-anchor:top" o:spid="_x0000_s1026" filled="f"
strokecolor="#70ad47 [3209]">
<v:stroke endcap="round"/>
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</v:shape>
</w:pict>
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</mc:AlternateContent>
</w:r>
</w:p>
- <w:p w:rsidP="000B613A" w:rsidRDefault="005B7D45" w:rsidR="005B7D45" w14:textId="77777777" w14:paraId="6A4FA665"
w:rsidRPr="00E75889">
- <w:pPr>
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<w:keepLines/>
- <w:numPr>
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<w:jc w:val="left"/>
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- <w:rPr>
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<w:b/>
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- <mc:Choice Requires="wps">
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- <wp:positionV relativeFrom="paragraph">
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      - <wps:spPr>
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  <w:t xml:space="preserve">]. Current MetS definitions include hyperglycemia, dyslipidemia, hypertension, and visceral </w:t>
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in risk factors such as smoking, low physical exercise and obesity. New treatments for primary and metastatic colorectal cancer
have emerged, providing additional options for patients; these treatments include laparoscopic surgery for primary disease, more-
aggressive resection of metastatic disease (such as liver and pulmonary metastases), radiotherapy for rectal cancer and
neoadjuvant and palliative chemotherapies. However, these new treatment options have had limited impact on cure rates and
long-term survival. For these reasons, and the recognition that colorectal cancer is long preceded by a polypoid precursor,
screening programmes have gained momentum. This Primer provides an overview of the current state of art knowledge on the
epidemiology and mechanisms of colorectal cancer, as well as on diagnosis and
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colorectal cancer initiation and development. The findings have demonstrated the existence of at least three pathways:
chromosomal instability, microsatellite instability and CpG island methylator phenotype. Importantly, new studies have shown
that inflammation and microRNAs contribute to colorectal carcinogenesis. Recent data have demonstrated that several genetic
and epigenetic changes are important in determining patient prognosis and survival. Furthermore, some of these mechanisms are
related to patients' response to drugs, such as aspirin, which could be used for both chemoprevention and treatment in specific
settings. Thus, in the near future, we could be able to predict disease behavior based on molecular markers found on tumors, and
direct the best treatment options for patients.", "DOI":"10.3390/ijms140816365","ISSN":"1422-0067","note":{"PMID: 23965959
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multifactorial disease resulting from lifestyle, genetic, and environmental factors. There are hereditary and non-hereditary CRC
types; however, the majority are non-hereditary and mainly caused by somatic mutations in response to environmental factors. In
past years, researchers have focused their attention on the mechanisms behind these factors and the methods of improving disease
prevention and treatment. Improving the awareness of the population with regard to the benefits of a healthy lifestyle, including a
balanced diet associated with exercise, could globally reduce CRC risk. The present review aims to address the current
knowledge on CRC, taking into consideration the common molecular alterations upon different environmental and non-
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Several new target-oriented drugs are under evaluation and some of them (cetuximab and bevacizumab) have already exhibited a
good activity/efficacy, mainly in combination with chemotherapy. The development of updated recommendations for the best
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diseases, but its association with colorectal cancer (CRC) is controversial. We quantitatively evaluated the relation between
smoking and incidence of CRC in a meta-analysis of cohort studies.\nMethods\nFull publications of prospective cohort studies

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were identified in MEDLINE and EMBASE from 1950 to 2008. Subjects were classified as current smokers, former smokers, or never smokers. The quantity of smoking was assessed by number of cigarettes per day, years of smoking, and pack-years. The reported relative risks of CRC were pooled by random-effects model. Sensitivity analysis was conducted, and publication bias was evaluated. Results A total of 1,463,796 subjects were recruited in 28 prospective cohorts from America, Europe, and Asia, with median follow-up of 13 years (range, 4–30 years). Current smokers showed a modestly higher risk of CRC (relative risk [RR], 1.20; 95% confidence interval [CI], 1.10–1.30) than never smokers. The risk of CRC among male smokers (RR, 1.38; 95% CI, 1.22–1.56) was more significant than among female smokers (RR, 1.06; 95% CI, 0.95–1.19). Rectal cancer was more closely related to smoking (RR, 1.36; 95% CI, 1.15–1.61) than colonic cancer. Former smokers still carried a higher CRC risk than never smokers. The increased risk of CRC was related to cigarettes per day, longer years of smoking, or larger pack-years. Conclusions Smoking was associated with a significantly increased risk of CRC. The associated risk was higher for men and for rectal cancers. The association of tobacco consumption and CRC risk appeared to be dose-related. DOI: 10.1016/j.cgh.2009.02.016, ISSN: 1542-3565, journalAbbreviation: "Clinical Gastroenterology and Hepatology", author: [{"family": "Tsoi", "given": "Kelvin K.F."}, {"family": "Pau", "given": "Carol Y.Y."}, {"family": "Wu", "given": "William K.K."}, {"family": "Chan", "given": "Francis K.L."}, {"family": "Griffiths", "given": "Sian"}, {"family": "Sung", "given": "Joseph J.Y."}], issued: {"date-parts": [{"2009", 6}]}, schema: "https://github.com/citation-style-language/schema/raw/master/csl-citation.json" </w:instrText>

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(mean age 64.0 yr, 48% men) and 1,939 CRC cases among 325,054 non-diabetic patients (mean age 51.2 yr, 46% men) were identified. Diabetes was associated with an increased CRC risk in both men and women (HR 1.3, 95% CI 1.2–1.5), particularly in the first 6 months after T2DM diagnosis and pronounced in the proximal colon. This risk was even higher in men younger than 55 years (HR 2.0, 95% CI 1.0–3.8). T2DM was associated with a time-varying and subsite-specific increased CRC risk, which was even higher in men aged <55 years.,"DOI":"10.1038/srep46527","ISSN":"2045-2322","journalAbbreviation":"Scientific Reports","author":{"family":"Kort","given":"Sander","dropping-particle":"de"},{"family":"Masclee","given":"Ad A. M."}, {"family":"Sanduleanu","given":"Silvia"}, {"family":"Weijnenberg","given":"Matty P."}, {"family":"Herck-Sukel","given":"Myrthe P. P.","dropping-particle":"van"}, {"family":"Oldenhof","given":"Nico J. J."}, {"family":"Bergh","given":"Joop P. W.","dropping-particle":"van den"}, {"family":"Haak","given":"Harm R."}, {"family":"Janssen-Heijnen","given":"Maryska L."}],issued":{"date-parts":[["2017"]]}},schema":"https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}</w:instrText>

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higher BMI/waist explained most of the risk associated with metabolic syndrome. Metabolic syndrome is associated with an increased risk of colorectal cancer incidence and mortality in both sexes. The risk conveyed by the full syndrome is not superior to the sum of its parts." 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METHODS: In the Metabolic Syndrome and Cancer Project (Me-Can), data on body mass index (BMI), blood pressure, and blood levels of glucose, cholesterol, and triglycerides were available for 578,700 men and women. The mean age of participants at baseline was 44 years, and the mean follow-up was 12 years. Relative risks (RR) of colorectal cancer per 1 standard deviation increment in Z score of factors and for a combined MetS score, were calculated from Cox regression models, including adjustment for potential confounders. RESULTS: During follow-up, 2834 men and 1861 women were diagnosed with colorectal cancer. The RR of colorectal cancer for the MetS score was 1.25 (95% confidence interval [CI], 1.18-1.32) in men, and 1.14 (95% CI, 1.06-1.22) in women. Significant associations also were observed in men for BMI (RR, 1.07; 95% CI, 1.02-1.13), blood pressure (RR, 1.10; 95% CI, 1.02-1.18), and triglycerides (RR, 1.17; 95% CI, 1.06-1.28) and, in women, for BMI (RR, 1.08; 95% CI, 1.01-1.15). There was no significant positive interaction between the metabolic factors on risk. CONCLUSIONS: The combination of metabolic factors and some separate factors was related to an increased risk of colorectal cancer, but there was no interaction between metabolic factors. Cancer 2011;. © 2010 American Cancer Society." 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The aims of this study are to systematic search, and assess literature to determine the available evidence on the association between these two conditions. Methods Meta-analysis was conducted based on relevant studies identified through a systematic literature review from PubMed, OvidSP and Cochrane database during January 1980 to July 2011. A combined analysis was performed, followed by a subgroup analyses stratified by the study design, type of colorectal lesions and gender. Publication bias was assessed using the Begg's and Egger's tests and visual inspection of funnel plot. Results Eighteen studies were included in the final analysis. Overall, MetS was associated with 34% increase in the risk of CN (summary RR - 1.34, 95% CI 1.24-1.44). The association between MetS and CN was found to be statistically significant in separate analysis for both case-control studies (summary RR -1.58, 95% CI 1.44-1.79) and cohort studies (summary RR - 1.21, 95% CI 1.13-1.29). The association remained significant when analyses were restricted by type of colorectal lesions (colorectal cancer: RR - 1.30, 95% CI 1.18-1.43; colorectal adenoma: RR - 1.37, 95% CI 1.26-1.49). Further subgroup analysis by gender showed significant association between MetS and CN in both male and female population. Conclusion Our meta-analysis showed significant association between presence of MetS and CN. These results may help in identifying high risk individuals at early stage that might benefit from targeted CRC screening intervention." 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component of MetS, i.e. (hypertension, hyperglycemia, dyslipidemia, and visceral obesity) on CRA and/or CRC incidence. Solely full
English studies published up to June 2018 were considered and no population limitation was applied. The following Medical subject
headings key terms were used: "triglycerides", "</w:t>
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  as the outcome; the study must provide adequate data to estimate risk ratios (RR) and their 95% confidence intervals (CI) of CRA
  and/or CRC incidence among individuals with MetS and at least one of these parameters (high-density lipoprotein-cholesterol
  (HDL-C) concentrations, triglycerides (TG) values, fasting blood glucose levels (FBG), blood pressure (BP), and waist circumference
  measurements (WC)); the study must provide the MetS definition(s) used for diagnosis. Articles not published as full text such as case
  reports, letters, comments, editorials, news were excluded. In addition, review articles, meta-analyses, articles not published in
  English, and studies dealing with organisms other than humans or in vitro studies were also rejected. We examined titles, abstracts,
  and full texts to assess the studies relevance and to exclude studies unrelated to the topic. Relevant articles were subsequently
  examined based on the full text. Articles with inappropriate exposures or outcomes, with missing or inappropriate data, </w:t>
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  study selection, any disagreement found was resolved by returning to the author (M.B.K) who made the final decision.</w:t>
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  <w:t>Data extraction was independently undertaken by (S.E and Y.T). Relevant data extracted from each included study involved the first author's name, the year of publication, the study location, the number of subjects, the type of the lesion, the number of events, characteristics of the studied population, and the definition of MetS used.</w:t>
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    Universities of Newcastle, Australia and Ottawa, Canada. It was developed to assess the quality of nonrandomised studies with
    its design, content and ease of use directed to the task of incorporating the quality assessments in the interpretation of meta-
    analytic results. A 'star system' has been developed in which a study is judged on three broad perspectives: the selection of the
    study groups; the comparability of the groups; and the ascertainment of either the exposure or outcome of interest for case-
    control or cohort studies respectively. The goal of this project is to develop an instrument providing an easy and convenient tool
    for quality assessment of nonrandomised studies to be used in a systematic review.\n\nThe face/content validity of the NOS has
    been established based on a critical review of the items by several experts in the field who evaluated its clarity and completeness
    for the specific task of assessing the quality of studies to be used in a meta-analysis. Also, the NOS has been refined based on
    experience using it in several projects, in particular, a project assessing the association of CHD with hormone replacement
    therapy in postmenopausal women and a project assessing the association of connective tissue disease with silicone breast
    implants.\n\nThe evaluation of the NOS is currently in progress. Its content validity and inter-rater reliability have been
    established. Its criterion validity with comparisons to more comprehensive but cumbersome scales and its intra-rater reliability
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  people to believe that the models are interchangeable. In fact, though, the models represent fundamentally different assumptions
  about the data. The selection of the appropriate model is important to ensure that the various statistics are estimated correctly.
  Additionally, and more fundamentally, the model serves to place the analysis in context. It provides a framework for the goals of
  the analysis as well as for the interpretation of the statistics. In this paper we explain the key assumptions of each model, and then
  outline the differences between the models. We conclude with a discussion of factors to consider when choosing between the two
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    quantity I2 to help readers assess the consistency of the results of studies in meta-analyses. What does this new quantity mean,
    and why is assessment of heterogeneity so important to clinical practice? Systematic reviews and meta-analyses can provide
    convincing and reliable evidence relevant to many aspects of medicine and health care.1 Their value is especially clear when the
    results of the studies they include show clinically important effects of similar magnitude. However, the conclusions are less clear
    when the included studies have differing results. In an attempt to establish whether studies are consistent, reports of meta-
    analyses commonly present a statistical test of heterogeneity. The test seeks to determine whether there are genuine differences
  
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underlying the results of the studies (heterogeneity), or whether the variation in findings is compatible with chance alone (homogeneity). However, the test is susceptible to the number of trials included in the meta-analysis. We have developed a new quantity, I^2 , which we believe gives a better measure of the consistency between trials in a meta-analysis. Assessment of the consistency of effects across studies is an essential part of meta-analysis. Unless we know how consistent the results of studies are, we cannot determine the generalisability of the findings of the meta-analysis. Indeed, several hierarchical systems for grading evidence state that the results of studies must be consistent or homogeneous to obtain the highest grading.²⁻⁴ Tests for heterogeneity are commonly used to decide on methods for combining studies and for concluding consistency or inconsistency of findings.⁵ But what does the test achieve in practice, and how should the resulting P values be interpreted? A test for heterogeneity examines the null hypothesis that all studies are evaluating the same effect. The usual test statistic

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            test statistic is a direct statistical analogue of the popular \"funnel-graph.\" The number of component studies in the meta-
            analysis, the nature of the selection mechanism, the range of variances of the effect size estimates, and the true underlying effect
            size are all observed to be influential in determining the power of the test. The test is fairly powerful for large meta-analyses with
            75 component studies, but has only moderate power for meta-analyses with 25 component studies. However, in many of the
            configurations in which there is low power, there is also relatively little bias in the summary effect size estimate. Nonetheless,
            the test must be interpreted with caution in small meta-analyses. In particular, bias cannot be ruled out if the test is not significant.
            The proposed technique has potential utility as an exploratory tool for meta-analysts, as a formal procedure to complement the
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cases may affect the validity and robustness of the conclusions from a meta-analysis. While researchers generally agree that it is
necessary to examine outlier and influential case diagnostics when conducting a meta-analysis, limited studies have addressed
how to obtain such diagnostic measures in the context of a meta-analysis. The present paper extends standard diagnostic
procedures developed for linear regression analyses to the meta-analytic fixed- and random/mixed-effects models. Three
examples are used to illustrate the usefulness of these procedures in various research settings. Issues related to these diagnostic
procedures in meta-analysis are also discussed. Copyright ? 2010 John Wiley & Sons,
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            This paper presents a graphical method to identify trials, groups of trials or groups of patients that are sources of heterogeneity.
            The contribution of these trials to the overall result can also be evaluated with this method. Each trial is represented by a dot on a
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represents the influence of the trial, defined as the standardized squared difference between the treatment effects estimated with and without the trial. This approach has been applied to data from the Meta-Analysis of Chemotherapy in Head and Neck Cancer (MACH-NC) comprising 10850 patients in 65 randomized trials. The graphical method allowed us to identify trials that contributed considerably to the overall heterogeneity and had a strong influence on the overall result. It also provided useful information for the interpretation of heterogeneity in this meta-analysis. The proposed graphical method identifies trials that account for most of the heterogeneity without having to explore all possible sources of heterogeneity by subgroup analyses. This method can also be applied to identify types of patients that explain heterogeneity in the treatment effect. Copyright ? 2002 John Wiley & Sons, Ltd., "DOI": "10.1002/sim.1221", "ISSN": "0277-6715", "journalAbbreviation": "Statistics in Medicine", "author": [{"literal": "Baujat Bertrand"}, {"literal": "Mahé Cédric"}, {"literal": "Pignon Jean-Pierre"}, {"literal": "Hill Catherine"}], "issued": {"date-parts": [{"2002", 9, 10}]}}, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}</w:instrText>

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<w:t>diagram (Figure 1). In order to determine their eligibility for inclusion, 292 articles were initially identified through the database
search, and their titles and abstracts were reviewed afterward. Consequently, 198 studies were excluded consisting of non-full text
articles (reviews, case reports, editorials, news, letters to editors, comments, etc.) as well as studies irrelevant to the topic in
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Flowchart of study selection

Study characteristics
Table 1 summarizes the characteristics of
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studies. The meta-analysis consisted of eight cohort studies [
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  factor of colorectal benign adenomas and advanced neoplasms. The aim of this large cohort study was to further investigate the
  prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and determine whether association between
  NAFLD and CRMN exists. 2,315 community subjects (1,370 males and 945 females) who underwent a routine colonoscopy
  according to international colorectal cancer screening guideline were recruited. Nature of colorectal lesions determined by biopsy
  and NAFLD was diagnosed by ultrasound. Binary logistic regression analysis was applied to explore the related associations.
  Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in
  the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at sigmoid colon than
  in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was
  significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with
  CRMN (OR 2.043; 95 % CI 1.512–2.761; P < 0.05). After adjusting for metabolic and other confounding factors, NAFLD
  remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360–2.567; P < 0.05). NAFLD was an independent risk
  factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in
  NAFLD. (ClinicalTrials.gov number, NCT01657773, website: http://clinicaltrials.gov/ct2/show/NCT01657773?
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  (NAFLD) is an independent risk factor of adenoma after negative baseline colonoscopy. METHOD: A retrospective cohort study
  was conducted on 1522 health-check individuals who underwent two consecutive colonoscopies at Taipei Veterans General
  Hospital between 2003 and 2010. Those developing an adenoma after an initial negative baseline colonoscopy (adenoma group)
  were compared with those in whom the second colonoscopy was negative (nonadenoma group). Anthropometric measurements,
  biochemical tests and the presence of NAFLD were compared between the two groups. RESULTS: The adenoma group had a
  higher prevalence of NAFLD than the nonadenoma group (55.6% vs 38.8%; P < 0.05). On multivariate logistic regression
  analysis, NAFLD was an independent risk factor (OR = 1.45, 95% CI: 1.07-1.98) for adenoma formation after a negative baseline
  colonoscopy. The risk of colorectal adenoma increased when NAFLD patients had other morbidities including metabolic
  syndrome, hypertension or smoking (OR = 2.85, 4.03 and 4.17). CONCLUSION: NAFLD is an independent risk factor for
  colorectal adenoma formation after a negative baseline colonoscopy. The risk is higher in individuals with NAFLD and other
  comorbidities, such as hypertension, smoking or metabolic syndrome.,"DOI":"10.1111/codi.12172","ISSN":"1463-1318 1462-
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735", "volume": "23", "issue": "5", "abstract": "PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to contribute to this phenomenon, including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667 polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44, 95% CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95% CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95% CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95% CI = 1.19-2.12), but was not associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity.", "DOI": "10.1007/s10552-012-9942-9", "ISSN": "1573-7225 0957-5243", "note": "PMID: 22450737", "journalAbbreviation": "Cancer Causes Control", "language": "eng", "author": [{"family": "Kim", "given": "Byung Chang"}, {"family": "Shin", "given": "Aesun"}, {"family": "Hong", "given": "Chang Won"}, {"family": "Sohn", "given": "Dae Kyung"}, {"family": "Han", "given": "Kyung Su"}, {"family": "Ryu", "given": "Kum Hei"}, {"family": "Park", "given": "Bum Joon"}, {"family": "Nam", "given": "Ji Hyung"}, {"family": "Park", "given": "Ji Won"}, {"family": "Chang", "given": "Hee Jin"}, {"family": "Choi", "given": "Hyo Seong"}, {"family": "Kim", "given": "Jeongseon"}, {"family": "Oh", "given": "Jae Hwan"}], "issued": {"date-parts": [{"2012, 5}]}, {"id": "702", "uris": [{"http://zotero.org/users/2724931/items/YE8JCYJA"}, {"http://zotero.org/users/2724931/items/YE8JCYJA"}], "itemData": {"id": "702", "type": "article-journal", "title": "A Prospective Study of Anthropometric and Clinical Measurements Associated with Insulin Resistance Syndrome and Colorectal Cancer in Male Smokers", "container-title": "American Journal of Epidemiology", "page": "652-664", "volume": "164", "issue": "7", "abstract": "Type 2 diabetes mellitus shares risk factors for and has shown a positive association with colorectal cancer. Anthropometric measures (height, weight, and body mass index (weight (kg)/height (m)²) and metabolic abnormalities associated with insulin resistance syndrome (IRS) (abnormalities in measured blood pressure, high density lipoprotein (HDL) cholesterol, and total cholesterol) were prospectively evaluated for associations with incident colon (n = 227), rectal (n = 183), and colorectal (n = 410) cancers diagnosed between 1985 and 2002 in 28,983 Finnish male smokers from the Alpha-Tocopherol, Beta-Carotene Cancer Prevention Study. Cox proportional hazards models were used to calculate hazard ratios and 95% confidence intervals. In comparison with the lowest quintile, the highest quintile of body mass index was significantly associated with colorectal cancer (hazard ratio (HR) = 1.70, 95% confidence interval (CI): 1.01, 2.85; p-trend = 0.01), particularly colon cancer. Subjects with a cluster of three IRS-related conditions (hypertension, body mass index ≥ 25 kg/m², and HDL cholesterol level <40 mg/dl (<1.55 mmol/liter)), compared with those with fewer conditions, had a significantly increased risk of colorectal cancer (HR = 1.40, 95% CI: 1.12, 1.74), particularly colon cancer (HR = 1.58, 95% CI: 1.18, 2.10), but not rectal cancer. These results support the hypothesis that the significant association observed between IRS-defining metabolic abnormalities and colorectal cancer is determined primarily by adiposity.", "DOI": "10.1093/aje/kwj253", "ISSN": "0002-9262", "journalAbbreviation": "American Journal of Epidemiology", "author": [{"family": "Bowers", "given": "Katherine"}, {"family": "Albanes", "given": "Demetrios"}, {"family": "Limburg", "given": "Paul"}, {"family": "Pietinen", "given": "Pirjo"}, {"family": "Taylor", "given": "Phil R."}, {"family": "Virtamo", "given": "Jarmo"}, {"family": "Stolzenberg-Solomon", "given": "Rachael"}], "issued": {"date-parts": [{"2006, 10, 1}]}, {"id": "700", "uris": [{"http://zotero.org/users/2724931/items/CSEQKLLIG"}, {"http://zotero.org/users/2724931/items/CSEQKLLIG"}], "itemData": {"id": "700", "type": "article-journal", "title": "A Longitudinal Study of the Metabolic Syndrome and Risk of Colorectal Cancer in Postmenopausal Women", "container-title": "European journal of cancer prevention : the official journal of the European Cancer Prevention Organisation (ECP)", "page": "326-332", "volume": "21", "issue": "4", "archive": "PMC", "archive_location": "PMC5759970", "abstract": "The metabolic syndrome is associated with increased risk of diabetes and coronary heart disease. Although higher BMI and other related factors have been frequently associated with colorectal cancer (CRC), whether the metabolic syndrome is associated with the risk of colorectal cancer is unclear. We therefore assessed the association of the metabolic syndrome with the risk of CRC in a subsample of participants of the Women's Health Initiative who had repeated measurements of the components of the syndrome at baseline and during follow-up. Women with diabetes at baseline enrollment were excluded. Cox proportional hazards models were used to estimate hazard ratios (HR) and 95% confidence intervals (95% CI) at baseline and in time-dependent analyses. Among 4,862 eligible women, 81 incident cases of colorectal cancer were identified over a median follow-up of 12 years. Presence of the metabolic syndrome at baseline was associated with increased risk of colorectal cancer (HR 2.15, 95% CI 1.30-3.53) and colon cancer (HR 2.28, 95% CI 1.31-3.98). These associations were largely explained by positive associations of serum glucose and systolic blood pressure with both outcomes. Time-dependent covariate analyses supported the baseline findings. Our results suggest that the positive association of the metabolic syndrome with risk of colorectal cancer is largely accounted for by serum glucose levels and systolic blood pressure. The biological mechanism underlying these associations remains to be clarified.", "DOI": "10.1097/CEJ.0b013e32834dbc81", "ISSN": "0959-8278", "author": [{"family": "Kabat", "given": "Geoffrey C"}, {"family": "Kim", "given": "Mimi Y"}, {"family": "Peters", "given": "Ulrike"}, {"family": "Stefanick", "given": "Marcia"}, {"family": "Hou", "given": "Lifang"}, {"family": "Wactawski-Wende", "given": "Jean"}, {"family": "Messina", "given": "Catherine"}, {"family": "Shikany", "given": "James M"}, {"family": "Rohan", "given": "Thomas E"}], "issued": {"date-parts": [{"2012, 7}]}, {"id": "693", "uris": [{"http://zotero.org/users/2724931/items/8F2B2BVX"}, {"http://zotero.org/users/2724931/items/8F2B2BVX"}], "itemData": {"id": "693", "type": "article-journal", "title": "Metabolic phenotype and risk of colorectal cancer in normal-weight postmenopausal women", "container-title": "Cancer epidemiology, biomarkers & prevention : a publication of the American Association for Cancer Research, cosponsored by the American Society of Preventive Oncology", "page": "155-161", "volume": "26", "issue": "2", "archive": "PMC", "archive_location": "PMC5301805", "abstract": "BACKGROUND: The prevalence of metabolically unhealthy phenotype in normal-weight adults is 30%, and few studies have explored the association between metabolic phenotype and colorectal cancer incidence in normal-weight individuals. Our aim was to compare the risk of colorectal cancer in normal-weight postmenopausal women who were characterized by either the metabolically healthy phenotype or the metabolically unhealthy phenotype. METHODS: A large prospective cohort, the Women's Health Initiative (WHI), was used. The analytical sample included 5,068 postmenopausal women with BMI 18.5- <25 kg/m². Metabolic phenotype was defined using the Adult Treatment Panel-III (ATP-III) definition, excluding waist circumference; therefore, women with one or none of the four components (elevated triglycerides, low HDL-C, elevated blood pressure, and elevated fasting glucose) were classified as metabolically healthy. Multivariable Cox proportional hazards regression was used to estimate adjusted hazard ratios for the association between metabolic phenotype and risk of colorectal cancer. RESULTS: Among normal-weight women, those who were metabolically unhealthy had higher risks of colorectal cancer (HR: 1.49, 95% CI: 1.02-2.18) compared to those who were metabolically healthy. CONCLUSIONS: A metabolically unhealthy phenotype was associated with higher risk of colorectal cancer among normal-weight women. IMPACT: Normal-weight women should still be evaluated for metabolic health and appropriate steps taken to reduce their risk of colorectal cancer.", "DOI": "10.1158/1055-9965.EPI-16-0761", "ISSN": "1055-9965", "author": [{"family": "Liang", "given": "Xiaoyun"}, {"family": "Margolis", "given": "Karen L"}, {"family": "Hendryx", "given": "Michael"}, {"family": "Rohan", "given": "Thomas"}, {"family": "Groessler", "given": "Erik J"}, {"family": "Thomson", "given": "Cynthia A"}, {"family": "Kroenke", "given": "Candace H"}],

{ "family": "Simon", "given": "Michael" }, { "family": "Lane", "given": "Dorothy" }, { "family": "Stefanick", "given": "Marcia" }, { "family": "Luo", "given": "Juhua" }, "issued": { "date-parts": [["2017", "2"]] }, "id": "692", "uris": ["http://zotero.org/users/2724931/items/FETAPZNU"], "uri": ["http://zotero.org/users/2724931/items/FETAPZNU"], "itemData": { "id": "692", "type": "article-journal", "title": "Association Among Obesity, Metabolic Health, and the Risk for Colorectal Cancer in the General Population in Korea Using the National Health Insurance Service–National Sample Cohort", "container-title": "Diseases of the Colon & Rectum", "volume": "60", "issue": "11", "abstract": "BACKGROUND: BACKGROUND: In Korea, the incidence of colorectal cancer has increased and obesity is on a rising trend because of a Westernized lifestyle in men. OBJECTIVE: OBJECTIVE: The purpose of this study was to evaluate the relationship between metabolic health status, as well as BMI, and the incidence of colorectal cancer. DESIGN: DESIGN: This was a prospective cohort study. SETTINGS: SETTINGS: The study was conducted with the National Health Insurance Service–National Sample Cohort. PATIENTS: PATIENTS: A total of 408,931 Korean adults without cancer at baseline were followed up until 2013 (mean follow-up, 9 y). MAIN OUTCOME MEASURES: MAIN OUTCOME MEASURES: Demographic, anthropometric, and laboratory data at baseline were collected and categorized. The presence of diabetes mellitus, hypertension, and dyslipidemia was defined using the criteria of previous studies. The incidence of colorectal cancer was also defined according to the International Classification of Disease, 10th Revision, codes and the claim data on endoscopy with biopsy. RESULTS: RESULTS: During the follow-up, 5108 new cases of colorectal cancer occurred. Being underweight (<18.5

kg/m²) reduced the risk for colorectal cancer among women (adjusted HR = 0.646 (95% CI, 0.484–0.863)), whereas high BMI significantly increased the risk in men and in the elderly. Obesity (≥25

kg/m²), diabetes mellitus, and hypertension were identified as risk factors for colorectal cancer in men but not for women. Although metabolically unhealthy nonobese men had a higher risk for colorectal cancer than metabolically healthy nonobese men (adjusted HR = 1.114 (95% CI, 1.004–1.236)), the risk was lower than that in the obese men. LIMITATIONS: LIMITATIONS: The study population consisted of people who underwent health examinations, thus there could be selection bias. CONCLUSIONS: CONCLUSIONS: In Korean adults, obesity contributes to the incidence of colorectal cancer with a sex difference. Nonobese but metabolically unhealthy men are considered to be a high-risk group for colorectal cancer, but obesity itself is more important in colorectal carcinogenesis. See Video Abstract at <http://links.lww.com/DCR/A475>. "URL": "https://journals.lww.com/dcrjournal/Fulltext/2017/11000/Association_Among_Obesit_3706", "author": [{ "family": "Shin", "given": "Cheol Min" }, { "family": "Han", "given": "Kyungdo" }, { "family": "Lee", "given": "Dong Ho" }, { "family": "Choi", "given": "Yoon Jin" }, { "family": "Kim", "given": "Nayoung" }, { "family": "Park", "given": "Young Soo" }, { "family": "Yoon", "given": "Hyuk" }, "issued": { "date-parts": [["2017"]] }, "id": "689", "uris": ["http://zotero.org/users/2724931/items/WPUBA46Z"], "uri": ["http://zotero.org/users/2724931/items/WPUBA46Z"], "itemData": { "id": "689", "type": "article-journal", "title": "Obesity Increases Prevalence of Colonic Adenomas at Screening Colonoscopy: A Canadian Community-Based Study", "container-title": "Canadian Journal of Gastroenterology & Hepatology", "page": "8750967", "volume": "2017", "archive": "PMC", "archive_location": "PMC5525097", "abstract": "BACKGROUND AND AIMS: Obesity is a risk factor for colorectal neoplasia. We examined the influence of obesity and metabolic syndrome (MetS) on prevalence of neoplasia at screening colonoscopy. METHODS: We evaluated 2020 subjects undergoing first screening colonoscopy. Body mass index (BMI) was calculated at enrolment. Hyperlipidemia (HL), hypertension (HT), and diabetes mellitus (DM) were identified. Details of colonoscopy, polypectomy, and histology were recorded. Odds for adenomas (A) and advanced adenomas (ADV) in overweight (BMI 25.1–30) and obese (BMI > 30) subjects were assessed by multinomial regression, adjusted for covariates. Analyses included relationships between HL, HT, DM, age, tobacco usage, and neoplasia. Discriminatory power of HT, HL, DM, and BMI for neoplasia was assessed by binary logistic regression. Odds were calculated for neoplasia in each colonic segment related to BMI. RESULTS: A and ADV were commoner in overweight and obese males, obese females, older subjects, and smokers. HL, HT, and DM were associated with increased odds for neoplasia, significantly for A with hypertension. BMI alone predicted neoplasia as well as HT, HL, DM, or combinations thereof. All segments of the colon were affected. Multiple polyps were particularly prevalent in the obese. CONCLUSIONS: Obesity and MetS are risk factors for colonic neoplasia in a Canadian population." "DOI": "10.1155/2017/8750967", "ISSN": "2291-2789", "author": [{ "family": "Shapero", "given": "Theodore F" }, { "family": "Chen", "given": "Grant I" }, { "family": "Devlin", "given": "Tim" }, { "family": "Gibbs", "given": "Alison" }, { "family": "Murray", "given": "Iain C" }, { "family": "Tran", "given": "Stanley" }, { "family": "Weigensberg", "given": "Corey" }, "issued": { "date-parts": [["2017"]] }, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json" }

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], 13 case-control studies [

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-UTR polymorphisms in the vascular endothelial growth factor (VEGF) gene and metabolic syndrome in determining the risk of colorectal cancer in Koreans", "container-title": "BMC Cancer", "page": "881", "volume": "14", "archive": "PMC", "archive_location": "PMC4289193", "abstract": "BACKGROUND:

Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in cancer development. Moreover, recent studies have reported associations between a number of 3

-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3

-UTR polymorphisms (1451C

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T [rs3025040], 1612G

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A [rs10434], and 1725G

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A [rs3025053] and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C

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T was significantly associated with rectal cancer risk (Dominant model; AOR =1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas VEGF 1725G

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A correlated with MetS risk (Dominant model; AOR =1.61; 95% CI =1.06 - 2.46; p = 0.026). Of the gene-environment combined effects, the interaction of VEGF 1451C

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T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <

.001) whereas the combination of VEGF 1725G

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A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p =0.008). CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users.,"DOI": "10.1186/1471-2407-14-881", "ISSN": "1471-2407", "author": [{"family": "Jeon", "given": "Young Joo"}, {"family": "Kim", "given": "Jong Woo"}, {"family": "Park", "given": "Hye Mi"}, {"family": "Jang", "given": "Hyo Geun"}, {"family": "Kim", "given": "Jung O"}, {"family": "Oh", "given": "Jisu"}, {"family": "Chong", "given": "So Young"}, {"family": "Kwon", "given": "Sung Won"}, {"family": "Kim", "given": "Eo Jin"}, {"family": "Oh", "given": "Doyeun"}, {"family": "Kim", "given": "Nam Keun"}], "issued": {"date-parts": [{"2014"}]}, {"id": "119", "uris": [{"http://zotero.org/users/2724931/items/S9F263MP"}], "uri": [{"http://zotero.org/users/2724931/items/S9F263MP"}], "itemData": {"id": "119", "type": "article-journal", "title": "Metabolic syndrome and colorectal cancer: the protective role of Mediterranean diet--a case-control study.", "container-title": "Angiology", "page": "390-396", "volume": "63", "issue": "5", "abstract": "The effect of Mediterranean diet on colorectal cancer, in the presence of the metabolic syndrome, was evaluated in 250 patients with first developed cancer (63 +/- 12 years, 59% males) and 250 age-gender-matched controls. Adherence to the Mediterranean diet was evaluated with the modified-MedDietScore (theoretical range 0-75), while assessment of the metabolic syndrome (MetS) was based on the third Adult Treatment Panel ([ATP III] National Cholesterol Education Program) criteria. Presence of MetS (1.66, 95% confidence interval [CI] 1.02, 2.69), age (4.25, 95% CI 2.33, 7.77), smoking (1.85, 95% CI 1.27, 2.70), and family history of colorectal cancer (3.37, 95% CI 1.69, 6.75) had a detrimental effect, whereas adherence to the Mediterranean diet (0.88, 95% CI 0.84, 0.92) and body mass index (0.93, 95%CI 0.89, 0.98) had a protective role regarding colorectal cancer. Mediterranean diet had the same effect in relation to colorectal cancer, in both participants with (0.84, 95% CI 0.76, 0.93) and without MetS (0.89, 95% CI 0.85, 0.94).,"DOI": "10.1177/0003319711421164", "ISSN": "1940-1574 0003-3197", "note": "PMID: 22267847", "journalAbbreviation": "Angiology", "language": "eng", "author": [{"family": "Kontou", "given": "Niki"}, {"family": "Psaltopoulou", "given": "Theodora"}, {"family": "Soupos", "given": "Nick"}, {"family": "Polychronopoulos", "given": "Evangelos"}, {"family": "Xinopoulos", "given": "Dimitrios"}, {"family": "Linos", "given": "Athena"}, {"family": "Panagiotakos", "given": "Demosthenes B."}], "issued": {"date-parts": [{"2012", "7"}]}, {"id": "146", "uris": [{"http://zotero.org/users/2724931/items/9WXRXXK"}], "uri": [{"http://zotero.org/users/2724931/items/9WXRXXK"}], "itemData": {"id": "146", "type": "article-journal", "title": "Metabolic Syndrome and Risks of Colon and Rectal Cancer: The European Prospective Investigation into Cancer and Nutrition Study", "container-title": "Cancer Prevention Research", "page": "1873", "volume": "4", "issue": "11", "abstract": "Metabolic syndrome (MetS) is purportedly related to risk of developing colorectal cancer; however, the association of MetS, as defined according to recent international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what extent the MetS components individually account for such an association. We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol

Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16–1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57–2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45–2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47–2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02–2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test $P = 0.10$ for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. *Cancer Prev Res*; 4(11); 1873–83. ©2011 AACR.,"DOI": "10.1158/1940-6207.CAPR-11-0218", "journalAbbreviation": "Cancer Prev Res (Phila)", "author": [{"family": "Aleksandrova", "given": "Krasimira"}, {"family": "Boeing", "given": "Heiner"}, {"family": "Jenab", "given": "Mazda"}, {"family": "Bas Bueno-de-Mesquita", "given": "H."}, {"family": "Jansen", "given": "Eugene"}, {"family": "Duijnhoven", "given": "Fränzel J.B."}, {"family": "non-dropping-particle": "van"}, {"family": "Fedirko", "given": "Veronika"}, {"family": "Rinaldi", "given": "Sabina"}, {"family": "Romieu", "given": "Isabelle"}, {"family": "Riboli", "given": "Elio"}, {"family": "Romaguera", "given": "Dora"}, {"family": "Overvad", "given": "Kim"}, {"family": "Østergaard", "given": "Jane Nautrup"}, {"family": "Olsen", "given": "Anja"}, {"family": "Tjønneland", "given": "Anne"}, {"family": "Boutron-Ruault", "given": "Marie-Christine"}, {"family": "Clavel-Chapelon", "given": "Françoise"}, {"family": "Morois", "given": "Sophie"}, {"family": "Masala", "given": "Giovanna"}, {"family": "Agnoli", "given": "Claudia"}, {"family": "Panico", "given": "Salvatore"}, {"family": "Tumino", "given": "Rosario"}, {"family": "Vineis", "given": "Paolo"}, {"family": "Kaaks", "given": "Rudolf"}, {"family": "Lukanova", "given": "Annekatrin"}, {"family": "Trichopoulos", "given": "Antonia"}, {"family": "Naska", "given": "Androniki"}, {"family": "Bamia", "given": "Christina"}, {"family": "Peeters", "given": "Petra H."}, {"family": "Rodríguez", "given": "Laudina"}, {"family": "Buckland", "given": "Genevieve"}, {"family": "Sánchez", "given": "María-José"}, {"family": "Dorronsoro", "given": "Miren"}, {"family": "Huerta", "given": "Jose-Maria"}, {"family": "Barricarte", "given": "Aurelio"}, {"family": "Hallmans", "given": "Göran"}, {"family": "Palmqvist", "given": "Richard"}, {"family": "Khaw", "given": "Kay-Tee"}, {"family": "Wareham", "given": "Nicholas"}, {"family": "Allen", "given": "Naomi E."}, {"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Pischon", "given": "Tobias"}], "issued": {"date-parts": [{"2011, 11, 2}]}, {"id": "144", "uris": [{"http://zotero.org/users/2724931/items/R3KQJJK"}, {"http://zotero.org/users/2724931/items/R3KQJJK"}], "itemData": {"id": "144", "type": "article-journal", "title": "Clinical study on the correlation between metabolic syndrome and colorectal carcinoma", "container-title": "ANZ Journal of Surgery", "page": "331-336", "volume": "80", "issue": "5", "abstract": "Background: Although metabolic syndrome (MS) has received a lot of attention in recent years, the correlation between MS and colorectal carcinoma is still not very clear. This study aims at exploring the relationship between MS and colorectal carcinoma. Methods: Data was collected from 507 cases of colorectal carcinoma and 507 cases of healthy patients between January 2002 and March 2007 to establish the database. The patients with colorectal cancer were divided into two groups based on the presence of MS. Multivariate analysis of these data for the overall survival and recurrence was performed with the Cox proportional hazard model. Variables examined by multivariate analysis were sex, age, location, histotype, differentiation, tumour, node, metastasis (TNM) stage, the number of lymph nodes detected, etc. Results: The existence of MS in the colorectal carcinoma group was clearly more than that in the control group. The existence of two to four types of abnormal metabolic diseases was significantly more in the colorectal cancer group than in the control group. MS is one of the important elements that can independently influence the survival (odds ratio (OR) = 1.501, 95% confidence interval (CI) = 1.057–2.131) and have the highest risk with worse survival compared with other parameters. Conclusion: There is a close relationship between MS and colorectal carcinoma, and MS is a significantly independent element that influences the survival of the colorectal carcinoma. Decreasing the incidence of MS maybe play a role in improving therapeutic efficacy and prognosis of the cancer."}, {"DOI": "10.1111/j.1445-2197.2009.05084.x", "ISSN": "1445-2197", "author": [{"family": "Shen", "given": "Zhanlong"}, {"family": "Wang", "given": "Shan"}, {"family": "Ye", "given": "Yingjiang"}, {"family": "Yin", "given": "Mujun"}, {"family": "Yang", "given": "Xiaodong"}, {"family": "Jiang", "given": "Kewei"}, {"family": "Liu", "given": "Yan"}], "issued": {"date-parts": [{"2010, 5, 1}]}, {"id": "142", "uris": [{"http://zotero.org/users/2724931/items/6XNHFT4N"}, {"http://zotero.org/users/2724931/items/6XNHFT4N"}], "itemData": {"id": "142", "type": "article-journal", "title": "Metabolic syndrome is associated with colorectal cancer in men", "container-title": "European Journal of Cancer", "page": "1866-1872", "volume": "46", "issue": "10", "abstract": "Aim of the study: We assessed the relation between metabolic syndrome (MetS) and its components and colorectal cancer. Methods: We analysed data from a multicentre case-control study conducted in Italy and Switzerland, including 1378 cases of colon cancer, 878 cases of rectal cancer and 4661 controls. All cases were incident and histologically confirmed. Controls were subjects admitted to the same hospitals as cases with acute non-malignant conditions. MetS was defined according to the International Diabetes Federation criteria. Odds ratios (ORs) and the corresponding 95% confidence intervals (CIs) were estimated by multiple logistic regression models, including terms for major identified confounding factors for colorectal cancer. Results: With reference to each component of the MetS, the ORs of colorectal cancer in men were 1.27 (95% CI, 0.95–1.69) for diabetes, 1.24 (95% CI, 1.03–1.48) for hypertension, 1.14 (95% CI, 0.93–1.40) for hypercholesterolaemia and 1.26 (95% CI, 1.08–1.48) for overweight at age 30. The corresponding ORs in women were 1.20 (95% CI, 0.82–1.75), 0.87 (95% CI, 0.71–1.06), 0.83 (95% CI, 0.66–1.03) and 1.06 (95% CI, 0.86–1.30). Colorectal cancer risk was increased in men (OR = 1.86; 95% CI, 1.21–2.86), but not in women (OR = 1.13; 95% CI, 0.66–1.93), with MetS. The ORs were 2.09 (95% CI, 1.38–3.18) in men and 1.15 (95% CI, 0.68–1.94) in women with
>
3 components of the MetS, as compared to no component. Results were similar for colon and rectal cancers. Conclusion: This study supports a direct association between MetS and both colon and rectal cancers in men, but not in women."}, {"DOI": "10.1016/j.ejca.2010.03.010", "ISSN": "0959-8049", "journalAbbreviation": "European Journal of Cancer", "author": [{"family": "Pelucchi", "given": "Claudio"}, {"family": "Negri", "given": "Eva"}, {"family": "Talamini", "given": "Renato"}, {"family": "Levi", "given": "Fabio"}, {"family": "Giacosa", "given": "Attilio"}, {"family": "Crispo", "given": "Anna"}, {"family": "Bidoli", "given": "Ettore"}, {"family": "Montella", "given": "Maurizio"}, {"family": "Franceschi", "given": "Silvia"}, {"family": "La Vecchia", "given": "Carlo"}], "issued": {"date-parts": [{"2010, 7, 7}]}, {"id": "140", "uris": [{"http://zotero.org/users/2724931/items/XN37VDV8"}, {"http://zotero.org/users/2724931/items/XN37VDV8"}], "itemData": {"id": "140", "type": "article-journal", "title": "Visceral Obesity and Insulin Resistance as Risk Factors for Colorectal Adenoma: A Cross-Sectional, Case-Control Study", "container-title": "The American Journal of Gastroenterology", "page": "178-187", "volume": "105", "issue": "1", "source": "www.nature.com", "abstract": "OBJECTIVES: Colorectal adenoma is known to be associated with obesity, but the association between colorectal adenoma and visceral adipose tissue (VAT) area measured by abdominal computed tomography (CT) has not been documented clearly. In addition, the relationship between insulin resistance and colorectal adenomas, which underlies the mechanism that links obesity and colorectal adenoma, has not been studied extensively. The aim of this study was to examine VAT area and insulin resistance as risk factors of colorectal adenoma. METHODS: A cross-sectional, case-control study was conducted in Koreans that presented for health check-ups. Subjects underwent various laboratory tests, abdominal CT, and colonoscopy. VAT, subcutaneous adipose tissue (SAT), and homeostatic metabolic assessment (HOMA) index were evaluated as potential risk factors of colorectal adenoma in 2,244 age-

and sex-matched subjects. RESULTS: According to univariate analysis, the prevalences of smoking, hypertension, metabolic syndrome, and family history of colorectal cancer were higher in the adenoma group than in the normal control group. In addition, body mass index, waist circumference, triglyceride, high-density lipoprotein cholesterol, and VAT and SAT areas were significantly different in the two groups. According to the multivariate analysis adjusted for multiple confounders, VAT area was independently associated with the risk of colorectal adenoma (odds ratio (OR)=3.09, 95% confidence interval (CI): 2.19–4.36, highest quintile vs. lowest quintile). Mean HOMA index was higher in the adenoma group than in the control group (OR=1.99, 95% CI: 1.35–2.92, highest vs. lowest quintile). CONCLUSIONS: Visceral obesity was found to be an independent risk factor of colorectal adenoma, and insulin resistance was associated with the presence of colorectal

adenoma.,"DOI": "10.1038/ajg.2009.541", "ISSN": "0002-9270", "shortTitle": "Visceral Obesity and Insulin Resistance as Risk Factors for Colorectal Adenoma", "journalAbbreviation": "Am J Gastroenterol", "language": "en", "author": [{"family": "Kang", "given": "Hyoun Woo"}, {"family": "Kim", "given": "Donghee"}, {"family": "Kim", "given": "Hwa Jung"}, {"family": "Kim", "given": "Chung Hyeon"}, {"family": "Kim", "given": "Young Sun"}, {"family": "Park", "given": "Min Jung"}, {"family": "Kim", "given": "Joo Sung"}, {"family": "Cho", "given": "Sang-Heon"}, {"family": "Sung", "given": "Myung-Whun"}, {"family": "Jung", "given": "Hyun Chae"}, {"family": "Lee", "given": "Hyo-Suk"}, {"family": "Song", "given": "In Sung"}], "issued": {"date-parts": [{"2009, 9, 15}]}}, {"id": "690", "uris": [{"http://zotero.org/users/2724931/items/VY8D9VHF"}], "uri": [{"http://zotero.org/users/2724931/items/VY8D9VHF"}], "itemData": {"id": "690", "type": "article-journal", "title": "Distinct Metabolic Profiles are Associated with Colorectal Adenomas and Serrated Polyps", "container-title": "Obesity", "page": "S72-S80", "volume": "25", "issue": "S2", "abstract": "Objective Prevention of colorectal cancer (CRC) by colonoscopy is recommended according to age and personal/familial history. Metabolic alterations are associated with colorectal adenomas, but data are scarce regarding serrated polyps and advanced polyps. The aim of this study was to evaluate the association between metabolic alterations and colorectal polyp type and advanced polyps. Methods A case-control study was conducted among consecutive subjects, 40 to 70 years old, who underwent screening/diagnostic colonoscopy from 2010 to 2015. Subjects who were treated for diabetes, who had a family/personal history of CRC, and who were at high risk for CRC were excluded. Participants underwent anthropometric, laboratory, and ultrasonographic evaluations and a medical and lifestyle interview. Polyps were histologically classified as adenomatous or serrated polyps and divided into advanced and non-advanced categories. Results The study included 828 participants (58.4±6.6 years, 50.4% men). Abdominal obesity (odds ratio [OR]=1.67, 95% CI: 1.20-2.30), hypertension (OR=1.47, 95% CI: 1.03-2.09), and a high glycosylated hemoglobin percentage (HbA1c%) (OR=1.57, 95% CI: 1.06-2.34) were independently associated with colorectal adenomas, whereas a high triglyceride to high-density lipoprotein cholesterol (TG/HDL) ratio was independently associated with serrated polyps (OR=2.31, 95% CI: 1.32-4.03). A combination of three metabolic alterations was strongly associated with colorectal polyps. Conclusions Abdominal obesity, hypertension, and a high HbA1c% are independently associated with adenomas, whereas a high TG/HDL ratio is associated with serrated polyps. These parameters are easily accessible in clinical practice and may help define high-risk groups for CRC.,"DOI": "10.1002/oby.22001", "ISSN": "1930-7381", "journalAbbreviation": "Obesity", "author": [{"literal": "Fliess"}, {"literal": "Isakov Naomi"}], {"literal": "Zelber"}, {"literal": "Webb Muriel"}, {"literal": "Halpern Zamir"}, {"literal": "Shibolet Oren"}, {"literal": "Kariv Revital"}], "issued": {"date-parts": [{"2017, 10, 31}]}}, {"id": "713", "uris": [{"http://zotero.org/users/2724931/items/LV3SB6ZM"}], "uri": [{"http://zotero.org/users/2724931/items/LV3SB6ZM"}], "itemData": {"id": "713", "type": "article-journal", "title": "Correlations between Obesity/ Metabolic Syndrome-Related Factors and Risk of Developing Colorectal Tumors", "page": "6", "source": "Zotero", "language": "en", "author": [{"family": "Harima", "given": "Satoko"}, {"family": "Hashimoto", "given": "Shinichi"}, {"family": "Shibata", "given": "Hiroaki"}, {"family": "Matsunaga", "given": "Takaharu"}, {"family": "Tanabe", "given": "Ryo"}, {"family": "Terai", "given": "Shuji"}, {"family": "Sakaide", "given": "Isao"}], "issued": {"date-parts": [{"2013}]}}, {"id": "701", "uris": [{"http://zotero.org/users/2724931/items/XUEP2NAY"}], "uri": [{"http://zotero.org/users/2724931/items/XUEP2NAY"}], "itemData": {"id": "701", "type": "article-journal", "title": "Obesity, Metabolic Factors, and Colorectal Adenomas: A Retrospective Study in a Racially Diverse New York State Hospital", "container-title": "Journal of Gastrointestinal Cancer", "page": "270-276", "volume": "44", "issue": "3", "abstract": "We studied a racially diverse population and the relationship with colorectal adenomas (CA) further looking for risks related to BMI and metabolic factors.,"DOI": "10.1007/s12029-013-9476-8", "ISSN": "1941-6636", "journalAbbreviation": "Journal of Gastrointestinal Cancer", "author": [{"family": "Lipka", "given": "Seth"}, {"family": "Zheng", "given": "Xi Emily"}, {"family": "Hurtado-Cordovi", "given": "Jorge"}, {"family": "Singh", "given": "Jaspreet"}, {"family": "Levine", "given": "Evan"}, {"family": "Vlacanich", "given": "Raymond"}, {"family": "Krishnamachari", "given": "Bhuma"}, {"family": "Jung", "given": "Min-Kyung"}, {"family": "Fu", "given": "Shuang"}, {"family": "Takeshige", "given": "Umeko"}, {"family": "Avezbakiev", "given": "Boris"}, {"family": "Li", "given": "Ting"}, {"family": "Iqbal", "given": "Javed"}, {"family": "Rizvon", "given": "Kaleem"}, {"family": "Mustacchia", "given": "Paul"}], "issued": {"date-parts": [{"2013, 9, 1}]}}, {"id": "708", "uris": [{"http://zotero.org/users/2724931/items/VNR6N7NX"}], "uri": [{"http://zotero.org/users/2724931/items/VNR6N7NX"}], "itemData": {"id": "708", "type": "article-journal", "title": "The Metabolic Syndrome is Associated with Increased Risk of Colorectal Adenoma Development: The Self-Defense Forces Health Study", "page": "5", "volume": "6", "issue": "4", "source": "Zotero", "abstract": "The metabolic syndrome, a cluster of metabolic abnormalities linked to insulin resistance, has attracted much interest as a risk factor for cardiovascular disease and type 2 diabetes. Hyperinsulinemia is also a postulated biological risk factor for colorectal carcinogenesis. We therefore here examined the relation between the metabolic syndrome and colorectal adenoma development. The study subjects were 756 cases of colorectal adenoma and 1751 controls with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal obesity in combination with any two of the following conditions: elevated triglycerides (≥150 mg/dL); lowered HDL cholesterol (<40 mg/dL); elevated blood pressure (systolic blood pressure ≥130 mmHg and/or diastolic blood pressure ≥85 mmHg); and raised fasting glucose (≥110 mg/dL). Abdominal obesity was defined as a waist circumference of 85cm or more (Japanese criterion) or ≥90cm (Asian criterion). Statistical adjustment was made for age, hospital, and rank in the SDF. The metabolic syndrome was found to be associated with a moderately increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI 1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and was almost exclusively observed for large lesions (≥5mm in diameter). Thus the metabolic syndrome appears to be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and type 2 diabetes.,"journalAbbreviation": "AJCP", "language": "en", "author": [{"family": "Morita", "given": "Takako"}, {"family": "Tabata", "given": "Shinji"}, {"family": "Mineshita", "given": "Masamichi"}, {"family": "Mizoue", "given": "Tetsuya"}, {"family": "Moore", "given": "Malcolm A"}, {"family": "Kono", "given": "Suminori"}], "issued": {"date-parts": [{"2005, 4}]}}, {"id": "362", "uris": [{"http://zotero.org/users/2724931/items/83RDVNWE"}], "uri": [{"http://zotero.org/users/2724931/items/83RDVNWE"}], "itemData": {"id": "362", "type": "article-journal", "title": "Metabolic syndrome components and colorectal adenoma in the CLUE II cohort", "container-title": "Cancer causes & control : CCC", "page": "1-10", "volume": "21", "issue": "1", "source": "PubMed Central", "abstract": "Background Metabolic syndrome components have been associated with colorectal cancer in several studies; however, the evidence for colorectal adenomas is limited. Thus, we evaluated the association between markers of the metabolic syndrome with colorectal adenoma development in

a nested case-control study. Methods Colorectal adenoma cases (n= 132) and matched controls who had had a negative sigmoidoscopy or a colonoscopy (n=260) were identified between baseline in 1989 and 2000 among participants in the CLUE II cohort of Washington County, Maryland. Concentrations of C-peptide, insulin-like growth factor binding protein-1, glycosylated hemoglobin, total cholesterol, high density lipoprotein-cholesterol, and triglycerides were measured in baseline blood specimens. Body mass index was calculated using baseline height and weight. Use of medications to treat diabetes mellitus was self-reported at baseline. Blood pressure was measured at baseline. Distributional cutpoints of the latter markers were used to define the metabolic syndrome components (hyperinsulinemia, hyperglycemia, obesity, dyslipidemia, and hypertension) present at baseline. Results No statistically significant associations with adenomas were observed for the markers of the metabolic syndrome, with the exception of a strong positive association for use of diabetes medications (OR, 8.00; 95% CI, 1.70 – 37.67), albeit based on small numbers. Conclusion Our findings do not support that components of the metabolic syndrome influence risk of colorectal adenomas, except possibly for severe diabetes mellitus warranting medical treatment. DOI: 10.1007/s10552-009-9428-6, ISSN: 0957-5243, note: PMID: 19774471 nPMCID: PMC3010872, journalAbbreviation: "Cancer Causes Control", author: [{"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Brancati", "given": "Frederick L"}, {"family": "Pollak", "given": "Michael N"}, {"family": "Rifai", "given": "Nader"}, {"family": "Clipp", "given": "Sandra L"}, {"family": "Hoffman-Bolton", "given": "Judy"}, {"family": "Helzlsouer", "given": "Kathy J"}, {"family": "Platz", "given": "Elizabeth A"}], issued: {"date-parts": [{"2010, 1}]}}, schema: "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}
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], and ten cross-sectional studies as well [

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In this study, we investigated whether asymptomatic patients with gallbladder disease are at increased risk of CRN and identified the factors to their association. The study population consisted of 4,626 consecutive, asymptomatic individuals drawn from a prospective health check-up cohort who underwent both ultrasonography and colonoscopy screening. The prevalence of CRNs in patients with gallbladder polyps or gallstones was significantly higher than that in the control group (32.1% vs. 26.8%; P = 0.032, 35.8% vs. 26.9%; P = 0.020). A multivariate regression analysis showed that gallbladder polyps were an independent risk factor for CRN [adjusted odds ratio (OR): 1.29; 95% confidence interval (CI): 1.03-1.62] whereas gallstones were not (adjusted OR: 1.14; 95% CI: 0.79-1.63). The adjusted OR for the risk of CRN was 1.12 for gallbladder polyps < 5 mm (95% CI, 0.85-1.46) and 1.79 for gallbladder polyps ≥ 5 mm (95% CI, 1.15-2.77). The prevalence of CRN increased with increasing polyp size (P trend = 0.022). Our results suggest that colorectal neoplasia is significantly related to gallbladder polyps, especially those ≥ 5 mm. GRAPHICAL ABSTRACT: DOI: 10.3346/jkms.2015.30.9.1288, ISSN: 1011-8934, author: [{"family": "Hong", "given": "Sung Noh"}, {"family": "Lee", "given": "Tae Yoon"}, {"family": "Yun", "given": "Sung-Cheol"}], issued: {"date-parts": [{"2015, 9}]}}, {"id": 152, "uris": ["http://zotero.org/users/2724931/items/2S89J5KW"], "uri": "http://zotero.org/users/2724931/items/2S89J5KW"}, {"id": 152, "type": "article-journal", "title": "Risk factors associated with rectal neuroendocrine tumors: a cross-sectional study.", "container-title": "Cancer epidemiology, biomarkers & prevention : a publication of the American Association for Cancer Research, cosponsored by the American Society of Preventive Oncology", "page": "1406-1413", "volume": "23", "issue": "7", "abstract": "BACKGROUND: The incidence of rectal neuroendocrine tumors (NET) has been increasing since the implementation of the screening colonoscopy. However, very little is known about risk factors associated with rectal NETs. We examined the prevalence of and the risk factors for rectal NETs in a Korean population. METHODS: A cross-sectional study was performed on 62,171 Koreans who underwent screening colonoscopy. The clinical characteristics and serum biochemical parameters of subjects with rectal NET were compared with those of subjects without rectal NET using multivariate logistic regression. RESULTS: Of a total of 57,819 participants, 101 [OR, 0.17%; 95% confidence interval (CI), 0.14-0.20] had a rectal NET. Young age (<50 years; OR, 2.09; 95% CI, 1.06-4.15), male gender (OR, 1.92; 95% CI, 1.15-3.20), alcohol drinking [adjusted OR (AOR), 1.56; 95% CI, 1.01-2.42], and a low high-density lipoprotein-cholesterol (HDL-C) level (AOR, 1.85; 95% CI, 1.10-3.11) were independent risk factors for rectal NETs. Cigarette smoking, fatty liver, metabolic syndrome, higher triglyceride level (≥150 mg/dL), and higher homeostasis model assessment of insulin resistance (≥2.5) were not independently associated with rectal NETs, although these factors were more common in individuals with rectal NETs in the univariate analysis. CONCLUSIONS: Young age (<50 years), male gender, alcohol drinking, and a low", "DOI": "10.1158/1055-9965.EPI-14-0132", "ISSN": "1538-7755 1055-9965", "note": "PMID: 24813818", "journalAbbreviation": "Cancer Epidemiol Biomarkers Prev", "language": "eng", "author": [{"family": "Jung", "given": "Yoon Suk"}, {"family": "Yun", "given": "Kyung Eun"}, {"family": "Chang", "given": "Yoo-soo"}, {"family": "Ryu", "given": "Seungho"}, {"family": "Park", "given": "Jung Ho"}, {"family": "Kim", "given": "Hong Joo"}, {"family": "Cho", "given": "Yong Kyun"}, {"family": "Sohn", "given": "Chong Il"}, {"family": "Jeon", "given": "Woo Kyu"}, {"family": "Kim", "given": "Byung Ik"}, {"family": "Park", "given": "Dong Il"}], issued: {"date-parts": [{"2014, 7}]}}, {"id": 150, "uris": ["http://zotero.org/users/2724931/items/HXJHWU16"], "uri": "http://zotero.org/users/2724931/items/HXJHWU16"}, {"id": 150, "type": "article-journal", "title": "Vegetarianism as a Protective Factor for Colorectal Adenoma and Advanced Adenoma in Asians", "container-title": "Digestive Diseases and Sciences", "page": "1025-1035", "volume": "59", "issue": "5", "abstract": "Although epidemiologic and animal studies suggest a vegetarian diet protects against the development of colorectal cancer, the relationship between vegetarian diet and incidence of colorectal adenoma is not yet conclusive, especially for Asians. DOI: 10.1007/s10620-013-2974-5, ISSN: 1573-2568, journalAbbreviation: "Digestive Diseases and Sciences", author: [{"family": "Lee", "given": "Chang Geun"}, {"family": "Hahn", "given": "Suk Jae"}, {"family": "Song", "given": "Min Keun"}, {"family": "Lee", "given": "Jun Kyu"}, {"family": "Kim", "given": "Jae Hak"}, {"family": "Lim", "given": "Yun Jeong"}, {"family": "Koh", "given": "Moon-Soo"}, {"family": "Lee", "given": "Jin Ho"}, {"family": "Kang", "given": "Hyoun Woo"}], issued: {"date-parts": [{"2014, 4}]}}, {"id": 118, "uris": ["http://zotero.org/users/2724931/items/TSAINUMV"], "uri": "http://zotero.org/users/2724931/items/TSAINUMV"}, {"id": 118, "type": "article-journal", "title": "Increased homeostasis model assessment-insulin resistance is a risk factor for colorectal adenoma in Japanese males.", "container-title": "The Tohoku journal of experimental medicine", "page": "297-303", "volume": "223", "issue": "4", "abstract": "Many previous reports have documented a relationship between metabolic syndrome, in terms of insulin resistance, and colorectal cancer. However, the association of insulin resistance with colorectal adenoma has not been investigated in detail. To elucidate the association of metabolic syndrome components and insulin resistance with adenoma, we investigated homeostasis model assessment insulin resistance (HOMA-IR) in individuals with adenoma. A cross-sectional study was conducted involving individuals who underwent scheduled health examinations using total colonoscopy. Restricting the subjects to males, 261 with adenoma and 702

without adenoma were investigated. HOMA-IR was categorized into three groups: normal (< 1.6), intermediate ($\geq 1.6 - < 2.5$), and insulin resistance (≥ 2.5). Metabolic syndrome was defined by a combination of any three of the following components: central obesity (waist circumference ≥ 90 cm); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); elevated fasting plasma glucose (≥ 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and elevated triglyceride (≥ 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively). Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001). However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate that an increased level of HOMA-IR is a risk factor for colorectal adenoma in Japanese males.,"ISSN":"1349-3329 0040-8727","note":"PMID: 21478654","journalAbbreviation":"Tohoku J Exp Med","language":"eng","author":{"family":"Sato","given":"Takeshi"},"family":"Takeda","given":"Hiroaki"},"family":"Sasaki","given":"Yu"},"family":"Kawata","given":"Sumio"},"issued":{"date-parts":["2011",4]}}, {"id":390,"uris":["http://zotero.org/users/2724931/items/9BZ81CKP"],"uri": ["http://zotero.org/users/2724931/items/9BZ81CKP"],"itemData":{"id":390,"type":"article-journal","title":"Stepwise Relationship Between Components of Metabolic Syndrome and Risk of Colorectal Adenoma in a Taiwanese Population Receiving Screening Colonoscopy","container-title":"Journal of the Formosan Medical Association","page":100-108,"volume":110,"issue":2,"source":"CrossRef","DOI":"10.1016/S0929-6646(11)60016-8","ISSN":"09296646","language":"en","author":{"family":"Hu","given":"Nien-Chih"},"family":"Chen","given":"Jong-Dar"},"family":"Lin","given":"Yu-Min"},"family":"Chang","given":"Jun-Yih"},"family":"Chen","given":"Yu-Hung"},"issued":{"date-parts":["2011",2]}}, {"id":145,"uris":["http://zotero.org/users/2724931/items/FX77VBWZ"],"uri": ["http://zotero.org/users/2724931/items/FX77VBWZ"],"itemData":{"id":145,"type":"article-journal","title":"Prevalence and risk of colorectal neoplasms in asymptomatic, average-risk screenees 40 to 49 years of age","container-title":"Gastrointestinal Endoscopy","page":480-489,"volume":72,"issue":3,"abstract":"Background\nA paucity of information exists regarding colorectal neoplasm in asymptomatic, average-risk individuals 40 to 49 years of age.\nObjective\nTo evaluate the prevalence and risk factors of colorectal neoplasms in those in their 40s.\nDesign\nCross-sectional study.\nSetting\nResults offered to subjects of a health care provider that offers screening services as part of an employer-provided wellness program.\nPatients\nA consecutive series of 1761 asymptomatic, average-risk screenees 40 to 59 years of age.\nIntervention\nFirst screening colonoscopy.\nResults\nThe prevalence of overall colorectal neoplasm in subjects of ages 40 to 44 years, 45 to 49 years, 50 to 54 years, and 55 to 59 years increased significantly with increasing age (13.7%, 20.2%, 21.0%, and 23.8%, respectively; P < .001). The prevalence of advanced adenomas in subjects of ages 40 to 44 years, 45 to 54 years, and 55 to 59 years increased significantly with age (1.9%, 3.0%, 3.2%, and 5.9%, respectively; P = .004). Multivariate analysis of data from the 40- to 49-year age group identified an increased risk of colorectal neoplasm associated with ages 45 years and older (odds ratio [OR], 1.68; 95% CI, 1.20-2.35), male sex (OR, 1.76; 95% CI, 1.15-2.69), presence of abdominal obesity (OR, 1.57; 95% CI, 1.12-2.21), and metabolic syndrome (OR, 1.56; 95% CI, 1.03-2.35), whereas for advanced adenomas, abdominal obesity (OR, 2.37; 95% CI, 1.06-5.27) and metabolic syndrome (OR, 2.83; 95% CI, 1.23-6.53) were the independent risk factors.\nLimitations\nSingle-center study and the cohort composed of ethnic Korean subjects who lived in the same geographic region.\nConclusion\nIn average-risk individuals 40 to 49 years of age, men with abdominal obesity or metabolic syndrome might benefit from screening colonoscopy starting at 45 years of age to detect colorectal neoplasm.","DOI":"10.1016/j.gie.2010.06.022","ISSN":"0016-5107","journalAbbreviation":"Gastrointestinal Endoscopy","author":{"family":"Hong","given":"Sung Noh"},"family":"Kim","given":"Jeong Hwan"},"family":"Choe","given":"Won Hyeok"},"family":"Han","given":"Hye Seung"},"family":"Sung","given":"In Kyung"},"family":"Park","given":"Hyung Seok"},"family":"Shim","given":"Chan Sup"},"issued":{"date-parts":["2010",9]}}, {"id":116,"uris":["http://zotero.org/users/2724931/items/3DEUV37V"],"uri": ["http://zotero.org/users/2724931/items/3DEUV37V"],"itemData":{"id":116,"type":"article-journal","title":"Relationship of non-alcoholic fatty liver disease to colorectal adenomatous polyps.","container-title":"Journal of gastroenterology and hepatology","page":562-567,"volume":25,"issue":3,"abstract":"BACKGROUND AND AIMS: Metabolic syndrome and insulin resistance are associated with a higher risk of colon cancer. Non-alcoholic fatty liver disease (NAFLD) is regarded as a manifestation of metabolic syndrome in the liver. This investigation was initiated to determine whether NAFLD has a relationship to colorectal adenomatous polyps. METHODS: We examined the 2917 participants who underwent a routine colonoscopy at Kangbuk Samsung Hospital in 2007. We divided the 2917 subjects into the adenomatous polyp group (n = 556) and the normal group (n = 2361). Anthropometric measurements, biochemical tests for liver and metabolic function, and abdominal ultrasonographs were assessed. RESULTS: The prevalence of NAFLD was 41.5% in the adenomatous polyp group and 30.2% in the control group. By multiple logistic regression analysis, NAFLD was found to be associated with an increased risk of colorectal adenomatous polyps (odds ratio, 1.28; 95% confidence interval, 1.03-1.60). An increased risk for NAFLD was more evident in patients with a greater number of adenomatous polyps. CONCLUSION: NAFLD was associated with colorectal adenomatous polyps. Further studies are needed to confirm whether NAFLD is a predictor for the development of colorectal adenomatous polyps and cancer.","DOI":"10.1111/j.1440-1746.2009.06117.x","ISSN":"1440-1746 0815-9319","note":"PMID: 20074156","journalAbbreviation":"J Gastroenterol Hepatol","language":"eng","author":{"family":"Hwang","given":"Sang Tae"},"family":"Cho","given":"Yong Kyun"},"family":"Park","given":"Jung Ho"},"family":"Kim","given":"Hong Joo"},"family":"Park","given":"Dong Il"},"family":"Sohn","given":"Chong Il"},"family":"Jeon","given":"Woo Kyu"},"family":"Kim","given":"Byung Ik"},"family":"Won","given":"Kyoung Hee"},"family":"Jin","given":"Wook"},"issued":{"date-parts":["2010",3]}}, {"id":137,"uris":["http://zotero.org/users/2724931/items/566MKVT3"],"uri": ["http://zotero.org/users/2724931/items/566MKVT3"],"itemData":{"id":137,"type":"article-journal","title":"Visceral obesity as a risk factor for colorectal neoplasm","container-title":"Journal of Gastroenterology and Hepatology","page":411-417,"volume":23,"issue":3,"abstract":"Background and Aim: Obesity as a risk factor for colorectal neoplasm (CRN) is controversial. In the present study, we evaluated visceral obesity as a risk factor for CRN. Methods: We prospectively enrolled 200 consecutive, asymptomatic adults (male : female = 133:67, mean age, 50.9 ± 8.5 years) undergoing both colonoscopy and abdominopelvic computed tomography (CT) scan for routine health evaluations. The presence or absence and the characteristics of CRN were determined during colonoscopy. The amount of visceral adipose tissue (VAT) and subcutaneous adipose tissue was measured by an abdominopelvic CT scan. Body mass index, waist circumference, and percentage of body fat were measured. Blood pressure and other blood markers for assessing the metabolic syndrome were also investigated. Results: Of the 200 patients, 53 (26.5%) had CRN. Old age, smoking, metabolic syndrome, and a high fasting plasma glucose level were associated with an increased risk of CRN. VAT (P < 0.01) and waist circumference (P = 0.01) were significantly higher in those with CRN. A multivariate analysis of the risks of CRN showed an odds ratio of 4.07 (95% confidence interval: 1.01–16.43, P = 0.03) for those with VAT over 136.61 cm² relative to those with VAT under 67.23 cm². Waist circumference, metabolic syndrome, and fasting plasma glucose levels were not independent risk factors for CRN in the multivariate analysis. Conclusion: Increased VAT is an independent risk factor for CRN. Further large scale studies are needed to clarify the causal relationship between VAT and CRN.","DOI":"10.1111/j.1440-1746.2007.05125.x","ISSN":"1440-1746","author":{"family":"Oh","given":"Tae-Hoon"},"family":"Byeon","given":"Jeong-Sik"},"family":"Myung","given":"Seung-Jae"},"family":"Yang","given":"Suk-Kyun"},"family":"Choi","given":"Kwi-Sook"},"family":"Chung","given":"Jun-Won"},"family":"Kim","given":"Benjamin"},"family":"Lee","given":"Don"},"family":"Byun","given":"Jae Ho"},"family":"Jang","given":"Se Jin"},"family":"Kim","given":"Jin-Ho"},"issued":{"date-parts":["2008",3,1]}}, {"id":386,"uris": ["http://zotero.org/users/2724931/items/FP3DWMZH"],"uri":

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Anthropometric measures (height, weight, and body mass index (weight (kg)/height (m)²) and metabolic abnormalities associated with insulin resistance syndrome (IRS) (abnormalities in measured blood pressure, high density lipoprotein (HDL) cholesterol, and total cholesterol) were prospectively evaluated for associations with incident colon (n = 227), rectal (n = 183), and colorectal (n = 410) cancers diagnosed between 1985 and 2002 in 28,983 Finnish male smokers from the Alpha-Tocopherol, Beta-Carotene Cancer Prevention Study. Cox proportional hazards models were used to calculate hazard ratios and 95% confidence intervals. In comparison with the lowest quintile, the highest quintile of body mass index was significantly associated with colorectal cancer (hazard ratio (HR) = 1.70, 95% confidence interval (CI): 1.01, 2.85; p-trend = 0.01), particularly colon cancer. Subjects with a cluster of three IRS-related conditions (hypertension, body mass index ≥ 25 kg/m², and HDL cholesterol level <40 mg/dl (<1.55 mmol/liter)), compared with those with fewer conditions, had a significantly increased risk of colorectal cancer (HR = 1.40, 95% CI: 1.12, 1.74), particularly colon cancer (HR = 1.58, 95% CI: 1.18, 2.10), but not rectal cancer. These results support the hypothesis that the significant association observed between IRS-defining metabolic abnormalities and colorectal cancer is determined primarily by adiposity.", "DOI": "10.1093/aje/kwj253", "ISSN": "0002-9262", "journalAbbreviation": "American Journal of Epidemiology", "author": [{"family": "Bowers", "given": "Katherine"}, {"family": "Albanes", "given": "Demetrius"}, {"family": "Limburg", "given": "Paul"}, {"family": "Pietinen", "given": "Pirjo"}, {"family": "Taylor", "given": "Phil R."}, {"family": "Virtamo", "given": "Jarmo"}, {"family": "Stolzenberg-Solomon", "given": "Rachael"}], "issued": {"date-parts": [{"2006", "10", "11"}]}}, {"id": "119", "uris": [{"http://zotero.org/users/2724931/items/S9F263MP"}], "uri": [{"http://zotero.org/users/2724931/items/S9F263MP"}], "itemData": {"id": "119", "type": "article-journal", "title": "Metabolic syndrome and colorectal cancer: the protective role of Mediterranean diet—a case-control study.", "container-title": "Angiology", "page": "390-396", "volume": "63", "issue": "5", "abstract": "The effect of Mediterranean diet on colorectal cancer, in the presence of the metabolic syndrome, was evaluated in 250 patients with first developed cancer (63 +/- 12 years, 59% males) and 250 age-gender-matched controls. Adherence to the Mediterranean diet was evaluated with the modified-MedDietScore (theoretical range 0-75), while assessment of the metabolic syndrome (MetS) was based on the third Adult Treatment Panel (ATP III) National Cholesterol Education Program criteria. Presence of MetS (1.66, 95% confidence interval [CI] 1.02, 2.69), age (4.25, 95% CI 2.33, 7.77), smoking (1.85, 95% CI 1.27, 2.70), and family history of colorectal cancer (3.37, 95% CI 1.69, 6.75) had a detrimental effect, whereas adherence to the Mediterranean diet (0.88, 95% CI 0.84, 0.92) and body mass index (0.93, 95% CI 0.89, 0.98) had a protective role regarding colorectal cancer. Mediterranean diet had the same effect in relation to colorectal cancer, in both participants with (0.84, 95% CI 0.76, 0.93) and without MetS (0.89, 95% CI 0.85, 0.94).", "DOI": "10.1177/0003319711421164", "ISSN": "1940-1574 0003-3197", "note": "PMID:"}

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In particular, it remains unclear to what extent the MetS components individually account for such an association. We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. Cancer Prev Res; 4(11): 1873-83. ©2011 AACR.", "DOI": "10.1158/1940-6207.CAPR-11-0218", "journalAbbreviation": "Cancer Prev Res (Phila)", "author": [{"family": "Aleksandrova", "given": "Krasimira"}, {"family": "Boeing", "given": "Heiner"}, {"family": "Jenab", "given": "Mazda"}, {"family": "Bas Bueno-de-Mesquita", "given": "H."}, {"family": "Jansen", "given": "Eugene"}, {"family": "Duijnhoven", "given": "Fränzel J.B."}, {"family": "non-dropping-particle": "van"}, {"family": "Fedirko", "given": "Veronika"}, {"family": "Rinaldi", "given": "Sabina"}, {"family": "Romieu", "given": "Isabelle"}, {"family": "Riboli", "given": "Elio"}, {"family": "Romaguera", "given": "Dora"}, {"family": "Overvad", "given": "Kim"}, {"family": "Østergaard", "given": "Jane Nautrup"}, {"family": "Olsen", "given": "Anja"}, {"family": "Tjønneland", "given": "Anne"}, {"family": "Boutron-Ruault", "given": "Marie-Christine"}, {"family": "Clavel-Chapelon", "given": "Françoise"}, {"family": "Morois", "given": "Sophie"}, {"family": "Masala", "given": "Giovanna"}, {"family": "Agnoli", "given": "Claudia"}, {"family": "Panico", "given": "Salvatore"}, {"family": "Tumino", "given": "Rosario"}, {"family": "Vineis", "given": "Paolo"}, {"family": "Kaaks", "given": "Rudolf"}, {"family": "Lukanova", "given": "Annekatriin"}, {"family": "Trichopoulou", "given": "Antonia"}, {"family": "Naska", "given": "Androniki"}, {"family": "Bamia", "given": "Christina"}, {"family": "Peeters", "given": "Petra H."}, {"family": "Rodríguez", "given": "Laudina"}, {"family": "Buckland", "given": "Genevieve"}, {"family": "Sanchez", "given": "Maria-José"}, {"family": "Dorronsoro", "given": "Miren"}, {"family": "Huerta", "given": "Jose-Maria"}, {"family": "Barricarte", "given": "Aurelio"}, {"family": "Hallmans", "given": "Göran"}, {"family": "Palmqvist", "given": "Richard"}, {"family": "Khaw", "given": "Kay-Tee"}, {"family": "Wareham", "given": "Nicholas"}, {"family": "Allen", "given": "Naomi E."}, {"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Pischon", "given": "Tobias"}], "issued": {"date-parts": [{"2011, 11, 2}]}}, {"id": 142, "uris": [{"http://zotero.org/users/2724931/items/6XNHFT4N"}, {"uri": [{"http://zotero.org/users/2724931/items/6XNHFT4N"}, {"itemData": {"id": 142, "type": "article-journal", "title": "Metabolic syndrome is associated with colorectal cancer in men", "container-title": "European Journal of Cancer", "page": "1866-1872", "volume": "46", "issue": "10", "abstract": "Aim of the study\nWe assessed the relation between metabolic syndrome (MetS) and its components and colorectal cancer.\nMethods\nWe analysed data from a multicentre case-control study conducted in Italy and Switzerland, including 1378 cases of colon cancer, 878 cases of rectal cancer and 4661 controls. All cases were incident and histologically confirmed. Controls were subjects admitted to the same hospitals as cases with acute non-malignant conditions. MetS was defined according to the International Diabetes Federation criteria. Odds ratios (ORs) and the corresponding 95% confidence intervals (CIs) were estimated by multiple logistic regression models, including terms for major identified confounding factors for colorectal cancer.\nResults\nWith reference to each component of the MetS, the ORs of colorectal cancer in men were 1.27 (95% CI, 0.95-1.69) for diabetes, 1.24 (95% CI, 1.03-1.48) for hypertension, 1.14 (95% CI, 0.93-1.40) for hypercholesterolaemia and 1.26 (95% CI, 1.08-1.48) for overweight at age 30. The corresponding ORs in women were 1.20 (95% CI, 0.82-1.75), 0.87 (95% CI, 0.71-1.06), 0.83 (95% CI, 0.66-1.03) and 1.06 (95% CI, 0.86-1.30). Colorectal cancer risk was increased in men (OR = 1.86; 95% CI, 1.21-2.86), but not in women (OR = 1.13; 95% CI, 0.66-1.93), with MetS. The ORs were 2.09 (95% CI, 1.38-3.18) in men and 1.15 (95% CI, 0.68-1.94) in women with\n>\n3 components of the MetS, as compared to no component. Results were similar for colon and rectal cancers.\nConclusion\nThis study supports a direct association between MetS and both colon and rectal cancers in men, but not in women.", "DOI": "10.1016/j.ejca.2010.03.010", "ISSN": "0959-8049", "journalAbbreviation": "European Journal of Cancer", "author": [{"family": "Pelucchi", "given": "Claudio"}, {"family": "Negri", "given": "Eva"}, {"family": "Talamini", "given": "Renato"}, {"family": "Levi", "given": "Fabio"}, {"family": "Giacosa", "given": "Attilio"}, {"family": "Crispo", "given": "Anna"}, {"family": "Bidoli", "given": "Ettore"}, {"family": "Montella", "given": "Maurizio"}, {"family": "Franceschi", "given": "Silvia"}, {"family": "La Vecchia", "given": "Carlo"}], "issued": {"date-parts": [{"2010, 7}]}}, {"schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}], 47, 52, 55, 56, 58

] and five in northern American populations [

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with adenomas were observed for the markers of the metabolic syndrome, with the exception of a strong positive association for use of diabetes medications (OR, 8.00; 95% CI, 1.70 – 37.67), albeit based on small numbers.

Conclusion
Our findings do not support that components of the metabolic syndrome influence risk of colorectal adenomas, except possibly for severe diabetes mellitus warranting medical treatment."

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PMCID: PMC3010872", journalAbbreviation: "Cancer Causes Control", author: [{"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Brancati", "given": "Frederick L"}, {"family": "Pollak", "given": "Michael N"}, {"family": "Rifai", "given": "Nader"}, {"family": "Clipp", "given": "Sandra L"}, {"family": "Hoffman-Bolton", "given": "Judy"}, {"family": "Helzlsouer", "given": "Kathy J"}, {"family": "Platz", "given": "Elizabeth A"}], issued: [{"date-parts": [{"2010, 1}]}], {"id": "700", "uris": [{"http://zotero.org/users/2724931/items/CSEQKLG"}, {"uri": [{"http://zotero.org/users/2724931/items/CSEQKLG"}], "itemData": {"id": "700", "type": "article-journal", "title": "A Longitudinal Study of the Metabolic Syndrome and Risk of Colorectal Cancer in Postmenopausal Women", "container-title": "European journal of cancer prevention : the official journal of the European Cancer Prevention Organisation (ECP)", "page": "326-332", "volume": "21", "issue": "4", "archive": "PMC", "archive_location": "PMC5759970", "abstract": "The metabolic syndrome is associated with increased risk of diabetes and coronary heart disease. Although higher BMI and other related factors have been frequently associated with colorectal cancer (CRC), whether the metabolic syndrome is associated with the risk of colorectal cancer is unclear. We therefore assessed the association of the metabolic syndrome with the risk of CRC in a subsample of participants of the Women's Health Initiative who had repeated measurements of the components of the syndrome at baseline and during follow-up. Women with diabetes at baseline enrollment were excluded. Cox proportional hazards models were used to estimate hazard ratios (HR) and 95% confidence intervals (95% CI) at baseline and in time-dependent analyses. Among 4,862 eligible women, 81 incident cases of colorectal cancer were identified over a median follow-up of 12 years. Presence of the metabolic syndrome at baseline was associated with increased risk of colorectal cancer (HR 2.15, 95% CI 1.30-3.53) and colon cancer (HR 2.28, 95% CI 1.31-3.98). These associations were largely explained by positive associations of serum glucose and systolic blood pressure with both outcomes. Time-dependent covariate analyses supported the baseline findings. Our results suggest that the positive association of the metabolic syndrome with risk of colorectal cancer is largely accounted for by serum glucose levels and systolic blood pressure. The biological mechanism underlying these associations remains to be clarified.", "DOI": "10.1097/CEJ.0b013e32834dbc81", "ISSN": "0959-8278", "author": [{"family": "Kabat", "given": "Geoffrey C"}, {"family": "Kim", "given": "Mimi Y"}, {"family": "Peters", "given": "Ulrike"}, {"family": "Stefanick", "given": "Marcia"}, {"family": "Hou", "given": "Lifang"}, {"family": "Wactawski-Wende", "given": "Jean"}, {"family": "Messina", "given": "Catherine"}, {"family": "Shikany", "given": "James M"}, {"family": "Rohan", "given": "Thomas E"}], issued: [{"date-parts": [{"2012, 7}]}], {"id": "693", "uris": [{"http://zotero.org/users/2724931/items/8F2B2BVX"}, {"uri": [{"http://zotero.org/users/2724931/items/8F2B2BVX"}], "itemData": {"id": "693", "type": "article-journal", "title": "Metabolic phenotype and risk of colorectal cancer in normal-weight postmenopausal women", "container-title": "Cancer epidemiology, biomarkers & prevention : a publication of the American Association for Cancer Research, cosponsored by the American Society of Preventive Oncology", "page": "155-161", "volume": "26", "issue": "2", "archive": "PMC", "archive_location": "PMC5301805", "abstract": "BACKGROUND: The prevalence of metabolically unhealthy phenotype in normal-weight adults is 30%, and few studies have explored the association between metabolic phenotype and colorectal cancer incidence in normal-weight individuals. Our aim was to compare the risk of colorectal cancer in normal-weight postmenopausal women who were characterized by either the metabolically healthy phenotype or the metabolically unhealthy phenotype. METHODS: A large prospective cohort, the Women's Health Initiative (WHI), was used. The analytical sample included 5,068 postmenopausal women with BMI 18.5-<25 kg/m(2). Metabolic phenotype was defined using the Adult Treatment Panel-III (ATP-III) definition, excluding waist circumference; therefore, women with one or none of the four components (elevated triglycerides, low HDL-C, elevated blood pressure, and elevated fasting glucose) were classified as metabolically healthy. Multivariable Cox proportional hazards regression was used to estimate adjusted hazard ratios for the association between metabolic phenotype and risk of colorectal cancer. RESULTS: Among normal-weight women, those who were metabolically unhealthy had higher risks of colorectal cancer (HR: 1.49, 95% CI: 1.02-2.18) compared to those who were metabolically healthy. CONCLUSIONS: A metabolically unhealthy phenotype was associated with higher risk of colorectal cancer among normal-weight women. IMPACT: Normal-weight women should still be evaluated for metabolic health and appropriate steps taken to reduce their risk of colorectal cancer.", "DOI": "10.1158/1055-9965.EPI-16-0761", "ISSN": "1055-9965", "author": [{"family": "Liang", "given": "Xiaoyun"}, {"family": "Margolis", "given": "Karen L"}, {"family": "Hendryx", "given": "Michael"}, {"family": "Rohan", "given": "Thomas"}, {"family": "Groessl", "given": "Erik J"}, {"family": "Thomson", "given": "Cynthia A"}, {"family": "Kroenke", "given": "Candyye H"}, {"family": "Simon", "given": "Michael"}, {"family": "Lane", "given": "Dorothy"}, {"family": "Stefanick", "given": "Marcia"}, {"family": "Luo", "given": "Juhua"}], issued: [{"date-parts": [{"2017, 2}]}], {"id": "701", "uris": [{"http://zotero.org/users/2724931/items/XUEP2NAY"}, {"uri": [{"http://zotero.org/users/2724931/items/XUEP2NAY"}], "itemData": {"id": "701", "type": "article-journal", "title": "Obesity, Metabolic Factors, and Colorectal Adenomas: a Retrospective Study in a Racially Diverse New York State Hospital", "container-title": "Journal of Gastrointestinal Cancer", "page": "270-276", "volume": "44", "issue": "3", "abstract": "We studied a racially diverse population and the relationship with colorectal adenomas (CA) further looking for risks related to BMI and metabolic factors.", "DOI": "10.1007/s12029-013-9476-8", "ISSN": "1941-6636", "journalAbbreviation": "Journal of Gastrointestinal Cancer", "author": [{"family": "Lipka", "given": "Seth"}, {"family": "Zheng", "given": "Xi Emily"}, {"family": "Hurtado-Cordovi", "given": "Jorge"}, {"family": "Singh", "given": "Jaspreet"}, {"family": "Levine", "given": "Evan"}, {"family": "Vlacanich", "given": "Raymond"}, {"family": "Krishnamachari", "given": "Bhuma"}, {"family": "Jung", "given": "Min-Kyung"}, {"family": "Fu", "given": "Shuang"}, {"family": "Takeshige", "given": "Umeko"}, {"family": "Avezbakiev", "given": "Boris"}, {"family": "Li", "given": "Ting"}, {"family": "Iqbal", "given": "Javed"}, {"family": "Rizvon", "given": "Kaleem"}, {"family": "Mustacchia", "given": "Paul"}], issued: [{"date-parts": [{"2013, 9, 1}]}], {"id": "689", "uris": [{"http://zotero.org/users/2724931/items/WPUBA46Z"}, {"uri": [{"http://zotero.org/users/2724931/items/WPUBA46Z"}], "itemData": {"id": "689", "type": "article-journal", "title": "Obesity Increases Prevalence of Colonic Adenomas at Screening Colonoscopy: A Canadian Community-Based Study", "container-title": "Canadian Journal of Gastroenterology & Hepatology", "page": "8750967", "volume": "2017", "archive": "PMC", "archive_location": "PMC5525097", "abstract": "BACKGROUND AND AIMS: Obesity is a risk factor for colorectal neoplasia. We examined the influence of obesity and metabolic syndrome (MetS) on prevalence of neoplasia at screening colonoscopy. METHODS: We evaluated 2020 subjects undergoing first screening colonoscopy. Body mass index (BMI) was calculated at enrolment. Hyperlipidemia (HL), hypertension (HT), and diabetes mellitus (DM) were identified. Details of colonoscopy, polypectomy, and histology were recorded. Odds for adenomas (A) and advanced adenomas (ADV) in overweight (BMI 25.1-30) and obese (BMI > 30) subjects were assessed by multinomial regression, adjusted for covariates. Analyses included relationships between HL, HT, DM, age, tobacco usage, and neoplasia. Discriminatory power of HT, HL, DM, and BMI for neoplasia was assessed by binary logistic regression. Odds were calculated for neoplasia in each colonic segment related to BMI. RESULTS: A and ADV were commoner in overweight and obese males, obese females, older subjects, and smokers. HL, HT, and DM were associated with increased odds for neoplasia, significantly for A with hypertension. BMI alone predicted neoplasia as well as HT, HL, DM, or combinations thereof. All segments of the colon were affected. Multiple polyps were particularly prevalent in the obese. CONCLUSIONS: Obesity and MetS are risk factors for colonic neoplasia in a Canadian population.", "DOI": "10.1155/2017/8750967", "ISSN": "2291-2789", "author": [{"family": "Shapero", "given": "Theodore F"}, {"family": "Chen", "given": "Grant I"}, {"family": "Devlin", "given": "Tim"}],

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were conducted in Asian populations. CRA was the outcome in 14 studies [

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factor of colorectal benign adenomas and advanced neoplasms. The aim of this large cohort study was to further investigate the
prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and determine whether association between
NAFLD and CRMN exists. 2,315 community subjects (1,370 males and 945 females) who underwent a routine colonoscopy
according to international colorectal cancer screening guideline were recruited. Nature of colorectal lesions determined by biopsy
and NAFLD was diagnosed by ultrasound. Binary logistic regression analysis was applied to explore the related associations.
Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in
the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at sigmoid colon than
in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was
significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with
CRMN (OR 2.043; 95 % CI 1.512\u20132.761; P < 0.05). After adjusting for metabolic and other confounding factors, NAFLD
remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360\u20132.567; P < 0.05). NAFLD was an independent risk
factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in
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735", "volume": "23", "issue": "5", "abstract": "PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic
syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to
contribute to this phenomenon, including insulin resistance, oxidative stress, and adipokine production. The objective of this
study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants
visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667
polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic
regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an
increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44,
95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk
adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR =
1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not
associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma
including advanced adenoma and multiplicity.", "DOI": "10.1007/s10552-012-9942-9", "ISSN": "1573-7225 0957-
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shown a positive association with colorectal cancer. Anthropometric measures (height, weight, and body mass index (weight
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blood pressure, high density lipoprotein (HDL) cholesterol, and total cholesterol) were prospectively evaluated for associations
with incident colon (n = 227), rectal (n = 183), and colorectal (n = 410) cancers diagnosed between 1985 and 2002 in 28,983
Finnish male smokers from the Alpha-Tocopherol, Beta-Carotene Cancer Prevention Study. Cox proportional hazards models
were used to calculate hazard ratios and 95% confidence intervals. In comparison with the lowest quintile, the highest quintile of
body mass index was significantly associated with colorectal cancer (hazard ratio (HR) = 1.70, 95% confidence interval (CI):
1.01, 2.85; p-trend = 0.01), particularly colon cancer. Subjects with a cluster of three IRS-related conditions (hypertension, body
mass index  $\geq$ 25 kg/m2, and HDL cholesterol level <40 mg/dl (<1.55 mmol/liter), compared with those with fewer conditions,
had a significantly increased risk of colorectal cancer (HR = 1.40, 95% CI: 1.12, 1.74), particularly colon cancer (HR = 1.58,
95% CI: 1.18, 2.10), but not rectal cancer. These results support the hypothesis that the significant association observed between
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Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in cancer
development. Moreover, recent studies have reported associations between a number of 3
,
-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3
,
-UTR polymorphisms (1451C
>
T [rs3025040], 1612G
>
A [rs10434], and 1725G
>
A [rs3025053]) and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450
CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan
allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted
odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C
>
T was significantly associated with rectal cancer risk (Dominant model; AOR =1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas
VEGF 1725G
>
A correlated with MetS risk (Dominant model; AOR =1.61; 95% CI =1.06 - 2.46; p = 0.026). Of the gene-environment combined
effects, the interaction of VEGF 1451C
>
T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <
.001) whereas the combination of VEGF 1725G
>
A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p =0.008). CONCLUSIONS: Our
results implicate that VEGF 1451C
>
T and 1725G
>
A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC
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in the presence of the metabolic syndrome, was evaluated in 250 patients with first developed cancer (63 +/- 12 years, 59%
males) and 250 age-gender-matched controls. Adherence to the Mediterranean diet was evaluated with the modified-
MedDietScore (theoretical range 0-75), while assessment of the metabolic syndrome (MetS) was based on the third Adult
Treatment Panel ([ATP III] National Cholesterol Education Program) criteria. Presence of MetS (1.66, 95% confidence interval
[CI] 1.02, 2.69), age (4.25, 95% CI 2.33, 7.77), smoking (1.85, 95% CI 1.27, 2.70), and family history of colorectal cancer (3.37,
95% CI 1.69, 6.75) had a detrimental effect, whereas adherence to the Mediterranean diet (0.88, 95% CI 0.84, 0.92) and body
mass index (0.93, 95%CI 0.89, 0.98) had a protective role regarding colorectal cancer. Mediterranean diet had the same effect in
relation to colorectal cancer, in both participants with (0.84, 95% CI 0.76, 0.93) and without MetS (0.89, 95% CI 0.85,
0.94).","DOI":"10.1177/0003319711421164","ISSN":"1940-1574 0003-3197","note":"PMID:
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MetS was defined according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. *Cancer Prev Res*; 4(11): 1873-83. ©2011 AACR.", "DOI": "10.1158/1940-6207.CAPR-11-0218", "journalAbbreviation": "Cancer Prev Res (Phila)", "author": [{"family": "Aleksandrova", "given": "Krasimira"}, {"family": "Boeing", "given": "Heiner"}, {"family": "Jenab", "given": "Mazda"}, {"family": "Bas Bueno-de-Mesquita", "given": "H."}, {"family": "Jansen", "given": "Eugene"}, {"family": "Duijnhoven", "given": "Fränzel J.B."}, {"family": "non-dropping-particle": "van"}, {"family": "Fedirko", "given": "Veronika"}, {"family": "Rinaldi", "given": "Sabina"}, {"family": "Romieu", "given": "Isabelle"}, {"family": "Riboli", "given": "Elio"}, {"family": "Romaguera", "given": "Dora"}, {"family": "Overvad", "given": "Kim"}, {"family": "Østergaard", "given": "Jane Nautrup"}, {"family": "Olsen", "given": "Anja"}, {"family": "Tjønneland", "given": "Anne"}, {"family": "Boutron-Ruault", "given": "Marie-Christine"}, {"family": "Clavel-Chapelon", "given": "Françoise"}, {"family": "Morois", "given": "Sophie"}, {"family": "Masala", "given": "Giovanna"}, {"family": "Agnoli", "given": "Claudia"}, {"family": "Panico", "given": "Salvatore"}, {"family": "Tumino", "given": "Rosario"}, {"family": "Vineis", "given": "Paolo"}, {"family": "Kaaks", "given": "Rudolf"}, {"family": "Lukanova", "given": "Annekatriin"}, {"family": "Trichopoulou", "given": "Antonia"}, {"family": "Naska", "given": "Androniki"}, {"family": "Bamia", "given": "Christina"}, {"family": "Peeters", "given": "Petra H."}, {"family": "Rodríguez", "given": "Laudina"}, {"family": "Buckland", "given": "Genevieve"}, {"family": "Sánchez", "given": "Maria-José"}, {"family": "Dorronsoro", "given": "Miren"}, {"family": "Huerta", "given": "Jose-Maria"}, {"family": "Barricarte", "given": "Aurelio"}, {"family": "Hallmans", "given": "Göran"}, {"family": "Palmqvist", "given": "Richard"}, {"family": "Khaw", "given": "Kay-Tee"}, {"family": "Wareham", "given": "Nicholas"}, {"family": "Allen", "given": "Naomi E."}, {"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Pischoon", "given": "Tobias"}], "issued": {"date-parts": [{"2011", "11", "22"}]}, {"id": "144", "uris": [{"http://zotero.org/users/2724931/items/R3KQJJK"}, {"uri": "http://zotero.org/users/2724931/items/R3KQJJK"}], "itemData": {"id": "144", "type": "article-journal", "title": "Clinical study on the correlation between metabolic syndrome and colorectal carcinoma", "container-title": "ANZ Journal of Surgery", "page": "331-336", "volume": "80", "issue": "5", "abstract": "Background: Although metabolic syndrome (MS) has received a lot of attention in recent years, the correlation between MS and colorectal carcinoma is still not very clear. This study aims at exploring the relationship between MS and colorectal carcinoma. Methods: Data was collected from 507 cases of colorectal carcinoma and 507 cases of healthy patients between January 2002 and March 2007 to establish the database. The patients with colorectal cancer were divided into two groups based on the presence of MS. Multivariate analysis of these data for the overall survival and recurrence was performed with the Cox proportional hazard model. Variables examined by multivariate analysis were sex, age, location, histotype, differentiation, tumour, node, metastasis (TNM) stage, the number of lymph nodes detected, etc. Results: The existence of MS in the colorectal carcinoma group was clearly more than that in the control group. The existence of two to four types of abnormal metabolic diseases was significantly more in the colorectal cancer group than in the control group. MS is one of the important elements that can independently influence the survival (odds ratio (OR) = 1.501, 95% confidence interval (CI) = 1.057-2.131) and have the highest risk with worse survival compared with other parameters. Conclusion: There is a close relationship between MS and colorectal carcinoma, and MS is a significantly independent element that influences the survival of the colorectal carcinoma. Decreasing the incidence of MS maybe play a role in improving therapeutic efficacy and prognosis of the cancer.", "DOI": "10.1111/j.1445-2197.2009.05084.x", "ISSN": "1445-2197", "author": [{"family": "Shen", "given": "Zhanlong"}, {"family": "Wang", "given": "Shan"}, {"family": "Ye", "given": "Yingjiang"}, {"family": "Yin", "given": "Mujun"}, {"family": "Yang", "given": "Xiaodong"}, {"family": "Jiang", "given": "Kewei"}, {"family": "Liu", "given": "Yan"}], "issued": {"date-parts": [{"2010", "5", "11"}]}, {"id": "142", "uris": [{"http://zotero.org/users/2724931/items/6XNHFT4N"}, {"uri": "http://zotero.org/users/2724931/items/6XNHFT4N"}], "itemData": {"id": "142", "type": "article-journal", "title": "Metabolic syndrome is associated with colorectal cancer in men", "container-title": "European Journal of Cancer", "page": "1866-1872", "volume": "46", "issue": "10", "abstract": "Aim of the study\nWe assessed the relation between metabolic syndrome (MetS) and its components and colorectal cancer.\nMethods\nWe analysed data from a multicentre case-control study conducted in Italy and Switzerland, including 1378 cases of colon cancer, 878 cases of rectal cancer and 4661 controls. All cases were incident and histologically confirmed. Controls were subjects admitted to the same hospitals as cases with acute non-malignant conditions. MetS was defined according to the International Diabetes Federation criteria. Odds ratios (ORs) and the corresponding 95% confidence intervals (CIs) were estimated by multiple logistic regression models, including terms for major identified confounding factors for colorectal cancer.\nResults\nWith reference to each component of the MetS, the ORs of colorectal cancer in men were 1.27 (95% CI, 0.95-1.69) for diabetes, 1.24 (95% CI, 1.03-1.48) for hypertension, 1.14 (95% CI, 0.93-1.40) for hypercholesterolaemia and 1.26 (95% CI, 1.08-1.48) for overweight at age 30. The corresponding ORs in women were 1.20 (95% CI, 0.82-1.75), 0.87 (95% CI, 0.71-1.06), 0.83 (95% CI, 0.66-1.03) and 1.06 (95% CI, 0.86-1.30). Colorectal cancer risk was increased in men (OR = 1.86; 95% CI, 1.21-2.86), but not in women (OR = 1.13; 95% CI, 0.66-1.93), with MetS. The ORs were 2.09 (95% CI, 1.38-3.18) in men and 1.15 (95% CI, 0.68-1.94) in women with
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3 components of the MetS, as compared to no component. Results were similar for colon and rectal cancers.\nConclusion\nThis study supports a direct association between MetS and both colon and rectal cancers in men, but not in women.", "DOI": "10.1016/j.ejca.2010.03.010", "ISSN": "0959-8049", "journalAbbreviation": "European Journal of Cancer", "author": [{"family": "Pelucchi", "given": "Claudio"}, {"family": "Negri", "given": "Eva"}, {"family": "Talamini", "given": "Renato"}, {"family": "Levi", "given": "Fabio"}, {"family": "Giacosa", "given": "Attilio"}, {"family": "Crispo", "given": "Anna"}, {"family": "Bidoli", "given": "Ettore"}, {"family": "Montella", "given": "Maurizio"}, {"family": "Franceschi", "given": "Silvia"}, {"family": "La Vecchia", "given": "Carlo"}], "issued": {"date-parts": [{"2010", "7"}]}, {"id": "152", "uris": [{"http://zotero.org/users/2724931/items/2S89J5KW"}, {"uri": "http://zotero.org/users/2724931/items/2S89J5KW"}], "itemData": {"id": "152", "type": "article-journal", "title": "Risk factors associated with rectal neuroendocrine tumors: a cross-sectional study.", "container-title": "Cancer epidemiology, biomarkers & prevention : a publication of the American Association for Cancer Research, cosponsored by the American Society of Preventive Oncology", "page": "1406-1413", "volume": "23", "issue": "7", "abstract": "BACKGROUND: The incidence of rectal neuroendocrine

including advanced adenoma and multiplicity.", "DOI": "10.1007/s10552-012-9942-9", "ISSN": "1573-7225 0957-5243", "note": "PMID: 22450737", "journalAbbreviation": "Cancer Causes Control", "language": "eng", "author": [{"family": "Kim", "given": "Byung Chang"}, {"family": "Shin", "given": "Aesun"}, {"family": "Hong", "given": "Chang Won"}, {"family": "Sohn", "given": "Dae Kyung"}, {"family": "Han", "given": "Kyung Su"}, {"family": "Ryu", "given": "Kum Hei"}, {"family": "Park", "given": "Bum Joon"}, {"family": "Nam", "given": "Ji Hyung"}, {"family": "Park", "given": "Ji Won"}, {"family": "Chang", "given": "Hee Jin"}, {"family": "Choi", "given": "Hyo Seong"}, {"family": "Kim", "given": "Jeongseon"}, {"family": "Oh", "given": "Jae Hwan"}], "issued": {"date-parts": [{"2012, 5}]}, {"id": "362", "uris": [{"http://zotero.org/users/2724931/items/83RDVNWE"}, {"uri": [{"http://zotero.org/users/2724931/items/83RDVNWE"}], "itemData": {"id": "362", "type": "article-journal", "title": "Metabolic syndrome components and colorectal adenoma in the CLUE II cohort", "container-title": "Cancer causes & control : CCC", "page": "1-10", "volume": "21", "issue": "1", "source": "PubMed Central", "abstract": "Background\nMetabolic syndrome components have been associated with colorectal cancer in several studies; however, the evidence for colorectal adenomas is limited. Thus, we evaluated the association between markers of the metabolic syndrome with colorectal adenoma development in a nested case-control study.\n\nMethods\nColorectal adenoma cases (n= 132) and matched controls who had had a negative sigmoidoscopy or a colonoscopy (n=260) were identified between baseline in 1989 and 2000 among participants in the CLUE II cohort of Washington County, Maryland. Concentrations of C-peptide, insulin-like growth factor binding protein-1, glycosylated hemoglobin, total cholesterol, high density lipoprotein-cholesterol, and triglycerides were measured in baseline blood specimens. Body mass index was calculated using baseline height and weight. Use of medications to treat diabetes mellitus was self-reported at baseline. Blood pressure was measured at baseline. Distributional cutpoints of the latter markers were used to define the metabolic syndrome components (hyperinsulinemia, hyperglycemia, obesity, dyslipidemia, and hypertension) present at baseline.\n\nResults\nNo statistically significant associations with adenomas were observed for the markers of the metabolic syndrome, with the exception of a strong positive association for use of diabetes medications (OR, 8.00; 95% CI, 1.70 – 37.67), albeit based on small numbers.\n\nConclusion\nOur findings do not support that components of the metabolic syndrome influence risk of colorectal adenomas, except possibly for severe diabetes mellitus warranting medical treatment.", "DOI": "10.1007/s10552-009-9428-6", "ISSN": "0957-5243", "note": "PMID: 19774471\n\nPMCID: PMC3010872", "journalAbbreviation": "Cancer Causes Control", "author": [{"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Brancati", "given": "Frederick L"}, {"family": "Pollak", "given": "Michael N"}, {"family": "Rifai", "given": "Nader"}, {"family": "Clipp", "given": "Sandra L"}, {"family": "Hoffman-Bolton", "given": "Judy"}, {"family": "Helzlsouer", "given": "Kathy J"}, {"family": "Platz", "given": "Elizabeth A"}], "issued": {"date-parts": [{"2010, 1}]}, {"id": "140", "uris": [{"http://zotero.org/users/2724931/items/XN37VDV8"}, {"uri": [{"http://zotero.org/users/2724931/items/XN37VDV8"}], "itemData": {"id": "140", "type": "article-journal", "title": "Visceral Obesity and Insulin Resistance as Risk Factors for Colorectal Adenoma: A Cross-Sectional, Case-Control Study", "container-title": "The American Journal of Gastroenterology", "page": "178-187", "volume": "105", "issue": "1", "source": "www.nature.com", "abstract": "OBJECTIVES: Colorectal adenoma is known to be associated with obesity, but the association between colorectal adenoma and visceral adipose tissue (VAT) area measured by abdominal computed tomography (CT) has not been documented clearly. In addition, the relationship between insulin resistance and colorectal adenomas, which underlies the mechanism that links obesity and colorectal adenoma, has not been studied extensively. The aim of this study was to examine VAT area and insulin resistance as risk factors of colorectal adenoma.\n\nMETHODS: A cross-sectional, case-control study was conducted in Koreans that presented for health check-ups. Subjects underwent various laboratory tests, abdominal CT, and colonoscopy. VAT, subcutaneous adipose tissue (SAT), and homeostatic metabolic assessment (HOMA) index were evaluated as potential risk factors of colorectal adenoma in 2,244 age- and sex-matched subjects.\n\nRESULTS: According to univariate analysis, the prevalences of smoking, hypertension, metabolic syndrome, and family history of colorectal cancer were higher in the adenoma group than in the normal control group. In addition, body mass index, waist circumference, triglyceride, high-density lipoprotein cholesterol, and VAT and SAT areas were significantly different in the two groups. According to the multivariate analysis adjusted for multiple confounders, VAT area was independently associated with the risk of colorectal adenoma (odds ratio (OR)=3.09, 95% confidence interval (CI): 2.19–4.36, highest quintile vs. lowest quintile). Mean HOMA index was higher in the adenoma group than in the control group (OR=1.99, 95% CI: 1.35–2.92, highest vs. lowest quintile).\n\nCONCLUSIONS: Visceral obesity was found to be an independent risk factor of colorectal adenoma, and insulin resistance was associated with the presence of colorectal adenoma.", "DOI": "10.1038/ajg.2009.541", "ISSN": "0002-9270", "shortTitle": "Visceral Obesity and Insulin Resistance as Risk Factors for Colorectal Adenoma", "journalAbbreviation": "Am J Gastroenterol", "language": "en", "author": [{"family": "Kang", "given": "Hyoun Woo"}, {"family": "Kim", "given": "Donghee"}, {"family": "Kim", "given": "Hwa Jung"}, {"family": "Kim", "given": "Chung Hyeon"}, {"family": "Kim", "given": "Young Sun"}, {"family": "Park", "given": "Min Jung"}, {"family": "Kim", "given": "Joo Sung"}, {"family": "Cho", "given": "Sang-Heon"}, {"family": "Sung", "given": "Myung-Whun"}, {"family": "Jung", "given": "Hyun Chae"}, {"family": "Lee", "given": "Hyo-Suk"}, {"family": "Song", "given": "In Sung"}], "issued": {"date-parts": [{"2009, 9, 15}]}, {"id": "690", "uris": [{"http://zotero.org/users/2724931/items/VY8D9VHF"}, {"uri": [{"http://zotero.org/users/2724931/items/VY8D9VHF"}], "itemData": {"id": "690", "type": "article-journal", "title": "Distinct Metabolic Profiles are Associated with Colorectal Adenomas and Serrated Polyps", "container-title": "Obesity", "page": "S72-S80", "volume": "25", "issue": "S2", "abstract": "Objective Prevention of colorectal cancer (CRC) by colonoscopy is recommended according to age and personal/familial history. Metabolic alterations are associated with colorectal adenomas, but data are scarce regarding serrated polyps and advanced polyps. The aim of this study was to evaluate the association between metabolic alterations and colorectal polyp type and advanced polyps. Methods A case-control study was conducted among consecutive subjects, 40 to 70 years old, who underwent screening/diagnostic colonoscopy from 2010 to 2015. Subjects who were treated for diabetes, who had a family/personal history of CRC, and who were at high risk for CRC were excluded. Participants underwent anthropometric, laboratory, and ultrasonographic evaluations and a medical and lifestyle interview. Polyps were histologically classified as adenomatous or serrated polyps and divided into advanced and non-advanced categories. Results The study included 828 participants (58.4±6.6 years, 50.4% men). Abdominal obesity (odds ratio [OR]=1.67, 95% CI: 1.20-2.30), hypertension (OR=1.47, 95% CI: 1.03-2.09), and a high glycosylated hemoglobin percentage (HbA1c%) (OR=1.57, 95% CI: 1.06-2.34) were independently associated with colorectal adenomas, whereas a high triglyceride to high-density lipoprotein cholesterol (TG/HDL) ratio was independently associated with serrated polyps (OR=2.31, 95% CI: 1.32-4.03). A combination of three metabolic alterations was strongly associated with colorectal polyps. Conclusions Abdominal obesity, hypertension, and a high HbA1c% are independently associated with adenomas, whereas a high TG/HDL ratio is associated with serrated polyps. These parameters are easily accessible in clinical practice and may help define high-risk groups for CRC.", "DOI": "10.1002/oby.22001", "ISSN": "1930-7381", "journalAbbreviation": "Obesity", "author": [{"literal": "Fliss Isakov Naomi"}, {"literal": "Zelber Sagi Shira"}, {"literal": "Webb Muriel"}, {"literal": "Halpern Zamir"}, {"literal": "Shibolet Oren"}, {"literal": "Kariv Revital"}], "issued": {"date-parts": [{"2017, 10, 31}]}, {"id": "713", "uris": [{"http://zotero.org/users/2724931/items/LV3SB6ZM"}, {"uri": [{"http://zotero.org/users/2724931/items/LV3SB6ZM"}], "itemData": {"id": "713", "type": "article-journal", "title": "Correlations between Obesity/ Metabolic Syndrome-Related Factors and Risk of Developing Colorectal Tumors", "page": "6", "source": "Zotero", "language": "en", "author": [{"family": "Harima", "given": "Satoko"}, {"family": "Hashimoto", "given": "Shinichi"}, {"family": "Shibata", "given": "Hiroaki"}, {"family": "Matsunaga", "given": "Takaharu"}, {"family": "Tanabe", "given": "Ryo"}, {"family": "Terai", "given": "Shuji"}],

{ "family": "Sakaida", "given": "Isao" }, { "issued": { "date-parts": [[2013]] }, "id": "701", "uris": ["http://zotero.org/users/2724931/items/XUEP2NAY", "uri": "http://zotero.org/users/2724931/items/XUEP2NAY", "itemData": { "id": "701", "type": "article-journal", "title": "Obesity, Metabolic Factors, and Colorectal Adenomas: A Retrospective Study in a Racially Diverse New York State Hospital", "container-title": "Journal of Gastrointestinal Cancer", "page": "270-276", "volume": "44", "issue": "3", "abstract": "We studied a racially diverse population and the relationship with colorectal adenomas (CA) further looking for risks related to BMI and metabolic factors.", "DOI": "10.1007/s12029-013-9476-8", "ISSN": "1941-6636", "journalAbbreviation": "Journal of Gastrointestinal Cancer", "author": [{ "family": "Lipka", "given": "Seth" }, { "family": "Zheng", "given": "Xi Emily" }, { "family": "Hurtado-Cordovi", "given": "Jorge" }, { "family": "Singh", "given": "Jaspreet" }, { "family": "Levine", "given": "Evan" }, { "family": "Vlacanich", "given": "Raymond" }, { "family": "Krishnamachari", "given": "Bhuma" }, { "family": "Jung", "given": "Min-Kyung" }, { "family": "Fu", "given": "Shuang" }, { "family": "Takeshige", "given": "Umeko" }, { "family": "Avezbakiev", "given": "Boris" }, { "family": "Li", "given": "Ting" }, { "family": "Iqbal", "given": "Javed" }, { "family": "Rizvon", "given": "Kaleem" }, { "family": "Mustacchia", "given": "Paul" }, { "issued": { "date-parts": [[2013, 9, 1]] }, "id": "708", "uris": ["http://zotero.org/users/2724931/items/VNR6N7NX", "uri": "http://zotero.org/users/2724931/items/VNR6N7NX", "itemData": { "id": "708", "type": "article-journal", "title": "The Metabolic Syndrome is Associated with Increased Risk of Colorectal Adenoma Development: The Self-Defense Forces Health Study", "page": "5", "volume": "6", "issue": "4", "source": "Zotero", "abstract": "The metabolic syndrome, a cluster of metabolic abnormalities linked to insulin resistance, has attracted much interest as a risk factor for cardiovascular disease and type 2 diabetes. Hyperinsulinemia is also a postulated biological risk factor for colorectal carcinogenesis. We therefore here examined the relation between the metabolic syndrome and colorectal adenoma development. The study subjects were 756 cases of colorectal adenoma and 1751 controls with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal obesity in combination with any two of the following conditions: elevated triglycerides (≥ 150 mg/dL); lowered HDL cholesterol (< 40 mg/dL); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); and raised fasting glucose (≥ 110 mg/dL). Abdominal obesity was defined as a waist circumference of ≥ 85 cm or more (Japanese criterion) or ≥ 90 cm (Asian criterion). Statistical adjustment was made for age, hospital, and rank in the SDF. The metabolic syndrome was found to be associated with a moderately increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI 1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and was almost exclusively observed for large lesions (≥ 5 mm in diameter). Thus the metabolic syndrome appears to be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and type 2 diabetes.", "journalAbbreviation": "APJCP", "language": "en", "author": [{ "family": "Morita", "given": "Takako" }, { "family": "Tabata", "given": "Shinji" }, { "family": "Mineshita", "given": "Masamichi" }, { "family": "Mizoue", "given": "Tetsuya" }, { "family": "Moore", "given": "Malcolm A" }, { "family": "Kono", "given": "Suminori" }, { "issued": { "date-parts": [[2005, 4]] }, "id": "689", "uris": ["http://zotero.org/users/2724931/items/WPUBA46Z", "uri": "http://zotero.org/users/2724931/items/WPUBA46Z", "itemData": { "id": "689", "type": "article-journal", "title": "Obesity Increases Prevalence of Colonic Adenomas at Screening Colonoscopy: A Canadian Community-Based Study", "container-title": "Canadian Journal of Gastroenterology & Hepatology", "page": "8750967", "volume": "2017", "archive": "PMC", "archive_location": "PMC5525097", "abstract": "BACKGROUND AND AIMS: Obesity is a risk factor for colorectal neoplasia. We examined the influence of obesity and metabolic syndrome (MetS) on prevalence of neoplasia at screening colonoscopy. METHODS: We evaluated 2020 subjects undergoing first screening colonoscopy. Body mass index (BMI) was calculated at enrolment. Hyperlipidemia (HL), hypertension (HT), and diabetes mellitus (DM) were identified. Details of colonoscopy, polypectomy, and histology were recorded. Odds for adenomas (A) and advanced adenomas (ADV) in overweight (BMI 25.1-30) and obese (BMI > 30) subjects were assessed by multinomial regression, adjusted for covariates. Analyses included relationships between HL, HT, DM, age, tobacco usage, and neoplasia. Discriminatory power of HT, HL, DM, and BMI for neoplasia was assessed by binary logistic regression. Odds were calculated for neoplasia in each colonic segment related to BMI. RESULTS: A and ADV were commoner in overweight and obese males, obese females, older subjects, and smokers. HL, HT, and DM were associated with increased odds for neoplasia, significantly for A with hypertension. BMI alone predicted neoplasia as well as HT, HL, DM, or combinations thereof. All segments of the colon were affected. Multiple polyps were particularly prevalent in the obese. CONCLUSIONS: Obesity and MetS are risk factors for colonic neoplasia in a Canadian population.", "DOI": "10.1155/2017/8750967", "ISSN": "2291-2789", "author": [{ "family": "Shapero", "given": "Theodore F" }, { "family": "Chen", "given": "Grant I" }, { "family": "Devlin", "given": "Tim" }, { "family": "Gibbs", "given": "Alison" }, { "family": "Murray", "given": "Iain C" }, { "family": "Tran", "given": "Stanley" }, { "family": "Weigensberg", "given": "Corey" }, { "issued": { "date-parts": [[2017]] }, "id": "255", "uris": ["http://zotero.org/users/2724931/items/7IV5ACIY", "uri": "http://zotero.org/users/2724931/items/7IV5ACIY", "itemData": { "id": "255", "type": "article-journal", "title": "The Risk of Colorectal Neoplasia in Patients with Gallbladder Diseases", "container-title": "Journal of Korean Medical Science", "page": "1288-1294", "volume": "30", "issue": "9", "archive": "PMC", "archive_location": "PMC4553676", "abstract": "Cholecystectomy is associated with an increased risk of colorectal cancer, but little is known about the relationship between gallbladder disease and colorectal adenoma. Gallbladder polyps and colorectal neoplasia (CRN) share several risk factors such as obesity, diabetes and metabolic syndrome, which might account for their association. In this study, we investigated whether asymptomatic patients with gallbladder disease are at increased risk of CRN and identified the factors to their association. The study population consisted of 4,626 consecutive, asymptomatic individuals drawn from a prospective health check-up cohort who underwent both ultrasonography and colonoscopy screening. The prevalence of CRNs in patients with gallbladder polyps or gallstones was significantly higher than that in the control group (32.1% vs. 26.8%; $P = 0.032$, 35.8% vs. 26.9%; $P = 0.020$). A multivariate regression analysis showed that gallbladder polyps were an independent risk factor for CRN [adjusted odds ratio (OR): 1.29; 95% confidence interval (CI): 1.03-1.62] whereas gallstones were not (adjusted OR: 1.14; 95% CI: 0.79-1.63). The adjusted OR for the risk of CRN was 1.12 for gallbladder polyps < 5 mm (95% CI, 0.85-1.46) and 1.79 for gallbladder polyps ≥ 5 mm (95% CI, 1.15-2.77). The prevalence of CRN increased with increasing polyp size (P trend = 0.022). Our results suggest that colorectal neoplasia is significantly related to gallbladder polyps, especially those ≥ 5 mm. GRAPHICAL ABSTRACT:", "DOI": "10.3346/jkms.2015.30.9.1288", "ISSN": "1011-8934", "author": [{ "family": "Hong", "given": "Sung Noh" }, { "family": "Lee", "given": "Tae Yoon" }, { "family": "Yun", "given": "Sung-Cheol" }, { "issued": { "date-parts": [[2015, 9]] }, "id": "150", "uris": ["http://zotero.org/users/2724931/items/HXJHWU16", "uri": "http://zotero.org/users/2724931/items/HXJHWU16", "itemData": { "id": "150", "type": "article-journal", "title": "Vegetarianism as a Protective Factor for Colorectal Adenoma and Advanced Adenoma in Asians", "container-title": "Digestive Diseases and Sciences", "page": "1025-1035", "volume": "59", "issue": "5", "abstract": "Although epidemiologic and animal studies suggest a vegetarian diet protects against the development of colorectal cancer, the relationship between vegetarian diet and incidence of colorectal adenoma is not yet conclusive, especially for Asians.", "DOI": "10.1007/s10620-013-2974-5", "ISSN": "1573-2568", "journalAbbreviation": "Digestive Diseases and Sciences", "author": [{ "family": "Lee", "given": "Chang Geun" }, { "family": "Hahn", "given": "Suk Jae" }, { "family": "Song", "given": "Min Keun" }, { "family": "Lee", "given": "Jun Kyu" }, { "family": "Kim", "given": "Jae Hak" }, { "family": "Lim", "given": "Yun Jeong" }, { "family": "Koh", "given": "Moon-Soo" }, { "family": "Lee", "given": "Jin Ho" }, { "family": "Kang", "given": "Hyoun Woo" }, { "issued": { "date-parts": [[2014]] }, "id": "118", "uris": ["http://zotero.org/users/2724931/items/TSAINUMV", "uri":

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Restricting the subjects to males, 261 with adenoma and 702 without adenoma were investigated. HOMA-IR was categorized into three groups: normal (< 1.6), intermediate (>= 1.6 - < 2.5), and insulin resistance (2.5 <=). Metabolic syndrome was defined by a combination of any three of the following components: central obesity (waist circumference >= 90 cm); elevated blood pressure (systolic blood pressure >= 130 mmHg and/or diastolic blood pressure 85 mmHg); elevated fasting plasma glucose (>= 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and elevated triglyceride (>= 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively). Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001). However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate that an increased level of HOMA-IR is a risk factor for colorectal adenoma in Japanese males.", "ISSN": "1349-3329 0040-8727", "note": "PMID: 21478654", "journalAbbreviation": "Tohoku J Exp Med", "language": "eng", "author": [{"family": "Sato", "given": "Takeshi"}, {"family": "Takeda", "given": "Hiroaki"}, {"family": "Sasaki", "given": "Yu"}, {"family": "Kawata", "given": "Sumio"}], "issued": {"date-parts": ["2011", 4]}}, {"id": "390", "uris": ["http://zotero.org/users/2724931/items/9BZ81CKP"], "uri": ["http://zotero.org/users/2724931/items/9BZ81CKP"], "itemData": {"id": "390", "type": "article-journal", "title": "Stepwise Relationship Between Components of Metabolic Syndrome and Risk of Colorectal Adenoma in a Taiwanese Population Receiving Screening Colonoscopy", "container-title": "Journal of the Formosan Medical Association", "page": "100-108", "volume": "110", "issue": "2", "source": "CrossRef", "DOI": "10.1016/S0929-6646(11)60016-8", "ISSN": "09296646", "language": "en", "author": [{"family": "Hu", "given": "Nien-Chih"}, {"family": "Chen", "given": "Jong-Dar"}, {"family": "Lin", "given": "Yu-Min"}, {"family": "Chang", "given": "Jun-Yih"}, {"family": "Chen", "given": "Yu-Hung"}], "issued": {"date-parts": ["2011", 2]}}, {"id": "145", "uris": ["http://zotero.org/users/2724931/items/FX77VBWZ"], "uri": ["http://zotero.org/users/2724931/items/FX77VBWZ"], "itemData": {"id": "145", "type": "article-journal", "title": "Prevalence and risk of colorectal neoplasms in asymptomatic, average-risk screenees 40 to 49 years of age", "container-title": "Gastrointestinal Endoscopy", "page": "480-489", "volume": "72", "issue": "3", "abstract": "Background\nA paucity of information exists regarding colorectal neoplasm in asymptomatic, average-risk individuals 40 to 49 years of age.\nObjective\nTo evaluate the prevalence and risk factors of colorectal neoplasms in those in their 40s.\nDesign\nCross-sectional study.\nSetting\nResults offered to subjects of a health care provider that offers screening services as part of an employer-provided wellness program.\nPatients\nA consecutive series of 1761 asymptomatic, average-risk screenees 40 to 59 years of age.\nIntervention\nFirst screening colonoscopy.\nResults\nThe prevalence of overall colorectal neoplasm in subjects of ages 40 to 44 years, 45 to 49 years, 50 to 54 years, and 55 to 59 years increased significantly with increasing age (13.7%, 20.2%, 21.0%, and 23.8%, respectively; P < .001). The prevalence of advanced adenomas in subjects of ages 40 to 44 years, 45 to 49 years, 50 to 54 years, and 55 to 59 years increased significantly with age (1.9%, 3.0%, 3.2%, and 5.9%, respectively; P = .004). Multivariate analysis of data from the 40- to 49-year age group identified an increased risk of colorectal neoplasm associated with ages 45 years and older (odds ratio [OR], 1.68; 95% CI, 1.20-2.35), male sex (OR, 1.76; 95% CI, 1.15-2.69), presence of abdominal obesity (OR, 1.57; 95% CI, 1.12-2.21), and metabolic syndrome (OR, 1.56; 95% CI, 1.03-2.35), whereas for advanced adenomas, abdominal obesity (OR, 2.37; 95% CI, 1.06-5.27) and metabolic syndrome (OR, 2.83; 95% CI, 1.23-6.53) were the independent risk factors.\nLimitations\nSingle-center study and the cohort composed of ethnic Korean subjects who lived in the same geographic region.\nConclusion\nIn average-risk individuals 40 to 49 years of age, men with abdominal obesity or metabolic syndrome might benefit from screening colonoscopy starting at 45 years of age to detect colorectal neoplasm.", "DOI": "10.1016/j.gie.2010.06.022", "ISSN": "0016-5107", "journalAbbreviation": "Gastrointestinal Endoscopy", "author": [{"family": "Hong", "given": "Sung Noh"}, {"family": "Kim", "given": "Jeong Hwan"}, {"family": "Choe", "given": "Won Hyeok"}, {"family": "Han", "given": "Hye Seung"}, {"family": "Sung", "given": "In Kyung"}, {"family": "Park", "given": "Hyung Seok"}, {"family": "Shim", "given": "Chan Sup"}], "issued": {"date-parts": ["2010", 9]}}, {"id": "116", "uris": ["http://zotero.org/users/2724931/items/3DEUV37V"], "uri": ["http://zotero.org/users/2724931/items/3DEUV37V"], "itemData": {"id": "116", "type": "article-journal", "title": "Relationship of non-alcoholic fatty liver disease to colorectal adenomatous polyps.", "container-title": "Journal of gastroenterology and hepatology", "page": "562-567", "volume": "25", "issue": "3", "abstract": "BACKGROUND AND AIMS: Metabolic syndrome and insulin resistance are associated with a higher risk of colon cancer. Non-alcoholic fatty liver disease (NAFLD) is regarded as a manifestation of metabolic syndrome in the liver. This investigation was initiated to determine whether NAFLD has a relationship to colorectal adenomatous polyps. METHODS: We examined the 2917 participants who underwent a routine colonoscopy at Kangbuk Samsung Hospital in 2007. We divided the 2917 subjects into the adenomatous polyp group (n = 556) and the normal group (n = 2361). Anthropometric measurements, biochemical tests for liver and metabolic function, and abdominal ultrasonographs were assessed. RESULTS: The prevalence of NAFLD was 41.5% in the adenomatous polyp group and 30.2% in the control group. By multiple logistic regression analysis, NAFLD was found to be associated with an increased risk of colorectal adenomatous polyps (odds ratio, 1.28; 95% confidence interval, 1.03-1.60). An increased risk for NAFLD was more evident in patients with a greater number of adenomatous polyps. CONCLUSION: NAFLD was associated with colorectal adenomatous polyps. Further studies are needed to confirm whether NAFLD is a predictor for the development of colorectal adenomatous polyps and cancer.", "DOI": "10.1111/j.1440-1746.2009.06117.x", "ISSN": "1440-1746 0815-9319", "note": "PMID: 20074156", "journalAbbreviation": "J Gastroenterol Hepatol", "language": "eng", "author": [{"family": "Hwang", "given": "Sang Tae"}, {"family": "Cho", "given": "Yong Kyun"}, {"family": "Park", "given": "Jung Ho"}, {"family": "Kim", "given": "Hong Joo"}, {"family": "Park", "given": "Dong Il"}, {"family": "Sohn", "given": "Chong Il"}, {"family": "Jeon", "given": "Woo Kyu"}, {"family": "Kim", "given": "Byung Ik"}, {"family": "Won", "given": "Kyoung Hee"}, {"family": "Jin", "given": "Wook"}], "issued": {"date-parts": ["2010", 3]}}, {"id": "137", "uris": ["http://zotero.org/users/2724931/items/566MKVT3"], "uri": ["http://zotero.org/users/2724931/items/566MKVT3"], "itemData": {"id": "137", "type": "article-journal", "title": "Visceral obesity as a risk factor for colorectal neoplasm", "container-title": "Journal of Gastroenterology and Hepatology", "page": "411-417", "volume": "23", "issue": "3", "abstract": "Background and Aim: Obesity as a risk factor for colorectal neoplasm (CRN) is controversial. In the present study, we evaluated visceral obesity as a risk factor for CRN. Methods: We prospectively enrolled 200 consecutive, asymptomatic adults (male : female = 133:67, mean age, 50.9 ± 8.5 years) undergoing both colonoscopy and abdominopelvic computed tomography (CT) scan for routine health evaluations. The presence or absence and the characteristics of CRN were determined during colonoscopy. The amount of visceral adipose tissue (VAT) and subcutaneous adipose tissue was measured by an abdominopelvic CT scan. Body mass index, waist circumference, and percentage of body fat were measured. Blood pressure and other blood markers for assessing the metabolic syndrome were also investigated. Results: Of the 200 patients, 53 (26.5%) had CRN. Old age, smoking, metabolic syndrome, and a high fasting plasma glucose level were associated with an increased risk of CRN. VAT (P < 0.01) and waist circumference (P = 0.01) were significantly higher in those with CRN. A multivariate analysis of the risks of CRN showed an odds ratio of 4.07 (95% confidence interval: 1.01-16.43, P = 0.03) for those with VAT over 136.61 cm2 relative to those with VAT under 67.23 cm2. Waist circumference, metabolic syndrome, and

fasting plasma glucose levels were not independent risk factors for CRN in the multivariate analysis. Conclusion: Increased VAT is an independent risk factor for CRN. Further large scale studies are needed to clarify the causal relationship between VAT and CRN. "DOI": "10.1111/j.1440-1746.2007.05125.x", "ISSN": "1440-1746", "author": [{"family": "Oh", "given": "Tae-Hoon"}, {"family": "Byeon", "given": "Jeong-Sik"}, {"family": "Myung", "given": "Seung-Jae"}, {"family": "Yang", "given": "Suk-Kyun"}, {"family": "Choi", "given": "Kwi-Sook"}, {"family": "Chung", "given": "Jun-Won"}, {"family": "Kim", "given": "Benjamin"}, {"family": "Lee", "given": "Don"}, {"family": "Byun", "given": "Jae Ho"}, {"family": "Jang", "given": "Se Jin"}, {"family": "Kim", "given": "Jin-Ho"}], "issued": {"date-parts": [{"2008, 3, 1}]}}, {"id": "386", "uris": [{"http://zotero.org/users/2724931/items/FP3DWZMH"}], "uri": [{"http://zotero.org/users/2724931/items/FP3DWZMH"}], "itemData": {"id": "386", "type": "article-journal", "title": "Is Metabolic Syndrome A Risk Factor for Colorectal Adenoma?", "container-title": "Cancer Epidemiology and Prevention Biomarkers", "page": "1543-1546", "volume": "16", "issue": "8", "journalAbbreviation": "Cancer Epidemiol Biomarkers Prev", "author": [{"family": "Kim", "given": "Jeong Hwan"}, {"family": "Lim", "given": "Yun Jeong"}, {"family": "Kim", "given": "Young-Ho"}, {"family": "Sung", "given": "In-Kyung"}, {"family": "Shim", "given": "Sang Goon"}, {"family": "Oh", "given": "Sung-Ook"}, {"family": "Park", "given": "Sin-Sil"}, {"family": "Yang", "given": "Sun"}, {"family": "Son", "given": "Hee Jung"}, {"family": "Rhee", "given": "Poong-Lyul"}, {"family": "Kim", "given": "Jae J."}, {"family": "Rhee", "given": "Jong Chul"}, {"family": "Choi", "given": "Yoon-Ho"}], "issued": {"date-parts": [{"2007, 8, 7}]}}, {"id": "694", "uris": [{"http://zotero.org/users/2724931/items/BLYUFTHV"}], "uri": [{"http://zotero.org/users/2724931/items/BLYUFTHV"}], "itemData": {"id": "694", "type": "article-journal", "title": "Dietary protein and fat intake in relation to risk of colorectal adenoma in Korean", "container-title": "Medicine", "page": "e5453", "volume": "95", "issue": "49", "archive": "PMC", "archive_location": "PMC5265996", "abstract": "Cr of red meat and alcohol are known risk factors for colorectal cancer, but associations for dietary fat remain unclear. We investigated the associations of dietary fat, protein, and energy intake with prevalence of colorectal adenoma. We performed a prospective cross-sectional study on asymptomatic persons who underwent a screening colonoscopy at a single center during a routine health check-up from May to December 2011. Dietary data were obtained via a validated Food Frequency Questionnaire (FFQ), assisted by a registered dietician. We also obtained information on alcohol consumption and smoking status, and measured metabolic syndrome markers including abdominal circumference, blood pressure, fasting glucose, serum triglyceride and high-density lipoprotein cholesterol. We calculated odds ratio (OR) and 95% confidence interval (CI) to evaluate the associations using the polytomous logistic regression models. As a secondary analysis, we also conducted a matched analysis, matched by age and sex (557 cases and 557 non-cases). The study sample included 557 cases (406 males and 151 females) with histopathologically confirmed colorectal adenoma, and 1157 controls (650 males and 507 females). The proportion of advanced adenoma was 28.1% of men and 18.5% of female, respectively. Although vegetable protein intake was inversely associated with the prevalence of colorectal adenoma, further adjustment for potential confounding factors attenuated the association, resulting in no significant associations. There were no significant associations between dietary fat intake and colorectal adenoma in energy-adjusted models. For vegetable protein in women, the OR for the comparison of those in the highest tertile with those in the lowest tertile was 0.47 (95% CI 0.25–0.91, P for trend = 0.07) after adjustment for total energy intake. However, after controlling for metabolic syndrome markers, body mass index, smoking status, alcohol consumption, and family history of colorectal adenoma, which were all significantly high in the colorectal adenoma patients group, the association became attenuated (OR 0.54, 95% CI 0.27–1.11, P for trend = 0.13). In conclusion, we did not observe the significant associations for intakes of total energy, total, animal and vegetable fats, and total, animal and vegetable proteins in relation to colorectal adenoma prevalence. "DOI": "10.1097/MD.00000000000005453", "ISSN": "0025-7974", "author": [{"family": "Yang", "given": "Sun Young"}, {"family": "Kim", "given": "Young Sun"}, {"family": "Lee", "given": "Jung Eun"}, {"family": "Seol", "given": "Jueun"}, {"family": "Song", "given": "Ji Hyun"}, {"family": "Chung", "given": "Goh Eun"}, {"family": "Yim", "given": "Jeong Yoon"}, {"family": "Lim", "given": "Sun Hee"}, {"family": "Kim", "given": "Joo Sung"}], "editor": [{"family": "Elrazek", "given": "Abd Elrazek Abd"}], "issued": {"date-parts": [{"2016, 12}]}}, {"schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}]

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 46, 51, 59
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] reported data on CRC incidence. The NCEP-ATPIII definition was utilized in 14 studies [ADDIN ZOTERO_ITEM CSL_CITATION {"citationID": "9P189WOF", "properties": {"formattedCitation": "\u00sup 44\u00c0\u008211 {46,48,49,55,56,59,67,69}\u00c0\u008211 {71,73,74}\u00nosupsub {}", "plainCitation": "44–46,48,49,55,56,59,67,69–71,73,74", "noteIndex": "0"}, {"id": "123", "uris": [{"http://zotero.org/users/2724931/items/33P199M5"}], "uri": [{"http://zotero.org/users/2724931/items/33P199M5"}], "itemData": {"id": "123", "type": "article-journal", "title": "Increased risk of colorectal malignant neoplasm in patients with nonalcoholic fatty liver disease: a large study", "container-title": "Molecular Biology Reports", "page": "2989-2997", "volume": "41", "issue": "5", "abstract": "Nonalcoholic fatty liver disease (NAFLD) has been suggested to be a strong risk factor of colorectal benign adenomas and advanced neoplasms. The aim of this large cohort study was to further investigate the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and determine whether association between NAFLD and CRMN exists. 2,315 community subjects (1,370 males and 945 females) who underwent a routine colonoscopy according to international colorectal cancer screening guideline were recruited. Nature of colorectal lesions determined by biopsy and NAFLD was diagnosed by ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512–2.761; P < 0.05). After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360–2.567; P < 0.05). NAFLD was an independent risk factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD. (ClinicalTrials.gov number, NCT01657773, website: <http://clinicaltrials.gov/ct2/show/NCT01657773?term=zheng+minghua&rank=1>). "DOI": "10.1007/s11033-014-3157-y", "ISSN": "1573-4978", "journalAbbreviation": "Molecular Biology Reports", "author": [{"family": "Lin", "given": "Xian-Feng"}, {"family": "Shi", "given": "Ke-Qing"}, {"family": "You", "given": "Jie"}, {"family": "Liu", "given": "Wen-Yue"}, {"family": "Luo", "given": "Ying-Wan"}, {"family": "Wu", "given": "Fa-Ling"}, {"family": "Chen", "given": "Yong-Ping"}, {"family": "Wong", "given": "Danny Ka-Ho"}, {"family": "Yuen", "given": "Man-Fung"}, {"family": "Zheng", "given": "Ming-Hua"}], "issued": {"date-parts": [{"2014}]}}, {"id": "122", "uris": [{"http://zotero.org/users/2724931/items/K9AVA46D"}], "uri": [{"http://zotero.org/users/2724931/items/K9AVA46D"}], "itemData": {"id": "122", "type": "article-journal", "title": "Patients with nonalcoholic fatty liver disease have higher risk of colorectal adenoma after negative baseline colonoscopy.", "container-title": "Colorectal disease : the official journal of the Association of Coloproctology of Great Britain and Ireland", "page": "830-835", "volume": "15", "issue": "7", "abstract": "AIM: The study aimed to determine whether nonalcoholic fatty liver disease

["http://zotero.org/users/2724931/items/S9F263MP"],"uri":["http://zotero.org/users/2724931/items/S9F263MP"],"itemData":{"id":119,"type":"article-journal","title":"Metabolic syndrome and colorectal cancer: the protective role of Mediterranean diet--a case-control study","container-title":"Angiology","page":"390-396","volume":"63","issue":"5","abstract":"The effect of Mediterranean diet on colorectal cancer, in the presence of the metabolic syndrome, was evaluated in 250 patients with first developed cancer (63 +/- 12 years, 59% males) and 250 age-gender-matched controls. Adherence to the Mediterranean diet was evaluated with the modified-MedDietScore (theoretical range 0-75), while assessment of the metabolic syndrome (MetS) was based on the third Adult Treatment Panel ([ATP III] National Cholesterol Education Program) criteria. Presence of MetS (1.66, 95% confidence interval [CI] 1.02, 2.69), age (4.25, 95% CI 2.33, 7.77), smoking (1.85, 95% CI 1.27, 2.70), and family history of colorectal cancer (3.37, 95% CI 1.69, 6.75) had a detrimental effect, whereas adherence to the Mediterranean diet (0.88, 95% CI 0.84, 0.92) and body mass index (0.93, 95%CI 0.89, 0.98) had a protective role regarding colorectal cancer. Mediterranean diet had the same effect in relation to colorectal cancer, in both participants with (0.84, 95% CI 0.76, 0.93) and without MetS (0.89, 95% CI 0.85, 0.94).","DOI":"10.1177/0003319711421164","ISSN":"1940-1574 0003-3197","note":"PMID: 22267847","journalAbbreviation":"Angiology","language":"eng","author":{"family":"Kontou","given":"Niki"}, {"family":"Psaltopoulou","given":"Theodora"}, {"family":"Soupos","given":"Nick"}, {"family":"Polychronopoulos","given":"Evangelos"}, {"family":"Xinopoulos","given":"Dimitrios"}, {"family":"Linos","given":"Athena"}, {"family":"Panagiotakos","given":"Demosthenes B."},"issued":{"date-parts": [{"2012"}, {"7"}]}}, {"id":146,"uris":["http://zotero.org/users/2724931/items/9WXARXXK"],"uri":["http://zotero.org/users/2724931/items/9WXARXXK"],"itemData":{"id":146,"type":"article-journal","title":"Metabolic Syndrome and Risks of Colon and Rectal Cancer: The European Prospective Investigation into Cancer and Nutrition Study","container-title":"Cancer Prevention Research","page":"1873","volume":"4","issue":"11","abstract":"Metabolic syndrome (MetS) is purportedly related to risk of developing colorectal cancer; however, the association of MetS, as defined according to recent international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what extent the MetS components individually account for such an association. We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. In both individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. Cancer Prev Res; 4(11): 1873-83. ©2011 AACR.","DOI":"10.1158/1940-6207.CAPR-11-0218","journalAbbreviation":"Cancer Prev Res (Phila)","author":{"family":"Aleksandrova","given":"Krasimira"}, {"family":"Boeing","given":"Heiner"}, {"family":"Jenab","given":"Mazda"}, {"family":"Bas Bueno-de-Mesquita","given":"H."}, {"family":"Jansen","given":"Eugene"}, {"family":"Duijnhoven","given":"Fränzel J.B."},"non-dropping-particle":"van"}, {"family":"Fedirko","given":"Veronika"}, {"family":"Rinaldi","given":"Sabina"}, {"family":"Romieu","given":"Isabelle"}, {"family":"Riboli","given":"Elvio"}, {"family":"Romaguera","given":"Dora"}, {"family":"Overvad","given":"Kim"}, {"family":"Østergaard","given":"Jane Nautrup"}, {"family":"Olsen","given":"Anja"}, {"family":"Tjønneland","given":"Anne"}, {"family":"Boutron-Ruault","given":"Marie-Christine"}, {"family":"Clavel-Chapelon","given":"Françoise"}, {"family":"Morris","given":"Sophie"}, {"family":"Masala","given":"Giovanna"}, {"family":"Agnoli","given":"Claudia"}, {"family":"Panico","given":"Salvatore"}, {"family":"Tumino","given":"Rosario"}, {"family":"Vineis","given":"Paolo"}, {"family":"Kaaks","given":"Rudolf"}, {"family":"Lukanova","given":"Annekatrien"}, {"family":"Trichopoulou","given":"Antonia"}, {"family":"Naska","given":"Androniki"}, {"family":"Bamia","given":"Christina"}, {"family":"Peeters","given":"Petra H."}, {"family":"Rodriguez","given":"Laudina"}, {"family":"Buckland","given":"Genevieve"}, {"family":"Sánchez","given":"María-José"}, {"family":"Dorronsoro","given":"Miren"}, {"family":"Huerta","given":"Jose-Maria"}, {"family":"Barricarte","given":"Aurelio"}, {"family":"Hallmans","given":"Göran"}, {"family":"Palmqvist","given":"Richard"}, {"family":"Khaw","given":"Kay-Tee"}, {"family":"Wareham","given":"Nicholas"}, {"family":"Allen","given":"Naomi E."},"family":"Tsilidis","given":"Konstantinos K"}, {"family":"Pischoon","given":"Tobias"},"issued":{"date-parts": [{"2011"}, {"11"}, {"22"}]}}, {"id":140,"uris":["http://zotero.org/users/2724931/items/XN37VDV8"],"uri":["http://zotero.org/users/2724931/items/XN37VDV8"],"itemData":{"id":140,"type":"article-journal","title":"Visceral Obesity and Insulin Resistance as Risk Factors for Colorectal Adenoma: A Cross-Sectional, Case-Control Study","container-title":"The American Journal of Gastroenterology","page":"178-187","volume":"105","issue":"1","source":"www.nature.com","abstract":"OBJECTIVES: Colorectal adenoma is known to be associated with obesity, but the association between colorectal adenoma and visceral adipose tissue (VAT) area measured by abdominal computed tomography (CT) has not been documented clearly. In addition, the relationship between insulin resistance and colorectal adenomas, which underlies the mechanism that links obesity and colorectal adenoma, has not been studied extensively. The aim of this study was to examine VAT area and insulin resistance as risk factors of colorectal adenoma.\nMETHODS: A cross-sectional, case-control study was conducted in Koreans that presented for health check-ups. Subjects underwent various laboratory tests, abdominal CT, and colonoscopy. VAT, subcutaneous adipose tissue (SAT), and homeostatic metabolic assessment (HOMA) index were evaluated as potential risk factors of colorectal adenoma in 2,244 age- and sex-matched subjects.\nRESULTS: According to univariate analysis, the prevalences of smoking, hypertension, metabolic syndrome, and family history of colorectal cancer were higher in the adenoma group than in the normal control group. In addition, body mass index, waist circumference, triglyceride, high-density lipoprotein cholesterol, and VAT and SAT areas were significantly different in the two groups. According to the multivariate analysis adjusted for multiple confounders, VAT area was independently associated with the risk of colorectal adenoma (odds ratio (OR)=3.09, 95% confidence interval (CI): 2.19-4.36, highest quintile vs. lowest quintile). Mean HOMA index was higher in the adenoma group than in the control group (OR=1.99, 95% CI: 1.35-2.92, highest vs. lowest quintile).\nCONCLUSIONS: Visceral obesity was found to be an independent risk factor of colorectal adenoma, and insulin resistance was associated with the presence of colorectal adenoma.","DOI":"10.1038/ajg.2009.541","ISSN":"0002-9270","shortTitle":"Visceral Obesity and Insulin Resistance as Risk Factors for Colorectal Adenoma","journalAbbreviation":"Am J Gastroenterol","language":"en","author":{"family":"Kang","given":"Hyoun Woo"}, {"family":"Kim","given":"Donghee"}, {"family":"Kim","given":"Hwa Jung"}, {"family":"Kim","given":"Chung Hyeon"}, {"family":"Kim","given":"Young Sun"}, {"family":"Park","given":"Min Jung"}, {"family":"Kim","given":"Joo Sung"}, {"family":"Cho","given":"Sang-Heon"}, {"family":"Sung","given":"Myung-Whun"}, {"family":"Jung","given":"Hyun Chae"}, {"family":"Lee","given":"Hyo-Suk"}, {"family":"Song","given":"In Sung"},"issued":{"date-parts": [{"2009"}, {"9"}, {"15"}]}}, {"id":150,"uris":["http://zotero.org/users/2724931/items/HXJHWU16"],"uri":["http://zotero.org/users/2724931/items/HXJHWU16"],"itemData":{"id":150,"type":"article-journal","title":"Vegetarianism as a Protective Factor for Colorectal Adenoma and Advanced Adenoma in Asians","container-title":"Digestive Diseases and Sciences","page":"1025-1035","volume":"59","issue":"5","abstract":"Although epidemiologic and animal studies suggest a

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The prevalence of advanced adenomas in subjects of ages 40 to 44 years, 45 to 49 years, 50 to 54 years, and 55 to 59 years increased significantly with age (1.9%, 3.0%, 3.2%, and 5.9%, respectively; P = .004). Multivariate analysis of data from the 40- to 49-year age group identified an increased risk of colorectal neoplasm associated with ages 45 years and older (odds ratio [OR], 1.68; 95% CI, 1.20-2.35), male sex (OR, 1.76; 95% CI, 1.15-2.69), presence of abdominal obesity (OR, 1.57; 95% CI, 1.12-2.21), and metabolic syndrome (OR, 1.56; 95% CI, 1.03-2.35), whereas for advanced adenomas, abdominal obesity (OR, 2.37; 95% CI, 1.06-5.27) and metabolic syndrome (OR, 2.83; 95% CI, 1.23-6.53) were the independent risk factors.\nLimitations\nSingle-center study and the cohort composed of ethnic Korean subjects who lived in the same geographic region.\nConclusion\nIn average-risk individuals 40 to 49 years of age, men with abdominal obesity or metabolic syndrome might benefit from screening colonoscopy starting at 45 years of age to detect colorectal neoplasm.", "DOI": "10.1016/j.gie.2010.06.022", "ISSN": "0016-5107", "journalAbbreviation": "Gastrointestinal Endoscopy", "author": [{"family": "Hong", "given": "Sung Noh"}, {"family": "Kim", "given": "Jeong Hwan"}, {"family": "Choe", "given": "Won Hyeok"}, {"family": "Han", "given": "Hye Seung"}, {"family": "Sung", "given": "In Kyung"}, {"family": "Park", "given": "Hyung Seok"}, {"family": "Shim", "given": "Chan Sup"}], "issued": {"date-parts": ["2010", "9"]}, {"id": "116", "uris": ["http://zotero.org/users/2724931/items/3DEUV37V"], "uri": "http://zotero.org/users/2724931/items/3DEUV37V", "itemData": {"id": "116", "type": "article-journal", "title": "Relationship of non-alcoholic fatty liver disease to colorectal adenomatous polyps.", "container-title": "Journal of gastroenterology and hepatology", "page": "562-567", "volume": "25", "issue": "3", "abstract": "BACKGROUND AND AIMS: Metabolic syndrome and insulin resistance are associated with a higher risk of colon cancer. Non-alcoholic fatty liver disease (NAFLD) is regarded as a manifestation of metabolic syndrome in the liver. This investigation was initiated to determine whether NAFLD has a relationship to colorectal adenomatous polyps. METHODS: We examined the 2917 participants who underwent a routine colonoscopy at Kangbuk Samsung Hospital in 2007. We divided the 2917 subjects into the adenomatous polyp group (n = 556) and the normal group (n = 2361). Anthropometric measurements, biochemical tests for liver and metabolic function, and abdominal ultrasonographs were assessed. RESULTS: The prevalence of NAFLD was 41.5% in the adenomatous polyp group and 30.2% in the control group. By multiple logistic regression analysis, NAFLD was found to be associated with an increased risk of colorectal adenomatous polyps (odds ratio, 1.28; 95% confidence interval, 1.03-1.60). An increased risk for NAFLD was more evident in patients with a greater number of adenomatous polyps. CONCLUSION: NAFLD was associated with colorectal adenomatous polyps. Further studies are needed to confirm whether NAFLD is a predictor for the development of colorectal adenomatous polyps and cancer.", "DOI": "10.1111/j.1440-1746.2009.06117.x", "ISSN": "1440-1746 0815-9319", "note": "PMID: 20074156", "journalAbbreviation": "J Gastroenterol Hepatol", "language": "eng", "author": [{"family": "Hwang", "given": "Sang Tae"}, {"family": "Cho", "given": "Yong Kyun"}, {"family": "Park", "given": "Jung Ho"}, {"family": "Kim", "given": "Hong Joo"}, {"family": "Park", "given": "Dong Il"}, {"family": "Sohn", "given": "Chong Il"}, {"family": "Jeon", "given": "Woo Kyu"}, {"family": "Kim", "given": "Byung Ik"}, {"family": "Won", "given": "Kyoung Hee"}, {"family": "Jin", "given": "Wook"}], "issued": {"date-parts": ["2010", "3"]}, {"id": "386", "uris": ["http://zotero.org/users/2724931/items/FP3DZWZMH"], "uri": "http://zotero.org/users/2724931/items/FP3DZWZMH", "itemData": {"id": "386", "type": "article-journal", "title": "Is Metabolic Syndrome A Risk Factor for Colorectal Adenoma?", "container-title": "Cancer Epidemiology and Prevention Biomarkers", "page": "1543-1546", "volume": "16", "issue": "8", "journalAbbreviation": "Cancer Epidemiol Biomarkers Prev", "author": [{"family": "Kim", "given": "Jeong Hwan"}, {"family": "Lim", "given": "Yun Jeong"}, {"family": "Kim", "given": "Young-Ho"}, {"family": "Sung", "given": "In-Kyung"}, {"family": "Shim", "given": "Sang Goon"}, {"family": "Oh", "given": "Sung-Ook"}, {"family": "Park", "given": "Sin-Sil"}, {"family": "Yang", "given": "Sun"}, {"family": "Son", "given": "Hee Jung"}, {"family": "Rhee", "given": "Poong-Lyul"}, {"family": "Kim", "given": "Jae J."}, {"family": "Rhee", "given": "Jong Chul"}, {"family": "Choi", "given": "Yoon-Ho"}], "issued": {"date-parts": ["2007", "8", "7"]}, {"id": "694", "uris": ["http://zotero.org/users/2724931/items/BLYUFTHV"], "uri": "http://zotero.org/users/2724931/items/BLYUFTHV", "itemData": {"id": "694", "type": "article-journal", "title": "Dietary protein and fat intake in relation to risk of colorectal adenoma in Korean", "container-title": "Medicine", "page": "e5453", "volume": "95", "issue": "49", "archive": "PMC", "archive_location": "PMC5265996", "abstract": "C of red meat and alcohol are known risk factors for colorectal cancer, but associations for dietary fat remain unclear. We investigated the associations of dietary fat, protein, and energy intake with prevalence of colorectal adenoma. We performed a prospective cross-sectional study on asymptomatic persons who underwent a screening colonoscopy at a single center during a routine health check-up from May to December 2011. Dietary data were obtained via a validated Food Frequency Questionnaire (FFQ), assisted by a registered dietician. We also obtained information on alcohol consumption and smoking status, and measured metabolic syndrome markers including abdominal circumference, blood pressure, fasting glucose, serum triglyceride and high-density lipoprotein cholesterol. We calculated odds ratio (OR) and 95% confidence interval (CI) to evaluate the associations using the polytomous logistic regression models. As a secondary analysis, we also conducted a matched analysis, matched by age and sex (557 cases and 557 non-cases). The study sample included 557 cases (406 males and 151 females) with histopathologically confirmed colorectal adenoma, and 1157 controls (650 males and 507 females). The proportion of advanced adenoma was 28.1% of men and 18.5% of female, respectively. Although vegetable protein intake was inversely associated with the prevalence of colorectal adenoma, further adjustment for potential confounding factors attenuated the association, resulting in no significant associations. There were no significant associations between dietary fat intake and colorectal adenoma in energy-adjusted models. For vegetable protein in women, the OR for the comparison of those in the highest tertile with those in the lowest tertile was 0.47 (95% CI 0.25-0.91, P for trend = 0.07) after adjustment for total energy intake. However, after controlling

for metabolic syndrome markers, body mass index, smoking status, alcohol consumption, and family history of colorectal adenoma, which were all significantly high in the colorectal adenoma patients group, the association became attenuated (OR 0.54, 95% CI 0.27–1.11, P for trend = 0.13). In conclusion, we did not observe the significant associations for intakes of total energy, total, animal and vegetable fats, and total, animal and vegetable proteins in relation to colorectal adenoma prevalence.", "DOI": "10.1097/MD.0000000000005453", "ISSN": "0025-7974", "author": [{"family": "Yang", "given": "Sun Young"}, {"family": "Kim", "given": "Young Sun"}, {"family": "Lee", "given": "Jung Eun"}, {"family": "Seol", "given": "Jueun"}, {"family": "Song", "given": "Ji Hyun"}, {"family": "Chung", "given": "Goh Eun"}, {"family": "Yim", "given": "Jeong Yoon"}, {"family": "Lim", "given": "Sun Hee"}, {"family": "Kim", "given": "Joo Sung"}], "editor": [{"family": "Elrazek", "given": "Abd Elrazek Abd"}], "issued": {"date-parts": [{"2016, 12}]}}, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}]

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We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16–1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57–2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45–2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47–2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02–2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. Cancer Prev Res; 4(11); 1873–83. ©2011 AACR.", "DOI": "10.1158/1940-6207.CAPR-11-0218", "journalAbbreviation": "Cancer Prev Res (Phila)", "author": [{"family": "Aleksandrova", "given": "Krasimira"}, {"family": "Boeing", "given": "Heiner"}, {"family": "Jenab", "given": "Mazda"}, {"family": "Bas Bueno-de-Mesquita", "given": "H."}, {"family": "Jansen", "given": "Eugene"}, {"family": "Duijnhoven", "given": "Fränzel J.B."}, {"family": "Fedirko", "given": "Veronika"}, {"family": "Rinaldi", "given": "Sabina"}, {"family": "Romieu", "given": "Isabelle"}, {"family": "Riboli", "given": "Elio"}, {"family": "Romaguera", "given": "Dora"}, {"family": "Overvad", "given": "Kim"}, {"family": "Østergaard", "given": "Jane Nautrup"}, {"family": "Olsen", "given": "Anja"}, {"family": "Tjønneland", "given": "Anne"}, {"family": "Boutron-Ruault", "given": "Marie-Christine"}, {"family": "Clavel-Chapelon", "given": "Françoise"}, {"family": "Morris", "given": "Sophie"}, {"family": "Masala", "given": "Giovanna"}, {"family": "Agnoli", "given": "Claudia"}, {"family": "Panico", "given": "Salvatore"}, {"family": "Tumino", "given": "Rosario"}, {"family": "Vineis", "given": "Paolo"}, {"family": "Kaaks", "given": "Rudolf"}, {"family": "Lukanova", "given": "Annekatriin"}, {"family": "Trichopoulos", "given": "Antonia"}, {"family": "Naska", "given": "Androniki"}, {"family": "Bamia", "given": "Christina"}, {"family": "Peeters", "given": "Petra H."}, {"family": "Rodríguez", "given": "Laudina"}, {"family": "Buckland", "given": "Genevieve"}, {"family": "Sanchez", "given": "María-José"}, {"family": "Dorronsoro", "given": "Miren"}, {"family": "Huerta", "given": "Jose-María"}, {"family": "Barricarte", "given": "Aurelio"}, {"family": "Hallmans", "given": "Göran"}, {"family": "Palmqvist", "given": "Richard"}, {"family": "Khaw", "given": "Kay-Tee"}, {"family": "Wareham", "given": "Nicholas"}, {"family": "Allen", "given": "Naomi E."}, {"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Pischoon", "given": "Tobias"}], "issued": {"date-parts": [{"2011, 11, 2}]}}, {"id": 142, "uris": ["http://zotero.org/users/2724931/items/6XNHFT4N"], "uri": ["http://zotero.org/users/2724931/items/6XNHFT4N"], "itemData": {"id": 142, "type": "article-journal", "title": "Metabolic syndrome is associated with colorectal cancer in men", "container-title": "European Journal of Cancer", "page": "1866-1872", "volume": "46", "issue": "10", "abstract": "Aim of the study: We assessed the relation between metabolic syndrome (MetS) and its components and colorectal cancer. Methods: We analysed data from a multicentre case-control study conducted in Italy and Switzerland, including 1378 cases of colon cancer, 878 cases of rectal cancer and 4661 controls. All cases were incident and histologically confirmed. Controls were subjects admitted to the same hospitals as cases with acute non-malignant conditions. MetS was defined according to the International Diabetes Federation criteria. Odds ratios (ORs) and the corresponding 95% confidence intervals (CIs) were estimated by multiple logistic regression models, including terms for major identified confounding factors for colorectal cancer. Results: With reference to each component of the MetS, the ORs of colorectal cancer in men were 1.27 (95% CI, 0.95–1.69) for diabetes, 1.24 (95% CI, 1.03–1.48) for hypertension, 1.14 (95% CI, 0.93–1.40) for hypercholesterolaemia and 1.26 (95% CI, 1.08–1.48) for overweight at age 30. The corresponding ORs in women were 1.20 (95% CI, 0.82–1.75), 0.87 (95% CI, 0.71–1.06), 0.83 (95% CI, 0.66–1.03) and 1.06 (95% CI, 0.86–1.30). Colorectal cancer risk was increased in men (OR = 1.86; 95% CI, 1.21–2.86), but not in women (OR = 1.13; 95% CI, 0.66–1.93), with MetS. The ORs were 2.09 (95% CI, 1.38–3.18) in men and 1.15 (95% CI, 0.68–1.94) in women with
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- 3 components of the MetS, as compared to no component. Results were similar for colon and rectal cancers. Conclusion: This study supports a direct association between MetS and both colon and rectal cancers in men, but not in women.", "DOI": "10.1016/j.ejca.2010.03.010", "ISSN": "0959-8049", "journalAbbreviation": "European Journal of Cancer", "author": [{"family": "Pelucchi", "given": "Claudio"}, {"family": "Negri", "given": "Eva"}, {"family": "Talamini", "given": "Renato"}, {"family": "Levi", "given": "Fabio"}, {"family": "Giacosa", "given": "Attilio"}, {"family": "Crispo", "given": "Anna"}, {"family": "Bidoli", "given": "Ettore"}, {"family": "Montella", "given": "Maurizio"}, {"family": "Franceschi", "given": "Silvia"}, {"family": "La Vecchia", "given": "Carlo"}], "issued": {"date-parts": [{"2010, 7}]}}, {"id": 708, "uris": ["http://zotero.org/users/2724931/items/VNR6N7NX"], "uri": ["http://zotero.org/users/2724931/items/VNR6N7NX"], "itemData": {"id": 708, "type": "article-journal", "title": "The Metabolic Syndrome is Associated with Increased Risk of Colorectal Adenoma Development: The Self-Defense Forces Health Study", "page": "5", "volume": "6", "issue": "4", "source": "Zotero", "abstract": "The metabolic syndrome, a cluster of metabolic

abnormalities linked to insulin resistance, has attracted much interest as a risk factor for cardiovascular disease and type 2 diabetes. Hyperinsulinemia is also a postulated biological risk factor for colorectal carcinogenesis. We therefore here examined the relation between the metabolic syndrome and colorectal adenoma development. The study subjects were 756 cases of colorectal adenoma and 1751 controls with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal obesity in combination with any two of the following conditions: elevated triglycerides (≥ 150 mg/dL); lowered HDL cholesterol (< 40 mg/dL); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); and raised fasting glucose (≥ 110 mg/dL). Abdominal obesity was defined as a waist circumference of 85cm or more (Japanese criterion) or ≥ 90 cm (Asian criterion). Statistical adjustment was made for age, hospital, and rank in the SDF. The metabolic syndrome was found to be associated with a moderately increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI 1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and was almost exclusively observed for large lesions (≥ 5 mm in diameter). Thus the metabolic syndrome appears to be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and type 2 diabetes.", "journalAbbreviation": "APJCP", "language": "en", "author": {"family": "Morita", "given": "Takako"}, {"family": "Tabata", "given": "Shinji"}, {"family": "Mineshita", "given": "Masamichi"}, {"family": "Mizoue", "given": "Tetsuya"}, {"family": "Moore", "given": "Malcolm A"}, {"family": "Kono", "given": "Suminori"}, "issued": {"date-parts": ["2005", 4]}}, {"id": "137", "uris": ["http://zotero.org/users/2724931/items/566MKVT3"], "uri": "http://zotero.org/users/2724931/items/566MKVT3"}, "itemData": {"id": "137", "type": "article-journal", "title": "Visceral obesity as a risk factor for colorectal neoplasm", "container-title": "Journal of Gastroenterology and Hepatology", "page": "411-417", "volume": "23", "issue": "3", "abstract": "Background and Aim: Obesity as a risk factor for colorectal neoplasm (CRN) is controversial. In the present study, we evaluated visceral obesity as a risk factor for CRN. Methods: We prospectively enrolled 200 consecutive, asymptomatic adults (male : female = 133:67, mean age, 50.9 \pm 8.5 years) undergoing both colonoscopy and abdominopelvic computed tomography (CT) scan for routine health evaluations. The presence or absence and the characteristics of CRN were determined during colonoscopy. The amount of visceral adipose tissue (VAT) and subcutaneous adipose tissue was measured by an abdominopelvic CT scan. Body mass index, waist circumference, and percentage of body fat were measured. Blood pressure and other blood markers for assessing the metabolic syndrome were also investigated. Results: Of the 200 patients, 53 (26.5%) had CRN. Old age, smoking, metabolic syndrome, and a high fasting plasma glucose level were associated with an increased risk of CRN. VAT (P < 0.01) and waist circumference (P = 0.01) were significantly higher in those with CRN. A multivariate analysis of the risks of CRN showed an odds ratio of 4.07 (95% confidence interval: 1.01-16.43, P = 0.03) for those with VAT over 136.61 cm² relative to those with VAT under 67.23 cm². Waist circumference, metabolic syndrome, and fasting plasma glucose levels were not independent risk factors for CRN in the multivariate analysis. Conclusion: Increased VAT is an independent risk factor for CRN. Further large scale studies are needed to clarify the causal relationship between VAT and CRN.", "DOI": "10.1111/j.1440-1746.2007.05125.x", "ISSN": "1440-1746", "author": {"family": "Oh", "given": "Tae-Hoon"}, {"family": "Byeon", "given": "Jeong-Sik"}, {"family": "Myung", "given": "Seung-Jae"}, {"family": "Yang", "given": "Suk-Kyun"}, {"family": "Choi", "given": "Kwi-Sook"}, {"family": "Chung", "given": "Jun-Won"}, {"family": "Kim", "given": "Benjamin"}, {"family": "Lee", "given": "Don"}, {"family": "Byun", "given": "Jae Ho"}, {"family": "Jang", "given": "Se Jin"}, {"family": "Kim", "given": "Jin-Ho"}, "issued": {"date-parts": ["2008", 3, 1]}}, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"} 56, 58, 63, 72

], while two studies used the harmonized definition [ADDN ZOTERO_ITEM CSL_CITATION {"citationID": "LyTcVTIz", "properties": {"formattedCitation": "\super 56,68 \nosupersub {", "plainCitation": "56,68", "noteIndex": 0}, "citationItems": [{"id": "146", "uris": ["http://zotero.org/users/2724931/items/9WXARXXX"], "uri": "http://zotero.org/users/2724931/items/9WXARXXX"}, "itemData": {"id": "146", "type": "article-journal", "title": "Metabolic Syndrome and Risks of Colon and Rectal Cancer: The European Prospective Investigation into Cancer and Nutrition Study", "container-title": "Cancer Prevention Research", "page": "1873", "volume": "4", "issue": "11", "abstract": "Metabolic syndrome (MetS) is purportedly related to risk of developing colorectal cancer; however, the association of MetS, as defined according to recent international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what extent the MetS components individually account for such an association. We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. Cancer Prev Res; 4(11); 1873-83. ©2011 AACR.", "DOI": "10.1158/1940-6207.CAPR-11-0218", "journalAbbreviation": "Cancer Prev Res (Phila)", "author": {"family": "Aleksandrova", "given": "Krasimira"}, {"family": "Boeing", "given": "Heiner"}, {"family": "Jenab", "given": "Mazda"}, {"family": "Bas Bueno-de-Mesquita", "given": "H."}, {"family": "Jansen", "given": "Eugene"}, {"family": "Duijnhoven", "given": "Fränzel J.B."}, {"family": "non-dropping-particle": "van"}, {"family": "Fedirko", "given": "Veronika"}, {"family": "Rinaldi", "given": "Sabina"}, {"family": "Romieu", "given": "Isabelle"}, {"family": "Riboli", "given": "Elio"}, {"family": "Romaguera", "given": "Dora"}, {"family": "Overvad", "given": "Kim"}, {"family": "Østergaard", "given": "Jane Nautrup"}, {"family": "Olsen", "given": "Anja"}, {"family": "Tjønneland", "given": "Anne"}, {"family": "Boutron-Ruault", "given": "Marie-Christine"}, {"family": "Clavel-Chapelon", "given": "Françoise"}, {"family": "Morris", "given": "Sophie"}, {"family": "Masala", "given": "Giovanna"}, {"family": "Agnoli", "given": "Claudia"}, {"family": "Panico", "given": "Salvatore"}, {"family": "Tumino", "given": "Rosario"}, {"family": "Vineis", "given": "Paolo"}, {"family": "Kaaks", "given": "Rudolf"}, {"family": "Lukanova", "given": "Annekatriin"}, {"family": "Trichopoulou", "given": "Antonia"}, {"family": "Naska", "given": "Androniki"}, {"family": "Bamia", "given": "Christina"}, {"family": "Peeters", "given": "Petra H."}, {"family": "Rodríguez", "given": "Laudina"}, {"family": "Buckland", "given": "Genevieve"}, {"family": "Sánchez", "given": "Maria-José"}, {"family": "Dorronsoro", "given": "Miren"}, {"family": "Huerta", "given": "Jose-Maria"}, {"family": "Barricarte", "given": "Aurelio"}, {"family": "Hallmans", "given": "Göran"}, {"family": "Palmqvist", "given": "Richard"}, {"family": "Khaw", "given": "Kay-Tee"}, {"family": "Wareham", "given": "Nicholas"}, {"family": "Allen", "given": "Naomi E."}, {"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Pischoon", "given": "Tobias"}, "issued": {"date-parts": ["2011", 11, 2]}}, {"id": "118", "uris": ["http://zotero.org/users/2724931/items/TSAINUMV"], "uri": "http://zotero.org/users/2724931/items/TSAINUMV"}, "itemData": {"id": "118", "type": "article-journal", "title": "Increased homeostasis model assessment-insulin resistance is a risk factor for colorectal

OUTCOME MEASURES: Demographic, anthropometric, and laboratory data at baseline were collected and categorized. The presence of diabetes mellitus, hypertension, and dyslipidemia was defined using the criteria of previous studies. The incidence of colorectal cancer was also defined according to the International Classification of Disease, 10th Revision, codes and the claim data on endoscopy with biopsy. RESULTS: During the follow-up, 5108 new cases of colorectal cancer occurred. Being underweight (<18.5

kg/m²) reduced the risk for colorectal cancer among women (adjusted HR = 0.646 (95% CI, 0.484–0.863)), whereas high BMI significantly increased the risk in men and in the elderly. Obesity (≥25

kg/m²), diabetes mellitus, and hypertension were identified as risk factors for colorectal cancer in men but not for women. Although metabolically unhealthy nonobese men had a higher risk for colorectal cancer than metabolically healthy nonobese men (adjusted HR = 1.114 (95% CI, 1.004–1.236)), the risk was lower than that in the obese men. LIMITATIONS: The study population consisted of people who underwent health examinations, thus there could be selection bias. CONCLUSIONS: In Korean adults, obesity contributes to the incidence of colorectal cancer with a sex difference. Nonobese but metabolically unhealthy men are considered to be a high-risk group for colorectal cancer, but obesity itself is more important in colorectal carcinogenesis. See Video Abstract at <http://links.lww.com/DCR/A475>. "URL": "https://journals.lww.com/dcrjournal/Fulltext/2017/11000/Association_Among_Obesit_3706", "author": [{"family": "Shin", "given": "Cheol Min"}, {"family": "Han", "given": "Kyungdo"}, {"family": "Lee", "given": "Dong Ho"}, {"family": "Choi", "given": "Yoon Jin"}, {"family": "Kim", "given": "Nayoung"}, {"family": "Park", "given": "Young Soo"}, {"family": "Yoon", "given": "Hyuk"}], "issued": {"date-parts": [{"2017"}]}, {"id": "250", "uris": ["http://zotero.org/users/2724931/items/QHPCVRZ8"], "uri": ["http://zotero.org/users/2724931/items/QHPCVRZ8"], "itemData": {"id": "250", "type": "article-journal", "title": "Evaluation of the risk factors associated with rectal neuroendocrine tumors: a big data analytic study from a health screening center", "container-title": "Journal of Gastroenterology", "page": "1112-1121", "volume": "51", "issue": "12", "abstract": "Rectal neuroendocrine tumor (NET) is the most common NET in Asia. The risk factors associated with rectal NETs are unclear because of the overall low incidence rate of these tumors and the associated difficulty in conducting large epidemiological studies on rare cases. The aim of this study was to exploit the benefits of big data analytics to assess the risk factors associated with rectal NET.", "DOI": "10.1007/s00535-016-1198-9", "ISSN": "1435-5922", "journalAbbreviation": "Journal of Gastroenterology", "author": [{"family": "Pyo", "given": "Jeung Hui"}, {"family": "Hong", "given": "Sung Noh"}, {"family": "Min", "given": "Byung-Hoon"}, {"family": "Lee", "given": "Jun Haeng"}, {"family": "Chang", "given": "Dong Kyung"}, {"family": "Rhee", "given": "Poong-Lyul"}, {"family": "Kim", "given": "Jae Jun"}, {"family": "Choi", "given": "Sun Kyu"}, {"family": "Jung", "given": "Sin-Ho"}, {"family": "Son", "given": "Hee Jung"}, {"family": "Kim", "given": "Young-Ho"}], "issued": {"date-parts": [{"2016", "12", "1"}]}, {"id": "125", "uris": ["http://zotero.org/users/2724931/items/ENWMID8V"], "uri": ["http://zotero.org/users/2724931/items/ENWMID8V"], "itemData": {"id": "125", "type": "article-journal", "title": "Interplay between 3

-UTR polymorphisms in the vascular endothelial growth factor (VEGF) gene and metabolic syndrome in determining the risk of colorectal cancer in Koreans", "container-title": "BMC Cancer", "page": "881", "volume": "14", "archive": "PMC", "archive_location": "PMC4289193", "abstract": "BACKGROUND: Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in cancer development. Moreover, recent studies have reported associations between a number of 3

-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3

-UTR polymorphisms (1451C

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T [rs3025040], 1612G

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A [rs10434], and 1725G

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A [rs3025053] and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C

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T was significantly associated with rectal cancer risk (Dominant model; AOR = 1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas VEGF 1725G

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A correlated with MetS risk (Dominant model; AOR = 1.61; 95% CI = 1.06 - 2.46; p = 0.026). Of the gene-environment combined effects, the interaction of VEGF 1451C

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T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <

.001) whereas the combination of VEGF 1725G

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A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p = 0.008). CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users.,"DOI": "10.1186/1471-2407-14-881", "ISSN": "1471-2407", "author": [{"family": "Jeon", "given": "Young Joo"}, {"family": "Kim", "given": "Jong Woo"}, {"family": "Park", "given": "Hye Mi"}, {"family": "Jang", "given": "Hyo Geun"}, {"family": "Kim", "given": "Jung O"}, {"family": "Oh", "given": "Jisu"}, {"family": "Chong", "given": "So Young"}, {"family": "Kwon", "given": "Sung Won"}, {"family": "Kim", "given": "Eo Jin"}, {"family": "Oh", "given": "Doyeun"}, {"family": "Kim", "given": "Nam Keun"}], "issued": {"date-parts": [{"2014}]}, {"id": "144", "uris": [{"http://zotero.org/users/2724931/items/R3KQJIJK"}], "uri": [{"http://zotero.org/users/2724931/items/R3KQJIJK"}], "itemData": {"id": "144", "type": "article-journal", "title": "Clinical study on the correlation between metabolic syndrome and colorectal carcinoma", "container-title": "ANZ Journal of Surgery", "page": "331-336", "volume": "80", "issue": "5", "abstract": "Background: Although metabolic syndrome (MS) has received a lot of attention in recent years, the correlation between MS and colorectal carcinoma is still not very clear. This study aims at exploring the relationship between MS and colorectal carcinoma. Methods: Data was collected from 507 cases of colorectal carcinoma and 507 cases of healthy patients between January 2002 and March 2007 to establish the database. The patients with colorectal cancer were divided into two groups based on the presence of MS. Multivariate analysis of these data for the overall survival and recurrence was performed with the Cox proportional hazard model. Variables examined by multivariate analysis were sex, age, location, histotype, differentiation, tumour, node, metastasis (TNM) stage, the number of lymph nodes detected, etc. Results: The existence of MS in the colorectal carcinoma group was clearly more than that in the control group. The existence of two to four types of abnormal metabolic diseases was significantly more in the colorectal cancer group than in the control group. MS is one of the important elements that can independently influence the survival (odds ratio (OR) = 1.501, 95% confidence interval (CI) = 1.057–2.131) and have the highest risk with worse survival compared with other parameters. Conclusion: There is a close relationship between MS and colorectal carcinoma, and MS is a significantly independent element that influences the survival of the colorectal carcinoma. Decreasing the incidence of MS maybe play a role in improving therapeutic efficacy and prognosis of the cancer.,"DOI": "10.1111/j.1445-2197.2009.05084.x", "ISSN": "1445-2197", "author": [{"family": "Shen", "given": "Zhanlong"}, {"family": "Wang", "given": "Shan"}, {"family": "Ye", "given": "Yingjiang"}, {"family": "Yin", "given": "Mujun"}, {"family": "Yang", "given": "Xiaodong"}, {"family": "Jiang", "given": "Kewei"}, {"family": "Liu", "given": "Yan"}], "issued": {"date-parts": [{"2010", "5", "1"}]}, {"id": "690", "uris": [{"http://zotero.org/users/2724931/items/VY8D9VHF"}], "uri": [{"http://zotero.org/users/2724931/items/VY8D9VHF"}], "itemData": {"id": "690", "type": "article-journal", "title": "Distinct Metabolic Profiles are Associated with Colorectal Adenomas and Serrated Polyps", "container-title": "Obesity", "page": "S72-S80", "volume": "25", "issue": "S2", "abstract": "Objective Prevention of colorectal cancer (CRC) by colonoscopy is recommended according to age and personal/familial history. Metabolic alterations are associated with colorectal adenomas, but data are scarce regarding serrated polyps and advanced polyps. The aim of this study was to evaluate the association between metabolic alterations and colorectal polyp type and advanced polyps. Methods A case/control study was conducted among consecutive subjects, 40 to 70 years old, who underwent screening/diagnostic colonoscopy from 2010 to 2015. Subjects who were treated for diabetes, who had a family/personal history of CRC, and who were at high risk for CRC were excluded. Participants underwent anthropometric, laboratory, and ultrasonographic evaluations and a medical and lifestyle interview. Polyps were histologically classified as adenomatous or serrated polyps and divided into advanced and nonadvanced categories. Results The study included 828 participants (58.4±6.6 years, 50.4% men). Abdominal obesity (odds ratio [OR]=1.67, 95% CI: 1.20-2.30), hypertension (OR=?1.47, 95% CI: 1.03-2.09), and a high glycosylated hemoglobin percentage (HbA1c%) (OR=?1.57, 95% CI: 1.06-2.34) were independently associated with colorectal adenomas, whereas a high triglyceride to high-density lipoprotein cholesterol (TG/HDL) ratio was independently associated with serrated polyps (OR=?2.31, 95% CI: 1.32-4.03). A combination of three metabolic alterations was strongly associated with colorectal polyps. Conclusions Abdominal obesity, hypertension, and a high HbA1c% are independently associated with adenomas, whereas a high TG/HDL ratio is associated with serrated polyps. These parameters are easily accessible in clinical practice and may help define high-risk groups for CRC.,"DOI": "10.1002/oby.22001", "ISSN": "1930-7381", "journalAbbreviation": "Obesity", "author": [{"literal": "Fliess"}, {"literal": "Isakov"}, {"literal": "Naomi"}, {"literal": "Zelber"}], "Sagi Shira"}, {"literal": "Webb Muriel"}, {"literal": "Halpern Zamir"}, {"literal": "Shibolet Oren"}, {"literal": "Kariv Revital"}], "issued": {"date-parts": [{"2017", "10", "31"}]}, {"id": "713", "uris": [{"http://zotero.org/users/2724931/items/LV3SB6ZM"}], "uri": [{"http://zotero.org/users/2724931/items/LV3SB6ZM"}], "itemData": {"id": "713", "type": "article-journal", "title": "Correlations between Obesity/ Metabolic Syndrome-Related Factors and Risk of Developing Colorectal Tumors", "page": "6", "source": "Zotero", "language": "en", "author": [{"family": "Harima", "given": "Satoko"}, {"family": "Hashimoto", "given": "Shinichi"}, {"family": "Shibata", "given": "Hiroaki"}, {"family": "Matsunaga", "given": "Takaharu"}, {"family": "Tanabe", "given": "Ryo"}, {"family": "Terai", "given": "Shuji"}, {"family": "Sakaïda", "given": "Isao"}], "issued": {"date-parts": [{"2013}]}, {"id": "701", "uris": [{"http://zotero.org/users/2724931/items/XUEP2NAY"}], "uri": [{"http://zotero.org/users/2724931/items/XUEP2NAY"}], "itemData": {"id": "701", "type": "article-journal", "title": "Obesity, Metabolic Factors, and Colorectal Adenomas: a Retrospective Study in a Racially Diverse New York State Hospital", "container-title": "Journal of Gastrointestinal Cancer", "page": "270-276", "volume": "44", "issue": "3", "abstract": "We studied a racially diverse population and the relationship with colorectal adenomas (CA) further looking for risks related to BMI and metabolic factors.,"DOI": "10.1007/s12029-013-9476-8", "ISSN": "1941-6636", "journalAbbreviation": "Journal of Gastrointestinal Cancer", "author": [{"family": "Lipka", "given": "Seth"}, {"family": "Zheng", "given": "Xi Emily"}, {"family": "Hurtado-Cordovi", "given": "Jorge"}, {"family": "Singh", "given": "Jaspreet"}, {"family": "Levine", "given": "Evan"}, {"family": "Vlacancich", "given": "Raymond"}, {"family": "Krishnamachari", "given": "Bhuma"}, {"family": "Jung", "given": "Min-Kyung"}, {"family": "Fu", "given": "Shuang"}, {"family": "Takeshige", "given": "Umeko"}, {"family": "Avezbakiev", "given": "Boris"}, {"family": "Li", "given": "Ting"}, {"family": "Iqbal", "given": "Javed"}, {"family": "Rizvon", "given": "Kaleem"}, {"family": "Mustacchia", "given": "Paul"}], "issued": {"date-parts": [{"2013", "9", "1"}]}, {"id": "689", "uris": [{"http://zotero.org/users/2724931/items/WPUBA46Z"}], "uri": [{"http://zotero.org/users/2724931/items/WPUBA46Z"}], "itemData": {"id": "689", "type": "article-journal", "title": "Obesity Increases Prevalence of Colonic Adenomas at Screening Colonoscopy: A Canadian Community-Based Study", "container-title": "Canadian Journal of Gastroenterology & Hepatology", "page": "8750967", "volume": "2017", "archive": "PMC", "archive_location": "PMC5525097", "abstract": "BACKGROUND AND AIMS: Obesity is a risk factor for colorectal neoplasia. We examined the influence of obesity and metabolic syndrome (MetS) on prevalence of neoplasia at screening colonoscopy. METHODS: We evaluated 2020 subjects undergoing first screening colonoscopy. Body mass index (BMI) was calculated at enrolment. Hyperlipidemia (HL), hypertension (HT), and diabetes mellitus (DM) were identified. Details of colonoscopy, polypectomy, and histology were recorded. Odds for adenomas (A) and advanced adenomas (ADV) in overweight (BMI 25.1–30) and obese (BMI > 30) subjects were assessed by multinomial

regression, adjusted for covariates. Analyses included relationships between HL, HT, DM, age, tobacco usage, and neoplasia. Discriminatory power of HT, HL, DM, and BMI for neoplasia was assessed by binary logistic regression. Odds were calculated for neoplasia in each colonic segment related to BMI. RESULTS: A and ADV were commoner in overweight and obese males, obese females, older subjects, and smokers. HL, HT, and DM were associated with increased odds for neoplasia, significantly for A with hypertension. BMI alone predicted neoplasia as well as HT, HL, DM, or combinations thereof. All segments of the colon were affected. Multiple polyps were particularly prevalent in the obese. CONCLUSIONS: Obesity and MetS are risk factors for colonic neoplasia in a Canadian population.", "DOI": "10.1155/2017/8750967", "ISSN": "2291-2789", "author": [{"family": "Shapero", "given": "Theodore F"}, {"family": "Chen", "given": "Grant I"}, {"family": "Devlin", "given": "Tim"}, {"family": "Gibbs", "given": "Alison"}, {"family": "Murray", "given": "Iain C"}, {"family": "Tran", "given": "Stanley"}, {"family": "Weigensberg", "given": "Corey"}], "issued": {"date-parts": [{"2017}]}, {"id": "255", "uris": [{"http://zotero.org/users/2724931/items/7IV5ACIY"}, {"uri": [{"http://zotero.org/users/2724931/items/7IV5ACIY"}], "itemData": {"id": "255", "type": "article-journal", "title": "The Risk of Colorectal Neoplasia in Patients with Gallbladder Diseases", "container-title": "Journal of Korean Medical Science", "page": "1288-1294", "volume": "30", "issue": "9", "archive": "PMC", "archive_location": "PMC4553676", "abstract": "Cholecystectomy is associated with an increased risk of colorectal cancer, but little is known about the relationship between gallbladder disease and colorectal adenoma. Gallbladder polyps and colorectal neoplasia (CRN) share several risk factors such as obesity, diabetes and metabolic syndrome, which might account for their association. In this study, we investigated whether asymptomatic patients with gallbladder disease are at increased risk of CRN and identified the factors to their association. The study population consisted of 4,626 consecutive, asymptomatic individuals drawn from a prospective health check-up cohort who underwent both ultrasonography and colonoscopy screening. The prevalence of CRNs in patients with gallbladder polyps or gallstones was significantly higher than that in the control group (32.1% vs. 26.8%; P = 0.032, 35.8% vs. 26.9%; P = 0.020). A multivariate regression analysis showed that gallbladder polyps were an independent risk factor for CRN [adjusted odds ratio (OR): 1.29; 95% confidence interval (CI): 1.03-1.62] whereas gallstones were not (adjusted OR: 1.14; 95% CI: 0.79-1.63). The adjusted OR for the risk of CRN was 1.12 for gallbladder polyps < 5 mm (95% CI, 0.85-1.46) and 1.79 for gallbladder polyps ≥ 5 mm (95% CI, 1.15-2.77). The prevalence of CRN increased with increasing polyp size (P trend = 0.022). Our results suggest that colorectal neoplasia is significantly related to gallbladder polyps, especially those ≥ 5 mm. GRAPHICAL ABSTRACT": {"DOI": "10.3346/jkms.2015.30.9.1288", "ISSN": "1011-8934", "author": [{"family": "Hong", "given": "Sung Noh"}, {"family": "Lee", "given": "Tae Yoon"}, {"family": "Yun", "given": "Sung-Cheol"}], "issued": {"date-parts": [{"2015", "9"}]}, {"id": "152", "uris": [{"http://zotero.org/users/2724931/items/2S89J5KW"}], "uri": [{"http://zotero.org/users/2724931/items/2S89J5KW"}], "itemData": {"id": "152", "type": "article-journal", "title": "Risk factors associated with rectal neuroendocrine tumors: a cross-sectional study.", "container-title": "Cancer epidemiology, biomarkers & prevention : a publication of the American Association for Cancer Research, cosponsored by the American Society of Preventive Oncology", "page": "1406-1413", "volume": "23", "issue": "7", "abstract": "BACKGROUND: The incidence of rectal neuroendocrine tumors (NET) has been increasing since the implementation of the screening colonoscopy. However, very little is known about risk factors associated with rectal NETs. We examined the prevalence of and the risk factors for rectal NETs in a Korean population. METHODS: A cross-sectional study was performed on 62,171 Koreans who underwent screening colonoscopy. The clinical characteristics and serum biochemical parameters of subjects with rectal NET were compared with those of subjects without rectal NET using multivariate logistic regression. RESULTS: Of a total of 57,819 participants, 101 [OR, 0.17%; 95% confidence interval (CI), 0.14-0.20] had a rectal NET. Young age (<50 years; OR, 2.09; 95% CI, 1.06-4.15), male gender (OR, 1.92; 95% CI, 1.15-3.20), alcohol drinking [adjusted OR (AOR), 1.56; 95% CI, 1.01-2.42], and a low high-density lipoprotein-cholesterol (HDL-C) level (AOR, 1.85; 95% CI, 1.10-3.11) were independent risk factors for rectal NETs. Cigarette smoking, fatty liver, metabolic syndrome, higher triglyceride level (≥150 mg/dL), and higher homeostasis model assessment of insulin resistance (≥2.5) were not independently associated with rectal NETs, although these factors were more common in individuals with rectal NETs in the univariate analysis. CONCLUSIONS: Young age (<50 years), male gender, alcohol drinking, and a low", "DOI": "10.1158/1055-9965.EPI-14-0132", "ISSN": "1538-7755", "note": "PMID: 24813818", "journalAbbreviation": "Cancer Epidemiol Biomarkers Prev", "language": "eng", "author": [{"family": "Jung", "given": "Yoon Suk"}, {"family": "Yun", "given": "Kyung Eun"}, {"family": "Chang", "given": "Yoosoo"}, {"family": "Ryu", "given": "Seungho"}, {"family": "Park", "given": "Jung Ho"}, {"family": "Kim", "given": "Hong Joo"}, {"family": "Cho", "given": "Yong Kyun"}, {"family": "Sohn", "given": "Chong Il"}, {"family": "Jeon", "given": "Woo Kyu"}, {"family": "Kim", "given": "Byung Ik"}, {"family": "Park", "given": "Dong Il"}], "issued": {"date-parts": [{"2014", "7"}]}, {"schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}] 47, 50 - 54, 57, 60 - 62, 64 - 66] According to the NOS scales, the included cohort studies scored an average of eight stars, the case-control studies were awarded an average of 7.85 stars, while the cross-sectional studies were located an average of 7.6 stars. Synthesis of results Hyperglycemia and colorectal neoplasms To examine the association between FBG and CRA, data from nine studies comprising 11 datasets were pooled . Compared to individuals with normal FBG levels, patients with high FBG values (hyperglycemia) were more susceptible to developing CRA (RR = 1.33; 95% CI 1.14-1.54; I 2 = 92%) (Table 2, Figure 2). There was no evidence of significant publication bias with Begg's test (P = 0.5423), contrarily to Egger's test (P =

0.0232). None of the subgroups modified the risk estimate. The adjusted summary RR on publication bias was decreased by the trim and fill method to 1.28 (95% CI 1.11-1.46).

The Baujat plot indicated that the dataset (Kim 2012 AA / NCEP-ATP III) [

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syndrome.","container-title":"Cancer causes & control : CCC","page":"727-
735","volume":"23","issue":"5","abstract":"PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic
syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to
contribute to this phenomenon, including insulin resistance, oxidative stress, and adipokine production. The objective of this
study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants
visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667
polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic
regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an
increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44,
95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk
adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR =
1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not
associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma
including advanced adenoma and multiplicity.","DOI":"10.1007/s10552-012-9942-9","ISSN":"1573-7225 0957-
5243","note":"PMID: 22450737","journalAbbreviation":"Cancer Causes Control","language":"eng","author":
[{"family":"Kim","given":"Byung Chang"}, {"family":"Shin","given":"Aesun"}, {"family":"Hong","given":"Chang Won"},
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language/schema/raw/master/csl-citation.json"}
46
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] contributed to the overall heterogeneity and the dataset (Hu 2011 CRA / NCEP-ATP III) contributed to the overall result (Figure 3). The risk estimates for the relationship between FBG levels and CRC were consistent with those expressed by the previous analysis concerning CRA. A summary RR of 1.35 (95% CI 1.23-1.47;

I

2

=

59%) was found (Supplementary Figure 1.1), suggesting, therefore, a strong effect of hyperglycemia on both outcomes. There was no evidence of funnel plot asymmetry (

P

=

0.2792 with the Begg

's

test and

P

=

0.2360 with the Egger

's

test). The pooled analysis result was influenced by study type, study location, and gender. Cohort studies showed a higher association with a summary RR of 1.41 (95% CI 1.08-1.84;

I

2

=

81%) than case-control studies (RR

=

1.33; 95% CI 1.25-1.41;

I

2

=

0%). Similarly, the association between hyperglycemia and CRC observed within Asian populations was stronger (RR

=

1.42; 95% CI 1.21-1.67;

I

2

=

78%) compared to Europeans (RR

=

1.30; 95% CI 1.20-1.41;

I

2

=

0%). When stratified by gender, a stronger association between high FBG and CRC risk was noticed for women (RR

=

1.63; 95% CI 1.18-2.26;

I

2

=

86%) than men (RR

=

1.34; 95% CI 1.24-1.45;

I

2

=

30%) (Supplementary Table 3). The trim and fill method reduced the summary RR to 1.29 (95% CI 1.17-1.43). Sensitivity

analysis and the Baujat plot showed that the dataset (Lin 2014 CRC / NCEP-ATP III (W)) [

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disease: a large study","container-title":"Molecular Biology Reports","page":"2989-
2997","volume":"41","issue":"5","abstract":"Nonalcoholic fatty liver disease (NAFLD) has been suggested to be a strong risk
factor of colorectal benign adenomas and advanced neoplasms. The aim of this large cohort study was to further investigate the
prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and determine whether association between
NAFLD and CRMN exists. 2,315 community subjects (1,370 males and 945 females) who underwent a routine colonoscopy
according to international colorectal cancer screening guideline were recruited. Nature of colorectal lesions determined by biopsy
and NAFLD was diagnosed by ultrasound. Binary logistic regression analysis was applied to explore the related associations.
Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in
the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at sigmoid colon than
in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was
significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with
CRMN (OR 2.043; 95 % CI 1.512–2.761; P < 0.05). After adjusting for metabolic and other confounding factors, NAFLD
remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360–2.567; P < 0.05). NAFLD was an independent risk
factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in
NAFLD. (ClinicalTrials.gov number, NCT01657773, website: http://clinicaltrials.gov/ct2/show/NCT01657773?
term=zheng+minghua&rank=1 ),","DOI":"10.1007/s11033-014-3157-y","ISSN":"1573-4978","journalAbbreviation":"Molecular
Biology Reports","author":{"family":"Lin","given":"Xian-Feng"}, {"family":"Shi","given":"Ke-Qing"},
{"family":"You","given":"Jie"}, {"family":"Liu","given":"Wen-Yue"}, {"family":"Luo","given":"Ying-Wan"},
{"family":"Wu","given":"Fa-Ling"}, {"family":"Chen","given":"Yong-Ping"}, {"family":"Wong","given":"Danny Ka-Ho"},
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44

```

] contributed to the overall heterogeneity (RR

```

=
1.30; 95% CI 1.22-1.38;
I
2
=

```

18%), and it was considered as an influential study (Supplementary Figure 1.2, Supplementary Table 1.3).

Hypertension and colorectal neoplasms

Using a random-effects meta-analysis model, due to evidence of heterogeneity, in 17 studies with 23 datasets involving 38,510 participants, high BP was associated with an increase in CRA incidence (RR

```

=
1.26; 95% CI 1.17-1.36;
I
2
=

```

82%) (Supplementary Figure 2.1).

There was no evidence of significant publication bias with Begg's test (P = 0.1715), contrarily to Egger's test (P = 0.0213). Subgroup analyses revealed that study type and MetS definitions slightly modified the risk estimates (Supplementary Table 2.1). The conventional definition showed a stronger significant positive association (RR

```

=
1.31; 95% CI 1.18-1.46;
I
2
=

```

88%) compared with studies using unconventional definitions (RR

```

=
1.20; 95% CI 1.06-1.35;
I
2
=

```

68%). The adjusted effect size to publication bias decreased with the trim and fill method (RR

```

=
1.17; 95% CI 1.08-1.26). One study [

```

```

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after negative baseline colonoscopy.,"container-title":"Colorectal disease : the official journal of the Association of
Coloproctology of Great Britain and Ireland","page":"830-835","volume":"15","issue":"7","abstract":"AIM: The study aimed to
determine whether nonalcoholic fatty liver disease (NAFLD) is an independent risk factor of adenoma after negative baseline
colonoscopy. METHOD: A retrospective cohort study was conducted on 1522 health-check individuals who underwent two
consecutive colonoscopies at Taipei Veterans General Hospital between 2003 and 2010. Those developing an adenoma after an
initial negative baseline colonoscopy (adenoma group) were compared with those in whom the second colonoscopy was negative
(nonadenoma group). Anthropometric measurements, biochemical tests and the presence of NAFLD were compared between the
two groups. RESULTS: The adenoma group had a higher prevalence of NAFLD than the nonadenoma group (55.6% vs 38.8%; P

```

< 0.05). On multivariate logistic regression analysis, NAFLD was an independent risk factor (OR = 1.45, 95% CI: 1.07-1.98) for adenoma formation after a negative baseline colonoscopy. The risk of colorectal adenoma increased when NAFLD patients had other morbidities including metabolic syndrome, hypertension or smoking (OR = 2.85, 4.03 and 4.17). CONCLUSION: NAFLD is an independent risk factor for colorectal adenoma formation after a negative baseline colonoscopy. The risk is higher in individuals with NAFLD and other comorbidities, such as hypertension, smoking or metabolic syndrome." "DOI": "10.1111/codi.12172", "ISSN": "1463-1318 1462-8910", "note": "PMID: 23398678", "journalAbbreviation": "Colorectal Dis", "language": "eng", "author": [{"family": "Huang", "given": "K.-W."}, {"family": "Leu", "given": "H.-B."}, {"family": "Wang", "given": "Y.-J."}, {"family": "Luo", "given": "J.-C."}, {"family": "Lin", "given": "H.-C."}, {"family": "Lee", "given": "F.-Y."}, {"family": "Chan", "given": "W.-L."}, {"family": "Lin", "given": "J.-K."}, {"family": "Chang", "given": "F.-Y."}], "issued": {"date-parts": [{"2013", 7}]}, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}
45

] contributed

to

overall heterogeneity and was considered potentially influential (Supplementary Figure 2.2).

Comparing individuals with and without hypertension, the summary of RR of 13 studies with 24 datasets including 615,867 participants of which 12,570 cases of a confirmed diagnosis of CRC showed an increased risk of developing this malignancy by 28% (RR

=

1.28; 95% CI 1.20-1.37;

I

2

=

66%) (Supplementary Figure 2.3). There was no evidence of funnel plot asymmetry in Begg

's

test (

P

=

0.6062) or in Egger

's

test (

P

=

0.5381).

This analysis was subdivided according to study type, study location, MetS definition, gender, and cancer site. All the strata considerably changed the risk estimate (Supplementary Table 2.1). A stronger relationship between CRC risk and high BP was found in cohort studies (RR

=

1.37; 95% CI 1.31-1.43;

I

2

=

41%) than non-cohort studies (RR=1.23; 95% CI 1.12-1.35;

I

2

=

68%). A similar pattern was noticed for studies conducted in Asian populations (RR

=

1.43; 95% CI 1.32-1.56;

I

2

=

60%) compared with (RR

=

1.18; 95% CI 1.11-1.24;

I

2

=

36%) for studies carried out in European countries. This association was more significant for colon cancer (RR

=

1.29; 95% CI 1.14-1.45;

I

2

=

76%) than rectal cancer (RR

=

1.23; 95% CI 1.04-1.45;

I

2

=

71%) and among men (RR

=

1.22; 95% CI 1.08-1.38;

I

2

=

59%) while a modest relationship was observed among women (RR

=

1.12; 95% CI 1.02-1.22;

I

2

=

12%). No study met the criteria as an influential study, however, the Baujat plot revealed that the dataset (Jeon 2014 RC / Other) [ADDIN ZOTERO_ITEM CSL_CITATION {"citationID":"nFpRU2vD","properties":{"formattedCitation":"\super 54 \nosupersub{}","plainCitation":"54","noteIndex":0},"citationItems":{"id":125,"uris":["http://zotero.org/users/2724931/items/ENWMID8V"],"uri":["http://zotero.org/users/2724931/items/ENWMID8V"],"itemData":{"id":125,"type":"article-journal","title":"Interplay between 3

-UTR polymorphisms in the vascular endothelial growth factor (VEGF) gene and metabolic syndrome in determining the risk of colorectal cancer in Koreans", "container-title": "BMC Cancer", "page": "881", "volume": "14", "archive": "PMC", "archive_location": "PMC4289193", "abstract": "BACKGROUND: Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in cancer development. Moreover, recent studies have reported associations between a number of 3

-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3

-UTR polymorphisms (1451C

>

T [rs3025040], 1612G

>

A [rs10434], and 1725G

>

A [rs3025053] and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C

>

T was significantly associated with rectal cancer risk (Dominant model; AOR = 1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas VEGF 1725G

>

A correlated with MetS risk (Dominant model; AOR = 1.61; 95% CI = 1.06 - 2.46; p = 0.026). Of the gene-environment combined effects, the interaction of VEGF 1451C

>

T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <

.001) whereas the combination of VEGF 1725G

>

A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p = 0.008). CONCLUSIONS: Our results implicate that VEGF 1451C

>

T and 1725G

>

A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users. "DOI": "10.1186/1471-2407-14-881", "ISSN": "1471-2407", "author": [{"family": "Jeon", "given": "Young Joo"}, {"family": "Kim", "given": "Jong Woo"}, {"family": "Park", "given": "Hye Mi"}, {"family": "Jang", "given": "Hyo Geun"}, {"family": "Kim", "given": "Jung O"}, {"family": "Oh", "given": "Jisu"}, {"family": "Chong", "given": "So Young"}, {"family": "Kwon", "given": "Sung Won"}, {"family": "Kim", "given": "Eo Jin"}, {"family": "Oh", "given": "Doyeun"}, {"family": "Kim", "given": "Nam Keun"}], "issued": {"date-parts": [{"2014"}]}}, {"schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"} 54

] contributed to overall heterogeneity and result (Supplementary Figure 2.4).

Table

SEQ Table * ARABIC

1

:

Characteristics of included studies

Cohort studies

Cohort/study center

Alpha-Tocopherol, Beta-Carotene Cancer Prevention Study

Taipei Veterans General Hospital

The Women's Health Initiative (WHI)

The National Cancer Center

The Women's Health Initiative (WHI)

The First Affiliated Hospital of Wenzhou Medical University

The Scarborough Hospital, General and Birchmount Sites, The North Toronto Endoscopy Clinic, and The Intestinal Health Institute, Markham, Ontario
 The National Health Insurance Service–National Sample Cohort
 Case-control studies
 Cohort/study center
 The European Prospective Investigation into Cancer and Nutrition Study (23 centers from 10 European countries)
 The Department of Gastroenterology and Hepatology at the Tel Aviv Medical Center
 Department of Gastroenterology and Hepatology, Yamaguchi University Graduate School of Medicine
 CHA Bundang Medical Center Seongnam
 Seoul National University Hospital Healthcare System Gangnam Center
 Saint Savvas Cancer hospital and Alexandra General hospital in Athens
 Quality score
 7
 9
 7
 7
 8
 8
 9
 9
 Quality score
 7
 7
 7
 8
 8
 9
 MetS definition
 Other
 NCEP-ATP III
 NCEP-ATP III
 NCEP-ATP III
 NCEP-ATP III
 NCEP-ATP III
 Other
 Other
 MetS definition
 IDF
 Harmonized
 NCEP-ATP III
 Other
 Other
 Other
 NCEP-ATP III
 NCEP-ATP III
 №
 events /
 №
 total
 227 CC / 28573
 183 RC / 28573
 216 / 1522
 81 CRC / 4821
 65 CC / 4821
 1771 CRA / 6438
 1292 CC / 6438
 146 RC / 6438
 114 CRC / 5068
 88 CC / 5068
 1500 CRA / 2315
 446 CRC / 2315
 383 CRA / 1534
 99 AA / 1534
 5108 / 408931
 Cases / controls
 689 CC / 689
 404 RC / 404
 347 / 407
 460 / 377
 264 CC / 400
 186 RC / 400
 1122 / 1122
 250 / 250
 Lesion type
 CC, RC
 CRA
 CRC
 CRA, AA
 CRA, CRC
 CRC, CC
 CRA, CC, RC
 CRC, CC

Lesion type

CC, RC

CRA

CRA

CC, RC

CRA

CRC

Follow up

1985 - 1988

01/01/2003-

31/12/2010

1993 - 1998

04/2007- 04/2009

1993 - 1998

10/2007 -12/2011

2009 - 2014

2003 - 2008

Follow up

1999 - 2003

2010 - 2015

04/2009 - 03/2012

06/2004 -01/2009

01/2006 -12/2007

12/2009 -12/2010

Country

Finland

Taiwan

The USA

Korea

The USA

China

Canada

Korea

Country

European countries

Israel

Japan

Korea

South Korea

Greece

Author, year [ref]

Bowers

et al.

2006 [

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Prospective Study of Anthropometric and Clinical Measurements Associated with Insulin Resistance Syndrome

and Colorectal Cancer in Male Smokers","container-title":"American Journal of Epidemiology","page":"652-

664","volume":"164","issue":"7","abstract":"Type 2 diabetes mellitus shares risk factors for and has shown a

positive association with colorectal cancer. Anthropometric measures (height, weight, and body mass index

(weight (kg)/height (m)²) and metabolic abnormalities associated with insulin resistance syndrome (IRS)

(abnormalities in measured blood pressure, high density lipoprotein (HDL) cholesterol, and total cholesterol) were

prospectively evaluated for associations with incident colon (n = 227), rectal (n = 183), and colorectal (n = 410)

cancers diagnosed between 1985 and 2002 in 28,983 Finnish male smokers from the Alpha-Tocopherol, Beta-

Carotene Cancer Prevention Study. Cox proportional hazards models were used to calculate hazard ratios and 95%

confidence intervals. In comparison with the lowest quintile, the highest quintile of body mass index was

significantly associated with colorectal cancer (hazard ratio (HR) = 1.70, 95% confidence interval (CI): 1.01, 2.85;

p-trend = 0.01), particularly colon cancer. Subjects with a cluster of three IRS-related conditions (hypertension,

body mass index ≥ 25 kg/m², and HDL cholesterol level <40 mg/dl (<1.55 mmol/liter)), compared with those with

fewer conditions, had a significantly increased risk of colorectal cancer (HR = 1.40, 95% CI: 1.12, 1.74),

particularly colon cancer (HR = 1.58, 95% CI: 1.18, 2.10), but not rectal cancer. These results support the

hypothesis that the significant association observed between IRS-defining metabolic abnormalities and colorectal

cancer is determined primarily by adiposity.", "DOI":"10.1093/aje/kwj253", "ISSN":"0002-

9262","journalAbbreviation":"American Journal of Epidemiology","author":

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R."}, {"family":"Virtamo","given":"Jarmo"}, {"family":"Stolzenberg-Solomon","given":"Rachael"}], "issued":

{"date-parts":[{"2006",10,1}]}}}, {"schema":"https://github.com/citation-style-language/schema/raw/master/csl-

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47

]

Huang

et al.

2013 [

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journal","title":"Patients with nonalcoholic fatty liver disease have higher risk of colorectal adenoma after negative

baseline colonoscopy.", "container-title":"Colorectal disease : the official journal of the Association of

Coloproctology of Great Britain and Ireland", "page": "830-835", "volume": "15", "issue": "7", "abstract": "AIM: The study aimed to determine whether nonalcoholic fatty liver disease (NAFLD) is an independent risk factor of adenoma after negative baseline colonoscopy. METHOD: A retrospective cohort study was conducted on 1522 health-check individuals who underwent two consecutive colonoscopies at Taipei Veterans General Hospital between 2003 and 2010. Those developing an adenoma after an initial negative baseline colonoscopy (adenoma group) were compared with those in whom the second colonoscopy was negative (nonadenoma group). Anthropometric measurements, biochemical tests and the presence of NAFLD were compared between the two groups. RESULTS: The adenoma group had a higher prevalence of NAFLD than the nonadenoma group (55.6% vs 38.8%; $P < 0.05$). On multivariate logistic regression analysis, NAFLD was an independent risk factor (OR = 1.45, 95% CI: 1.07-1.98) for adenoma formation after a negative baseline colonoscopy. The risk of colorectal adenoma increased when NAFLD patients had other morbidities including metabolic syndrome, hypertension or smoking (OR = 2.85, 4.03 and 4.17). CONCLUSION: NAFLD is an independent risk factor for colorectal adenoma formation after a negative baseline colonoscopy. The risk is higher in individuals with NAFLD and other comorbidities, such as hypertension, smoking or metabolic syndrome.", "DOI": "10.1111/codi.12172", "ISSN": "1463-1318 1462-8910", "note": "PMID: 23398678", "journalAbbreviation": "Colorectal Dis", "language": "eng", "author": [{"family": "Huang", "given": "K.-W."}, {"family": "Leu", "given": "H.-B."}, {"family": "Wang", "given": "Y.-J."}, {"family": "Luo", "given": "J.-C."}, {"family": "Lin", "given": "H.-C."}, {"family": "Lee", "given": "F.-Y."}, {"family": "Chan", "given": "W.-L."}, {"family": "Lin", "given": "J.-K."}, {"family": "Chang", "given": "F.-Y."}], "issued": {"date-parts": [{"2013, 7}]}}, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"} 45

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161", "volume":"26", "issue":"2", "archive":"PMC", "archive_location":"PMC5301805", "abstract":"BACKGROUND
The prevalence of metabolically unhealthy phenotype in normal-weight adults is 30%, and few studies have
explored the association between metabolic phenotype and colorectal cancer incidence in normal-weight
individuals. Our aim was to compare the risk of colorectal cancer in normal-weight postmenopausal women who
were characterized by either the metabolically healthy phenotype or the metabolically unhealthy phenotype.
METHODS: A large prospective cohort, the Women's Health Initiative (WHI), was used. The analytical sample
included 5,068 postmenopausal women with BMI 18.5-25 kg/m(2). Metabolic phenotype was defined using the
Adult Treatment Panel-III (ATP-III) definition, excluding waist circumference; therefore, women with one or
none of the four components (elevated triglycerides, low HDL-C, elevated blood pressure, and elevated fasting
glucose) were classified as metabolically healthy. Multivariable Cox proportional hazards regression was used to
estimate adjusted hazard ratios for the association between metabolic phenotype and risk of colorectal cancer.
RESULTS: Among normal-weight women, those who were metabolically unhealthy had higher risks of colorectal
cancer (HR: 1.49, 95% CI: 1.02-2.18) compared to those who were metabolically healthy. CONCLUSIONS: A
metabolically unhealthy phenotype was associated with higher risk of colorectal cancer among normal-weight
women. IMPACT: Normal-weight women should still be evaluated for metabolic health and appropriate steps
taken to reduce their risk of colorectal cancer.", "DOI":"10.1158/1055-9965.EPI-16-0761", "ISSN":"1055-
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strong risk factor of colorectal benign adenomas and advanced neoplasms. The aim of this large cohort study was
to further investigate the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and
determine whether association between NAFLD and CRMN exists. 2,315 community subjects (1,370 males and
945 females) who underwent a routine colonoscopy according to international colorectal cancer screening
guideline were recruited. Nature of colorectal lesions determined by biopsy and NAFLD was diagnosed by
ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of
CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in
the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at
sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal
adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate
analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512-2.761; P < 0.05).
After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for
CRMN (OR 1.868; 95 % CI 1.360-2.567; P < 0.05). NAFLD was an independent risk factor for CRMN. Sigmoid
carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD.
(ClinicalTrials.gov number, NCT01657773, website: http://clinicaltrials.gov/ct2/show/NCT01657773?
term=zheng+minghua&rank=1 ).", "DOI":"10.1007/s11033-014-3157-y", "ISSN":"1573-
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underweight (<18.5

kg/m²) reduced the risk for colorectal cancer among women (adjusted HR = 0.646 (95% CI, 0.484–0.863)), whereas high BMI significantly increased the risk in men and in the elderly. Obesity (≥25 kg/m²), diabetes mellitus, and hypertension were identified as risk factors for colorectal cancer in men but not for women. Although metabolically unhealthy nonobese men had a higher risk for colorectal cancer than metabolically healthy nonobese men (adjusted HR = 1.114 (95% CI, 1.004–1.236)), the risk was lower than that in the obese men. LIMITATIONS: The study population consisted of people who underwent health examinations, thus there could be selection bias. CONCLUSIONS: In Korean adults, obesity contributes to the incidence of colorectal cancer with a sex difference. Nonobese but metabolically unhealthy men are considered to be a high-risk group for colorectal cancer, but obesity itself is more important in colorectal carcinogenesis. See Video Abstract at <http://links.lww.com/DCR/A475>. URL: https://journals.lww.com/dcrjournal/Fulltext/2017/11000/Association_3706, "author":[{"family":"Shin","given":"Cheol Min"}, {"family":"Han","given":"Kyungdo"}, {"family":"Lee","given":"Dong Ho"}, {"family":"Choi","given":"Yoon Jin"}, {"family":"Kim","given":"Nayoung"}, {"family":"Park","given":"Young Soo"}, {"family":"Yoon","given":"Hyuk"}],"issued":{"date-parts":[["2017"]]}}, {"schema":"https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}]

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extent the MetS components individually account for such an association. We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16–1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57–2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45–2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47–2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02–2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test $P = 0.10$ for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. *Cancer Prev Res*; 4(11); 1873–83. ©2011 AACR. "DOI": "10.1158/1940-6207.CAPR-11-0218", "journalAbbreviation": "Cancer Prev Res (Phila)", "author":

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Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in
cancer development. Moreover, recent studies have reported associations between a number of 3
,
-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three
VEGF 3
,
-UTR polymorphisms (1451C
>
T [rs3025040], 1612G
>
A [rs10434], and 1725G
>
A [rs3025053] and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850
participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF
polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and
gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs)
of multivariate logistic regression analyses. RESULTS: VEGF 1451C
>
T was significantly associated with rectal cancer risk (Dominant model; AOR =1.58; 95% CI = 1.09 - 2.28; p =
0.015) whereas VEGF 1725G
>
A correlated with MetS risk (Dominant model; AOR =1.61; 95% CI =1.06 - 2.46; p = 0.026). Of the gene-
environment combined effects, the interaction of VEGF 1451C
>
T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <
.001) whereas the combination of VEGF 1725G
>
A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p=0.008).
CONCLUSIONS: Our results implicate that VEGF 1451C
>
T and 1725G
>
A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS.
ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-
881) contains supplementary material, which is available to authorized users.,"DOI":"10.1186/1471-2407-14-
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Kang
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187","volume":"105","issue":"1","source":"www.nature.com","abstract":"OBJECTIVES: Colorectal adenoma is
known to be associated with obesity, but the association between colorectal adenoma and visceral adipose tissue
(VAT) area measured by abdominal computed tomography (CT) has not been documented clearly. In addition, the
relationship between insulin resistance and colorectal adenomas, which underlies the mechanism that links obesity
and colorectal adenoma, has not been studied extensively. The aim of this study was to examine VAT area and
insulin resistance as risk factors of colorectal adenoma.\nMETHODS: A cross-sectional, case–control study was
conducted in Koreans that presented for health check-ups. Subjects underwent various laboratory tests, abdominal
CT, and colonoscopy. VAT, subcutaneous adipose tissue (SAT), and homeostatic metabolic assessment (HOMA)
index were evaluated as potential risk factors of colorectal adenoma in 2,244 age- and sex-matched
subjects.\nRESULTS: According to univariate analysis, the prevalences of smoking, hypertension, metabolic
syndrome, and family history of colorectal cancer were higher in the adenoma group than in the normal control
group. In addition, body mass index, waist circumference, triglyceride, high-density lipoprotein cholesterol, and
VAT and SAT areas were significantly different in the two groups. According to the multivariate analysis adjusted
for multiple confounders, VAT area was independently associated with the risk of colorectal adenoma (odds ratio
(OR)=3.09, 95% confidence interval (CI): 2.19–4.36, highest quintile vs. lowest quintile). Mean HOMA index
was higher in the adenoma group than in the control group (OR=1.99, 95% CI: 1.35–2.92, highest vs. lowest
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of Mediterranean diet on colorectal cancer, in the presence of the metabolic syndrome, was evaluated in 250
patients with first developed cancer (63 +/- 12 years, 59% males) and 250 age-gender-matched controls.
Adherence to the Mediterranean diet was evaluated with the modified-MedDietScore (theoretical range 0-75),
while assessment of the metabolic syndrome (MetS) was based on the third Adult Treatment Panel ([ATP III]
National Cholesterol Education Program) criteria. Presence of MetS (1.66, 95% confidence interval [CI] 1.02,
2.69), age (4.25, 95% CI 2.33, 7.77), smoking (1.85, 95% CI 1.27, 2.70), and family history of colorectal cancer
(3.37, 95% CI 1.69, 6.75) had a detrimental effect, whereas adherence to the Mediterranean diet (0.88, 95% CI
0.84, 0.92) and body mass index (0.93, 95%CI 0.89, 0.98) had a protective role regarding colorectal cancer.
Mediterranean diet had the same effect in relation to colorectal cancer, in both participants with (0.84, 95% CI
0.76, 0.93) and without MetS (0.89, 95% CI 0.85, 0.94).","DOI":"10.1177/0003197114211164","ISSN":"1940-
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Outpatient gastroenterology clinic
Two Self Defense Forces (SDF) hospitals
Six Italian areas and in Canton Vaud, Switzerland
Center for Health Promotion of the Samsung Medical Center in Seoul
The Department of Gastroenterological Su
rgery, Peking University People'
s Hospital
The Northern Sweden Health and Disease Cohort
CLUE II cohort
Cross-sectional studies
Cohort/study center

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Healthcare Center of Konkuk University Medical Center in Seoul
 Healthcare Center of Konkuk University Medical Center in Seoul
 Shin Kong Wu Ho-Su Memorial Hospital
 The Kangbuk Samsung Hospital, College of Medicine at Sungkyunkwan University
 Total Healthcare Center of Kangbuk Samsung Hospital
 The Center for Health Promotion, Samsung Medical Center in Seoul
 The Dongguk University Ilsan Hospital Medical Screening Center, Seoul
 The Health Promotion Center of Asan Medical Center Seoul
 Tohoku Central Hospital for Public School Teachers, Yamagata
 Seoul National University Hospital Healthcare System Gangnam Center
 AA
 advanced adenoma,
 CC
 colon cancer,
 CRA
 colorectal adenoma,
 CRC
 colorectal cancer,
 IDF
 International Diabetes Foundation,
 MetS
 metabolic syndrome,
 NCEP-ATP III
 National Cholesterol Education Program-Adult Treatment Panel III,
 RC
 rectal cancer,
 RNETs
 rectal neuroendocrine tumors.
 8
 8
 8
 8
 9
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 8
 Quality score
 8
 7
 8
 8
 8
 8
 8
 7
 7
 7
 Other
 IDF
 IDF
 Other
 Other
 Other
 Other
 MetS definition
 NCEP-ATP III
 Other
 NCEP-ATP III
 NCEP-ATP III
 Other
 NCEP-ATP III
 NCEP-ATP III
 IDF
 Harmonized
 NCEP-ATP III
 167 / 612
 756 / 1751
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 878 RC / 4661
 102 / 52583
 507 / 507
 306 / 595
 132 / 392
 №
 events /
 №
 total
 339 / 1761
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 397 / 3106
 556 / 2917
 101 / 57819
 731 / 2531

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 151 W / 658
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Metabolic Syndrome is Associated with Increased Risk of Colorectal Adenoma Development: The Self-Defense
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a cluster of metabolic abnormalities linked to insulin resistance, has attracted much interest as a risk factor for
cardiovascular disease and type 2 diabetes. Hyperinsulinemia is also a postulated biological risk factor for
colorectal carcinogenesis. We therefore here examined the relation between the metabolic syndrome and
colorectal adenoma development. The study subjects were 756 cases of colorectal adenoma and 1751 controls
with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self
Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal
obesity in combination with any two of the following conditions: elevated triglycerides ( $\geq 150$  mg/dL); lowered
HDL cholesterol ( $< 40$  mg/dL); elevated blood pressure (systolic blood pressure  $\geq 130$  mmHg and/or diastolic
blood pressure  $\geq 85$  mmHg); and raised fasting glucose ( $\geq 110$  mg/dL). Abdominal obesity was defined as a waist
circumference of 85cm or more(Japanese criterion) or  $\geq 90$ cm (Asian criterion). Statistical adjustment was made
for age, hospital, and rank in the SDF. The metabolic syndrome was found to be associated with a moderately
increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds
ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI
1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and
was almost exclusively observed for large lesions ( $\geq 5$ mm in diameter). Thus the metabolic syndrome appears to
be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and
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the relation between metabolic syndrome (MetS) and its components and colorectal cancer.\nMethods\nWe
analysed data from a multicentre case-control study conducted in Italy and Switzerland, including 1378 cases of
colon cancer, 878 cases of rectal cancer and 4661 controls. All cases were incident and histologically confirmed.
Controls were subjects admitted to the same hospitals as cases with acute non-malignant conditions. MetS was
defined according to the International Diabetes Federation criteria. Odds ratios (ORs) and the corresponding 95%
confidence intervals (CIs) were estimated by multiple logistic regression models, including terms for major
identified confounding factors for colorectal cancer.\nResults\nWith reference to each component of the MetS, the
ORs of colorectal cancer in men were 1.27 (95% CI, 0.95-1.69) for diabetes, 1.24 (95% CI, 1.03-1.48) for
hypertension, 1.14 (95% CI, 0.93-1.40) for hypercholesterolaemia and 1.26 (95% CI, 1.08-1.48) for overweight at
age 30. The corresponding ORs in women were 1.20 (95% CI, 0.82-1.75), 0.87 (95% CI, 0.71-1.06), 0.83 (95%
CI, 0.66-1.03) and 1.06 (95% CI, 0.86-1.30). Colorectal cancer risk was increased in men (OR = 1.86; 95% CI,
1.21-2.86), but not in women (OR = 1.13; 95% CI, 0.66-1.93), with MetS. The ORs were 2.09 (95% CI, 1.38
-3.18) in men and 1.15 (95% CI, 0.68-1.94) in women with
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3 components of the MetS, as compared to no component. Results were similar for colon and rectal
cancers.\nConclusion\nThis study supports a direct association between MetS and both colon and rectal cancers in
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Asia. The risk factors associated with rectal NETs are unclear because of the overall low incidence rate of these
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study was to exploit the benefits of big data analytics to assess the risk factors associated with rectal
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336","volume":"80","issue":"5","abstract":"Background: Although metabolic syndrome (MS) has received a lot
of attention in recent years, the correlation between MS and colorectal carcinoma is still not very clear. This study
aims at exploring the relationship between MS and colorectal carcinoma. Methods: Data was collected from 507
cases of colorectal carcinoma and 507 cases of healthy patients between January 2002 and March 2007 to
establish the database. The patients with colorectal cancer were divided into two groups based on the presence of
MS. Multivariate analysis of these data for the overall survival and recurrence was performed with the Cox
proportional hazard model. Variables examined by multivariate analysis were sex , age, location, histotype,
differentiation, tumour, node, metastasis (TNM) stage, the number of lymph nodes detected, etc. Results: The
existence of MS in the colorectal carcinoma group was clearly more than that in the control group. The existence
of two to four types of abnormal metabolic diseases was significantly more in the colorectal cancer group than in
the control group. MS is one of the important elements that can independently influence the survival (odds ratio
(OR) = 1.501, 95% confidence interval (CI) = 1.057–2.131) and have the highest risk with worse survival
compared with other parameters. Conclusion: There is a close relationship between MS and colorectal
carcinoma, and MS is a significantly independent element that influences the survival of the colorectal carcinoma.
Decreasing the incidence of MS maybe play a role in improving therapeutic efficacy and prognosis of the
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Stocks
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Tsilidis
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several studies; however, the evidence for colorectal adenomas is limited. Thus, we evaluated the association
between markers of the metabolic syndrome with colorectal adenoma development in a nested case-control
study.\n\nMethods\nColorectal adenoma cases (n= 132) and matched controls who had had a negative
sigmoidoscopy or a colonoscopy (n=260) were identified between baseline in 1989 and 2000 among participants
in the CLUE II cohort of Washington County, Maryland. Concentrations of C-peptide, insulin-like growth factor
binding protein-1, glycosylated hemoglobin, total cholesterol, high density lipoprotein-cholesterol, and
triglycerides were measured in baseline blood specimens. Body mass index was calculated using baseline height
and weight. Use of medications to treat diabetes mellitus was self-reported at baseline. Blood pressure was
measured at baseline. Distributional cutpoints of the latter markers were used to define the metabolic syndrome
components (hyperinsulinemia, hyperglycemia, obesity, dyslipidemia, and hypertension) present at
baseline.\n\nResults\nNo statistically significant associations with adenomas were observed for the markers of the
metabolic syndrome, with the exception of a strong positive association for use of diabetes medications (OR, 8.00;
95% CI, 1.70 – 37.67), albeit based on small numbers.\n\nConclusion\nOur findings do not support that
components of the metabolic syndrome influence risk of colorectal adenomas, except possibly for severe diabetes
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 Obesity as a risk factor for colorectal neoplasm (CRN) is controversial. In the present study, we evaluated visceral
 obesity as a risk factor for CRN. Methods: We prospectively enrolled 200 consecutive, asymptomatic adults
 (male : female = 133:67, mean age, 50.9 ± 8.5 years) undergoing both colonoscopy and abdominopelvic
 computed tomography (CT) scan for routine health evaluations. The presence or absence and the characteristics of
 CRN were determined during colonoscopy. The amount of visceral adipose tissue (VAT) and subcutaneous
 adipose tissue was measured by an abdominopelvic CT scan. Body mass index, waist circumference, and
 percentage of body fat were measured. Blood pressure and other blood markers for assessing the metabolic
 syndrome were also investigated. Results: Of the 200 patients, 53 (26.5%) had CRN. Old age, smoking,
 metabolic syndrome, and a high fasting plasma glucose level were associated with an increased risk of CRN. VAT
 (P < 0.01) and waist circumference (P = 0.01) were significantly higher in those with CRN. A multivariate
 analysis of the risks of CRN showed an odds ratio of 4.07 (95% confidence interval: 1.01–16.43, P = 0.03) for
 those with VAT over 136.61 cm² relative to those with VAT under 67.23 cm². Waist circumference, metabolic
 syndrome, and fasting plasma glucose levels were not independent risk factors for CRN in the multivariate
 analysis. Conclusion: Increased VAT is an independent risk factor for CRN. Further large scale studies are
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 metabolic syndrome, in terms of insulin resistance, and colorectal cancer. However, the association of insulin
 resistance with colorectal adenoma has not been investigated in detail. To elucidate the association of metabolic
 syndrome components and insulin resistance with adenoma, we investigated homeostasis model assessment
 insulin resistance (HOMA-IR) in individuals with adenoma. A cross-sectional study was conducted involving

individuals who underwent scheduled health examinations using total colonoscopy. Restricting the subjects to males, 261 with adenoma and 702 without adenoma were investigated. HOMA-IR was categorized into three groups: normal (< 1.6), intermediate ($\geq 1.6 - < 2.5$), and insulin resistance ($2.5 \leq$). Metabolic syndrome was defined by a combination of any three of the following components: central obesity (waist circumference ≥ 90 cm); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure 85 mmHg); elevated fasting plasma glucose (≥ 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and elevated triglyceride (≥ 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively). Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001). However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate that an increased level of HOMA-IR is a risk factor for colorectal adenoma in Japanese males.", "ISSN": "1349-3329 0040-8727", "note": "PMID: 21478654", "journalAbbreviation": "Tohoku J Exp Med", "language": "eng", "author": [{"family": "Sato", "given": "Takeshi"}, {"family": "Takeda", "given": "Hiroaki"}, {"family": "Sasaki", "given": "Yu"}, {"family": "Kawata", "given": "Sumio"}], "issued": {"date-parts": [{"2011, 4}]}}, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}]

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The aim of this large cohort study was to further investigate the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and determine whether association between NAFLD and CRMN exists. 2,315 community subjects (1,370 males and 945 females) who underwent a routine colonoscopy according to international colorectal cancer screening guideline were recruited. Nature of colorectal lesions determined by biopsy and NAFLD was diagnosed by ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512-2.761; P < 0.05). After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360-2.567; P < 0.05). NAFLD was an independent risk factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD. (ClinicalTrials.gov number, NCT01657773, website: <http://clinicaltrials.gov/ct2/show/NCT01657773?term=zheng+minghua&rank=1>),","DOI":"10.1007/s11033-014-3157-y","ISSN":"1573-4978","journalAbbreviation":"Molecular Biology Reports","author":{"family":"Lin","given":"Xian-Feng"}, {"family":"Shi","given":"Ke-Qing"}, {"family":"You","given":"Jie"}, {"family":"Liu","given":"Wen-Yue"}, {"family":"Luo","given":"Ying-Wan"}, {"family":"Wu","given":"Fa-Ling"}, {"family":"Chen","given":"Yong-Ping"}, {"family":"Wong","given":"Danny Ka-Ho"}, {"family":"Yuen","given":"Man-Fung"}, {"family":"Zheng","given":"Ming-Hua"}],"issued":{"date-parts":["2014"]}},"id":121,"uris":["http://zotero.org/users/2724931/items/7FAPCFIV"],"uri":["http://zotero.org/users/2724931/items/7FAPCFIV"],"itemData":{"id":121,"type":"article-journal","title":"Association of colorectal adenoma with components of metabolic syndrome.","container-title":"Cancer causes & control : CCC","page":"727-735","volume":"23","issue":"5","abstract":"PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to contribute to this phenomenon, including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667 polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity."},"DOI":"10.1007/s10552-012-9942-9","ISSN":"1573-7225 0957-5243","note":"PMID: 22450737","journalAbbreviation":"Cancer Causes Control","language":"eng","author":{"family":"Kim","given":"Byung Chang"}, {"family":"Shin","given":"Aesun"}, {"family":"Hong","given":"Chang Won"}, {"family":"Sohn","given":"Dae Kyung"}, {"family":"Han","given":"Kyung Su"}, {"family":"Ryu","given":"Kum Hei"}, {"family":"Park","given":"Bum Joon"}, {"family":"Nam","given":"Ji Hyung"}, {"family":"Park","given":"Ji Won"}, {"family":"Chang","given":"Hee Jin"}, {"family":"Choi","given":"Hyo Seong"}, {"family":"Kim","given":"Jeongseon"}, {"family":"Oh","given":"Jae Hwan"}],"issued":{"date-parts":["2012",5]}},"id":362,"uris":["http://zotero.org/users/2724931/items/83RDVNWE"],"uri":["http://zotero.org/users/2724931/items/83RDVNWE"],"itemData":{"id":362,"type":"article-journal","title":"Metabolic syndrome components and colorectal adenoma in the CLUE II cohort","container-title":"Cancer causes & control : CCC","page":"1-10","volume":"21","issue":"1","source":"PubMed Central","abstract":"Background\nMetabolic syndrome components have been associated with colorectal cancer in several studies; however, the evidence for colorectal adenomas is limited. Thus, we evaluated the association between markers of the metabolic syndrome with colorectal adenoma development in a nested case-control study.\nMethods\nColorectal adenoma cases (n= 132) and matched controls who had had a negative sigmoidoscopy or a colonoscopy (n=260) were identified between baseline in 1989 and 2000 among participants in the CLUE II cohort of Washington County, Maryland. Concentrations of C-peptide, insulin-like growth factor binding protein-1, glycosylated hemoglobin, total cholesterol, high density lipoprotein-cholesterol, and triglycerides were measured in baseline blood specimens. Body mass index was calculated using baseline height and weight. Use of medications to treat diabetes mellitus was self-reported at baseline. Blood pressure was measured at baseline. Distributional cutpoints of the latter markers were used to define the metabolic syndrome components (hyperinsulinemia, hyperglycemia, obesity, dyslipidemia, and hypertension) present at baseline.\nResults\nNo statistically significant associations with adenomas were observed for the markers of the metabolic syndrome, with the exception of a strong positive association for use of diabetes medications (OR, 8.00; 95% CI, 1.70 – 37.67), albeit based on small numbers.\nConclusion\nOur findings do not support that components of the metabolic syndrome influence risk of colorectal adenomas, except possibly for severe diabetes

mellitus warranting medical treatment.", "DOI": "10.1007/s10552-009-9428-6", "ISSN": "0957-5243", "note": "PMID: 19774471\nPMCID: PMC3010872", "journalAbbreviation": "Cancer Causes Control", "author": [{"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Brancati", "given": "Frederick L"}, {"family": "Pollak", "given": "Michael N"}, {"family": "Rifai", "given": "Nader"}, {"family": "Clipp", "given": "Sandra L"}, {"family": "Hoffman-Bolton", "given": "Judy"}, {"family": "Helzlsouer", "given": "Kathy J"}, {"family": "Platz", "given": "Elizabeth A"}], "issued": {"date-parts": [{"2010, 1}]}, {"id": "708", "uris": ["http://zotero.org/users/2724931/items/VNR6N7NX"], "uri": ["http://zotero.org/users/2724931/items/VNR6N7NX"], "itemData": {"id": "708", "type": "article-journal", "title": "The Metabolic Syndrome is Associated with Increased Risk of Colorectal Adenoma Development: The Self-Defense Forces Health Study", "page": "5", "volume": "6", "issue": "4", "source": "Zotero", "abstract": "The metabolic syndrome, a cluster of metabolic abnormalities linked to insulin resistance, has attracted much interest as a risk factor for cardiovascular disease and type 2 diabetes. Hyperinsulinemia is also a postulated biological risk factor for colorectal carcinogenesis. We therefore here examined the relation between the metabolic syndrome and colorectal adenoma development. The study subjects were 756 cases of colorectal adenoma and 1751 controls with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal obesity in combination with any two of the following conditions: elevated triglycerides (≥ 150 mg/dL); lowered HDL cholesterol (< 40 mg/dL); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); and raised fasting glucose (≥ 110 mg/dL). Abdominal obesity was defined as a waist circumference of 85cm or more (Japanese criterion) or ≥ 90 cm (Asian criterion). Statistical adjustment was made for age, hospital, and rank in the SDF. The metabolic syndrome was found to be associated with a moderately increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI 1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and was almost exclusively observed for large lesions (≥ 5 mm in diameter). Thus the metabolic syndrome appears to be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and type 2 diabetes.", "journalAbbreviation": "APJCP", "language": "en", "author": [{"family": "Morita", "given": "Takako"}, {"family": "Tabata", "given": "Shinji"}, {"family": "Mineshita", "given": "Masamichi"}, {"family": "Mizoue", "given": "Tetsuya"}, {"family": "Moore", "given": "Malcolm A"}, {"family": "Kono", "given": "Suminori"}], "issued": {"date-parts": [{"2005, 4}]}, {"id": "255", "uris": ["http://zotero.org/users/2724931/items/7IV5ACIY"], "uri": ["http://zotero.org/users/2724931/items/7IV5ACIY"], "itemData": {"id": "255", "type": "article-journal", "title": "The Risk of Colorectal Neoplasia in Patients with Gallbladder Diseases", "container-title": "Journal of Korean Medical Science", "page": "1288-1294", "volume": "30", "issue": "9", "archive": "PMC", "archive_location": "PMC4553676", "abstract": "Cholecystectomy is associated with an increased risk of colorectal cancer, but little is known about the relationship between gallbladder disease and colorectal adenoma. Gallbladder polyps and colorectal neoplasia (CRN) share several risk factors such as obesity, diabetes and metabolic syndrome, which might account for their association. In this study, we investigated whether asymptomatic patients with gallbladder disease are at increased risk of CRN and identified the factors to their association. The study population consisted of 4,626 consecutive, asymptomatic individuals drawn from a prospective health check-up cohort who underwent both ultrasonography and colonoscopy screening. The prevalence of CRNs in patients with gallbladder polyps or gallstones was significantly higher than that in the control group (32.1% vs. 26.8%; $P = 0.032$, 35.8% vs. 26.9%; $P = 0.020$). A multivariate regression analysis showed that gallbladder polyps were an independent risk factor for CRN [adjusted odds ratio (OR): 1.29; 95% confidence interval (CI): 1.03-1.62] whereas gallstones were not (adjusted OR: 1.14; 95% CI: 0.79-1.63). The adjusted OR for the risk of CRN was 1.12 for gallbladder polyps < 5 mm (95% CI, 0.85-1.46) and 1.79 for gallbladder polyps ≥ 5 mm (95% CI, 1.15-2.77). The prevalence of CRN increased with increasing polyp size (P trend = 0.022). Our results suggest that colorectal neoplasia is significantly related to gallbladder polyps, especially those ≥ 5 mm. GRAPHICAL ABSTRACT: "DOI": "10.3346/jkms.2015.30.9.1288", "ISSN": "1011-8934", "author": [{"family": "Hong", "given": "Sung Noh"}, {"family": "Lee", "given": "Tae Yoon"}, {"family": "Yun", "given": "Sung-Cheol"}], "issued": {"date-parts": [{"2015, 9}]}, {"id": "118", "uris": ["http://zotero.org/users/2724931/items/TSAINUMV"], "uri": ["http://zotero.org/users/2724931/items/TSAINUMV"], "itemData": {"id": "118", "type": "article-journal", "title": "Increased homeostasis model assessment-insulin resistance is a risk factor for colorectal adenoma in Japanese males.", "container-title": "The Tohoku journal of experimental medicine", "page": "297-303", "volume": "223", "issue": "4", "abstract": "Many previous reports have documented a relationship between metabolic syndrome, in terms of insulin resistance, and colorectal cancer. However, the association of insulin resistance with colorectal adenoma has not been investigated in detail. To elucidate the association of metabolic syndrome components and insulin resistance with adenoma, we investigated homeostasis model assessment insulin resistance (HOMA-IR) in individuals with adenoma. A cross-sectional study was conducted involving individuals who underwent scheduled health examinations using total colonoscopy. Restricting the subjects to males, 261 with adenoma and 702 without adenoma were investigated. HOMA-IR was categorized into three groups: normal (< 1.6), intermediate ($\geq 1.6 - < 2.5$), and insulin resistance (≥ 2.5). Metabolic syndrome was defined by a combination of any three of the following components: central obesity (waist circumference ≥ 90 cm); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); elevated fasting plasma glucose (≥ 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and elevated triglyceride (≥ 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively). Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001). However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate that an increased level of HOMA-IR is a risk factor for colorectal adenoma in Japanese males.", "ISSN": "1349-3329 0040-8727", "note": "PMID: 21478654", "journalAbbreviation": "Tohoku J Exp Med", "language": "eng", "author": [{"family": "Sato", "given": "Takeshi"}, {"family": "Takeda", "given": "Hiroaki"}, {"family": "Sasaki", "given": "Yu"}, {"family": "Kawata", "given": "Sumio"}], "issued": {"date-parts": [{"2011, 4}]}, {"id": "390", "uris": ["http://zotero.org/users/2724931/items/9BZ8ICKP"], "uri": ["http://zotero.org/users/2724931/items/9BZ8ICKP"], "itemData": {"id": "390", "type": "article-journal", "title": "Stepwise Relationship Between Components of Metabolic Syndrome and Risk of Colorectal Adenoma in a Taiwanese Population Receiving Screening Colonoscopy", "container-title": "Journal of the Formosan Medical Association", "page": "100-108", "volume": "110", "issue": "2", "source": "CrossRef", "DOI": "10.1016/S0929-6646(11)

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Methods: We prospectively enrolled 200 consecutive, asymptomatic adults (male : female = 133:67, mean age, 50.9 ± 8.5 years) undergoing both colonoscopy and abdominopelvic computed tomography (CT) scan for routine health evaluations. The presence or absence and the characteristics of CRN were determined during colonoscopy. The amount of visceral adipose tissue (VAT) and subcutaneous adipose tissue was measured by an abdominopelvic CT scan. Body mass index, waist circumference, and percentage of body fat were measured. Blood pressure and other blood markers for assessing the metabolic syndrome were also investigated. Results: Of the 200 patients, 53 (26.5%) had CRN. Old age, smoking, metabolic syndrome, and a high fasting plasma glucose level were associated with an increased risk of CRN. VAT (P < 0.01) and waist circumference (P = 0.01) were significantly higher in those with CRN. A multivariate analysis of the risks of CRN showed an odds ratio of 4.07 (95% confidence interval: 1.01–16.43, P = 0.03) for those with VAT over 136.61 cm² relative to those with VAT under 67.23 cm². Waist circumference, metabolic syndrome, and fasting plasma glucose levels were not independent risk factors for CRN in the multivariate analysis. Conclusion: Increased VAT is an independent risk factor for CRN. Further large scale studies are needed to clarify the causal relationship between VAT and CRN.", "DOI": "10.1111/j.1440-1746.2007.05125.x", "ISSN": "1440-1746", "author": [{"family": "Oh", "given": "Tae-Hoon"}, {"family": "Byeon", "given": "Jeong-Sik"}, {"family": "Myung", "given": "Seung-Jae"}, {"family": "Yang", "given": "Suk-Kyun"}, {"family": "Choi", "given": "Kwi-Sook"}, {"family": "Chung", "given": "Jun-Won"}, {"family": "Kim", "given": "Benjamin"}, {"family": "Lee", "given": "Don"}, {"family": "Byun", "given": "Jae-Ho"}, {"family": "Jang", "given": "Se Jin"}, {"family": "Kim", "given": "Jin-Ho"}], "issued": {"date-parts": [{"2008, 3, 1}]}}, {"id": "386", "uris": ["http://zotero.org/users/2724931/items/FP3DWZMH"], "uri": "http://zotero.org/users/2724931/items/FP3DWZMH"}, "itemData": {"id": "386", "type": "article-journal", "title": "Is Metabolic Syndrome A Risk Factor for Colorectal Adenoma?", "container-title": "Cancer Epidemiology and Prevention Biomarkers", "page": "1543-1546", "volume": "16", "issue": "8", "journalAbbreviation": "Cancer Epidemiol Biomarkers Prev", "author": [{"family": "Kim", "given": "Jeong Hwan"}, {"family": "Lim", "given": "Yun Jeong"}, {"family": "Kim", "given": "Young-Ho"}, {"family": "Sung", "given": "In-Kyung"}, {"family": "Shim", "given": "Sang Goon"}, {"family": "Oh", "given": "Sung-Ook"}, {"family": "Park", "given": "Sin-Sil"}, {"family": "Yang", "given": "Sun"}, {"family": "Son", "given": "Hee Jung"}, {"family": "Rhee", "given": "Poong-Lyul"}, {"family": "Kim", "given": "Jae J."}, {"family": "Rhee", "given": "Jong Chul"}, {"family": "Choi", "given": "Yoon-Ho"}], "issued": {"date-parts": [{"2007, 8, 7}]}}, {"schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}], "44, 46, 63", "65, 68, 69, 72, 73", "RE", "1.33 [1.14-1.54]", "3.75", "P", "= 0.0002", "0.05", "123.99, df = 10", "P", "< 0.00001)", "92", "0.5423", "0.0232", "CRC", "7 (14) [", "ADDIN ZOTERO_ITEM CSL_CITATION {"citationID": "p5v8EWOx", "properties": {"formattedCitation": "\super 44,46,48,52,54,56,57\nnosupersub", "plainCitation": "44,46,48,52,54,56,57", "noteIndex": 0}, "citationItems": [{"id": "704", "uris": ["http://zotero.org/users/2724931/items/S5H49BBF"], "uri": "http://zotero.org/users/2724931/items/S5H49BBF"}, "itemData": {"id": "704", "type": "article-journal", "title": "Components of the metabolic syndrome and colorectal cancer risk; a prospective study", "container-title": "International Journal Of Obesity", "page": "304", "volume": "32", "journalAbbreviation": "International Journal Of Obesity", "author": [{"family": "Stocks", "given": "T"}, {"family": "Lukanova", "given": "A"}, {"family": "Johansson", "given": "M"}, {"family": "Rinaldi", "given": "S"}, {"family": "Palmqvist", "given": "R"}, {"family": "Hallmans", "given": "G"}, {"family": "Kaaks", "given": "R"}, {"family": "Stattin", "given": "P"}, {"family": "In-Kyung", "given": "Sung"}], "issued": {"date-parts": [{"2007, 9, 18}]}}, {"id": "123", "uris": ["http://zotero.org/users/2724931/items/33PI99M5"], "uri": "http://zotero.org/users/2724931/items/33PI99M5"}, "itemData": {"id": "123", "type": "article-journal", "title": "Increased risk of colorectal malignant neoplasm in patients with nonalcoholic fatty liver disease: a large study", "container-title": "Molecular Biology Reports", "page": "2989-2997", "volume": "41", "issue": "5", "abstract": "Nonalcoholic fatty liver disease (NAFLD) has been suggested to be a strong risk factor of colorectal benign adenomas and advanced neoplasms. The aim of this large cohort study was to further investigate the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and determine whether association between NAFLD and CRMN exists. 2,315 community subjects (1,370 males and 945 females) who underwent a routine colonoscopy according to international colorectal cancer screening guideline were recruited. Nature of colorectal lesions determined by biopsy and NAFLD was diagnosed by ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at

sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512–2.761; $P < 0.05$). After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360–2.567; $P < 0.05$). NAFLD was an independent risk factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD.

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term=zheng+minghua&rank=1).", "DOI": "10.1007/s11033-014-3157-y", "ISSN": "1573-4978", "journalAbbreviation": "Molecular Biology Reports", "author": [{"family": "Lin", "given": "Xian-Feng"}, {"family": "Shi", "given": "Ke-Qing"}, {"family": "You", "given": "Jie"}, {"family": "Liu", "given": "Wen-Yue"}, {"family": "Luo", "given": "Ying-Wan"}, {"family": "Wu", "given": "Fa-Ling"}, {"family": "Chen", "given": "Yong-Ping"}, {"family": "Wong", "given": "Danny Ka-Ho"}, {"family": "Yuen", "given": "Man-Fung"}, {"family": "Zheng", "given": "Ming-Hua"}], "issued": {"date-parts": [{"2014"}]}, {"id": "121", "uris": [{"http://zotero.org/users/2724931/items/7FAPCFIV"}], "uri":

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["http://zotero.org/users/2724931/items/ENWMID8V"], "itemData": {"id": "125", "type": "article-journal", "title": "Interplay between 3

-UTR polymorphisms in the vascular endothelial growth factor (VEGF) gene and metabolic syndrome in determining the risk of colorectal cancer in Koreans", "container-title": "BMC Cancer", "page": "881", "volume": "14", "archive": "PMC", "archive_location": "PMC4289193", "abstract": "BACKGROUND Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in cancer development. Moreover, recent studies have reported associations between a number of 3

-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3

-UTR polymorphisms (1451C

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T [rs3025040], 1612G

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A [rs10434], and 1725G

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A [rs3025053] and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C

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T was significantly associated with rectal cancer risk (Dominant model; AOR =1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas VEGF 1725G

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A correlated with MetS risk (Dominant model; AOR =1.61; 95% CI =1.06 - 2.46; p = 0.026). Of the gene-environment combined effects, the interaction of VEGF 1451C

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T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <

.001) whereas the combination of VEGF 1725G

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A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p =0.008). CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users.,"DOI":"10.1186/1471-2407-14-881","ISSN":"1471-2407","author":[{"family":"Jeon","given":"Young Joo"}, {"family":"Kim","given":"Jong Woo"}, {"family":"Park","given":"Hye Mi"}, {"family":"Jang","given":"Hyo Geun"}, {"family":"Kim","given":"Jung O"}, {"family":"Oh","given":"Jisu"}, {"family":"Chong","given":"So Young"}, {"family":"Kwon","given":"Sung Won"}, {"family":"Kim","given":"Eo Jin"}, {"family":"Oh","given":"Doyeun"}, {"family":"Kim","given":"Nam Keun"}],"issued":{"date-parts":["2014"]}],{"id":146,"uris":["http://zotero.org/users/2724931/items/9WXARXXX"],"uri":["http://zotero.org/users/2724931/items/9WXARXXX"],"itemData":{"id":146,"type":"article-journal","title":"Metabolic Syndrome and Risks of Colon and Rectal Cancer: The European Prospective Investigation into Cancer and Nutrition Study","container-title":"Cancer Prevention Research","page":1873,"volume":4,"issue":11,"abstract":"Metabolic syndrome (MetS) is purportedly related to risk of developing colorectal cancer; however, the association of MetS, as defined according to recent international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what extent the MetS components individually account for such an association. We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. Cancer Prev Res; 4(11); 1873-83. ©2011 AACR.,"DOI":"10.1158/1940-6207.CAPR-11-0218","journalAbbreviation":"Cancer Prev Res (Phila)","author":[{"family":"Aleksandrova","given":"Krasimira"}, {"family":"Boeing","given":"Heiner"}, {"family":"Jenab","given":"Mazda"}, {"family":"Bas Bueno-de-Mesquita","given":"H."}, {"family":"Jansen","given":"Eugene"}, {"family":"Duijnhoven","given":"Fränzel J.B."}, {"family":"non-dropping-particle":"van"}, {"family":"Fedirko","given":"Veronika"}, {"family":"Rinaldi","given":"Sabina"}, {"family":"Romieu","given":"Isabelle"}, {"family":"Riboli","given":"Elio"}, {"family":"Romaguera","given":"Dora"}, {"family":"Overvad","given":"Kim"}, {"family":"Østergaard","given":"Jane Nautrup"}, {"family":"Olsen","given":"Anja"}, {"family":"Tjønneland","given":"Anne"}, {"family":"Boutron-Ruault","given":"Marie-Christine"}, {"family":"Clavel-Chapelon","given":"Françoise"}, {"family":"Morois","given":"Sophie"}, {"family":"Masala","given":"Giovanna"}, {"family":"Agnoli","given":"Claudia"}]}

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journal", "title":"Clinical study on the correlation between metabolic syndrome and colorectal
carcinoma", "container-title":"ANZ Journal of Surgery", "page":"331-
336", "volume":"80", "issue":"5", "abstract":"Background: Although metabolic syndrome (MS) has received a lot
of attention in recent years, the correlation between MS and colorectal carcinoma is still not very clear. This study
aims at exploring the relationship between MS and colorectal carcinoma. Methods: Data was collected from 507
cases of colorectal carcinoma and 507 cases of healthy patients between January 2002 and March 2007 to
establish the database. The patients with colorectal cancer were divided into two groups based on the presence of
MS. Multivariate analysis of these data for the overall survival and recurrence was performed with the Cox
proportional hazard model. Variables examined by multivariate analysis were sex , age, location, histotype,
differentiation, tumour, node, metastasis (TNM) stage, the number of lymph nodes detected, etc. Results: The
existence of MS in the colorectal carcinoma group was clearly more than that in the control group. The existence
of two to four types of abnormal metabolic diseases was significantly more in the colorectal cancer group than in
the control group. MS is one of the important elements that can independently influence the survival (odds ratio
(OR) = 1.501, 95% confidence interval (CI) = 1.057–2.131) and have the highest risk with worse survival
compared with other parameters. Conclusion: There is a close relationship between MS and colorectal
carcinoma, and MS is a significantly independent element that influences the survival of the colorectal carcinoma.
Decreasing the incidence of MS maybe play a role in improving therapeutic efficacy and prognosis of the
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journal", "title":"Increased risk of colorectal malignant neoplasm in patients with nonalcoholic fatty liver disease: a
large study", "container-title":"Molecular Biology Reports", "page":"2989-
2997", "volume":"41", "issue":"5", "abstract":"Nonalcoholic fatty liver disease (NAFLD) has been suggested to be a
strong risk factor of colorectal benign adenomas and advanced neoplasms. The aim of this large cohort study was
to further investigate the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and
determine whether association between NAFLD and CRMN exists. 2,315 community subjects (1,370 males and
945 females) who underwent a routine colonoscopy according to international colorectal cancer screening
guideline were recruited. Nature of colorectal lesions determined by biopsy and NAFLD was diagnosed by
ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of
CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in
the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at
sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal
adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate
analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512–2.761; P < 0.05).
After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for
CRMN (OR 1.868; 95 % CI 1.360–2.567; P < 0.05). NAFLD was an independent risk factor for CRMN. Sigmoid
carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD.
(ClinicalTrials.gov number, NCT01657773, website: http://clinicaltrials.gov/ct2/show/NCT01657773?
term=zheng+minghua&rank=1).", "DOI":"10.1007/s11033-014-3157-y", "ISSN":"1573-
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Those developing an adenoma after an initial negative baseline colonoscopy (adenoma group) were compared with those in whom the second colonoscopy was negative (nonadenoma group). Anthropometric measurements, biochemical tests and the presence of NAFLD were compared between the two groups. RESULTS: The adenoma group had a higher prevalence of NAFLD than the nonadenoma group (55.6% vs 38.8%; $P < 0.05$). On multivariate logistic regression analysis, NAFLD was an independent risk factor (OR = 1.45, 95% CI: 1.07-1.98) for adenoma formation after a negative baseline colonoscopy. The risk of colorectal adenoma increased when NAFLD patients had other morbidities including metabolic syndrome, hypertension or smoking (OR = 2.85, 4.03 and 4.17). CONCLUSION: NAFLD is an independent risk factor for colorectal adenoma formation after a negative baseline colonoscopy. The risk is higher in individuals with NAFLD and other comorbidities, such as hypertension, smoking or metabolic syndrome.", "DOI": "10.1111/codi.12172", "ISSN": "1463-1318", "note": "PMID: 23398678", "journalAbbreviation": "Colorectal Dis", "language": "eng", "author": [{"family": "Huang", "given": "K.-W."}, {"family": "Leu", "given": "H.-B."}, {"family": "Wang", "given": "Y.-J."}, {"family": "Luo", "given": "J.-C."}, {"family": "Lin", "given": "H.-C."}, {"family": "Lee", "given": "F.-Y."}, {"family": "Chan", "given": "W.-L."}, {"family": "Lin", "given": "J.-K."}, {"family": "Chang", "given": "F.-Y."}], "issued": {"date-parts": [{"2013", "7"}]}}, {"id": 121, "uris": ["http://zotero.org/users/2724931/items/7FAPCFIV"], "uri": "http://zotero.org/users/2724931/items/7FAPCFIV"}, {"itemData": {"id": 121, "type": "article-journal", "title": "Association of colorectal adenoma with components of metabolic syndrome.", "container-title": "Cancer causes & control : CCC", "page": "727-735", "volume": "23", "issue": "5", "abstract": "PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to contribute to this phenomenon, including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667 polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity.", "DOI": "10.1007/s10552-012-9942-9", "ISSN": "1573-7225", "note": "PMID: 22450737", "journalAbbreviation": "Cancer Causes Control", "language": "eng", "author": [{"family": "Kim", "given": "Byung Chang"}, {"family": "Shin", "given": "Aesun"}, {"family": "Hong", "given": "Chang Won"}, {"family": "Sohn", "given": "Dae Kyung"}, {"family": "Han", "given": "Kyung Su"}, {"family": "Ryu", "given": "Kum Hei"}, {"family": "Park", "given": "Bum Joon"}, {"family": "Nam", "given": "Ji Hyung"}, {"family": "Park", "given": "Ji Won"}, {"family": "Chang", "given": "Hee Jin"}, {"family": "Choi", "given": "Hyo Seong"}, {"family": "Kim", "given": "Jeongseon"}, {"family": "Oh", "given": "Jae Hwan"}], "issued": {"date-parts": [{"2012", "5"}]}}, {"id": 362, "uris": ["http://zotero.org/users/2724931/items/83RDVNWE"], "uri": "http://zotero.org/users/2724931/items/83RDVNWE"}, {"itemData": {"id": 362, "type": "article-journal", "title": "Metabolic syndrome components and colorectal adenoma in the CLUE II cohort", "container-title": "Cancer causes & control : CCC", "page": "1-10", "volume": "21", "issue": "1", "source": "PubMed Central", "abstract": "Background\nMetabolic syndrome components have been associated with colorectal cancer in several studies; however, the evidence for colorectal adenomas is limited. Thus, we evaluated the association between markers of the metabolic syndrome with colorectal adenoma development in a nested case-control study.\nMethods\nColorectal adenoma cases (n= 132) and matched controls who had had a negative sigmoidoscopy or a colonoscopy (n=260) were identified between baseline in 1989 and 2000 among participants in the CLUE II cohort of Washington County, Maryland. Concentrations of C-peptide, insulin-like growth factor binding protein-1, glycosylated hemoglobin, total cholesterol, high density lipoprotein-cholesterol, and triglycerides were measured in baseline blood specimens. Body mass index was calculated using baseline height and weight. Use of medications to treat diabetes mellitus was self-reported at baseline. Blood pressure was measured at baseline. Distributional cutpoints of the latter markers were used to define the metabolic syndrome components (hyperinsulinemia, hyperglycemia, obesity, dyslipidemia, and hypertension) present at baseline.\nResults\nNo statistically significant associations with adenomas were observed for the markers of the metabolic syndrome, with the exception of a strong positive association for use of diabetes medications (OR, 8.00; 95% CI, 1.70 – 37.67), albeit based on small numbers.\nConclusion\nOur findings do not support that components of the metabolic syndrome influence risk of colorectal adenomas, except possibly for severe diabetes mellitus warranting medical treatment.", "DOI": "10.1007/s10552-009-9428-6", "ISSN": "0957-5243", "note": "PMID: 19774471\nPMCID: PMC3010872", "journalAbbreviation": "Cancer Causes Control", "author": [{"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Branca", "given": "Frederick L"}, {"family": "Pollak", "given": "Michael N"}, {"family": "Rifai", "given": "Nader"}, {"family": "Clipp", "given": "Sandra L"}, {"family": "Hoffman-Bolton", "given": "Judy"}, {"family": "Helzlsouer", "given": "Kathy J"}, {"family": "Platz", "given": "Elizabeth A"}], "issued": {"date-parts": [{"2010", "1"}]}}, {"id": 140, "uris": ["http://zotero.org/users/2724931/items/XN37VDV8"], "uri": "http://zotero.org/users/2724931/items/XN37VDV8"}, {"itemData": {"id": 140, "type": "article-journal", "title": "Visceral Obesity and Insulin Resistance as Risk Factors for Colorectal Adenoma: A Cross-Sectional, Case-Control Study", "container-title": "The American Journal of Gastroenterology", "page": "178-187", "volume": "105", "issue": "1", "source": "www.nature.com", "abstract": "OBJECTIVES: Colorectal adenoma is known to be associated with obesity, but the association between colorectal adenoma and visceral adipose tissue (VAT) area measured by abdominal computed tomography (CT) has not been documented clearly. In addition, the

relationship between insulin resistance and colorectal adenomas, which underlies the mechanism that links obesity and colorectal adenoma, has not been studied extensively. The aim of this study was to examine VAT area and insulin resistance as risk factors of colorectal adenoma.

METHODS: A cross-sectional, case-control study was conducted in Koreans that presented for health check-ups. Subjects underwent various laboratory tests, abdominal CT, and colonoscopy. VAT, subcutaneous adipose tissue (SAT), and homeostatic metabolic assessment (HOMA) index were evaluated as potential risk factors of colorectal adenoma in 2,244 age- and sex-matched subjects.

RESULTS: According to univariate analysis, the prevalences of smoking, hypertension, metabolic syndrome, and family history of colorectal cancer were higher in the adenoma group than in the normal control group. In addition, body mass index, waist circumference, triglyceride, high-density lipoprotein cholesterol, and VAT and SAT areas were significantly different in the two groups. According to the multivariate analysis adjusted for multiple confounders, VAT area was independently associated with the risk of colorectal adenoma (odds ratio (OR)=3.09, 95% confidence interval (CI): 2.19–4.36, highest quintile vs. lowest quintile). Mean HOMA index was higher in the adenoma group than in the control group (OR=1.99, 95% CI: 1.35–2.92, highest vs. lowest quintile).

CONCLUSIONS: Visceral obesity was found to be an independent risk factor of colorectal adenoma, and insulin resistance was associated with the presence of colorectal adenoma.

,"DOI": "10.1038/ajg.2009.541", "ISSN": "0002-9270", "shortTitle": "Visceral Obesity and Insulin Resistance as Risk Factors for Colorectal Adenoma", "journalAbbreviation": "Am J Gastroenterol", "language": "en", "author": [{"family": "Kang", "given": "Hyouon Woo"}, {"family": "Kim", "given": "Donghee"}, {"family": "Kim", "given": "Hwa Jung"}, {"family": "Kim", "given": "Chung Hyeon"}, {"family": "Kim", "given": "Young Sun"}, {"family": "Park", "given": "Min Jung"}, {"family": "Kim", "given": "Joo Sung"}, {"family": "Cho", "given": "Sang-Heon"}, {"family": "Sung", "given": "Myung-Whun"}, {"family": "Jung", "given": "Hyun Chae"}, {"family": "Lee", "given": "Hyo-Suk"}, {"family": "Song", "given": "In Sung"}], "issued": {"date-parts": [{"2009, 9, 15}]}, {"id": "690", "uris": [{"http://zotero.org/users/2724931/items/VY8D9VHF"}, {"http://zotero.org/users/2724931/items/VY8D9VHF"}], "uri": [{"http://zotero.org/users/2724931/items/VY8D9VHF"}], "itemData": {"id": "690", "type": "article-journal", "title": "Distinct Metabolic Profiles are Associated with Colorectal Adenomas and Serrated Polyps", "container-title": "Obesity", "page": "S72-S80", "volume": "25", "issue": "S2", "abstract": "Objective Prevention of colorectal cancer (CRC) by colonoscopy is recommended according to age and personal/familial history. Metabolic alterations are associated with colorectal adenomas, but data are scarce regarding serrated polyps and advanced polyps. The aim of this study was to evaluate the association between metabolic alterations and colorectal polyp type and advanced polyps. Methods A case-control study was conducted among consecutive subjects, 40 to 70 years old, who underwent screening/diagnostic colonoscopy from 2010 to 2015. Subjects who were treated for diabetes, who had a family/personal history of CRC, and who were at high risk for CRC were excluded. Participants underwent anthropometric, laboratory, and ultrasonographic evaluations and a medical and lifestyle interview. Polyps were histologically classified as adenomatous or serrated polyps and divided into advanced and non-advanced categories. Results The study included 828 participants (58.4%±6.6 years, 50.4% men). Abdominal obesity (odds ratio [OR]=1.67, 95% CI: 1.20-2.30), hypertension (OR=1.47, 95% CI: 1.03-2.09), and a high glycosylated hemoglobin percentage (HbA1c%) (OR=1.57, 95% CI: 1.06-2.34) were independently associated with colorectal adenomas, whereas a high triglyceride to high-density lipoprotein cholesterol (TG/HDL) ratio was independently associated with serrated polyps (OR=22.31, 95% CI: 1.32-24.03). A combination of three metabolic alterations was strongly associated with colorectal polyps. Conclusions Abdominal obesity, hypertension, and a high HbA1c% are independently associated with adenomas, whereas a high TG/HDL ratio is associated with serrated polyps. These parameters are easily accessible in clinical practice and may help define high-risk groups for CRC.", "DOI": "10.1002/oby.22001", "ISSN": "1930-7381", "journalAbbreviation": "Obesity", "author": [{"literal": "Fliss Isakov Naomi"}, {"literal": "Zelber Sagi Shira"}, {"literal": "Webb Muriel"}, {"literal": "Halpern Zamir"}, {"literal": "Shibolet Oren"}, {"literal": "Kariv Revital"}], "issued": {"date-parts": [{"2017, 10, 31}]}, {"id": "713", "uris": [{"http://zotero.org/users/2724931/items/LV3SB6ZM"}, {"http://zotero.org/users/2724931/items/LV3SB6ZM"}], "uri": [{"http://zotero.org/users/2724931/items/LV3SB6ZM"}], "itemData": {"id": "713", "type": "article-journal", "title": "Correlations between Obesity/ Metabolic Syndrome-Related Factors and Risk of Developing Colorectal Tumors", "page": "6", "source": "Zotero", "language": "en", "author": [{"family": "Harima", "given": "Satoko"}, {"family": "Hashimoto", "given": "Shinichi"}, {"family": "Shibata", "given": "Hiroaki"}, {"family": "Matsunaga", "given": "Takaharu"}, {"family": "Tanabe", "given": "Ryo"}, {"family": "Terai", "given": "Shuji"}, {"family": "Sakaida", "given": "Isao"}], "issued": {"date-parts": [{"2013, 9, 11}]}, {"id": "701", "uris": [{"http://zotero.org/users/2724931/items/XUEP2NAY"}, {"http://zotero.org/users/2724931/items/XUEP2NAY"}], "uri": [{"http://zotero.org/users/2724931/items/XUEP2NAY"}], "itemData": {"id": "701", "type": "article-journal", "title": "Obesity, Metabolic Factors, and Colorectal Adenomas: a Retrospective Study in a Racially Diverse New York State Hospital", "container-title": "Journal of Gastrointestinal Cancer", "page": "270-276", "volume": "44", "issue": "3", "abstract": "We studied a racially diverse population and the relationship with colorectal adenomas (CA) further looking for risks related to BMI and metabolic factors.", "DOI": "10.1007/s12029-013-9476-8", "ISSN": "1941-6636", "journalAbbreviation": "Journal of Gastrointestinal Cancer", "author": [{"family": "Lipka", "given": "Seth"}, {"family": "Zheng", "given": "Xi Emily"}, {"family": "Hurtado-Cordovi", "given": "Jorge"}, {"family": "Singh", "given": "Jaspreet"}, {"family": "Levine", "given": "Evan"}, {"family": "Vlacacich", "given": "Raymond"}, {"family": "Kishnamachari", "given": "Bhuma"}, {"family": "Jung", "given": "Min-Kyung"}, {"family": "Fu", "given": "Shuang"}, {"family": "Takeshige", "given": "Umeko"}, {"family": "Avezbakiyev", "given": "Boris"}, {"family": "Li", "given": "Ting"}, {"family": "Iqbal", "given": "Javed"}, {"family": "Rizvon", "given": "Kaleem"}, {"family": "Mustacchia", "given": "Paul"}], "issued": {"date-parts": [{"2013, 9, 11}]}, {"id": "708", "uris": [{"http://zotero.org/users/2724931/items/VNR6N7NX"}, {"http://zotero.org/users/2724931/items/VNR6N7NX"}], "uri": [{"http://zotero.org/users/2724931/items/VNR6N7NX"}], "itemData": {"id": "708", "type": "article-journal", "title": "The Metabolic Syndrome is Associated with Increased Risk of Colorectal Adenoma Development: The Self-Defense Forces Health Study", "page": "5", "volume": "6", "issue": "4", "source": "Zotero", "abstract": "The metabolic syndrome, a cluster of metabolic abnormalities linked to insulin resistance, has attracted much interest as a risk factor for cardiovascular disease and type 2 diabetes. Hyperinsulinemia is also a postulated biological risk factor for colorectal carcinogenesis. We therefore here examined the relation between the metabolic syndrome and colorectal adenoma development. The study subjects were 756 cases of colorectal adenoma and 1751 controls with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal

obesity in combination with any two of the following conditions: elevated triglycerides (≥ 150 mg/dL); lowered HDL cholesterol (< 40 mg/dL); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); and raised fasting glucose (≥ 110 mg/dL). Abdominal obesity was defined as a waist circumference of 85cm or more (Japanese criterion) or ≥ 90 cm (Asian criterion). Statistical adjustment was made for age, hospital, and rank in the SDF. The metabolic syndrome was found to be associated with a moderately increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI 1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and was almost exclusively observed for large lesions (≥ 5 mm in diameter). Thus the metabolic syndrome appears to be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and type 2 diabetes.

"journalAbbreviation": "APJCP", "language": "en", "author": [{"family": "Morita", "given": "Takako"}, {"family": "Tabata", "given": "Shinji"}, {"family": "Mineshita", "given": "Masamichi"}, {"family": "Mizoue", "given": "Tetsuya"}, {"family": "Moore", "given": "Malcolm A"}, {"family": "Kono", "given": "Suminori"}], "issued": {"date-parts": [{"2005, 4}]}, {"id": "689", "uris": [{"http://zotero.org/users/2724931/items/WPUBA46Z"}, {"http://zotero.org/users/2724931/items/WPUBA46Z"}], "itemData": {"id": "689", "type": "article-journal", "title": "Obesity Increases Prevalence of Colonic Adenomas at Screening Colonoscopy: A Canadian Community-Based Study", "container-title": "Canadian Journal of Gastroenterology & Hepatology", "page": "8750967", "volume": "2017", "archive": "PMC", "archive_location": "PMC5525097", "abstract": "AND AIMS: Obesity is a risk factor for colorectal neoplasia. We examined the influence of obesity and metabolic syndrome (MetS) on prevalence of neoplasia at screening colonoscopy. METHODS: We evaluated 2020 subjects undergoing first screening colonoscopy. Body mass index (BMI) was calculated at enrolment. Hyperlipidemia (HL), hypertension (HT), and diabetes mellitus (DM) were identified. Details of colonoscopy, polypectomy, and histology were recorded. Odds for adenomas (A) and advanced adenomas (ADV) in overweight (BMI 25.1-30) and obese (BMI > 30) subjects were assessed by multinomial regression, adjusted for covariates. Analyses included relationships between HL, HT, DM, age, tobacco usage, and neoplasia. Discriminatory power of HT, HL, DM, and BMI for neoplasia was assessed by binary logistic regression. Odds were calculated for neoplasia in each colonic segment related to BMI. RESULTS: A and ADV were commoner in overweight and obese males, obese females, older subjects, and smokers. HL, HT, and DM were associated with increased odds for neoplasia, significantly for A with hypertension. BMI alone predicted neoplasia as well as HT, HL, DM, or combinations thereof. All segments of the colon were affected. Multiple polyps were particularly prevalent in the obese. CONCLUSIONS: Obesity and MetS are risk factors for colonic neoplasia in a Canadian population.", "DOI": "10.1155/2017/8750967", "ISSN": "2291-2789", "author": [{"family": "Shapero", "given": "Theodore F"}, {"family": "Chen", "given": "Grant I"}, {"family": "Devlin", "given": "Tim"}, {"family": "Gibbs", "given": "Alison"}, {"family": "Murray", "given": "Iain C"}, {"family": "Tran", "given": "Stanley"}, {"family": "Weigensberg", "given": "Corey"}, {"family": "Hoxby", "given": "HJWU16"}], "issued": {"date-parts": [{"2017, 1}]}, {"id": "150", "uris": [{"http://zotero.org/users/2724931/items/HXJHWU16"}, {"http://zotero.org/users/2724931/items/HXJHWU16"}], "itemData": {"id": "150", "type": "article-journal", "title": "Vegetarianism as a Protective Factor for Colorectal Adenoma and Advanced Adenoma in Asians", "container-title": "Digestive Diseases and Sciences", "page": "1025-1035", "volume": "59", "issue": "5", "abstract": "Although epidemiologic and animal studies suggest a vegetarian diet protects against the development of colorectal cancer, the relationship between vegetarian diet and incidence of colorectal adenoma is not yet conclusive, especially for Asians.", "DOI": "10.1007/s10620-013-2974-5", "ISSN": "1573-2568", "journalAbbreviation": "Digestive Diseases and Sciences", "author": [{"family": "Lee", "given": "Chang Geun"}, {"family": "Hahn", "given": "Suk Jae"}, {"family": "Song", "given": "Min Keun"}, {"family": "Lee", "given": "Jun Kyu"}, {"family": "Kim", "given": "Jae Hak"}, {"family": "Lim", "given": "Yun Jeong"}, {"family": "Koh", "given": "Moon-Soo"}, {"family": "Lee", "given": "Jin Ho"}, {"family": "Kang", "given": "Hyoun Woo"}], "issued": {"date-parts": [{"2014, 11}]}, {"id": "118", "uris": [{"http://zotero.org/users/2724931/items/TSAINUMV"}, {"http://zotero.org/users/2724931/items/TSAINUMV"}], "itemData": {"id": "118", "type": "article-journal", "title": "Increased homeostasis model assessment-insulin resistance is a risk factor for colorectal adenoma in Japanese males.", "container-title": "The Tohoku journal of experimental medicine", "page": "297-303", "volume": "223", "issue": "4", "abstract": "Many previous reports have documented a relationship between metabolic syndrome, in terms of insulin resistance, and colorectal cancer. However, the association of insulin resistance with colorectal adenoma has not been investigated in detail. To elucidate the association of metabolic syndrome components and insulin resistance with adenoma, we investigated homeostasis model assessment insulin resistance (HOMA-IR) in individuals with adenoma. A cross-sectional study was conducted involving individuals who underwent scheduled health examinations using total colonoscopy. Restricting the subjects to males, 261 with adenoma and 702 without adenoma were investigated. HOMA-IR was categorized into three groups: normal (< 1.6), intermediate ($\geq 1.6 - < 2.5$), and insulin resistance (≥ 2.5). Metabolic syndrome was defined by a combination of any three of the following components: central obesity (waist circumference ≥ 90 cm); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); elevated fasting plasma glucose (≥ 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and elevated triglyceride (≥ 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively). Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001). However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate that an increased level of HOMA-IR is a risk factor for colorectal adenoma in Japanese males.", "ISSN": "1349-3329", "note": "PMID: 21478654", "journalAbbreviation": "Tohoku J Exp Med", "language": "eng", "author": [{"family": "Sato", "given": "Takeshi"}, {"family": "Takeda", "given": "Hiroaki"}, {"family": "Sasaki", "given": "Yu"}, {"family": "Kawata", "given": "Sumio"}], "issued": {"date-parts": [{"2011, 4}]}, {"id": "390", "uris": [{"http://zotero.org/users/2724931/items/9BZ8ICKP"}, {"http://zotero.org/users/2724931/items/9BZ8ICKP"}], "itemData": {"id": "390", "type": "article-journal", "title": "Stepwise Relationship Between Components of Metabolic Syndrome and Risk of Colorectal Adenoma in a Taiwanese Population Receiving Screening Colonoscopy", "container-title": "Journal of the Formosan Medical Association", "page": "100-108", "volume": "110", "issue": "2", "source": "CrossRef", "DOI": "10.1016/S0929-6646(11)60016-8", "ISSN": "09296646", "language": "en", "author": [{"family": "Hu", "given": "Nien-Chih"}, {"family": "Chen", "given": "Jong-Dar"}, {"family": "Lin", "given": "Yu-Min"}, {"family": "Chang", "given": "Jun-Yih"}, {"family": "Chen", "given": "Yu-Hung"}], "issued": {"date-parts": [{"2011, 2}]}, {"id": "116", "uris": [{"http://zotero.org/users/2724931/items/3DEUV37V"}], "uri":

[<http://zotero.org/users/2724931/items/3DEUV37V>"], "itemData": {"id": "116", "type": "article-journal", "title": "Relationship of non-alcoholic fatty liver disease to colorectal adenomatous polyps.", "container-title": "Journal of gastroenterology and hepatology", "page": "562-567", "volume": "25", "issue": "3", "abstract": "BACKGROUND AND AIMS: Metabolic syndrome and insulin resistance are associated with a higher risk of colon cancer. Non-alcoholic fatty liver disease (NAFLD) is regarded as a manifestation of metabolic syndrome in the liver. This investigation was initiated to determine whether NAFLD has a relationship to colorectal adenomatous polyps. METHODS: We examined the 2917 participants who underwent a routine colonoscopy at Kangbuk Samsung Hospital in 2007. We divided the 2917 subjects into the adenomatous polyp group (n = 556) and the normal group (n = 2361). Anthropometric measurements, biochemical tests for liver and metabolic function, and abdominal ultrasonographs were assessed. RESULTS: The prevalence of NAFLD was 41.5% in the adenomatous polyp group and 30.2% in the control group. By multiple logistic regression analysis, NAFLD was found to be associated with an increased risk of colorectal adenomatous polyps (odds ratio, 1.28; 95% confidence interval, 1.03-1.60). An increased risk for NAFLD was more evident in patients with a greater number of adenomatous polyps. CONCLUSION: NAFLD was associated with colorectal adenomatous polyps. Further studies are needed to confirm whether NAFLD is a predictor for the development of colorectal adenomatous polyps and cancer.", "DOI": "10.1111/j.1440-1746.2009.06117.x", "ISSN": "1440-1746 0815-9319", "note": "PMID: 20074156", "journalAbbreviation": "J Gastroenterol Hepatol", "language": "eng", "author": [{"family": "Hwang", "given": "Sang Tae"}, {"family": "Cho", "given": "Yong Kyun"}, {"family": "Park", "given": "Jung Ho"}, {"family": "Kim", "given": "Hong Joo"}, {"family": "Park", "given": "Dong Il"}, {"family": "Sohn", "given": "Chong Il"}, {"family": "Jeon", "given": "Woo Kyu"}, {"family": "Kim", "given": "Byung Ik"}, {"family": "Won", "given": "Kyoung Hee"}, {"family": "Jin", "given": "Wook"}], "issued": {"date-parts": [{"2010, 3}]}}, {"id": "137", "uris": [<http://zotero.org/users/2724931/items/566MKVT3>"], "uri": [<http://zotero.org/users/2724931/items/566MKVT3>"], "itemData": {"id": "137", "type": "article-journal", "title": "Visceral obesity as a risk factor for colorectal neoplasm", "container-title": "Journal of Gastroenterology and Hepatology", "page": "411-417", "volume": "23", "issue": "3", "abstract": "Background and Aim: Obesity as a risk factor for colorectal neoplasm (CRN) is controversial. In the present study, we evaluated visceral obesity as a risk factor for CRN. Methods: We prospectively enrolled 200 consecutive, asymptomatic adults (male : female = 133:67, mean age, 50.9 ± 8.5 years) undergoing both colonoscopy and abdominopelvic computed tomography (CT) scan for routine health evaluations. The presence or absence and the characteristics of CRN were determined during colonoscopy. The amount of visceral adipose tissue (VAT) and subcutaneous adipose tissue was measured by an abdominopelvic CT scan. Body mass index, waist circumference, and percentage of body fat were measured. Blood pressure and other blood markers for assessing the metabolic syndrome were also investigated. Results: Of the 200 patients, 53 (26.5%) had CRN. Old age, smoking, metabolic syndrome, and a high fasting plasma glucose level were associated with an increased risk of CRN. VAT (P < 0.01) and waist circumference (P = 0.01) were significantly higher in those with CRN. A multivariate analysis of the risks of CRN showed an odds ratio of 4.07 (95% confidence interval: 1.01-16.43, P = 0.03) for those with VAT over 136.61 cm² relative to those with VAT under 67.23 cm². Waist circumference, metabolic syndrome, and fasting plasma glucose levels were not independent risk factors for CRN in the multivariate analysis. Conclusion: Increased VAT is an independent risk factor for CRN. Further large scale studies are needed to clarify the causal relationship between VAT and CRN.", "DOI": "10.1111/j.1440-1746.2007.05125.x", "ISSN": "1440-1746", "author": [{"family": "Oh", "given": "Tae-Hoon"}, {"family": "Byeon", "given": "Jeong-Sik"}, {"family": "Myung", "given": "Seung-Jae"}, {"family": "Yang", "given": "Suk-Kyun"}, {"family": "Choi", "given": "Kwi-Sook"}, {"family": "Chung", "given": "Jun-Won"}, {"family": "Kim", "given": "Benjamin"}, {"family": "Lee", "given": "Don"}, {"family": "Byun", "given": "Jae Ho"}, {"family": "Jang", "given": "Se Jin"}, {"family": "Kim", "given": "Jin-Ho"}], "issued": {"date-parts": [{"2008, 3, 1}]}}, {"id": "386", "uris": [<http://zotero.org/users/2724931/items/FP3DWZMH>"], "uri": [<http://zotero.org/users/2724931/items/FP3DWZMH>"], "itemData": {"id": "386", "type": "article-journal", "title": "Is Metabolic Syndrome A Risk Factor for Colorectal Adenoma?", "container-title": "Cancer Epidemiology and Prevention Biomarkers", "page": "1543-1546", "volume": "16", "issue": "8", "journalAbbreviation": "Cancer Epidemiol Biomarkers Prev", "author": [{"family": "Kim", "given": "Jeong Hwan"}, {"family": "Lim", "given": "Yun Jeong"}, {"family": "Kim", "given": "Young-Ho"}, {"family": "Sung", "given": "In-Kyung"}, {"family": "Shim", "given": "Sang Goon"}, {"family": "Oh", "given": "Sung-Ook"}, {"family": "Park", "given": "Sin-Sil"}, {"family": "Yang", "given": "Sun"}, {"family": "Son", "given": "Hee Jung"}, {"family": "Rhee", "given": "Poong-Lyul"}, {"family": "Kim", "given": "Jae J."}, {"family": "Rhee", "given": "Jong Chul"}, {"family": "Choi", "given": "Yoon-Ho"}], "issued": {"date-parts": [{"2007, 8, 7}]}}, {"id": "694", "uris": [<http://zotero.org/users/2724931/items/BLYUFTHV>"], "uri": [<http://zotero.org/users/2724931/items/BLYUFTHV>"], "itemData": {"id": "694", "type": "article-journal", "title": "Dietary protein and fat intake in relation to risk of colorectal adenoma in Korean", "container-title": "Medicine", "page": "e5453", "volume": "95", "issue": "49", "archive": "PMC", "archive_location": "PMC5265996", "of red meat and alcohol are known risk factors for colorectal cancer, but associations for dietary fat remain unclear. We investigated the associations of dietary fat, protein, and energy intake with prevalence of colorectal adenoma. We performed a prospective cross-sectional study on asymptomatic persons who underwent a screening colonoscopy at a single center during a routine health check-up from May to December 2011. Dietary data were obtained via a validated Food Frequency Questionnaire (FFQ), assisted by a registered dietician. We also obtained information on alcohol consumption and smoking status, and measured metabolic syndrome markers including abdominal circumference, blood pressure, fasting glucose, serum triglyceride and high-density lipoprotein cholesterol. We calculated odds ratio (OR) and 95% confidence interval (CI) to evaluate the associations using the polytomous logistic regression models. As a secondary analysis, we also conducted a matched analysis, matched by age and sex (557 cases and 557 non-cases). The study sample included 557 cases (406 males and 151 females) with histopathologically confirmed colorectal adenoma, and 1157 controls (650 males and 507 females). The proportion of advanced adenoma was 28.1% of men and 18.5% of female, respectively. Although vegetable protein intake was inversely associated with the prevalence of colorectal adenoma, further adjustment for potential confounding factors attenuated the association, resulting in no significant associations. There were no significant associations between dietary fat intake and colorectal adenoma in energy-adjusted models. For vegetable protein in women, the OR for the comparison of those in the highest tertile with those in the lowest tertile was 0.47 (95% CI 0.25-0.91, P for trend = 0.07) after adjustment for total energy intake. However, after controlling for metabolic syndrome markers, body mass index, smoking status, alcohol consumption, and family history of colorectal adenoma, which were all significantly high in the colorectal adenoma patients group, the association became attenuated (OR 0.54, 95% CI 0.27-1.11, P for trend = 0.13). In conclusion, we did not observe the significant associations for intakes of total energy, total, animal and vegetable fats, and total, animal and vegetable proteins in relation to colorectal adenoma prevalence.", "DOI": "10.1097/MD.0000000000005453", "ISSN": "0025-

adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum.

CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity.,"DOI": "10.1007/s10552-012-9942-9", "ISSN": "1573-7225 0957-5243", "note": "PMID: 22450737", "journalAbbreviation": "Cancer Causes Control", "language": "eng", "author": [{"family": "Kim", "given": "Byung Chang"}, {"family": "Shin", "given": "Aesun"}, {"family": "Hong", "given": "Chang Won"}, {"family": "Sohn", "given": "Dae Kyung"}, {"family": "Han", "given": "Kyung Su"}, {"family": "Ryu", "given": "Kum Hei"}, {"family": "Park", "given": "Bum Joon"}, {"family": "Nam", "given": "Ji Hyung"}, {"family": "Park", "given": "Ji Won"}, {"family": "Chang", "given": "Hee Jin"}, {"family": "Choi", "given": "Hyo Seong"}, {"family": "Kim", "given": "Jeongseon"}, {"family": "Oh", "given": "Jae Hwan"}], "issued": {"date-parts": [{"2012, 5}]}}, {"id": "702", "uris": [{"http://zotero.org/users/2724931/items/YE8JCYJA"}], "uri": [{"http://zotero.org/users/2724931/items/YE8JCYJA"}], "itemData": {"id": "702", "type": "article-journal", "title": "A Prospective Study of Anthropometric and Clinical Measurements Associated with Insulin Resistance Syndrome and Colorectal Cancer in Male Smokers", "container-title": "American Journal of Epidemiology", "page": "652-664", "volume": "164", "issue": "7", "abstract": "Type 2 diabetes mellitus shares risk factors for and has shown a positive association with colorectal cancer. Anthropometric measures (height, weight, and body mass index (weight (kg)/height (m)²) and metabolic abnormalities associated with insulin resistance syndrome (IRS) (abnormalities in measured blood pressure, high density lipoprotein (HDL) cholesterol, and total cholesterol) were prospectively evaluated for associations with incident colon (n = 227), rectal (n = 183), and colorectal (n = 410) cancers diagnosed between 1985 and 2002 in 28,983 Finnish male smokers from the Alpha-Tocopherol, Beta-Carotene Cancer Prevention Study. Cox proportional hazards models were used to calculate hazard ratios and 95% confidence intervals. In comparison with the lowest quintile, the highest quintile of body mass index was significantly associated with colorectal cancer (hazard ratio (HR) = 1.70, 95% confidence interval (CI): 1.01, 2.85; p-trend = 0.01), particularly colon cancer. Subjects with a cluster of three IRS-related conditions (hypertension, body mass index ≥ 25 kg/m², and HDL cholesterol level <40 mg/dl (<1.55 mmol/liter)), compared with those with fewer conditions, had a significantly increased risk of colorectal cancer (HR = 1.40, 95% CI: 1.12, 1.74), particularly colon cancer (HR = 1.58, 95% CI: 1.18, 2.10), but not rectal cancer. These results support the hypothesis that the significant association observed between IRS-defining metabolic abnormalities and colorectal cancer is determined primarily by adiposity.,"DOI": "10.1093/aje/kwj253", "ISSN": "0002-9262", "journalAbbreviation": "American Journal of Epidemiology", "author": [{"family": "Bowers", "given": "Katherine"}, {"family": "Albanes", "given": "Demetrius"}, {"family": "Limburg", "given": "Paul"}, {"family": "Pietinen", "given": "Pirjo"}, {"family": "Taylor", "given": "Phil R."}, {"family": "Virtamo", "given": "Jarmo"}, {"family": "Stolzenberg-Solomon", "given": "Rachael"}], "issued": {"date-parts": [{"2006, 10, 1}]}}, {"id": "693", "uris": [{"http://zotero.org/users/2724931/items/8F2B2BVX"}], "uri": [{"http://zotero.org/users/2724931/items/8F2B2BVX"}], "itemData": {"id": "693", "type": "article-journal", "title": "Metabolic phenotype and risk of colorectal cancer in normal-weight postmenopausal women", "container-title": "Cancer epidemiology, biomarkers & prevention : a publication of the American Association for Cancer Research, cosponsored by the American Society of Preventive Oncology", "page": "155-161", "volume": "26", "issue": "2", "archive": "PMC", "archive_location": "PMC5301805", "abstract": "BACKGROUND The prevalence of metabolically unhealthy phenotype in normal-weight adults is 30%, and few studies have explored the association between metabolic phenotype and colorectal cancer incidence in normal-weight individuals. Our aim was to compare the risk of colorectal cancer in normal-weight postmenopausal women who were characterized by either the metabolically healthy phenotype or the metabolically unhealthy phenotype. METHODS: A large prospective cohort, the Women's Health Initiative (WHI), was used. The analytical sample included 5,068 postmenopausal women with BMI 18.5-25 kg/m(2). Metabolic phenotype was defined using the Adult Treatment Panel-III (ATP-III) definition, excluding waist circumference; therefore, women with one or none of the four components (elevated triglycerides, low HDL-C, elevated blood pressure, and elevated fasting glucose) were classified as metabolically healthy. Multivariable Cox proportional hazards regression was used to estimate adjusted hazard ratios for the association between metabolic phenotype and risk of colorectal cancer. RESULTS: Among normal-weight women, those who were metabolically unhealthy had higher risks of colorectal cancer (HR: 1.49, 95% CI: 1.02-2.18) compared to those who were metabolically healthy. CONCLUSIONS: A metabolically unhealthy phenotype was associated with higher risk of colorectal cancer among normal-weight women. IMPACT: Normal-weight women should still be evaluated for metabolic health and appropriate steps taken to reduce their risk of colorectal cancer.,"DOI": "10.1158/1055-9965.EPI-16-0761", "ISSN": "1055-9965", "author": [{"family": "Liang", "given": "Xiaoyun"}, {"family": "Margolis", "given": "Karen L"}, {"family": "Hendryx", "given": "Michael"}, {"family": "Rohan", "given": "Thomas"}, {"family": "Groessl", "given": "Erik J"}, {"family": "Thomson", "given": "Cynthia A"}, {"family": "Kroenke", "given": "Candye H"}, {"family": "Simon", "given": "Michael"}, {"family": "Lane", "given": "Dorothy"}, {"family": "Stefanick", "given": "Marcia"}, {"family": "Luo", "given": "Juhua"}], "issued": {"date-parts": [{"2017, 2}]}}, {"id": "692", "uris": [{"http://zotero.org/users/2724931/items/FETAPZNU"}], "uri": [{"http://zotero.org/users/2724931/items/FETAPZNU"}], "itemData": {"id": "692", "type": "article-journal", "title": "Association Among Obesity, Metabolic Health, and the Risk for Colorectal Cancer in the General Population in Korea Using the National Health Insurance Service-National Sample Cohort", "container-title": "Diseases of the Colon & Rectum", "volume": "60", "issue": "11", "abstract": "BACKGROUND: In Korea, the incidence of colorectal cancer has increased and obesity is on a rising trend because of a Westernized lifestyle in men. OBJECTIVE: The purpose of this study was to evaluate the relationship between metabolic health status, as well as BMI, and the incidence of colorectal cancer. DESIGN: This was a prospective cohort study. SETTINGS: The study was conducted with the National Health Insurance Service-National Sample Cohort. PATIENTS: A total of 408,931 Korean adults without cancer at baseline were followed up until 2013 (mean follow-up, 9 y). MAIN OUTCOME MEASURES: MAIN OUTCOME MEASURES: Demographic, anthropometric, and laboratory data at baseline were collected and categorized. The presence of diabetes mellitus, hypertension, and dyslipidemia was defined using the criteria of previous studies. The incidence of colorectal cancer was also defined according to the International Classification of Disease, 10th Revision, codes and the claim data on endoscopy with biopsy. RESULTS: During the follow-up, 5108 new cases of colorectal cancer occurred. Being underweight (<18.5

kg/m²) reduced the risk for colorectal cancer among women (adjusted HR = 0.646 (95% CI, 0.484-0.863)), whereas high BMI significantly increased the risk in men and in the elderly. Obesity (≥ 25

kg/m²), diabetes mellitus, and hypertension were identified as risk factors for colorectal cancer in men but not for women. Although metabolically unhealthy nonobese men had a higher risk for colorectal cancer than metabolically healthy nonobese men (adjusted HR = 1.114 (95% CI, 1.004–1.236)), the risk was lower than that in the obese men. LIMITATIONS: The study population consisted of people who underwent health examinations, thus there could be selection bias. CONCLUSIONS: In Korean adults, obesity contributes to the incidence of colorectal cancer with a sex difference. Nonobese but metabolically unhealthy men are considered to be a high-risk group for colorectal cancer, but obesity itself is more important in colorectal carcinogenesis. See Video Abstract at

<http://links.lww.com/DCR/A475>,"URL":"https://journals.lww.com/derjournal/Fulltext/2017/11000/Association_3706","author":[{"family":"Shin","given":"Cheol Min"}, {"family":"Han","given":"Kyungdo"}, {"family":"Lee","given":"Dong Ho"}, {"family":"Choi","given":"Yoon Jin"}, {"family":"Kim","given":"Nayoung"}, {"family":"Park","given":"Young Soo"}, {"family":"Yoon","given":"Hyuk"}],"issued":{"date-parts":[[2017]]},"id":250,"uris":["http://zotero.org/users/2724931/items/QHPCVRZ8"],"uri":["http://zotero.org/users/2724931/items/QHPCVRZ8"],"itemData":{"id":250,"type":"article-journal","title":"Evaluation of the risk factors associated with rectal neuroendocrine tumors: a big data analytic study from a health screening center","container-title":"Journal of Gastroenterology","page":1112-1121,"volume":51,"issue":12,"abstract":"Rectal neuroendocrine tumor (NET) is the most common NET in Asia. The risk factors associated with rectal NETs are unclear because of the overall low incidence rate of these tumors and the associated difficulty in conducting large epidemiological studies on rare cases. The aim of this study was to exploit the benefits of big data analytics to assess the risk factors associated with rectal NET.","DOI":"10.1007/s00535-016-1198-9","ISSN":"1435-5922","journalAbbreviation":"Journal of Gastroenterology","author":[{"family":"Pyo","given":"Jeung Hui"}, {"family":"Hong","given":"Sung Noh"}, {"family":"Min","given":"Byung-Hoon"}, {"family":"Lee","given":"Jun Haeng"}, {"family":"Chang","given":"Dong Kyung"}, {"family":"Rhee","given":"Poong-Lyul"}, {"family":"Kim","given":"Jae Jun"}, {"family":"Choi","given":"Sun Kyu"}, {"family":"Jung","given":"Sin-Ho"}, {"family":"Son","given":"Hee Jung"}, {"family":"Kim","given":"Young-Ho"}],"issued":{"date-parts":[[2016,12,1]]},"id":125,"uris":["http://zotero.org/users/2724931/items/ENWMID8V"],"uri":["http://zotero.org/users/2724931/items/ENWMID8V"],"itemData":{"id":125,"type":"article-journal","title":"Interplay between 3

-UTR polymorphisms in the vascular endothelial growth factor (VEGF) gene and metabolic syndrome in determining the risk of colorectal cancer in Koreans","container-title":"BMC Cancer","page":881,"volume":14,"archive":"PMC","archive_location":"PMC4289193","abstract":"BACKGROUND Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in cancer development. Moreover, recent studies have reported associations between a number of 3

-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3

-UTR polymorphisms (1451C

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T [rs3025040], 1612G

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A [rs10434], and 1725G

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A [rs3025053] and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C

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T was significantly associated with rectal cancer risk (Dominant model; AOR =1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas VEGF 1725G

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A correlated with MetS risk (Dominant model; AOR =1.61; 95% CI =1.06 - 2.46; p = 0.026). Of the gene-environment combined effects, the interaction of VEGF 1451C

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T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <

.001) whereas the combination of VEGF 1725G

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A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p =0.008). CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users.,"DOI":"10.1186/1471-2407-14-881","ISSN":"1471-2407","author":{"family":"Jeon","given":"Young Joo"},{"family":"Kim","given":"Jong Woo"}, {"family":"Park","given":"Hye Mi"}, {"family":"Jang","given":"Hyo Geun"}, {"family":"Kim","given":"Jung O"}, {"family":"Oh","given":"Jisu"}, {"family":"Chong","given":"So Young"}, {"family":"Kwon","given":"Sung Won"}, {"family":"Kim","given":"Eo Jin"}, {"family":"Oh","given":"Doyeun"}, {"family":"Kim","given":"Nam Keun"}, {"issued":{"date-parts":["2014"]}}, {"id":119,"uris":["http://zotero.org/users/2724931/items/S9F263MP"],"uri":["http://zotero.org/users/2724931/items/S9F263MP"],"itemData":{"id":119,"type":"article-journal","title":"Metabolic syndrome and colorectal cancer: the protective role of Mediterranean diet--a case-control study.","container-title":"Angiology","page":"390-396","volume":"63","issue":"5","abstract":"The effect of Mediterranean diet on colorectal cancer, in the presence of the metabolic syndrome, was evaluated in 250 patients with first developed cancer (63 +/- 12 years, 59% males) and 250 age-gender-matched controls. Adherence to the Mediterranean diet was evaluated with the modified-MedDietScore (theoretical range 0-75), while assessment of the metabolic syndrome (MetS) was based on the third Adult Treatment Panel (ATP III) National Cholesterol Education Program) criteria. Presence of MetS (1.66, 95% confidence interval [CI] 1.02, 2.69), age (4.25, 95% CI 2.33, 7.77), smoking (1.85, 95% CI 1.27, 2.70), and family history of colorectal cancer (3.37, 95% CI 1.69, 6.75) had a detrimental effect, whereas adherence to the Mediterranean diet (0.88, 95% CI 0.84, 0.92) and body mass index (0.93, 95%CI 0.89, 0.98) had a protective role regarding colorectal cancer. Mediterranean diet had the same effect in relation to colorectal cancer, in both participants with (0.84, 95% CI 0.76, 0.93) and without MetS (0.89, 95% CI 0.85, 0.94).","DOI":"10.1177/0003319711421164","ISSN":"1940-1574 0003-3197","note":{"PMID: 22267847","journalAbbreviation":"Angiology","language":"eng","author":{"family":"Kontou","given":"Niki"}, {"family":"Psaltopoulou","given":"Theodora"}, {"family":"Soupos","given":"Nick"}, {"family":"Polychronopoulos","given":"Evangelos"}, {"family":"Xinopoulos","given":"Dimitrios"}, {"family":"Linos","given":"Athana"}, {"family":"Panagiotakos","given":"Demosthenes B."}}, {"issued":{"date-parts":["2012",7]}}, {"id":146,"uris":["http://zotero.org/users/2724931/items/9WXARXXX"],"uri":["http://zotero.org/users/2724931/items/9WXARXXX"],"itemData":{"id":146,"type":"article-journal","title":"Metabolic Syndrome and Risks of Colon and Rectal Cancer: The European Prospective Investigation into Cancer and Nutrition Study","container-title":"Cancer Prevention Research","page":"1873","volume":"4","issue":"11","abstract":"Metabolic syndrome (MetS) is purportedly related to risk of developing colorectal cancer; however, the association of MetS, as defined according to recent international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what extent the MetS components individually account for such an association. We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. Cancer Prev Res; 4(11); 1873-83. ©2011 AACR.,"DOI":"10.1158/1940-6207.CAPR-11-0218","journalAbbreviation":"Cancer Prev Res (Phila)","author":{"family":"Aleksandrova","given":"Krasimira"}, {"family":"Boeing","given":"Heiner"}, {"family":"Jenab","given":"Mazda"}, {"family":"Bas Bueno-de-Mesquita","given":"H."}, {"family":"Jansen","given":"Eugene"}, {"family":"Duijnhoven","given":"Fränzel J.B."}, {"family":"van","given":"van"}, {"family":"Fedirko","given":"Veronika"}, {"family":"Rinaldi","given":"Sabina"}, {"family":"Romieu","given":"Isabelle"}, {"family":"Riboli","given":"Elio"}, {"family":"Romaguera","given":"Dora"}, {"family":"Overvad","given":"Kim"}, {"family":"Østergaard","given":"Jane Nautrup"}, {"family":"Olsen","given":"Anja"}, {"family":"Tjønneland","given":"Anne"}, {"family":"Boutron-Ruault","given":"Marie-Christine"}, {"family":"Clavel-Chapelon","given":"Françoise"}, {"family":"Morris","given":"Sophie"}, {"family":"Masala","given":"Giovanna"}, {"family":"Agnoli","given":"Claudia"}, {"family":"Panico","given":"Salvatore"}, {"family":"Tumino","given":"Rosario"}, {"family":"Vineis","given":"Paolo"}, {"family":"Kaaks","given":"Rudolf"}, {"family":"Lukanova","given":"Annekatri"}, {"family":"Trichopoulou","given":"Antonia"}, {"family":"Naska","given":"Androniki"}, {"family":"Bamia","given":"Christina"}, {"family":"Peeters","given":"Petra H."}, {"family":"Rodríguez","given":"Laudina"}, {"family":"Buckland","given":"Genevieve"}, {"family":"Sánchez","given":"María-José"}, {"family":"Dorronsoro","given":"Miren"}, {"family":"Huerta","given":"Jose-Maria"}, {"family":"Barricarte","given":"Aurelio"}, {"family":"Hallmans","given":"Göran"}, {"family":"Palmqvist","given":"Richard"}, {"family":"Khaw","given":"Kay-Tee"}, {"family":"Wareham","given":"Nicholas"}, {"family":"Allen","given":"Naomi E."}, {"family":"Tsilidis","given":"Konstantinos K"}, {"family":"Pischon","given":"Tobias"}, {"issued":{"date-parts":["2011",11,2]}}, {"id":144,"uris":["http://zotero.org/users/2724931/items/R3KQJJK"],"uri":["http://zotero.org/users/2724931/items/R3KQJJK"],"itemData":{"id":144,"type":"article-journal","title":"Clinical study on the correlation between metabolic syndrome and colorectal carcinoma","container-title":"ANZ Journal of Surgery","page":"331-336","volume":"80","issue":"5","abstract":"Background: Although metabolic syndrome (MS) has received a lot of attention in recent years, the correlation between MS and colorectal carcinoma is still not very clear. This study

aims at exploring the relationship between MS and colorectal carcinoma. Methods: Data was collected from 507 cases of colorectal carcinoma and 507 cases of healthy patients between January 2002 and March 2007 to establish the database. The patients with colorectal cancer were divided into two groups based on the presence of MS. Multivariate analysis of these data for the overall survival and recurrence was performed with the Cox proportional hazard model. Variables examined by multivariate analysis were sex, age, location, histotype, differentiation, tumour, node, metastasis (TNM) stage, the number of lymph nodes detected, etc. Results: The existence of MS in the colorectal carcinoma group was clearly more than that in the control group. The existence of two to four types of abnormal metabolic diseases was significantly more in the colorectal cancer group than in the control group. MS is one of the important elements that can independently influence the survival (odds ratio (OR) = 1.501, 95% confidence interval (CI) = 1.057–2.131) and have the highest risk with worse survival compared with other parameters. Conclusion: There is a close relationship between MS and colorectal carcinoma, and MS is a significantly independent element that influences the survival of the colorectal carcinoma. Decreasing the incidence of MS maybe play a role in improving therapeutic efficacy and prognosis of the cancer.", "DOI": "10.1111/j.1445-2197.2009.05084.x", "ISSN": "1445-2197", "author":

[{"family": "Shen", "given": "Zhanlong"}, {"family": "Wang", "given": "Shan"}, {"family": "Ye", "given": "Yingjiang"}, {"family": "Yin", "given": "Mujun"}, {"family": "Yang", "given": "Xiaodong"}, {"family": "Jiang", "given": "Kewei"}, {"family": "Liu", "given": "Yan"}, {"family": "Yan", "given": "Yan"}], "issued": [{"date-parts": ["2010", 5, 1]}], {"id": "142", "uris": [{"http://zotero.org/users/2724931/items/6XNHFT4N"}], "uri": [{"http://zotero.org/users/2724931/items/6XNHFT4N"}], "itemData": {"id": "142", "type": "article-journal", "title": "Metabolic syndrome is associated with colorectal cancer in men", "container-title": "European Journal of Cancer", "page": "1866-1872", "volume": "46", "issue": "10", "abstract": "Aim of the study\nWe assessed the relation between metabolic syndrome (MetS) and its components and colorectal cancer.\nMethods\nWe analysed data from a multicentre case-control study conducted in Italy and Switzerland, including 1378 cases of colon cancer, 878 cases of rectal cancer and 4661 controls. All cases were incident and histologically confirmed. Controls were subjects admitted to the same hospitals as cases with acute non-malignant conditions. MetS was defined according to the International Diabetes Federation criteria. Odds ratios (ORs) and the corresponding 95% confidence intervals (CIs) were estimated by multiple logistic regression models, including terms for major identified confounding factors for colorectal cancer.\nResults\nWith reference to each component of the MetS, the ORs of colorectal cancer in men were 1.27 (95% CI, 0.95-1.69) for diabetes, 1.24 (95% CI, 1.03-1.48) for hypertension, 1.14 (95% CI, 0.93-1.40) for hypercholesterolaemia and 1.26 (95% CI, 1.08-1.48) for overweight at age 30. The corresponding ORs in women were 1.20 (95% CI, 0.82-1.75), 0.87 (95% CI, 0.71-1.06), 0.83 (95% CI, 0.66-1.03) and 1.06 (95% CI, 0.86-1.30). Colorectal cancer risk was increased in men (OR = 1.86; 95% CI, 1.21-2.86), but not in women (OR = 1.13; 95% CI, 0.66-1.93), with MetS. The ORs were 2.09 (95% CI, 1.38-3.18) in men and 1.15 (95% CI, 0.68-1.94) in women with

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3 components of the MetS, as compared to no component. Results were similar for colon and rectal cancers.\nConclusion\nThis study supports a direct association between MetS and both colon and rectal cancers in men, but not in women.", "DOI": "10.1016/j.ejca.2010.03.010", "ISSN": "0959-8049", "journalAbbreviation": "European Journal of Cancer", "author": [{"family": "Pelucchi", "given": "Claudio"}, {"family": "Negri", "given": "Eva"}, {"family": "Talamini", "given": "Renato"}, {"family": "Levi", "given": "Fabio"}, {"family": "Giacosa", "given": "Attilio"}, {"family": "Crispo", "given": "Anna"}, {"family": "Bidoli", "given": "Ettore"}, {"family": "Montella", "given": "Maurizio"}, {"family": "Franceschi", "given": "Silvia"}, {"family": "La Vecchia", "given": "Carlo"}], "issued": [{"date-parts": ["2010", 7]}], {"id": "152", "uris": [{"http://zotero.org/users/2724931/items/2S89J5KW"}], "uri": [{"http://zotero.org/users/2724931/items/2S89J5KW"}], "itemData": {"id": "152", "type": "article-journal", "title": "Risk factors associated with rectal neuroendocrine tumors: a cross-sectional study.", "container-title": "Cancer epidemiology, biomarkers & prevention : a publication of the American Association for Cancer Research, cosponsored by the American Society of Preventive Oncology", "page": "1406-1413", "volume": "23", "issue": "7", "abstract": "BACKGROUND: The incidence of rectal neuroendocrine tumors (NET) has been increasing since the implementation of the screening colonoscopy. However, very little is known about risk factors associated with rectal NETs. We examined the prevalence of and the risk factors for rectal NETs in a Korean population. METHODS: A cross-sectional study was performed on 62,171 Koreans who underwent screening colonoscopy. The clinical characteristics and serum biochemical parameters of subjects with rectal NET were compared with those of subjects without rectal NET using multivariate logistic regression. RESULTS: Of a total of 57,819 participants, 101 [OR, 0.17%; 95% confidence interval (CI), 0.14-0.20] had a rectal NET. Young age (<50 years; OR, 2.09; 95% CI, 1.06-4.15), male gender (OR, 1.92; 95% CI, 1.15-3.20), alcohol drinking [adjusted OR (AOR), 1.56; 95% CI, 1.01-2.42], and a low high-density lipoprotein-cholesterol (HDL-C) level (AOR, 1.85; 95% CI, 1.10-3.11) were independent risk factors for rectal NETs. Cigarette smoking, fatty liver, metabolic syndrome, higher triglyceride level (≥ 150 mg/dL), and higher homeostasis model assessment of insulin resistance (≥ 2.5) were not independently associated with rectal NETs, although these factors were more common in individuals with rectal NETs in the univariate analysis. CONCLUSIONS: Young age (<50 years), male gender, alcohol drinking, and a low", "DOI": "10.1158/1055-9965.EPI-14-0132", "ISSN": "1538-7755 1055-9965", "note": "PMID: 24813818", "journalAbbreviation": "Cancer Epidemiol Biomarkers Prev", "language": "eng", "author": [{"family": "Jung", "given": "Yoon Suk"}, {"family": "Yun", "given": "Kyung Eun"}, {"family": "Chang", "given": "Yoonsoo"}, {"family": "Ryu", "given": "Seungho"}, {"family": "Park", "given": "Jung Ho"}, {"family": "Kim", "given": "Hong Joo"}, {"family": "Cho", "given": "Yong Kyun"}, {"family": "Sohn", "given": "Chong Il"}, {"family": "Jeon", "given": "Woo Kyu"}, {"family": "Kim", "given": "Byung Ik"}, {"family": "Park", "given": "Dong Il"}], "issued": [{"date-parts": ["2014", 7]}], "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}]

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journal","title":"Association of colorectal adenoma with components of metabolic syndrome.","container-
title":"Cancer causes & control : CCC","page":"727-735","volume":"23","issue":"5","abstract":"PURPOSE:
Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal
neoplasms. Although the mechanism is not known, those have been proposed to contribute to this phenomenon,
including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess
the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the
National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667
polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated
using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride
levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated
with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal
adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon
adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and
adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum.
CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including
advanced adenoma and multiplicity."},"DOI":"10.1007/s10552-012-9942-9","ISSN":"1573-7225 0957-
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Community-Based Study","container-title":"Canadian Journal of Gastroenterology &
Hepatology","page":"8750967","volume":"2017","archive":"PMC","archive_location":"PMC5525097","abstract":
AND AIMS: Obesity is a risk factor for colorectal neoplasia. We examined the influence of obesity and metabolic
syndrome (MetS) on prevalence of neoplasia at screening colonoscopy. METHODS: We evaluated 2020 subjects
undergoing first screening colonoscopy. Body mass index (BMI) was calculated at enrolment. Hyperlipidemia
(HL), hypertension (HT), and diabetes mellitus (DM) were identified. Details of colonoscopy, polypectomy, and
histology were recorded. Odds for adenomas (A) and advanced adenomas (ADV) in overweight (BMI 25.1-30)
and obese (BMI > 30) subjects were assessed by multinomial regression, adjusted for covariates. Analyses
included relationships between HL, HT, DM, age, tobacco usage, and neoplasia. Discriminatory power of HT, HL,
DM, and BMI for neoplasia was assessed by binary logistic regression. Odds were calculated for neoplasia in each
colonic segment related to BMI. RESULTS: A and ADV were commoner in overweight and obese males, obese
females, older subjects, and smokers. HL, HT, and DM were associated with increased odds for neoplasia,
significantly for A with hypertension. BMI alone predicted neoplasia as well as HT, HL, DM, or combinations
thereof. All segments of the colon were affected. Multiple polyps were particularly prevalent in the obese.
CONCLUSIONS: Obesity and MetS are risk factors for colonic neoplasia in a Canadian
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The study subjects were 756 cases of colorectal adenoma and 1751 controls with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal obesity in combination with any two of the following conditions: elevated triglycerides (≥ 150 mg/dL); lowered HDL cholesterol (< 40 mg/dL); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); and raised fasting glucose (≥ 110 mg/dL). Abdominal obesity was defined as a waist circumference of 85cm or more (Japanese criterion) or ≥ 90 cm (Asian criterion). Statistical adjustment was made for age, hospital, and rank in the SDF. The metabolic syndrome was found to be associated with a moderately increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI 1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and was almost exclusively observed for large lesions (≥ 5 mm in diameter). Thus the metabolic syndrome appears to be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and type 2 diabetes."}, {"journalAbbreviation": "APJCP", "language": "en", "author": [{"family": "Morita", "given": "Takako"}, {"family": "Tabata", "given": "Shinji"}, {"family": "Mineshita", "given": "Masamichi"}, {"family": "Mizoue", "given": "Tetsuya"}, {"family": "Moore", "given": "Malcolm A"}, {"family": "Kono", "given": "Suminori"}], "issued": {"date-parts": [{"2005, 4}]}, {"id": "255", "uris": ["http://zotero.org/users/2724931/items/7IV5ACIY"], "uri": ["http://zotero.org/users/2724931/items/7IV5ACIY"], "itemData": {"id": "255", "type": "article-journal", "title": "The Risk of Colorectal Neoplasia in Patients with Gallbladder Diseases", "container-title": "Journal of Korean Medical Science", "page": "1288-1294", "volume": "30", "issue": "9", "archive": "PMC", "archive_location": "PMC4553676", "abstract": "Cholecystectomy is associated with an increased risk of colorectal cancer, but little is known about the relationship between gallbladder disease and colorectal adenoma. Gallbladder polyps and colorectal neoplasia (CRN) share several risk factors such as obesity, diabetes and metabolic syndrome, which might account for their association. In this study, we investigated whether asymptomatic patients with gallbladder disease are at increased risk of CRN and identified the factors to their association. The study population consisted of 4,626 consecutive, asymptomatic individuals drawn from a prospective health check-up cohort who underwent both ultrasonography and colonoscopy screening. The prevalence of CRNs in patients with gallbladder polyps or gallstones was significantly higher than that in the control group (32.1% vs. 26.8%; P = 0.032, 35.8% vs. 26.9%; P = 0.020). A multivariate regression analysis showed that gallbladder polyps were an independent risk factor for CRN [adjusted odds ratio (OR): 1.29; 95% confidence interval (CI): 1.03-1.62] whereas gallstones were not (adjusted OR: 1.14; 95% CI: 0.79-1.63). The adjusted OR for the risk of CRN was 1.12 for gallbladder polyps < 5 mm (95% CI, 0.85-1.46) and 1.79 for gallbladder polyps ≥ 5 mm (95% CI, 1.15-2.77). The prevalence of CRN increased with increasing polyp size (P trend = 0.022). Our results suggest that colorectal neoplasia is significantly related to gallbladder polyps, especially those ≥ 5 mm. 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However, the association of insulin resistance with colorectal adenoma has not been investigated in detail. To elucidate the association of metabolic syndrome components and insulin resistance with adenoma, we investigated homeostasis model assessment insulin resistance (HOMA-IR) in individuals with adenoma. A cross-sectional study was conducted involving individuals who underwent scheduled health examinations using total colonoscopy. Restricting the subjects to males, 261 with adenoma and 702 without adenoma were investigated. HOMA-IR was categorized into three groups: normal (< 1.6), intermediate (≥ 1.6 - < 2.5), and insulin resistance (≥ 2.5 ≤ 4). Metabolic syndrome was defined by a combination of any three of the following components: central obesity (waist circumference ≥ 90 cm); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); elevated fasting plasma glucose (≥ 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and elevated triglyceride (≥ 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively). Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001). However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate that an increased level of HOMA-IR is a risk factor for colorectal adenoma in Japanese males."}, {"ISSN": "1349-3329 0040-8727", "note": "PMID: 21478654", "journalAbbreviation": "Tohoku J Exp Med", "language": "eng", "author": [{"family": "Sato", "given": "Takeshi"}, {"family": "Takeda", "given": "Hiroaki"}],

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Research", "page": "1873", "volume": "4", "issue": "11", "abstract": "Metabolic syndrome (MetS) is purportedly related
to risk of developing colorectal cancer; however, the association of MetS, as defined according to recent
international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what
extent the MetS components individually account for such an association. We addressed these issues in a nested
case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density
sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined
according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III
(NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among
individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer,
whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal
cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with
colon cancer (e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII,
but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall,
these associations were stronger in women than in men. However, the association between MetS and colorectal
cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide
risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data
suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals
at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. Cancer
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 Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in
 cancer development. Moreover, recent studies have reported associations between a number of 3

-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three
 VEGF 3

-UTR polymorphisms (1451C

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T [rs3025040], 1612G

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A [rs10434], and 1725G

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A [rs3025053]) and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850
 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF
 polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and
 gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs)
 of multivariate logistic regression analyses. RESULTS: VEGF 1451C

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T was significantly associated with rectal cancer risk (Dominant model; AOR = 1.58; 95% CI = 1.09 - 2.28; p =
 0.015) whereas VEGF 1725G

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A correlated with MetS risk (Dominant model; AOR = 1.61; 95% CI = 1.06 - 2.46; p = 0.026). Of the gene-
 environment combined effects, the interaction of VEGF 1451C

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T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <

.001) whereas the combination of VEGF 1725G

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A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p = 0.008).
 CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS.
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 (NET) has been increasing since the implementation of the screening colonoscopy. However, very little is known

about risk factors associated with rectal NETs. We examined the prevalence of and the risk factors for rectal NETs in a Korean population. METHODS: A cross-sectional study was performed on 62,171 Koreans who underwent screening colonoscopy. The clinical characteristics and serum biochemical parameters of subjects with rectal NET were compared with those of subjects without rectal NET using multivariate logistic regression. RESULTS: Of a total of 57,819 participants, 101 [OR, 0.17%; 95% confidence interval (CI), 0.14-0.20] had a rectal NET. Young age (<50 years; OR, 2.09; 95% CI, 1.06-4.15), male gender (OR, 1.92; 95% CI, 1.15-3.20), alcohol drinking [adjusted OR (AOR), 1.56; 95% CI, 1.01-2.42], and a low high-density lipoprotein-cholesterol (HDL-C) level (AOR, 1.85; 95% CI, 1.10-3.11) were independent risk factors for rectal NETs. Cigarette smoking, fatty liver, metabolic syndrome, higher triglyceride level (≥ 150 mg/dL), and higher homeostasis model assessment of insulin resistance (≥ 2.5) were not independently associated with rectal NETs, although these factors were more common in individuals with rectal NETs in the univariate analysis. CONCLUSIONS: Young age (<50 years), male gender, alcohol drinking, and a low", "DOI": "10.1158/1055-9965.EPI-14-0132", "ISSN": "1538-7755 1055-9965", "note": "PMID: 24813818", "journalAbbreviation": "Cancer Epidemiol Biomarkers Prev", "language": "eng", "author": [{"family": "Jung", "given": "Yoon Suk"}, {"family": "Yun", "given": "Kyung Eun"}, {"family": "Chang", "given": "Yoosoo"}, {"family": "Ryu", "given": "Seungho"}, {"family": "Park", "given": "Jung Ho"}, {"family": "Kim", "given": "Hong Joo"}, {"family": "Cho", "given": "Yong Kyun"}, {"family": "Sohn", "given": "Chong Il"}, {"family": "Jeon", "given": "Woo Kyu"}, {"family": "Kim", "given": "Byung Ik"}, {"family": "Park", "given": "Dong Il"}], "issued": {"date-parts": [{"2014, 7}]}}, {"id": 121, "uris": ["http://zotero.org/users/2724931/items/7FAPCFIV"], "uri": "http://zotero.org/users/2724931/items/7FAPCFIV", "itemData": {"id": 121, "type": "article-journal", "title": "Association of colorectal adenoma with components of metabolic syndrome.", "container-title": "Cancer causes & control : CCC", "page": "727-735", "volume": "23", "issue": "5", "abstract": "PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to contribute to this phenomenon, including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667 polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity.", "DOI": "10.1007/s10552-012-9942-9", "ISSN": "1573-7225 0957-5243", "note": "PMID: 22450737", "journalAbbreviation": "Cancer Causes Control", "language": "eng", "author": [{"family": "Kim", "given": "Byung Chang"}, {"family": "Shin", "given": "Aesun"}, {"family": "Hong", "given": "Chang Won"}, {"family": "Sohn", "given": "Dae Kyung"}, {"family": "Han", "given": "Kyung Su"}, {"family": "Ryu", "given": "Kum Hei"}, {"family": "Park", "given": "Bum Joon"}, {"family": "Nam", "given": "Ji Hyung"}, {"family": "Park", "given": "Ji Won"}, {"family": "Chang", "given": "Hee Jin"}, {"family": "Choi", "given": "Hyo Seong"}, {"family": "Kim", "given": "Jeongseon"}, {"family": "Oh", "given": "Jae Hwan"}], "issued": {"date-parts": [{"2012, 5}]}}, {"id": 123, "uris": ["http://zotero.org/users/2724931/items/33P199M5"], "uri": "http://zotero.org/users/2724931/items/33P199M5", "itemData": {"id": 123, "type": "article-journal", "title": "Increased risk of colorectal malignant neoplasm in patients with nonalcoholic fatty liver disease: a large study", "container-title": "Molecular Biology Reports", "page": "2989-2997", "volume": "41", "issue": "5", "abstract": "Nonalcoholic fatty liver disease (NAFLD) has been suggested to be a strong risk factor of colorectal benign adenomas and advanced neoplasms. The aim of this large cohort study was to further investigate the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and determine whether association between NAFLD and CRMN exists. 2,315 community subjects (1,370 males and 945 females) who underwent a routine colonoscopy according to international colorectal cancer screening guideline were recruited. Nature of colorectal lesions determined by biopsy and NAFLD was diagnosed by ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512-2.761; P < 0.05). After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360-2.567; P < 0.05). NAFLD was an independent risk factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD. (ClinicalTrials.gov number, NCT01657773, website: <http://clinicaltrials.gov/ct2/show/NCT01657773?term=zheng+minghua&rank=1>).", "DOI": "10.1007/s11033-014-3157-y", "ISSN": "1573-4978", "journalAbbreviation": "Molecular Biology Reports", "author": [{"family": "Lin", "given": "Xian-Feng"}, {"family": "Shi", "given": "Ke-Qing"}, {"family": "You", "given": "Jie"}, {"family": "Liu", "given": "Wen-Yue"}, {"family": "Luo", "given": "Ying-Wan"}, {"family": "Wu", "given": "Fa-Ling"}, {"family": "Chen", "given": "Yong-Ping"}, {"family": "Wong", "given": "Danny Ka-Ho"}, {"family": "Yuen", "given": "Man-Fung"}, {"family": "Zheng", "given": "Ming-Hua"}], "issued": {"date-parts": [{"2014, 7}]}}, {"id": 144, "uris": ["http://zotero.org/users/2724931/items/R3KQJJK"], "uri": "http://zotero.org/users/2724931/items/R3KQJJK", "itemData": {"id": 144, "type": "article-journal", "title": "Clinical study on the correlation between metabolic syndrome and colorectal carcinoma", "container-title": "ANZ Journal of Surgery", "page": "331-336", "volume": "80", "issue": "5", "abstract": "Background: Although metabolic syndrome (MS) has received a lot of attention in recent years, the correlation between MS and colorectal carcinoma is still not very clear. This study aims at exploring the relationship between MS and colorectal carcinoma. Methods: Data was collected from 507 cases of colorectal carcinoma and 507 cases of healthy patients between January 2002 and March 2007 to establish the database. The patients with colorectal cancer were divided into two groups based on the presence of MS. Multivariate analysis of these data for the overall survival and recurrence was performed with the Cox proportional hazard model. Variables examined by multivariate analysis were sex, age, location, histotype, differentiation, tumour, node, metastasis (TNM) stage, the number of lymph nodes detected, etc. Results: The existence of MS in the colorectal carcinoma group was clearly more than that in the control group. The existence

of two to four types of abnormal metabolic diseases was significantly more in the colorectal cancer group than in the control group. MS is one of the important elements that can independently influence the survival (odds ratio (OR) = 1.501, 95% confidence interval (CI) = 1.057–2.131) and have the highest risk with worse survival compared with other parameters. Conclusion: There is a close relationship between MS and colorectal carcinoma, and MS is a significantly independent element that influences the survival of the colorectal carcinoma. Decreasing the incidence of MS maybe play a role in improving therapeutic efficacy and prognosis of the cancer.", "DOI": "10.1111/j.1445-2197.2009.05084.x", "ISSN": "1445-2197", "author": [{"family": "Shen", "given": "Zhanlong"}, {"family": "Wang", "given": "Shan"}, {"family": "Ye", "given": "Yingjiang"}, {"family": "Yin", "given": "Mujun"}, {"family": "Yang", "given": "Xiaodong"}, {"family": "Jiang", "given": "Kewei"}, {"family": "Liu", "given": "Yan"}], "issued": {"date-parts": [{"2010, 5, 1}]}}, {"schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"} 44, 46, 54, 56, 57, 66

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2.10

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P

= 0.04)

0.03

49.46, df = 11

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P

< 0.00001)

78

0.3108

0.7347

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2 (2) [

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2.12 [1.62-2.77]

5.46

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P

< 0.00001)

NA

0.56, df = 1

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P

= 0.45)

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Visceral Obesity and CRN risk

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10 (13) [

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METHODS: Study participants visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667 polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity.","DOI":"10.1007/s10552-012-9942-9","ISSN":"1573-7225 0957-5243","note":"PMID: 22450737","journalAbbreviation":"Cancer Causes Control","language":"eng","author":[{"family":"Kim","given":"Byung Chang"}, {"family":"Shin","given":"Aesun"}, {"family":"Hong","given":"Chang Won"}, {"family":"Sohn","given":"Dae Kyung"}, {"family":"Han","given":"Kyung Su"}, {"family":"Ryu","given":"Kum Hei"}, {"family":"Park","given":"Bum Joon"}, {"family":"Nam","given":"Ji Hyung"}, {"family":"Park","given":"Ji Won"}, {"family":"Chang","given":"Hee Jin"}, {"family":"Choi","given":"Hyo Seong"}, {"family":"Kim","given":"Jeongseon"}, {"family":"Oh","given":"Jae Hwan"}],"issued":{"date-parts":[[2012,5]]},"id":690,"uris":["http://zotero.org/users/2724931/items/VY8D9VHF"],"uri":["http://zotero.org/users/2724931/items/VY8D9VHF"],"itemData":{"id":690,"type":"article-journal","title":"Distinct Metabolic Profiles are Associated with Colorectal Adenomas and Serrated Polyps","container-title":"Obesity","page":"S72-S80","volume":"25","issue":"S2","abstract":"Objective Prevention of colorectal cancer (CRC) by colonoscopy is recommended according to age and personal/familial history. Metabolic alterations are associated with colorectal adenomas, but data are scarce regarding serrated polyps and advanced polyps. The aim of this study was to evaluate the association between metabolic alterations and colorectal polyp type and advanced polyps. Methods A case-control study was conducted among consecutive subjects, 40 to 70 years old, who underwent screening/diagnostic colonoscopy from 2010 to 2015. Subjects who were treated for diabetes, who had a family/personal history of CRC, and who were at high risk for CRC were excluded. Participants underwent anthropometric, laboratory, and ultrasonographic evaluations and a medical and lifestyle interview. Polyps were histologically classified as adenomatous or serrated polyps and divided into advanced and non-advanced categories. Results The study included 828 participants (58.4% women, 50.4% men). Abdominal obesity (odds ratio [OR]=1.67, 95% CI: 1.20-2.30), hypertension (OR=1.47, 95% CI: 1.03-2.09), and a high glycosylated hemoglobin percentage (HbA1c%) (OR=1.57, 95% CI: 1.06-2.34) were independently associated with colorectal adenomas, whereas a high triglyceride to high-density lipoprotein cholesterol (TG/HDL) ratio was independently associated with serrated polyps (OR=2.31, 95% CI: 1.32-4.03). A combination of three metabolic alterations was strongly associated with colorectal polyps. Conclusions Abdominal obesity, hypertension, and a high HbA1c% are independently associated with adenomas, whereas a high TG/HDL ratio is associated with serrated polyps. These parameters are easily accessible in clinical practice and may help define high-risk groups for CRC.","DOI":"10.1002/oby.22001","ISSN":"1930-7381","journalAbbreviation":"Obesity","author":{"literal":"Fliss Isakov Naomi"}, {"literal":"Zelber Sagi Shira"}, {"literal":"Webb Muriel"}, {"literal":"Halpern Zamir"}, {"literal":"Shibolet Oren"}, {"literal":"Kariv Revital"}],"issued":{"date-parts":[[2017,10,31]]},"id":708,"uris":["http://zotero.org/users/2724931/items/VNR6N7NX"],"uri":["http://zotero.org/users/2724931/items/VNR6N7NX"],"itemData":{"id":708,"type":"article-journal","title":"The Metabolic Syndrome is Associated with Increased Risk of Colorectal Adenoma Development: The Self-Defense Forces Health Study","page":"5","volume":"6","issue":"4","source":"Zotero","abstract":"The metabolic syndrome, a cluster of metabolic abnormalities linked to insulin resistance, has attracted much interest as a risk factor for cardiovascular disease and type 2 diabetes. Hyperinsulinemia is also a postulated biological risk factor for colorectal carcinogenesis. We therefore here examined the relation between the metabolic syndrome and colorectal adenoma development. The study subjects were 756 cases of colorectal adenoma and 1751 controls with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal obesity in combination with any two of the following conditions: elevated triglycerides (≥ 150 mg/dL); lowered HDL cholesterol (< 40 mg/dL); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); and raised fasting glucose (≥ 110 mg/dL). Abdominal obesity was defined as a waist circumference of 85cm or more (Japanese criterion) or ≥ 90 cm (Asian criterion). Statistical adjustment was made for age, hospital, and rank in the SDF. The metabolic syndrome was found to be associated with a moderately increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI 1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and was almost exclusively observed for large lesions (≥ 5 mm in diameter). Thus the metabolic syndrome appears to be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and type 2 diabetes.","journalAbbreviation":"APJCP","language":"en","author":{"family":"Morita","given":"Takako"}, {"family":"Tabata","given":"Shinji"}, {"family":"Mineshita","given":"Masamichi"}, {"family":"Mizoue","given":"Tetsuya"}]}

{"family": "Moore", "given": "Malcolm A"}, {"family": "Kono", "given": "Suminori"}], "issued": {"date-parts": [{"2005", 4}]}, {"id": "255", "uris": ["http://zotero.org/users/2724931/items/7IV5ACIY"], "uri": "http://zotero.org/users/2724931/items/7IV5ACIY"}, {"itemData": {"id": "255", "type": "article-journal", "title": "The Risk of Colorectal Neoplasia in Patients with Gallbladder Diseases", "container-title": "Journal of Korean Medical Science", "page": "1288-1294", "volume": "30", "issue": "9", "archive": "PMC", "archive_location": "PMC4553676", "abstract": "Cholecystectomy is associated with an increased risk of colorectal cancer, but little is known about the relationship between gallbladder disease and colorectal adenoma. Gallbladder polyps and colorectal neoplasia (CRN) share several risk factors such as obesity, diabetes and metabolic syndrome, which might account for their association. In this study, we investigated whether asymptomatic patients with gallbladder disease are at increased risk of CRN and identified the factors to their association. The study population consisted of 4,626 consecutive, asymptomatic individuals drawn from a prospective health check-up cohort who underwent both ultrasonography and colonoscopy screening. The prevalence of CRNs in patients with gallbladder polyps or gallstones was significantly higher than that in the control group (32.1% vs. 26.8%; P = 0.032, 35.8% vs. 26.9%; P = 0.020). A multivariate regression analysis showed that gallbladder polyps were an independent risk factor for CRN [adjusted odds ratio (OR): 1.29; 95% confidence interval (CI): 1.03-1.62] whereas gallstones were not (adjusted OR: 1.14; 95% CI: 0.79-1.63). The adjusted OR for the risk of CRN was 1.12 for gallbladder polyps < 5 mm (95% CI, 0.85-1.46) and 1.79 for gallbladder polyps ≥ 5 mm (95% CI, 1.15-2.77). The prevalence of CRN increased with increasing polyp size (P trend = 0.022). Our results suggest that colorectal neoplasia is significantly related to gallbladder polyps, especially those ≥ 5 mm. GRAPHICAL ABSTRACT: {"DOI": "10.3346/jkms.2015.30.9.1288", "ISSN": "1011-8934", "author": [{"family": "Hong", "given": "Sung Noh"}, {"family": "Lee", "given": "Tae Yoon"}, {"family": "Yun", "given": "Sung-Cheol"}], "issued": {"date-parts": [{"2015", 9}]}, {"id": "150", "uris": ["http://zotero.org/users/2724931/items/HXJHWU16"], "uri": "http://zotero.org/users/2724931/items/HXJHWU16"}, {"itemData": {"id": "150", "type": "article-journal", "title": "Vegetarianism as a Protective Factor for Colorectal Adenoma and Advanced Adenoma in Asians", "container-title": "Digestive Diseases and Sciences", "page": "1025-1035", "volume": "59", "issue": "5", "abstract": "Although epidemiologic and animal studies suggest a vegetarian diet protects against the development of colorectal cancer, the relationship between vegetarian diet and incidence of colorectal adenoma is not yet conclusive, especially for Asians.", "DOI": "10.1007/s10620-013-2974-5", "ISSN": "1573-2568", "journalAbbreviation": "Digestive Diseases and Sciences", "author": [{"family": "Lee", "given": "Chang Geun"}, {"family": "Hahn", "given": "Suk Jae"}, {"family": "Song", "given": "Min Keun"}, {"family": "Lee", "given": "Jun Kyu"}, {"family": "Kim", "given": "Jae Hak"}, {"family": "Lim", "given": "Yun Jeong"}, {"family": "Koh", "given": "Moon-Soo"}, {"family": "Lee", "given": "Jin Ho"}, {"family": "Kang", "given": "Hyoun Woo"}], "issued": {"date-parts": [{"2014", 11}]}, {"id": "118", "uris": ["http://zotero.org/users/2724931/items/TSAINUMV"], "uri": "http://zotero.org/users/2724931/items/TSAINUMV"}, {"itemData": {"id": "118", "type": "article-journal", "title": "Increased homeostasis model assessment-insulin resistance is a risk factor for colorectal adenoma in Japanese males.", "container-title": "The Tohoku journal of experimental medicine", "page": "297-303", "volume": "223", "issue": "4", "abstract": "Many previous reports have documented a relationship between metabolic syndrome, in terms of insulin resistance, and colorectal cancer. However, the association of insulin resistance with colorectal adenoma has not been investigated in detail. To elucidate the association of metabolic syndrome components and insulin resistance with adenoma, we investigated homeostasis model assessment insulin resistance (HOMA-IR) in individuals with adenoma. A cross-sectional study was conducted involving individuals who underwent scheduled health examinations using total colonoscopy. Restricting the subjects to males, 261 with adenoma and 702 without adenoma were investigated. HOMA-IR was categorized into three groups: normal (< 1.6), intermediate (≥ 1.6 - < 2.5), and insulin resistance (2.5 ≤). Metabolic syndrome was defined by a combination of any three of the following components: central obesity (waist circumference ≥ 90 cm); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); elevated fasting plasma glucose (≥ 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and elevated triglyceride (≥ 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively). Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001). However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate that an increased level of HOMA-IR is a risk factor for colorectal adenoma in Japanese males.", "ISSN": "1349-3329 0040-8727", "note": "PMID: 21478654", "journalAbbreviation": "Tohoku J Exp Med", "language": "eng", "author": [{"family": "Sato", "given": "Takeshi"}, {"family": "Takeda", "given": "Hiroaki"}, {"family": "Sasaki", "given": "Yu"}, {"family": "Kawata", "given": "Sumio"}], "issued": {"date-parts": [{"2011", 4}]}, {"id": "390", "uris": ["http://zotero.org/users/2724931/items/9BZ81CKP"], "uri": "http://zotero.org/users/2724931/items/9BZ81CKP"}, {"itemData": {"id": "390", "type": "article-journal", "title": "Stepwise Relationship Between Components of Metabolic Syndrome and Risk of Colorectal Adenoma in a Taiwanese Population Receiving Screening Colonoscopy", "container-title": "Journal of the Formosan Medical Association", "page": "100-108", "volume": "110", "issue": "2", "source": "CrossRef", "DOI": "10.1016/S0929-6646(11)60016-8", "ISSN": "09296646", "language": "en", "author": [{"family": "Hu", "given": "Nien-Chih"}, {"family": "Chen", "given": "Jong-Dar"}, {"family": "Lin", "given": "Yu-Min"}, {"family": "Chang", "given": "Jun-Yih"}, {"family": "Chen", "given": "Yu-Hung"}], "issued": {"date-parts": [{"2011", 2}]}, {"id": "145", "uris": ["http://zotero.org/users/2724931/items/FX77VBWZ"], "uri": "http://zotero.org/users/2724931/items/FX77VBWZ"}, {"itemData": {"id": "145", "type": "article-journal", "title": "Prevalence and risk of colorectal neoplasms in asymptomatic, average-risk screenees 40 to 49 years of age", "container-title": "Gastrointestinal Endoscopy", "page": "480-489", "volume": "72", "issue": "3", "abstract": "Background\nA paucity of information exists regarding colorectal neoplasm in asymptomatic, average-risk individuals 40 to 49 years of age.\nObjective\nTo evaluate the prevalence and risk factors of colorectal neoplasms in those in their 40s.\nDesign\nCross-sectional study.\nSetting\nResults offered to subjects of a health care provider that offers screening services as part of an employer-provided wellness program.\nPatients\nA consecutive series of 1761 asymptomatic, average-risk screenees 40 to 59 years of age.\nIntervention\nFirst screening colonoscopy.\nResults\nThe prevalence of overall colorectal neoplasm in subjects of ages 40 to 44 years, 45 to 49 years, 50 to 54 years, and 55 to 59 years increased significantly with increasing age (13.7%, 20.2%, 21.0%, and 23.8%, respectively; P < .001). The prevalence of advanced adenomas in subjects of ages 40 to 44 years, 45 to 49 years, 50 to 54 years, and 55 to 59 years increased significantly with age (1.9%, 3.0%, 3.2%, and 5.9%, respectively; P = .004). Multivariate analysis of data from the

40- to 49-year age group identified an increased risk of colorectal neoplasm associated with ages 45 years and older (odds ratio [OR], 1.68; 95% CI, 1.20-2.35), male sex (OR, 1.76; 95% CI, 1.15-2.69), presence of abdominal obesity (OR, 1.57; 95% CI, 1.12-2.21), and metabolic syndrome (OR, 1.56; 95% CI, 1.03-2.35), whereas for advanced adenomas, abdominal obesity (OR, 2.37; 95% CI, 1.06-5.27) and metabolic syndrome (OR, 2.83; 95% CI, 1.23-6.53) were the independent risk factors. Limitations Single-center study and the cohort composed of ethnic Korean subjects who lived in the same geographic region. Conclusion In average-risk individuals 40 to 49 years of age, men with abdominal obesity or metabolic syndrome might benefit from screening colonoscopy starting at 45 years of age to detect colorectal neoplasm. DOI:10.1016/j.gie.2010.06.022, ISSN:0016-5107, journalAbbreviation:"Gastrointestinal Endoscopy", author:{"family":"Hong", "given":"Sung Noh"}, {"family":"Kim", "given":"Jeong Hwan"}, {"family":"Choe", "given":"Won Hyeok"}, {"family":"Han", "given":"Hye Seung"}, {"family":"Sung", "given":"In Kyung"}, {"family":"Park", "given":"Hyung Seok"}, {"family":"Shim", "given":"Chan Sup"}, {"issued":{"date-parts":[["2010",9]]}}, {"id":137, "uris": ["http://zotero.org/users/2724931/items/566MKVT3"], "uri": ["http://zotero.org/users/2724931/items/566MKVT3"], "itemData":{"id":137, "type":"article-journal", "title":"Visceral obesity as a risk factor for colorectal neoplasm", "container-title":"Journal of Gastroenterology and Hepatology", "page":"411-417", "volume":"23", "issue":"3", "abstract":"Background and Aim: Obesity as a risk factor for colorectal neoplasm (CRN) is controversial. In the present study, we evaluated visceral obesity as a risk factor for CRN. Methods: We prospectively enrolled 200 consecutive, asymptomatic adults (male : female = 133:67, mean age, 50.9 ± 8.5 years) undergoing both colonoscopy and abdominopelvic computed tomography (CT) scan for routine health evaluations. The presence or absence and the characteristics of CRN were determined during colonoscopy. The amount of visceral adipose tissue (VAT) and subcutaneous adipose tissue was measured by an abdominopelvic CT scan. Body mass index, waist circumference, and percentage of body fat were measured. Blood pressure and other blood markers for assessing the metabolic syndrome were also investigated. Results: Of the 200 patients, 53 (26.5%) had CRN. Old age, smoking, metabolic syndrome, and a high fasting plasma glucose level were associated with an increased risk of CRN. VAT (P < 0.01) and waist circumference (P = 0.01) were significantly higher in those with CRN. A multivariate analysis of the risks of CRN showed an odds ratio of 4.07 (95% confidence interval: 1.01–16.43, P = 0.03) for those with VAT over 136.61 cm2 relative to those with VAT under 67.23 cm2. Waist circumference, metabolic syndrome, and fasting plasma glucose levels were not independent risk factors for CRN in the multivariate analysis. Conclusion: Increased VAT is an independent risk factor for CRN. Further large scale studies are needed to clarify the causal relationship between VAT and CRN.", "DOI":"10.1111/j.1440-1746.2007.05125.x", "ISSN":"1440-1746", "author":{"family":"Oh", "given":"Tae-Hoon"}, {"family":"Byeon", "given":"Jeong-Sik"}, {"family":"Myung", "given":"Seung-Jae"}, {"family":"Yang", "given":"Suk-Kyun"}, {"family":"Choi", "given":"Kwi-Sook"}, {"family":"Chung", "given":"Jun-Won"}, {"family":"Kim", "given":"Benjamin"}, {"family":"Lee", "given":"Don"}, {"family":"Byun", "given":"Jae Ho"}, {"family":"Jang", "given":"Se Jin"}, {"family":"Kim", "given":"Jin-Ho"}, {"issued":{"date-parts": [{"2008",3,1}]}}, {"id":386, "uris": ["http://zotero.org/users/2724931/items/FP3DWZMH"], "uri": ["http://zotero.org/users/2724931/items/FP3DWZMH"], "itemData":{"id":386, "type":"article-journal", "title":"Is Metabolic Syndrome A Risk Factor for Colorectal Adenoma?", "container-title":"Cancer Epidemiology and Prevention Biomarkers", "page":"1543-1546", "volume":"16", "issue":"8", "journalAbbreviation":"Cancer Epidemiol Biomarkers Prev", "author":{"family":"Kim", "given":"Jeong Hwan"}, {"family":"Lim", "given":"Yun Jeong"}, {"family":"Kim", "given":"Young-Ho"}, {"family":"Sung", "given":"In-Kyung"}, {"family":"Shim", "given":"Sang Goon"}, {"family":"Oh", "given":"Sung-Ook"}, {"family":"Park", "given":"Sin-Sil"}, {"family":"Yang", "given":"Sun"}, {"family":"Son", "given":"Hee Jung"}, {"family":"Rhee", "given":"Poong-Lyul"}, {"family":"Kim", "given":"Jae J."}, {"family":"Rhee", "given":"Jong Chul"}, {"family":"Choi", "given":"Yoon-Ho"}, {"issued":{"date-parts": [{"2007",8,7}]}}, {"schema":"https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}]

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 Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal
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 including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess
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 using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride
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 adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum.
 CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including
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 of Mediterranean diet on colorectal cancer, in the presence of the metabolic syndrome, was evaluated in 250
 patients with first developed cancer (63 +/- 12 years, 59% males) and 250 age-gender-matched controls.
 Adherence to the Mediterranean diet was evaluated with the modified-MedDietScore (theoretical range 0-75),
 while assessment of the metabolic syndrome (MetS) was based on the third Adult Treatment Panel ([ATP III]
 National Cholesterol Education Program) criteria. Presence of MetS (1.66, 95% confidence interval [CI] 1.02,
 2.69), age (4.25, 95% CI 2.33, 7.77), smoking (1.85, 95% CI 1.27, 2.70), and family history of colorectal cancer
 (3.37, 95% CI 1.69, 6.75) had a detrimental effect, whereas adherence to the Mediterranean diet (0.88, 95% CI
 0.84, 0.92) and body mass index (0.93, 95%CI 0.89, 0.98) had a protective role regarding colorectal cancer.
 Mediterranean diet had the same effect in relation to colorectal cancer, in both participants with (0.84, 95% CI
 0.76, 0.93) and without MetS (0.89, 95% CI 0.85, 0.94).", "DOI": "10.1177/0003319711421164", "ISSN": "1940-
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 Research", "page": "1873", "volume": "4", "issue": "11", "abstract": "Metabolic syndrome (MetS) is purportedly related
 to risk of developing colorectal cancer; however, the association of MetS, as defined according to recent
 international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what
 extent the MetS components individually account for such an association. We addressed these issues in a nested
 case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density
 sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined
 according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III
 (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among
 individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer,
 whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal
 cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with
 colon cancer (e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII,
 but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall,
 these associations were stronger in women than in men. However, the association between MetS and colorectal
 cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide
 risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data
 suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals
 at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. Cancer
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Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal
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489","volume":"72","issue":"3","abstract":"Background\nA paucity of information exists regarding colorectal
neoplasm in asymptomatic, average-risk individuals 40 to 49 years of age.\nObjective\nTo evaluate the prevalence
and risk factors of colorectal neoplasms in those in their 40s.\nDesign\nCross-sectional study.\nSetting\nResults
offered to subjects of a health care provider that offers screening services as part of an employer-provided
wellness program.\nPatients\nA consecutive series of 1761 asymptomatic, average-risk screenees 40 to 59 years of
age.\nIntervention\nFirst screening colonoscopy.\nResults\nThe prevalence of overall colorectal neoplasm in
subjects of ages 40 to 44 years, 45 to 49 years, 50 to 54 years, and 55 to 59 years increased significantly with
increasing age (13.7%, 20.2%, 21.0%, and 23.8%, respectively; P < .001). The prevalence of advanced
adenomas in subjects of ages 40 to 44 years, 45 to 49 years, 50 to 54 years, and 55 to 59 years increased
significantly with age (1.9%, 3.0%, 3.2%, and 5.9%, respectively; P = .004). Multivariate analysis of data from the
40- to 49-year age group identified an increased risk of colorectal neoplasm associated with ages 45 years and
older (odds ratio [OR], 1.68; 95% CI, 1.20-2.35), male sex (OR, 1.76; 95% CI, 1.15-2.69), presence of abdominal

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obesity (OR, 1.57; 95% CI, 1.12-2.21), and metabolic syndrome (OR, 1.56; 95% CI, 1.03-2.35), whereas for advanced adenomas, abdominal obesity (OR, 2.37; 95% CI, 1.06-5.27) and metabolic syndrome (OR, 2.83; 95% CI, 1.23-6.53) were the independent risk factors. Limitations Single-center study and the cohort composed of ethnic Korean subjects who lived in the same geographic region. Conclusion In average-risk individuals 40 to 49 years of age, men with abdominal obesity or metabolic syndrome might benefit from screening colonoscopy starting at 45 years of age to detect colorectal neoplasm. DOI:10.1016/j.gie.2010.06.022, ISSN:0016-5107, journalAbbreviation:"Gastrointestinal Endoscopy", author:{"family":"Hong", "given":"Sung Noh"}, {"family":"Kim", "given":"Jeong Hwan"}, {"family":"Choe", "given":"Won Hyeok"}, {"family":"Han", "given":"Hye Seung"}, {"family":"Sung", "given":"In Kyung"}, {"family":"Park", "given":"Hyung Seok"}, {"family":"Shim", "given":"Chan Sup"}, issued:{"date-parts": [{"2010, 9}]}}, schema:"https://github.com/citation-style-language/schema/raw/master/csl-citation.json"} 46, 67, 70

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Low HDL-Cholesterol and CRN risk

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The aim of this large cohort study was to further investigate the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and determine whether association between NAFLD and CRMN exists. 2,315 community subjects (1,370 males and 945 females) who underwent a routine colonoscopy according to international colorectal cancer screening guideline were recruited. Nature of colorectal lesions determined by biopsy and NAFLD was diagnosed by ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512-2.761; P < 0.05). After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360-2.567; P < 0.05). NAFLD was an independent risk factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD. (ClinicalTrials.gov number, NCT01657773, website: http://clinicaltrials.gov/ct2/show/NCT01657773?term=zheng+minghua&rank=1).", "DOI":"10.1007/s11033-014-3157-y", "ISSN":"1573-4978", "journalAbbreviation":"Molecular Biology Reports", "author":{"family":"Lin", "given":"Xian-Feng"}, {"family":"Shi", "given":"Ke-Qing"}, {"family":"You", "given":"Jie"}, {"family":"Liu", "given":"Wen-Yue"}, {"family":"Luo", "given":"Ying-Wan"}, {"family":"Wu", "given":"Fa-Ling"}, {"family":"Chen", "given":"Yong-Ping"}, {"family":"Wong", "given":"Danny Ka-Ho"}, {"family":"Yuen", "given":"Man-Fung"}, {"family":"Zheng", "given":"Ming-Hua"}], "issued":{"date-parts": [{"2014, 12}]}}, {"id":121, "uris": ["http://zotero.org/users/2724931/items/7FAPCFIV"], "uri": ["http://zotero.org/users/2724931/items/7FAPCFIV"], "itemData":{"id":121, "type":"article-journal", "title":"Association of colorectal adenoma with components of metabolic syndrome.", "container-title":"Cancer causes & control : CCC", "page":"727-735", "volume":"23", "issue":"5", "abstract":"PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal neoplasms. 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CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity.", "DOI":"10.1007/s10552-012-9942-9", "ISSN":"1573-7225 0957-5243", "note":"PMID: 22450737", "journalAbbreviation":"Cancer Causes Control", "language":"eng", "author": [{"family":"Kim", "given":"Byung Chang"}, {"family":"Shin", "given":"Aesun"}, {"family":"Hong", "given":"Chang Won"}, {"family":"Sohn", "given":"Dae Kyung"}, {"family":"Han", "given":"Kyung Su"}, {"family":"Ryu", "given":"Kum Hei"}, {"family":"Park", "given":"Bum Joon"}, {"family":"Nam", "given":"Ji Hyung"}, {"family":"Park", "given":"Ji Won"}, {"family":"Chang", "given":"Hee Jin"}, {"family":"Choi", "given":"Hyo Seong"}, {"family":"Kim", "given":"Jeongseon"}, {"family":"Oh", "given":"Jae Hwan"}], "issued":{"date-parts":

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Metabolic Syndrome is Associated with Increased Risk of Colorectal Adenoma Development: The Self-Defense
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a cluster of metabolic abnormalities linked to insulin resistance, has attracted much interest as a risk factor for
cardiovascular disease and type 2 diabetes. Hyperinsulinemia is also a postulated biological risk factor for
colorectal carcinogenesis. We therefore here examined the relation between the metabolic syndrome and
colorectal adenoma development. The study subjects were 756 cases of colorectal adenoma and 1751 controls
with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self
Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal
obesity in combination with any two of the following conditions: elevated triglycerides ( $\geq 150$  mg/dL); lowered
HDL cholesterol ( $< 40$  mg/dL); elevated blood pressure (systolic blood pressure  $\geq 130$  mmHg and/or diastolic
blood pressure  $\geq 85$  mmHg); and raised fasting glucose ( $\geq 110$  mg/dL). Abdominal obesity was defined as a waist
circumference of 85cm or more (Japanese criterion) or  $\geq 90$ cm (Asian criterion). Statistical adjustment was made
for age, hospital, and rank in the SDF. The metabolic syndrome was found to be associated with a moderately
increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds
ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI
1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and
was almost exclusively observed for large lesions ( $\geq 5$ mm in diameter). Thus the metabolic syndrome appears to
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metabolic syndrome, in terms of insulin resistance, and colorectal cancer. However, the association of insulin
resistance with colorectal adenoma has not been investigated in detail. To elucidate the association of metabolic
syndrome components and insulin resistance with adenoma, we investigated homeostasis model assessment
insulin resistance (HOMA-IR) in individuals with adenoma. A cross-sectional study was conducted involving
individuals who underwent scheduled health examinations using total colonoscopy. Restricting the subjects to
males, 261 with adenoma and 702 without adenoma were investigated. HOMA-IR was categorized into three
groups: normal ( $< 1.6$ ), intermediate ( $\geq 1.6 - < 2.5$ ), and insulin resistance ( $2.5 \leq$ ). Metabolic syndrome was
defined by a combination of any three of the following components: central obesity (waist circumference  $\geq 90$ 
cm); elevated blood pressure (systolic blood pressure  $\geq 130$  mmHg and/or diastolic blood pressure  $85$  mmHg);
elevated fasting plasma glucose ( $\geq 100$  mg/dL); reduced high-density lipoprotein-cholesterol ( $< 40$  mg/dL); and
elevated triglyceride ( $\geq 150$  mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and
insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist
circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively).
Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001).
However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate
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The aim of this large cohort study was to further investigate the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and determine whether association between NAFLD and CRMN exists. 2,315 community subjects (1,370 males and 945 females) who underwent a routine colonoscopy according to international colorectal cancer screening guideline were recruited. Nature of colorectal lesions determined by biopsy and NAFLD was diagnosed by ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512–2.761; P < 0.05). After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360–2.567; P < 0.05). NAFLD was an independent risk factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD. (ClinicalTrials.gov number, NCT01657773, website: <http://clinicaltrials.gov/ct2/show/NCT01657773?term=zheng+minghua&rank=1>).","DOI":"10.1007/s11033-014-3157-y","ISSN":"1573-4978","journalAbbreviation":"Molecular Biology Reports","author":[{"family":"Lin","given":"Xian-Feng"}, {"family":"Shi","given":"Ke-Qing"}, {"family":"You","given":"Jie"}, {"family":"Liu","given":"Wen-Yue"}, {"family":"Luo","given":"Ying-Wan"}, {"family":"Wu","given":"Fa-Ling"}, {"family":"Chen","given":"Yong-Ping"}, {"family":"Wong","given":"Danny Ka-Ho"}, {"family":"Yuen","given":"Man-Fung"}, {"family":"Zheng","given":"Ming-Hua"}],"issued":{"date-parts":["2014"]}}],"id":121,"uris":["http://zotero.org/users/2724931/items/7FAPCFIV"],"uri":["http://zotero.org/users/2724931/items/7FAPCFIV"],"itemData":{"id":121,"type":"article-journal","title":"Association of colorectal adenoma with components of metabolic syndrome.","container-title":"Cancer causes & control : CCC","page":"727-735","volume":"23","issue":"5","abstract":"PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to contribute to this phenomenon, including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667 polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity.","DOI":"10.1007/s10552-012-9942-9","ISSN":"1573-7225 0957-5243","note":"PMID: 22450737","journalAbbreviation":"Cancer Causes Control","language":"eng","author":[{"family":"Kim","given":"Byung Chang"}, {"family":"Shin","given":"Aesun"}, {"family":"Hong","given":"Chang Won"}, {"family":"Sohn","given":"Dae Kyung"}, {"family":"Han","given":"Kyung Su"}, {"family":"Ryu","given":"Kum Hei"}, {"family":"Park","given":"Bum Joon"}, {"family":"Nam","given":"Ji Hyung"}, {"family":"Park","given":"Ji Won"}, {"family":"Chang","given":"Hee Jin"}, {"family":"Choi","given":"Hyo Seong"}, {"family":"Kim","given":"Jeongseon"}, {"family":"Oh","given":"Jae Hwan"}],"issued":{"date-parts":["2012",5]}}],"id":702,"uris":["http://zotero.org/users/2724931/items/YE8JCYJA"],"uri":["http://zotero.org/users/2724931/items/YE8JCYJA"],"itemData":{"id":702,"type":"article-journal","title":"A Prospective Study of Anthropometric and Clinical Measurements Associated with Insulin Resistance Syndrome and Colorectal Cancer in Male Smokers","container-title":"American Journal of Epidemiology","page":"652-664","volume":"164","issue":"7","abstract":"Type 2 diabetes mellitus shares risk factors for and has shown a positive association with colorectal cancer. Anthropometric measures (height, weight, and body mass index (weight (kg)/height (m)²) and metabolic abnormalities associated with insulin resistance syndrome (IRS) (abnormalities in measured blood pressure, high density lipoprotein (HDL) cholesterol, and total cholesterol) were prospectively evaluated for associations with incident colon (n = 227), rectal (n = 183), and colorectal (n = 410) cancers diagnosed between 1985 and 2002 in 28,983 Finnish male smokers from the Alpha-Tocopherol, Beta-

Carotene Cancer Prevention Study. Cox proportional hazards models were used to calculate hazard ratios and 95% confidence intervals. In comparison with the lowest quintile, the highest quintile of body mass index was significantly associated with colorectal cancer (hazard ratio (HR) = 1.70, 95% confidence interval (CI): 1.01, 2.85; p-trend = 0.01), particularly colon cancer. Subjects with a cluster of three IRS-related conditions (hypertension, body mass index ≥ 25 kg/m², and HDL cholesterol level < 40 mg/dl (< 1.55 mmol/liter)), compared with those with fewer conditions, had a significantly increased risk of colorectal cancer (HR = 1.40, 95% CI: 1.12, 1.74), particularly colon cancer (HR = 1.58, 95% CI: 1.18, 2.10), but not rectal cancer. These results support the hypothesis that the significant association observed between IRS-defining metabolic abnormalities and colorectal cancer is determined primarily by adiposity.", "DOI": "10.1093/aje/kwj253", "ISSN": "0002-9262", "journalAbbreviation": "American Journal of Epidemiology", "author":

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-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3

-UTR polymorphisms (1451C

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T [rs3025040], 1612G

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A [rs10434], and 1725G

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A [rs3025053] and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C

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T was significantly associated with rectal cancer risk (Dominant model; AOR = 1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas VEGF 1725G

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A correlated with MetS risk (Dominant model; AOR = 1.61; 95% CI = 1.06 - 2.46; p = 0.026). Of the gene-environment combined effects, the interaction of VEGF 1451C

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T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <

.001) whereas the combination of VEGF 1725G

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A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p = 0.008). CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users.", "DOI": "10.1186/1471-2407-14-881", "ISSN": "1471-2407", "author": [{"family": "Jeon", "given": "Young Joo"}, {"family": "Kim", "given": "Jong Woo"}, {"family": "Park", "given": "Hye Mi"}, {"family": "Jang", "given": "Hyo Geun"}, {"family": "Kim", "given": "Jung O"}, {"family": "Oh", "given": "Jisu"}, {"family": "Chong", "given": "So Young"}, {"family": "Kwon", "given": "Sung Won"}, {"family": "Kim", "given": "Eo Jin"}, {"family": "Oh", "given": "Doyeun"}, {"family": "Kim", "given": "Nam Keun"}], "issued": {"date-parts": [{"2014"}]}, {"id": "146", "uris": [{"http://zotero.org/users/2724931/items/9WXARXXX"}, {"uri": "http://zotero.org/users/2724931/items/9WXARXXX"}], "itemData": {"id": "146", "type": "article-journal", "title": "Metabolic Syndrome and Risks of Colon and Rectal Cancer: The European Prospective

Investigation into Cancer and Nutrition Study", "container-title": "Cancer Prevention Research", "page": "1873", "volume": "4", "issue": "11", "abstract": "Metabolic syndrome (MetS) is purportedly related to risk of developing colorectal cancer; however, the association of MetS, as defined according to recent international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what extent the MetS components individually account for such an association. We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. Cancer Prev Res; 4(11); 1873-83. ©2011 AACR.," "DOI": "10.1158/1940-6207.CAPR-11-0218", "journalAbbreviation": "Cancer Prev Res (Phila)", "author": [{"family": "Aleksandrova", "given": "Krasimira"}, {"family": "Boeing", "given": "Heiner"}, {"family": "Jenab", "given": "Mazda"}, {"family": "Bas Bueno-de-Mesquita", "given": "H."}, {"family": "Jansen", "given": "Eugene"}, {"family": "Duijnhoven", "given": "Fränzel J.B."}, {"family": "van", "given": "non-dropping-particle"}, {"family": "Fedirko", "given": "Veronika"}, {"family": "Rinaldi", "given": "Sabina"}, {"family": "Romieu", "given": "Isabelle"}, {"family": "Riboli", "given": "Elio"}, {"family": "Romaguera", "given": "Dora"}, {"family": "Overvad", "given": "Kim"}, {"family": "Østergaard", "given": "Jane Nautrup"}, {"family": "Olsen", "given": "Anja"}, {"family": "Tjønneland", "given": "Anne"}, {"family": "Boutron-Ruault", "given": "Marie-Christine"}, {"family": "Clavel-Chapelon", "given": "Françoise"}, {"family": "Morris", "given": "Sophie"}, {"family": "Masala", "given": "Giovanna"}, {"family": "Agnoli", "given": "Claudia"}, {"family": "Panico", "given": "Salvatore"}, {"family": "Tumino", "given": "Rosario"}, {"family": "Vineis", "given": "Paolo"}, {"family": "Kaaks", "given": "Rudolf"}, {"family": "Lukanova", "given": "Annkatrin"}, {"family": "Trichopoulos", "given": "Antonia"}, {"family": "Naska", "given": "Androniki"}, {"family": "Bamia", "given": "Christina"}, {"family": "Peeters", "given": "Petra H."}, {"family": "Rodríguez", "given": "Laudina"}, {"family": "Buckland", "given": "Genevieve"}, {"family": "Sánchez", "given": "María-José"}, {"family": "Dorronsoro", "given": "Miren"}, {"family": "Huerta", "given": "Jose-Maria"}, {"family": "Barricarte", "given": "Aurelio"}, {"family": "Hallmans", "given": "Göran"}, {"family": "Palmqvist", "given": "Richard"}, {"family": "Khaw", "given": "Kay-Tee"}, {"family": "Wareham", "given": "Nicholas"}, {"family": "Allen", "given": "Naomi E."}, {"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Pischon", "given": "Tobias"}], "issued": {"date-parts": [{"year": 2011, "month": 11, "day": 2}]}}, {"schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"} 44, 46, 47, 54, 56

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P
= 0.36)
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AA
advanced adenoma,
CRA
colorectal adenoma,
CRC
colorectal cancer,
df
degree of freedom,
FE
fixed-effects,
HDL
high-density lipoprotein,
NA
not applicable,
RE
random-effects,
RR
risk ratio.
Hypertriglyceridemia and colorectal neoplasms
In a pooled analysis of nine studies comprising 12 datasets, a summary RR of 1.30 (95% CI 1.13-1.49) was found (Supplementary Figure 3.1), with evidence of considerable heterogeneity ($I^2 = 92\%$), suggesting that individuals with elevated levels of triglycerides are more prone to developing CRA than individuals with normal levels. The results of Begg's and Egger's tests revealed no sign of funnel plot asymmetry ($P = 0.5452$ and $P = 0.0518$ respectively). A stratified analysis by MetS definitions found a higher significant positive association with CRA risk in studies using the conventional definition (RR = 1.44; 95% CI 1.18-1.75; $I^2 = 95\%$) compared to a non-significant modest increase of CRA incidence when using unconventional definitions (RR = 1.07; 95% CI 0.96-1.19;

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11%) (Supplementary Table 3.1). The Baujat plot illustrated that the dataset (Kim 2012 AA / NCEP-ATP III)

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syndrome.","container-title":"Cancer causes & control : CCC","page":"727-
735","volume":"23","issue":"5","abstract":"PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic
syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to
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increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44,
95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk
adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR =
1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not
associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma
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{"family":"Oh","given":"Jae Hwan"}],issued":{"date-parts":["2012",5]}},"schema":"https://github.com/citation-style-
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46
] contributed to overall heterogeneity (Supplementary Figure 3.2).
A modest relationship between hypertriglyceridemia and risk of CRC was noticed in a meta-analysis of six studies with 12 datasets
involving 73,856 participants (RR
=
1.14; 95% CI 1.01-1.28;
I
2
=
78%) (Supplementary Figure 3.3). Begg's test (
P
=
0.5452) and Egger's test (
P
=
0.0518) suggested no evidence of a small study effect. All the strata considerably influenced the risk estimate.
Significant positive associations were noticed in cohort studies (RR
=
1.33; 95% CI 1.15-1.54;
I
2
=
60%), studies considering the conventional MetS definition (RR
=
1.21; 95% CI 1.08-1.35;
I
2
=
64%), and among men (RR
=
1.16; 95% CI 1.05-1.28;
I
2
=
0%), while a non-significant increase of CRC incidence was noticed in non-cohort studies (RR
=
1.04; 95% CI 0.91-1.20;
I
2
=
71%), in studies utilizing unconventional MetS definitions (RR
=
1.01; 95% CI 0.73-1.38;
I
2
=
86%), and among women (RR
=
1.10; 95% CI 0.97-1.25;
I
2
=
=

0%).

Sensitivity analysis revealed that two datasets (Kim 2012 CC / NCEP-ATP III) [

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syndrome.","container-title":"Cancer causes & control : CCC","page":"727-
735","volume":"23","issue":"5","abstract":"PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic
syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to
contribute to this phenomenon, including insulin resistance, oxidative stress, and adipokine production. The objective of this
study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants
visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667
polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic
regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an
increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44,
95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk
adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR =
1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not
associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma
including advanced adenoma and multiplicity."},"DOI":"10.1007/s10552-012-9942-9","ISSN":"1573-7225 0957-
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46
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] and (Jeon 2014 CC / Other) [

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-UTR polymorphisms in the vascular endothelial growth factor (VEGF) gene and metabolic syndrome in determining the risk of
colorectal cancer in Koreans","container-title":"BMC
Cancer","page":"881","volume":"14","archive":"PMC","archive_location":"PMC4289193","abstract":"BACKGROUND:
Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in cancer
development. Moreover, recent studies have reported associations between a number of 3
```

```
-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3
```

```
-UTR polymorphisms (1451C
```

>

T [rs3025040], 1612G

>

A [rs10434], and 1725G

>

```
A [rs3025053]) and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450
CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan
allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted
odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C
```

>

```
T was significantly associated with rectal cancer risk (Dominant model; AOR =1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas
VEGF 1725G
```

>

```
A correlated with MetS risk (Dominant model; AOR =1.61; 95% CI =1.06 - 2.46; p = 0.026). Of the gene-environment combined
effects, the interaction of VEGF 1451C
```

>

```
T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <
```

```
.001) whereas the combination of VEGF 1725G
```

>

```
A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p =0.008). CONCLUSIONS: Our
results implicate that VEGF 1451C
```

>

T and 1725G

>

A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users. "DOI": "10.1186/1471-2407-14-881", "ISSN": "1471-2407", "author": [{"family": "Jeon", "given": "Young Joo"}, {"family": "Kim", "given": "Jong Woo"}, {"family": "Park", "given": "Hye Mi"}, {"family": "Jang", "given": "Hyo Geun"}, {"family": "Kim", "given": "Jung O"}, {"family": "Oh", "given": "Jisu"}, {"family": "Chong", "given": "So Young"}, {"family": "Kwon", "given": "Sung Won"}, {"family": "Kim", "given": "Eo Jin"}, {"family": "Oh", "given": "Doyeun"}, {"family": "Kim", "given": "Nam Keun"}], "issued": {"date-parts": [{"2014}]}}, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}]

54

] modified the heterogeneity estimat

ion (Supplementary Table 3.3). H

owever, one study contributed to overall heterogeneity and res

ult according to the Baujat plot

(Supplementary Figure 3.4).

There was a remarkable difference in the magnitude of the risk estimates about the involvement of high values of triglycerides with CRA and CRC.

Visceral obesity and colorectal neoplasms

Ten studies with 13 datasets on visceral obesity and CRA

incidence were available for the analysis.

The combined

RRs for patients with versus without central obesity was 1.30 (95% CI 1.19-1.42,

I

2

=

68%) (Supplementary Figure 4.1), suggesting a positive significant association. There was no evidence of small study effect or publication bias (

P

=

0.7650 with Begg's test and

P

=

0.6954 with Egger's test). MetS definition influenced the effect estimate. A significant association was found in studies considering the conventional MetS definition (RR

=

1.23; 95% CI 1.07-1.42;

I

2

=

71%), however, the result for the unconventional definitions was stronger (RR

=

1.35; 95% CI 1.20-1.52;

I

2

=

63%) (Supplementary Table 4.1). The Baujat plot illustrated that two studies [

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Isakov Naomi"}, {"literal": "Zelber

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Sagi Shira"}, {"literal": "Webb Muriel"}, {"literal": "Halpern Zamir"}, {"literal": "Shibolet Oren"}, {"literal": "Kariv Revital"}], "issued": {"date-parts": [{"2017"}, {"10"}, {"31"}]}}, {"id": "118", "uris":

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adenoma. A cross-sectional study was conducted involving individuals who underwent scheduled health examinations using total colonoscopy. Restricting the subjects to males, 261 with adenoma and 702 without adenoma were investigated. HOMA-IR was categorized into three groups: normal (< 1.6), intermediate ($\geq 1.6 - < 2.5$), and insulin resistance (≥ 2.5). Metabolic syndrome was defined by a combination of any three of the following components: central obesity (waist circumference ≥ 90 cm); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); elevated fasting plasma glucose (≥ 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and elevated triglyceride (≥ 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively). Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001). However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate that an increased level of HOMA-IR is a risk factor for colorectal adenoma in Japanese males. ["ISSN": "1349-3329 0040-8727", "note": "PMID: 21478654", "journalAbbreviation": "Tohoku J Exp Med", "language": "eng", "author": [{"family": "Sato", "given": "Takeshi"}, {"family": "Takeda", "given": "Hiroaki"}, {"family": "Sasaki", "given": "Yu"}, {"family": "Kawata", "given": "Sumio"}], "issued": {"date-parts": [{"2011, 4}]}], "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}]

60, 68
] contributed on the overall result, and one study [

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67
] comprised of two datasets one contributed to the overall heterogeneity and the other on overall result (Supplementary Figure 4.2). This positive statistically significant association was similarly observed in four studies with 12 datasets on the relationship between WC and CRC (RR

=
1.18; 95% CI 1.07-1.31;
I
2
=
72%) (Supplementary Figure 4.3). Neither Begg's test (
P
=
0.8406) nor Egger's test (
P
=
0.9420) have shown statistical significance for publication bias. MetS definition and cancer site modified the pooled risk ratio. A higher risk estimate, but not statistically significant was observed in studies using unconventional MetS definitions (RR=1.26; 95% CI 0.99-1.60;
I
2
=
85%) than studies applying the conventional definition (RR
=
1.14; 95% CI 1.05-1.25;
I
2
=
43%).

804545
3412186
0
0
173990
8078801

Figure
SEQ Figure * ARABIC
2
:
Association between FBG and CRA formation: (a) Forest plot; (b) Funnel plot.
AA
advanced adenomas,
CI
confidence interval,
CRA
colorectal adenoma,
FBG
fasting blood glucose,
IDF
International Diabetes Foundation,
M
men,
M-H

Mantel-Haenszel,
NCEP-ATP III
National Cholesterol Education Program-Adult Treatment Panel III, W women.

0
0

Figure
SEQ Figure * ARABIC
2
:
Association between FBG and CRA formation: (a) Forest plot; (b) Funnel plot.
AA
advanced adenomas,
CI
confidence interval,
CRA
colorectal adenoma,
FBG
fasting blood glucose,
IDF
International Diabetes Foundation,
M
men,
M-H
Mantel-
Haenszel
,
NCEP-ATP III
National Cholesterol Education Program-Adult Treatment Panel III, W women.

Figure
SEQ Figure * ARABIC
3

:
Additional analyses for the association between FBG and CRA development: (a) Funnel plot after adjustment to publication bias with the trim and fill method. One simulated negative study was added (hollow circle) to the pooled estimates from the meta-analysis (solid circles). The adjusted RR slightly decreased from (1.33; 95% CI 1.14-1.54) in the initial analysis to (1.28; 95% CI 1.11-1.46) after adjustment. (b) Baujat plot: indicates that the 1st dataset (that falls to the top right quadrant of the Baujat plot which corresponds to (Kim 2012 AA / NCEP-ATP III)) has contributed to the overall heterogeneity and the 6th dataset (which corresponds to (Hu 2011 CRA / NCEP-ATP III)) contributed on the overall result. (c) Influence plot: as there is no marked study, no study has met the criteria as an influential study.

A stratified analysis by cancer site yielded a stronger association between high waist circumference and colon cancer (RR = 1.31; 95% CI 1.12-1.52;

I
2
=
83%) than rectal cancer (RR

=
1.11; 95% CI 1.00-1.22;

I
2
=
0%).

The adjusted RR on publication bias was increased to 1.25 (95% CI 1.13-1.38). Following the sensitivity analysis, one dataset (Aleksandrova 2011 CC / IDF (M)) [

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Syndrome and Risks of Colon and Rectal Cancer: The European Prospective Investigation into Cancer and Nutrition
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(MetS) is purportedly related to risk of developing colorectal cancer; however, the association of MetS, as defined according to
recent international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what extent the
MetS components individually account for such an association. We addressed these issues in a nested case-control study that
included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was
used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol
Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009
harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with
colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal
cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer
(e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized
definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall, these associations were stronger in women
than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and
abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test P =
0.10 for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal
obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS
definitions. Cancer Prev Res; 4(11): 1873-83. ©2011 AACR."},"DOI":"10.1158/1940-6207.CAPR-11-
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56

] significantly modified the heterogeneity evaluation, (RR = 1.15; 95% CI 1.09-1.22;

I

2

= 28%) after its exclusion (Supplementary Table 4.3). The same dataset contributed to overall heterogeneity and was considered potentially influential (Supplementary Figure 4.4).

Low HDL-C and colorectal neoplasms

Seven studies, including ten datasets, have reported data about the relationship between CRA risk and low values of HDL-C. A non-significant positive association was found in a weighted analysis of individuals with normal levels of HDL-C against individuals with low HDL-C (RR

= 1.02; 95% CI 0.92-1.12;

I

2

=

74%) (Supplementary Figure 5.1).

Table

SEQ Table * ARABIC

3

:

Subgroup analyses results of the association between hyperglycemia and colorectal neoplasms

Subgroup

N_e

of studies (datasets) ref

Model

RR [95% CI]

Z-test

(

P

value)

Heterogeneity

Tau

2

Chi

2

(

P

value)

I

2

(%)

Hyperglycemia and colorectal adenomas

All studies

9 (11) [

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The objective of this study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667 polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity.", "DOI": "10.1007/s10552-012-9942-9", "ISSN": "1573-7225 0957-5243", "note": "PMID: 22450737", "journalAbbreviation": "Cancer Causes Control", "language": "eng", "author": [{"family": "Kim", "given": "Byung Chang"}, {"family": "Shin", "given": "Aesun"}, {"family": "Hong", "given": "Chang Won"}, {"family": "Sohn", "given": "Dae Kyung"}, {"family": "Han", "given": "Kyung Su"}, {"family": "Ryu", "given": "Kum Hei"}, {"family": "Park", "given": "Bum Joon"}, {"family": "Nam", "given": "Ji Hyung"}, {"family": "Park", "given": "Ji Won"}, {"family": "Chang", "given": "Hee Jin"}, {"family": "Choi", "given": "Hyo Seong"}, {"family": "Kim", "given": "Jeongseon"}, {"family": "Oh", "given": "Jae Hwan"}], "issued": {"date-parts": [{"2012}, {"5}]}}, {"id": "362", "uris": [{"http://zotero.org/users/2724931/items/83RDVNWE"}, {"uri": [{"http://zotero.org/users/2724931/items/83RDVNWE"}, {"itemData": {"id": "362", "type": "article-journal", "title": "Metabolic syndrome components and colorectal adenoma in the CLUE II cohort", "container-title": "Cancer causes & control : CCC", "page": "1-10", "volume": "21", "issue": "1", "source": "PubMed Central", "abstract": "Background\nMetabolic syndrome components have been associated with colorectal cancer in several studies; however, the evidence for colorectal adenomas is limited. Thus, we evaluated the association between markers of the metabolic syndrome with colorectal adenoma development in a nested case-control study.\n\nMethods\nColorectal adenoma cases (n= 132) and matched controls who had had a negative sigmoidoscopy or a colonoscopy (n=260) were identified between baseline in 1989 and 2000 among participants in the CLUE II cohort of Washington County, Maryland. Concentrations of C-peptide, insulin-like growth factor binding protein-1, glycosylated hemoglobin, total cholesterol, high density lipoprotein-cholesterol, and triglycerides were measured in baseline blood specimens. Body mass index was calculated using baseline height and weight. Use of medications to treat diabetes mellitus was self-reported at baseline. Blood pressure was measured at baseline. Distributional cutpoints of the latter markers were used to define the metabolic syndrome components (hyperinsulinemia, hyperglycemia, obesity, dyslipidemia, and hypertension) present at baseline.\n\nResults\nNo statistically significant associations with adenomas were observed for the markers of the metabolic syndrome, with the exception of a strong positive association for use of diabetes medications (OR, 8.00; 95% CI, 1.70 – 37.67), albeit based on small numbers.\n\nConclusion\nOur findings do not support that components of the metabolic syndrome influence risk of colorectal adenomas, except possibly for severe diabetes mellitus warranting medical treatment.", "DOI": "10.1007/s10552-009-9428-6", "ISSN": "0957-5243", "note": "PMID: 19774471\nPMCID: PMC3010872", "journalAbbreviation": "Cancer Causes Control", "author": [{"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Branca", "given": "Frederick L"}, {"family": "Pollak", "given": "Michael N"}, {"family": "Rifai", "given": "Nader"}, {"family": "Clipp", "given": "Sandra L"}, {"family": "Hoffman-Bolton", "given": "Judy"}, {"family": "Helzlsouer", "given": "Kathy J"}, {"family": "Platz", "given": "Elizabeth A"}], "issued": {"date-parts": [{"2010}, {"1}]}}, {"id": "708", "uris": [{"http://zotero.org/users/2724931/items/VNR6N7NX"}, {"uri": [{"http://zotero.org/users/2724931/items/VNR6N7NX"}, {"itemData": {"id": "708", "type": "article-journal", "title": "The Metabolic Syndrome is Associated with Increased Risk of Colorectal Adenoma Development: The Self-Defense Forces Health Study", "page": "5", "volume": "6", "issue": "4", "source": "Zotero", "abstract": "The metabolic syndrome, a cluster of metabolic abnormalities linked to insulin resistance, has attracted much interest as a risk factor for cardiovascular disease and type 2 diabetes. Hyperinsulinemia is also a postulated biological risk factor for colorectal carcinogenesis. We therefore here examined the relation between the metabolic syndrome and colorectal adenoma development. The study subjects were 756 cases of colorectal adenoma and 1751 controls with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal obesity in combination with any two of the following conditions: elevated triglycerides (≥ 150 mg/dL); lowered HDL cholesterol (< 40 mg/dL); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); and raised fasting glucose (≥ 110 mg/dL). Abdominal obesity was defined as a waist circumference of 85cm or more (Japanese criterion) or ≥ 90 cm (Asian criterion). Statistical adjustment was made for age, hospital, and rank in the SDF. The metabolic syndrome was found to be associated with a moderately increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI 1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and was almost exclusively observed for large lesions (≥ 5 mm in diameter). Thus the metabolic syndrome appears to be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and type 2 diabetes.", "journalAbbreviation": "APJCP", "language": "en", "author": [{"family": "Morita", "given": "Takako"}, {"family": "Tabata", "given": "Shinji"}, {"family": "Mineshita", "given": "Masamichi"}, {"family": "Mizoue", "given": "Tetsuya"}, {"family": "Moore", "given": "Malcolm A"}, {"family": "Kono", "given": "Suminori"}], "issued": {"date-parts": [{"2005}, {"4}]}}, {"id": "255", "uris": [{"http://zotero.org/users/2724931/items/7IV5ACIY"}, {"uri": [{"http://zotero.org/users/2724931/items/7IV5ACIY"}, {"itemData": {"id": "255", "type": "article-journal", "title": "The Risk of Colorectal Neoplasia in Patients with Gallbladder Diseases", "container-title": "Journal of Korean Medical Science", "page": "1288-1294", "volume": "30", "issue": "9", "archive": "PMC", "archive_location": "PMC4553676", "abstract": "Cholecystectomy

is associated with an increased risk of colorectal cancer, but little is known about the relationship between gallbladder disease and colorectal adenoma. Gallbladder polyps and colorectal neoplasia (CRN) share several risk factors such as obesity, diabetes and metabolic syndrome, which might account for their association. In this study, we investigated whether asymptomatic patients with gallbladder disease are at increased risk of CRN and identified the factors to their association. The study population consisted of 4,626 consecutive, asymptomatic individuals drawn from a prospective health check-up cohort who underwent both ultrasonography and colonoscopy screening. The prevalence of CRNs in patients with gallbladder polyps or gallstones was significantly higher than that in the control group (32.1% vs. 26.8%; $P = 0.032$, 35.8% vs. 26.9%; $P = 0.020$). A multivariate regression analysis showed that gallbladder polyps were an independent risk factor for CRN [adjusted odds ratio (OR): 1.29; 95% confidence interval (CI): 1.03-1.62] whereas gallstones were not (adjusted OR: 1.14; 95% CI: 0.79-1.63). The adjusted OR for the risk of CRN was 1.12 for gallbladder polyps < 5 mm (95% CI, 0.85-1.46) and 1.79 for gallbladder polyps \geq 5 mm (95% CI, 1.15-2.77). The prevalence of CRN increased with increasing polyp size (P trend = 0.022). Our results suggest that colorectal neoplasia is significantly related to gallbladder polyps, especially those \geq 5 mm. 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To elucidate the association of metabolic syndrome components and insulin resistance with adenoma, we investigated homeostasis model assessment insulin resistance (HOMA-IR) in individuals with adenoma. A cross-sectional study was conducted involving individuals who underwent scheduled health examinations using total colonoscopy. Restricting the subjects to males, 261 with adenoma and 702 without adenoma were investigated. HOMA-IR was categorized into three groups: normal (< 1.6), intermediate (\geq 1.6 - < 2.5), and insulin resistance (2.5 \leq 2.5). Metabolic syndrome was defined by a combination of any three of the following components: central obesity (waist circumference \geq 90 cm); elevated blood pressure (systolic blood pressure \geq 130 mmHg and/or diastolic blood pressure \geq 85 mmHg); elevated fasting plasma glucose (\geq 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and elevated triglyceride (\geq 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively). Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001). However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate that an increased level of HOMA-IR is a risk factor for colorectal adenoma in Japanese males.", "ISSN": "1349-3329 0040-8727", "note": "PMID: 21478654", "journalAbbreviation": "Tohoku J Exp Med", "language": "eng", "author": [{"family": "Sato", "given": "Takeshi"}, {"family": "Takeda", "given": "Hiroaki"}, {"family": "Sasaki", "given": "Yu"}, {"family": "Kawata", "given": "Sumio"}], "issued": {"date-parts": [{"2011, 4}]}, {"id": "390", "uris": [{"http://zotero.org/users/2724931/items/9BZ8ICKP"}, {"uri": [{"http://zotero.org/users/2724931/items/9BZ8ICKP"}], "itemData": {"id": "390", "type": "article-journal", "title": "Stepwise Relationship Between Components of Metabolic Syndrome and Risk of Colorectal Adenoma in a Taiwanese Population Receiving Screening Colonoscopy", "container-title": "Journal of the Formosan Medical Association", "page": "100-108", "volume": "110", "issue": "2", "source": "CrossRef", "DOI": "10.1016/S0929-6646(11)60016-8", "ISSN": "09296646", "language": "en", "author": [{"family": "Hu", "given": "Nien-Chih"}, {"family": "Chen", "given": "Jong-Dar"}, {"family": "Lin", "given": "Yu-Min"}, {"family": "Chang", "given": "Jun-Yih"}, {"family": "Chen", "given": "Yu-Hung"}], "issued": {"date-parts": [{"2011, 2}]}, {"id": "137", "uris": [{"http://zotero.org/users/2724931/items/566MKVT3"}, {"uri": [{"http://zotero.org/users/2724931/items/566MKVT3"}], "itemData": {"id": "137", "type": "article-journal", "title": "Visceral obesity as a risk factor for colorectal neoplasm", "container-title": "Journal of Gastroenterology and Hepatology", "page": "411-417", "volume": "23", "issue": "3", "abstract": "Background and Aim: Obesity as a risk factor for colorectal neoplasm (CRN) is controversial. In the present study, we evaluated visceral obesity as a risk factor for CRN. Methods: We prospectively enrolled 200 consecutive, asymptomatic adults (male : female = 133:67, mean age, 50.9 \pm 8.5 years) undergoing both colonoscopy and abdominopelvic computed tomography (CT) scan for routine health evaluations. The presence or absence and the characteristics of CRN were determined during colonoscopy. The amount of visceral adipose tissue (VAT) and subcutaneous adipose tissue was measured by an abdominopelvic CT scan. Body mass index, waist circumference, and percentage of body fat were measured. Blood pressure and other blood markers for assessing the metabolic syndrome were also investigated. Results: Of the 200 patients, 53 (26.5%) had CRN. Old age, smoking, metabolic syndrome, and a high fasting plasma glucose level were associated with an increased risk of CRN. VAT ($P < 0.01$) and waist circumference ($P = 0.01$) were significantly higher in those with CRN. A multivariate analysis of the risks of CRN showed an odds ratio of 4.07 (95% confidence interval: 1.01-16.43, $P = 0.03$) for those with VAT over 136.61 cm² relative to those with VAT under 67.23 cm². Waist circumference, metabolic syndrome, and fasting plasma glucose levels were not independent risk factors for CRN in the multivariate analysis. Conclusion: Increased VAT is an independent risk factor for CRN. Further large scale studies are needed to clarify the causal relationship between VAT and CRN.", "DOI": "10.1111/j.1440-1746.2007.05125.x", "ISSN": "1440-1746", "author": [{"family": "Oh", "given": "Tae-Hoon"}, {"family": "Byeon", "given": "Jeong-Sik"}, {"family": "Myung", "given": "Seung-Jae"}, {"family": "Yang", "given": "Suk-Kyun"}, {"family": "Choi", "given": "Kwi-Sook"}, {"family": "Chung", "given": "Jun-Won"}, {"family": "Kim", "given": "Benjamin"}, {"family": "Lee", "given": "Don"}, {"family": "Byun", "given": "Jae Ho"}, {"family": "Jang", "given": "Se Jin"}, {"family": "Kim", "given": "Jin-Ho"}], "issued": {"date-parts": [{"2008, 3, 1}]}, {"id": "386", "uris": [{"http://zotero.org/users/2724931/items/FP3DWZMH"}, {"uri": [{"http://zotero.org/users/2724931/items/FP3DWZMH"}], "itemData": {"id": "386", "type": "article-journal", "title": "Is Metabolic Syndrome A Risk Factor for Colorectal Adenoma?", "container-title": "Cancer Epidemiology and Prevention Biomarkers", "page": "1543-1546", "volume": "16", "issue": "8", "journalAbbreviation": "Cancer Epidemiol Biomarkers Prev", "author": [{"family": "Kim", "given": "Jeong Hwan"}, {"family": "Lim", "given": "Yun Jeong"}, {"family": "Kim", "given": "Young-Ho"}, {"family": "Sung", "given": "In-Kyung"}, {"family": "Shim", "given": "Sang Goon"}, {"family": "Oh", "given": "Sung-Ook"}, {"family": "Park", "given": "Sin-Sil"}, {"family": "Yang", "given": "Sun"}, {"family": "Son", "given": "Hee Jung"}, {"family": "Rhee", "given": "Poong-

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Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal
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The metabolic syndrome was found to be associated with a moderately increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI 1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and was almost exclusively observed for large lesions (≥ 5 mm in diameter). Thus the metabolic syndrome appears to be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and type 2 diabetes."},"journalAbbreviation":"APJCP","language":"en","author":[{"family":"Morita","given":"Takako"}, {"family":"Tabata","given":"Shinji"}, {"family":"Mineshita","given":"Masamichi"}, {"family":"Mizoue","given":"Tetsuya"}, {"family":"Moore","given":"Malcolm A"}, {"family":"Kono","given":"Suminori"}],"issued":{"date-parts":[["2005",4]]},"id":362,"uris":["http://zotero.org/users/2724931/items/83RDVNWE"],"uri":["http://zotero.org/users/2724931/items/83RDVNWE"],"itemData":{"id":362,"type":"article-journal","title":"Metabolic syndrome components and colorectal adenoma in the CLUE II cohort"},"container-title":"Cancer causes & control : CCC","page":"1-10","volume":"21","issue":"1","source":"PubMed Central","abstract":"Background\nMetabolic syndrome components have been associated with colorectal cancer in several studies; however, the evidence for colorectal adenomas is limited. Thus, we evaluated the association between markers of the metabolic syndrome with colorectal adenoma development in a nested case-control study.\n\nMethods\nColorectal adenoma cases (n= 132) and matched controls who had had a negative sigmoidoscopy or a colonoscopy (n=260) were identified between baseline in 1989 and 2000 among participants in the CLUE II cohort of Washington County, Maryland. Concentrations of C-peptide, insulin-like growth factor binding protein-1, glycosylated hemoglobin, total cholesterol, high density lipoprotein-cholesterol, and triglycerides were measured in baseline blood specimens. Body mass index was calculated using baseline height and weight. Use of medications to treat diabetes mellitus was self-reported at baseline. Blood pressure was measured at baseline. Distributional cutpoints of the latter markers were used to define the metabolic syndrome components (hyperinsulinemia, hyperglycemia, obesity, dyslipidemia, and hypertension) present at baseline.\n\nResults\nNo statistically significant associations with adenomas were observed for the markers of the metabolic syndrome, with the exception of a strong positive association for use of diabetes medications (OR, 8.00; 95% CI, 1.70 – 37.67), albeit based on small numbers.\n\nConclusion\nOur findings do not support that components of the metabolic syndrome influence risk of colorectal adenomas, except possibly for severe diabetes mellitus warranting medical treatment."},"DOI":"10.1007/s10552-009-9428-6","ISSN":"0957-5243","note":"PMID: 19774471\nPMCID: PMC3010872"},"journalAbbreviation":"Cancer Causes Control","author":[{"family":"Tsilidis","given":"Konstantinos K"}, {"family":"Brancati","given":"Frederick L"}, {"family":"Pollak","given":"Michael N"}, {"family":"Rifai","given":"Nader"}, {"family":"Clipp","given":"Sandra L"}, {"family":"Hoffman-Bolton","given":"Judy"}, {"family":"Helzlsouer","given":"Kathy J"}, {"family":"Platz","given":"Elizabeth A"}],"issued":{"date-parts":[["2010",1]]},"id":255,"uris":["http://zotero.org/users/2724931/items/7IV5ACIY"],"uri":["http://zotero.org/users/2724931/items/7IV5ACIY"],"itemData":{"id":255,"type":"article-journal","title":"The Risk of Colorectal Neoplasia in Patients with Gallbladder Diseases"},"container-title":"Journal of Korean Medical Science","page":"1288-1294","volume":"30","issue":"9","archive":"PMC","archive_location":"PMC4553676","abstract":"Cholecystectomy is associated with an increased risk of colorectal cancer, but little is known about the relationship between gallbladder disease and colorectal adenoma. 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The adjusted OR for the risk of CRN was 1.12 for gallbladder polyps < 5 mm (95% CI, 0.85-1.46) and 1.79 for gallbladder polyps ≥ 5 mm (95% CI, 1.15-2.77). The prevalence of CRN increased with increasing polyp size (P trend = 0.022). Our results suggest that colorectal neoplasia is significantly related to gallbladder polyps, especially those ≥ 5 mm. GRAPHICAL ABSTRACT."},"DOI":"10.3346/jkms.2015.30.9.1288","ISSN":"1011-8934","author":[{"family":"Hong","given":"Sung Noh"}, {"family":"Lee","given":"Tae Yoon"}, {"family":"Yun","given":"Sung-Cheol"}],"issued":{"date-parts":[["2015",9]]},"id":118,"uris":

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metabolic syndrome, in terms of insulin resistance, and colorectal cancer. However, the association of insulin
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elevated fasting plasma glucose (>= 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and
elevated triglyceride (>= 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and
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circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively).
Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001).
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Obesity as a risk factor for colorectal neoplasm (CRN) is controversial. In the present study, we evaluated visceral
obesity as a risk factor for CRN. Methods: We prospectively enrolled 200 consecutive, asymptomatic adults
(male : female = 133:67, mean age, 50.9 ± 8.5 years) undergoing both colonoscopy and abdominopelvic
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percentage of body fat were measured. Blood pressure and other blood markers for assessing the metabolic
syndrome were also investigated. Results: Of the 200 patients, 53 (26.5%) had CRN. Old age, smoking,
metabolic syndrome, and a high fasting plasma glucose level were associated with an increased risk of CRN. VAT
(P < 0.01) and waist circumference (P = 0.01) were significantly higher in those with CRN. A multivariate
analysis of the risks of CRN showed an odds ratio of 4.07 (95% confidence interval: 1.01–16.43, P = 0.03) for
those with VAT over 136.61 cm2 relative to those with VAT under 67.23 cm2. Waist circumference, metabolic
syndrome, and fasting plasma glucose levels were not independent risk factors for CRN in the multivariate
analysis. Conclusion: Increased VAT is an independent risk factor for CRN. Further large scale studies are
needed to clarify the causal relationship between VAT and CRN.", "DOI":":10.1111/j.1440-
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(
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83

Cross-sectional

5 (5) [

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Further large scale studies are needed to clarify the causal relationship between VAT and CRN."},"DOI":"10.1111/j.1440-1746.2007.05125.x","ISSN":"1440-1746","author":[{"family":"Oh","given":"Tae-Hoon"}, {"family":"Byeon","given":"Jeong-Sik"}, {"family":"Myung","given":"Seung-Jae"}, {"family":"Yang","given":"Suk-Kyun"}, {"family":"Choi","given":"Kwi-Sook"}, {"family":"Chung","given":"Jun-Won"}, {"family":"Kim","given":"Benjamin"}, {"family":"Lee","given":"Don"}, {"family":"Byun","given":"Jae Ho"}, {"family":"Jang","given":"Se Jin"}, {"family":"Kim","given":"Jin-Ho"}],"issued":{"date-parts":["2008","3,1"]},"id":"118","uris":["http://zotero.org/users/2724931/items/TSAINUMV"],"uri":["http://zotero.org/users/2724931/items/TSAINUMV"],"itemData":{"id":"118","type":"article-journal","title":"Increased homeostasis model assessment-insulin resistance is a risk factor for colorectal adenoma in Japanese males."},"container-title":"The Tohoku journal of experimental medicine","page":"297-303","volume":"223","issue":"4","abstract":"Many previous reports have documented a relationship between metabolic syndrome, in terms of insulin resistance, and colorectal cancer. 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P

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The study subjects were 756 cases of colorectal adenoma and 1751 controls with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal obesity in combination with any two of the following conditions: elevated triglycerides (\geq 150 mg/dL); lowered HDL cholesterol ($<$ 40 mg/dL); elevated blood pressure (systolic blood pressure \geq 130 mmHg and/or diastolic blood pressure \geq 85 mmHg); and raised fasting glucose (\geq 110 mg/dL). Abdominal obesity was defined as a waist circumference of 85cm or more(Japanese criterion) or \geq 90cm (Asian criterion). Statistical adjustment was made for age, hospital, and rank in the SDF. 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Thus the metabolic syndrome appears to be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and type 2 diabetes.", "journalAbbreviation": "APJCP", "language": "en", "author": [{"family": "Morita", "given": "Takako"}, {"family": "Tabata", "given": "Shinji"}, {"family": "Mineshita", "given": "Masamichi"}, {"family": "Mizoue", "given": "Tetsuya"}, {"family": "Moore", "given": "Malcolm A"}, {"family": "Kono", "given": "Suminori"}], "issued": {"date-parts": [{"2005, 4}]}}, {"id": "362", "uris": ["http://zotero.org/users/2724931/items/83RDVNWE"], "uri": "http://zotero.org/users/2724931/items/83RDVNWE", "itemData": {"id": "362", "type": "article-journal", "title": "Metabolic syndrome components and colorectal adenoma in the CLUE II cohort", "container-title": "Cancer causes & control : CCC", "page": "1-10", "volume": "21", "issue": "1", "source": "PubMed Central", "abstract": "Background\nMetabolic syndrome components have been associated with colorectal cancer in several studies; however, the evidence for colorectal adenomas is limited. Thus, we evaluated the association between markers of the metabolic syndrome with colorectal adenoma development in a nested case-control study.\n\nMethods\nColorectal adenoma cases (n= 132) and matched controls who had had a negative sigmoidoscopy or a colonoscopy (n=260) were identified between baseline in 1989 and 2000 among participants in the CLUE II cohort of Washington County, Maryland. Concentrations of C-peptide, insulin-like growth factor binding protein-1, glycosylated hemoglobin, total cholesterol, high density lipoprotein-cholesterol, and triglycerides were measured in baseline blood specimens. Body mass index was calculated using baseline height and weight. Use of medications to treat diabetes mellitus was self-reported at baseline. Blood pressure was measured at baseline. 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Study location
Asia
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to further investigate the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and
determine whether association between NAFLD and CRMN exists. 2,315 community subjects (1,370 males and
945 females) who underwent a routine colonoscopy according to international colorectal cancer screening
guideline were recruited. Nature of colorectal lesions determined by biopsy and NAFLD was diagnosed by
ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of
CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in
the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at
sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal
adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate
analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512–2.761; P < 0.05).
After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for
CRMN (OR 1.868; 95 % CI 1.360–2.567; P < 0.05). NAFLD was an independent risk factor for CRMN. Sigmoid
carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD.
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Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal
neoplasms. Although the mechanism is not known, those have been proposed to contribute to this phenomenon,
including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess
the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the
National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667
polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated
using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride
levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated
with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal
adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon
adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and
adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum.
CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including
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a cluster of metabolic abnormalities linked to insulin resistance, has attracted much interest as a risk factor for
cardiovascular disease and type 2 diabetes. Hyperinsulinemia is also a postulated biological risk factor for
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circumference of 85cm or more(Japanese criterion) or ≥ 90 cm (Asian criterion). Statistical adjustment was made
for age, hospital, and rank in the SDF. The metabolic syndrome was found to be associated with a moderately

increased risk of colorectal adenomas whether either of the Japanese and Asian criteria was used; adjusted odds ratios with the Japanese and Asian criteria were 1.38 (95% confidence interval [CI] 1.13-1.69) and 1.48 (95% CI 1.13-1.93), respectively. Increased risk was more evident for proximal than distal colon or rectal adenomas, and was almost exclusively observed for large lesions (≥ 5 mm in diameter). Thus the metabolic syndrome appears to be an important entity with regard to the prevention of colorectal cancer, as well as cardiovascular disease and type 2 diabetes.

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Gallbladder polyps and colorectal neoplasia (CRN) share several risk factors such as obesity, diabetes and metabolic syndrome, which might account for their association. In this study, we investigated whether asymptomatic patients with gallbladder disease are at increased risk of CRN and identified the factors to their association. The study population consisted of 4,626 consecutive, asymptomatic individuals drawn from a prospective health check-up cohort who underwent both ultrasonography and colonoscopy screening. The prevalence of CRNs in patients with gallbladder polyps or gallstones was significantly higher than that in the control group (32.1% vs. 26.8%; $P = 0.032$, 35.8% vs. 26.9%; $P = 0.020$). A multivariate regression analysis showed that gallbladder polyps were an independent risk factor for CRN [adjusted odds ratio (OR): 1.29; 95% confidence interval (CI): 1.03-1.62] whereas gallstones were not (adjusted OR: 1.14; 95% CI: 0.79-1.63). The adjusted OR for the risk of CRN was 1.12 for gallbladder polyps < 5 mm (95% CI, 0.85-1.46) and 1.79 for gallbladder polyps ≥ 5 mm (95% CI, 1.15-2.77). The prevalence of CRN increased with increasing polyp size (P trend = 0.022). Our results suggest that colorectal neoplasia is significantly related to gallbladder polyps, especially those ≥ 5 mm. 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To elucidate the association of metabolic syndrome components and insulin resistance with adenoma, we investigated homeostasis model assessment insulin resistance (HOMA-IR) in individuals with adenoma. A cross-sectional study was conducted involving individuals who underwent scheduled health examinations using total colonoscopy. Restricting the subjects to males, 261 with adenoma and 702 without adenoma were investigated. HOMA-IR was categorized into three groups: normal (< 1.6), intermediate ($\geq 1.6 - < 2.5$), and insulin resistance ($2.5 \leq$). Metabolic syndrome was defined by a combination of any three of the following components: central obesity (waist circumference ≥ 90 cm); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); elevated fasting plasma glucose (≥ 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and elevated triglyceride (≥ 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively). Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001). However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate that an increased level of HOMA-IR is a risk factor for colorectal adenoma in Japanese males.", "ISSN": "1349-3329 0040-8727", "note": "PMID: 21478654", "journalAbbreviation": "Tohoku J Exp Med", "language": "eng", "author": [{"family": "Sato", "given": "Takeshi"}, {"family": "Takeda", "given": "Hiroaki"}, {"family": "Sasaki", "given": "Yu"}, {"family": "Kawata", "given": "Sumio"}], issued: {"date-parts": [{"2011, 4}]}, {"id": "390", "uris": [{"http://zotero.org/users/2724931/items/9BZ8ICKP"}], uri: [{"http://zotero.org/users/2724931/items/9BZ8ICKP"}], itemData: {"id": "390", "type": "article-journal", "title": "Stepwise Relationship Between Components of Metabolic Syndrome and Risk of Colorectal Adenoma in a Taiwanese Population Receiving Screening Colonoscopy", "container-title": "Journal of the Formosan Medical Association", "page": "100-108", "volume": "110", "issue": "2", "source": "CrossRef", "DOI": "10.1016/S0929-6646(11)60016-8", "ISSN": "09296646", "language": "en", "author": [{"family": "Hu", "given": "Nien-Chih"}, {"family": "Chen", "given": "Jong-Dar"}, {"family": "Lin", "given": "Yu-Min"}, {"family": "Chang", "given": "Jun-Yih"}, {"family": "Chen", "given": "Yu-Hung"}], issued: {"date-parts": [{"2011, 2}]}, {"id": "137", "uris": [{"http://zotero.org/users/2724931/items/566MKVT3"}], uri: [{"http://zotero.org/users/2724931/items/566MKVT3"}], itemData: {"id": "137", "type": "article-journal", "title": "Visceral obesity as a risk factor for colorectal neoplasm", "container-title": "Journal of Gastroenterology and Hepatology", "page": "411-417", "volume": "23", "issue": "3", "abstract": "Background and Aim: Obesity as a risk factor for colorectal neoplasm (CRN) is controversial. In the present study, we evaluated visceral obesity as a risk factor for CRN. Methods: We prospectively enrolled 200 consecutive, asymptomatic adults (male : female = 133:67, mean age, 50.9 \pm 8.5 years) undergoing both colonoscopy and abdominopelvic computed tomography (CT) scan for routine health evaluations. The presence or absence and the characteristics of CRN were determined during colonoscopy. The amount of visceral adipose tissue (VAT) and subcutaneous adipose tissue was measured by an abdominopelvic CT scan. Body mass index, waist circumference, and percentage of body fat were measured. Blood pressure and other blood markers for assessing the metabolic syndrome were also investigated. Results: Of the 200 patients, 53 (26.5%) had CRN. Old age, smoking, metabolic syndrome, and a high fasting plasma glucose level were associated with an increased risk of CRN. VAT ($P < 0.01$) and waist circumference ($P = 0.01$) were significantly higher in those with CRN. A multivariate analysis of the risks of CRN showed an odds ratio of 4.07 (95% confidence interval: 1.01-16.43, $P = 0.03$) for those with VAT over 136.61 cm² relative to those with VAT under 67.23 cm². Waist circumference, metabolic syndrome, and fasting plasma glucose levels were not independent risk factors for CRN in the multivariate analysis. Conclusion: Increased VAT is an independent risk factor for CRN. Further large scale studies are

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Hyperinsulinemia is also a postulated biological risk factor for colorectal carcinogenesis. We therefore here examined the relation between the metabolic syndrome and colorectal adenoma development. The study subjects were 756 cases of colorectal adenoma and 1751 controls with no polyps who underwent total colonoscopy during the period January 1995 to March 2002 at two Self Defense Forces (SDF) hospitals in Japan. The metabolic syndrome was defined with reference to abdominal obesity in combination with any two of the following conditions: elevated triglycerides (≥ 150 mg/dL); lowered HDL cholesterol (< 40 mg/dL); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); and raised fasting glucose (≥ 110 mg/dL). Abdominal obesity was defined as a waist circumference of 85cm or more (Japanese criterion) or ≥ 90 cm (Asian criterion). Statistical adjustment was made for age, hospital, and rank in the SDF. 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GRAPHICAL ABSTRACT:", "DOI":"10.3346/jkms.2015.30.9.1288", "ISSN":"1011-8934", "author":{"family":"Hong", "given":"Sung Noh"}, {"family":"Lee", "given":"Tae Yoon"}, {"family":"Yun", "given":"Sung-Cheol"}], "issued":{"date-parts":["2015", 9]}}, {"id":118,"uris":["http://zotero.org/users/2724931/items/TSAINUMV"], "uri":["http://zotero.org/users/2724931/items/TSAINUMV"], "itemData":{"id":118,"type":"article-journal", "title":"Increased homeostasis model assessment-insulin resistance is a risk factor for colorectal adenoma in Japanese males.", "container-title":"The Tohoku journal of experimental medicine", "page":"297-303", "volume":"223", "issue":"4", "abstract":"Many previous reports have documented a relationship between metabolic syndrome, in terms of insulin resistance, and colorectal cancer. However, the association of insulin resistance with colorectal adenoma has not been investigated in detail. To elucidate the association of metabolic syndrome components and insulin resistance with adenoma, we investigated homeostasis model assessment insulin resistance (HOMA-IR) in individuals with adenoma. A cross-sectional study was conducted involving individuals who underwent scheduled health examinations using total colonoscopy. Restricting the subjects to

males, 261 with adenoma and 702 without adenoma were investigated. HOMA-IR was categorized into three groups: normal (< 1.6), intermediate ($\geq 1.6 - < 2.5$), and insulin resistance (≥ 2.5). Metabolic syndrome was defined by a combination of any three of the following components: central obesity (waist circumference ≥ 90 cm); elevated blood pressure (systolic blood pressure ≥ 130 mmHg and/or diastolic blood pressure ≥ 85 mmHg); elevated fasting plasma glucose (≥ 100 mg/dL); reduced high-density lipoprotein-cholesterol (< 40 mg/dL); and elevated triglyceride (≥ 150 mg/dL). Multivariate analysis of HOMA-IR showed that the intermediate and insulin resistance groups had a significantly increased risk for colorectal adenoma, even after adjustment for waist circumference (odds ratio, 1.62 and 2.23; 95% confidence interval, 1.07-2.45 and 1.31-3.79, respectively). Accumulation of any metabolic syndrome components increased the risk of colorectal adenoma (P trend = 0.001). However, none of the components alone demonstrated a significant risk for colorectal adenoma. Our data indicate that an increased level of HOMA-IR is a risk factor for colorectal adenoma in Japanese males.", "ISSN": "1349-3329 0040-8727", "note": "PMID: 21478654", "journalAbbreviation": "Tohoku J Exp Med", "language": "eng", "author": [{"family": "Sato", "given": "Takeshi"}, {"family": "Takeda", "given": "Hiroaki"}, {"family": "Sasaki", "given": "Yu"}, {"family": "Kawata", "given": "Sumio"}], "issued": {"date-parts": ["2011", 4]}}, {"id": "137", "uris": ["http://zotero.org/users/2724931/items/566MKVT3"], "uri": "http://zotero.org/users/2724931/items/566MKVT3"}, "itemData": {"id": "137", "type": "article-journal", "title": "Visceral obesity as a risk factor for colorectal neoplasm", "container-title": "Journal of Gastroenterology and Hepatology", "page": "411-417", "volume": "23", "issue": "3", "abstract": "Background and Aim: Obesity as a risk factor for colorectal neoplasm (CRN) is controversial. In the present study, we evaluated visceral obesity as a risk factor for CRN. Methods: We prospectively enrolled 200 consecutive, asymptomatic adults (male : female = 133:67, mean age, 50.9 \pm 8.5 years) undergoing both colonoscopy and abdominopelvic computed tomography (CT) scan for routine health evaluations. The presence or absence and the characteristics of CRN were determined during colonoscopy. The amount of visceral adipose tissue (VAT) and subcutaneous adipose tissue was measured by an abdominopelvic CT scan. Body mass index, waist circumference, and percentage of body fat were measured. Blood pressure and other blood markers for assessing the metabolic syndrome were also investigated. Results: Of the 200 patients, 53 (26.5%) had CRN. Old age, smoking, metabolic syndrome, and a high fasting plasma glucose level were associated with an increased risk of CRN. VAT (P < 0.01) and waist circumference (P = 0.01) were significantly higher in those with CRN. A multivariate analysis of the risks of CRN showed an odds ratio of 4.07 (95% confidence interval: 1.01-16.43, P = 0.03) for those with VAT over 136.61 cm² relative to those with VAT under 67.23 cm². Waist circumference, metabolic syndrome, and fasting plasma glucose levels were not independent risk factors for CRN in the multivariate analysis. Conclusion: Increased VAT is an independent risk factor for CRN. Further large scale studies are needed to clarify the causal relationship between VAT and CRN.", "DOI": "10.1111/j.1440-1746.2007.05125.x", "ISSN": "1440-1746", "author": [{"family": "Oh", "given": "Tae-Hoon"}, {"family": "Byeon", "given": "Jeong-Sik"}, {"family": "Myung", "given": "Seung-Jae"}, {"family": "Yang", "given": "Suk-Kyun"}, {"family": "Choi", "given": "Kwi-Sook"}, {"family": "Chung", "given": "Jun-Won"}, {"family": "Kim", "given": "Benjamin"}, {"family": "Lee", "given": "Don"}, {"family": "Byun", "given": "Jae Ho"}, {"family": "Jang", "given": "Se Jin"}, {"family": "Kim", "given": "Jin-Ho"}], "issued": {"date-parts": ["2008", 3, 1]}}, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}]

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2.04 (

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25.61, df = 4

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Hyperglycemia and colorectal cancer

All studies

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2997", "volume": "41", "issue": "5", "abstract": "Nonalcoholic fatty liver disease (NAFLD) has been suggested to be a

strong risk factor of colorectal benign adenomas and advanced neoplasms. The aim of this large cohort study was

to further investigate the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and

determine whether association between NAFLD and CRMN exists. 2,315 community subjects (1,370 males and

945 females) who underwent a routine colonoscopy according to international colorectal cancer screening

guideline were recruited. Nature of colorectal lesions determined by biopsy and NAFLD was diagnosed by

ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of

CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in

the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at

sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal

adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512–2.761; $P < 0.05$). After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360–2.567; $P < 0.05$). NAFLD was an independent risk factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD. (ClinicalTrials.gov number, NCT01657773, website: <http://clinicaltrials.gov/ct2/show/NCT01657773?term=zheng+minghua&rank=1>)., "DOI": "10.1007/s11033-014-3157-y", "ISSN": "1573-4978", "journalAbbreviation": "Molecular Biology Reports", "author": [{"family": "Lin", "given": "Xian-Feng"}, {"family": "Shi", "given": "Ke-Qing"}, {"family": "You", "given": "Jie"}, {"family": "Liu", "given": "Wen-Yue"}, {"family": "Luo", "given": "Ying-Wan"}, {"family": "Wu", "given": "Fa-Ling"}, {"family": "Chen", "given": "Yong-Ping"}, {"family": "Wong", "given": "Danny Ka-Ho"}, {"family": "Yuen", "given": "Man-Fung"}, {"family": "Zheng", "given": "Ming-Hua"}], "issued": {"date-parts": [{"2014}]}}, {"id": "121", "uris": ["http://zotero.org/users/2724931/items/7FAPCFIV"], "uri": "http://zotero.org/users/2724931/items/7FAPCFIV"}, "itemData": {"id": "121", "type": "article-journal", "title": "Association of colorectal adenoma with components of metabolic syndrome.", "container-title": "Cancer causes & control : CCC", "page": "727-735", "volume": "23", "issue": "5", "abstract": "PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to contribute to this phenomenon, including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667 polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity.", "DOI": "10.1007/s10552-012-9942-9", "ISSN": "1573-7225 0957-5243", "note": "PMID: 22450737", "journalAbbreviation": "Cancer Causes Control", "language": "eng", "author": [{"family": "Kim", "given": "Byung Chang"}, {"family": "Shin", "given": "Aesun"}, {"family": "Hong", "given": "Chang Won"}, {"family": "Sohn", "given": "Dae Kyung"}, {"family": "Han", "given": "Kyung Su"}, {"family": "Ryu", "given": "Kum Hei"}, {"family": "Park", "given": "Bum Joon"}, {"family": "Nam", "given": "Ji Hyung"}, {"family": "Park", "given": "Ji Won"}, {"family": "Chang", "given": "Hee Jin"}, {"family": "Choi", "given": "Hyo Seong"}, {"family": "Kim", "given": "Jeongseon"}, {"family": "Oh", "given": "Jae Hwan"}], "issued": {"date-parts": [{"2012", "5"}]}}, {"id": "700", "uris": ["http://zotero.org/users/2724931/items/CSEQKLIg"], "uri": "http://zotero.org/users/2724931/items/CSEQKLIg"}, "itemData": {"id": "700", "type": "article-journal", "title": "A Longitudinal Study of the Metabolic Syndrome and Risk of Colorectal Cancer in Postmenopausal Women", "container-title": "European journal of cancer prevention : the official journal of the European Cancer Prevention Organisation (ECP)", "page": "326-332", "volume": "21", "issue": "4", "archive": "PMC", "archive_location": "PMC5759970", "abstract": "The metabolic syndrome is associated with increased risk of diabetes and coronary heart disease. Although higher BMI and other related factors have been frequently associated with colorectal cancer (CRC), whether the metabolic syndrome is associated with the risk of colorectal cancer is unclear. We therefore assessed the association of the metabolic syndrome with the risk of CRC in a subsample of participants of the Women's Health Initiative who had repeated measurements of the components of the syndrome at baseline and during follow-up. Women with diabetes at baseline enrollment were excluded. Cox proportional hazards models were used to estimate hazard ratios (HR) and 95% confidence intervals (95% CI) at baseline and in time-dependent analyses. Among 4,862 eligible women, 81 incident cases of colorectal cancer were identified over a median follow-up of 12 years. Presence of the metabolic syndrome at baseline was associated with increased risk of colorectal cancer (HR 2.15, 95% CI 1.30-3.53) and colon cancer (HR 2.28, 95% CI 1.31-3.98). These associations were largely explained by positive associations of serum glucose and systolic blood pressure with both outcomes. Time-dependent covariate analyses supported the baseline findings. Our results suggest that the positive association of the metabolic syndrome with risk of colorectal cancer is largely accounted for by serum glucose levels and systolic blood pressure. The biological mechanism underlying these associations remains to be clarified.", "DOI": "10.1097/CEJ.0b013e32834dbc81", "ISSN": "0959-8278", "author": [{"family": "Kabat", "given": "Geoffrey C"}, {"family": "Kim", "given": "Mimi Y"}, {"family": "Peters", "given": "Ulrike"}, {"family": "Stefanick", "given": "Marcia"}, {"family": "Hou", "given": "Lifang"}, {"family": "Wactawski-Wende", "given": "Jean"}, {"family": "Messina", "given": "Catherine"}, {"family": "Shikany", "given": "James M"}, {"family": "Rohan", "given": "Thomas E"}], "issued": {"date-parts": [{"2012", "7"}]}}, {"id": "125", "uris": ["http://zotero.org/users/2724931/items/ENWMID8V"], "uri": "http://zotero.org/users/2724931/items/ENWMID8V"}, "itemData": {"id": "125", "type": "article-journal", "title": "Interplay between 3

-UTR polymorphisms in the vascular endothelial growth factor (VEGF) gene and metabolic syndrome in determining the risk of colorectal cancer in Koreans", "container-title": "BMC Cancer", "page": "881", "volume": "14", "archive": "PMC", "archive_location": "PMC4289193", "abstract": "BACKGROUND Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in cancer development. Moreover, recent studies have reported associations between a number of 3

-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3

-UTR polymorphisms (1451C

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T [rs3025040], 1612G

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A [rs10434], and 1725G

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A [rs3025053] and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C

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T was significantly associated with rectal cancer risk (Dominant model; AOR =1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas VEGF 1725G

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A correlated with MetS risk (Dominant model; AOR =1.61; 95% CI =1.06 - 2.46; p = 0.026). Of the gene-environment combined effects, the interaction of VEGF 1451C

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T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <

.001) whereas the combination of VEGF 1725G

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A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p =0.008). CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users.,"DOI":"10.1186/1471-2407-14-881","ISSN":"1471-2407","author":[{"family":"Jeon","given":"Young Joo"}, {"family":"Kim","given":"Jong Woo"}, {"family":"Park","given":"Hye Mi"}, {"family":"Jang","given":"Hyo Geun"}, {"family":"Kim","given":"Jung O"}, {"family":"Oh","given":"Jisu"}, {"family":"Chong","given":"So Young"}, {"family":"Kwon","given":"Sung Won"}, {"family":"Kim","given":"Eo Jin"}, {"family":"Oh","given":"Doyeun"}, {"family":"Kim","given":"Nam Keun"}],"issued":{"date-parts":[[2014]]},"id":146,"uris":["http://zotero.org/users/2724931/items/9WXARXXX"],"uri":["http://zotero.org/users/2724931/items/9WXARXXX"],"itemData":{"id":146,"type":"article-journal","title":"Metabolic Syndrome and Risks of Colon and Rectal Cancer: The European Prospective Investigation into Cancer and Nutrition Study","container-title":"Cancer Prevention Research","page":"1873","volume":"4","issue":"11","abstract":"Metabolic syndrome (MetS) is purportedly related to risk of developing colorectal cancer; however, the association of MetS, as defined according to recent international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what extent the MetS components individually account for such an association. We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. Cancer Prev Res; 4(11): 1873-83. ©2011 AACR.,"DOI":"10.1158/1940-6207.CAPR-11-0218","journalAbbreviation":"Cancer Prev Res (Phila)","author":[{"family":"Aleksandrova","given":"Krasimira"}, {"family":"Boeing","given":"Heiner"}, {"family":"Jenab","given":"Mazda"}, {"family":"Bas Bueno-de-Mesquita","given":"H."}, {"family":"Jansen","given":"Eugene"}, {"family":"Duijnhoven","given":"Fränzel J.B."}, {"family":"van","given":"Fedirko"}, {"family":"Veronika"}, {"family":"Rinaldi","given":"Sabina"}, {"family":"Romieu","given":"Isabelle"}, {"family":"Riboli","given":"Elio"}, {"family":"Romaguera","given":"Dora"}, {"family":"Overvad","given":"Kim"}, {"family":"Østergaard","given":"Jane Nautrup"}, {"family":"Olsen","given":"Anja"}, {"family":"Tjønneland","given":"Anne"}, {"family":"Boutron-Ruault","given":"Marie-Christine"}, {"family":"Clavel-Chapelon","given":"Françoise"}, {"family":"Morais","given":"Sophie"}, {"family":"Masala","given":"Giovanna"}, {"family":"Agnoli","given":"Claudia"}, {"family":"Panico","given":"Salvatore"}, {"family":"Tumino","given":"Rosario"}]

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of attention in recent years, the correlation between MS and colorectal carcinoma is still not very clear. This study
aims at exploring the relationship between MS and colorectal carcinoma. Methods: Data was collected from 507
cases of colorectal carcinoma and 507 cases of healthy patients between January 2002 and March 2007 to
establish the database. The patients with colorectal cancer were divided into two groups based on the presence of
MS. Multivariate analysis of these data for the overall survival and recurrence was performed with the Cox
proportional hazard model. Variables examined by multivariate analysis were sex , age, location, histotype,
differentiation, tumour, node, metastasis (TNM) stage, the number of lymph nodes detected, etc. Results: The
existence of MS in the colorectal carcinoma group was clearly more than that in the control group. The existence
of two to four types of abnormal metabolic diseases was significantly more in the colorectal cancer group than in
the control group. MS is one of the important elements that can independently influence the survival (odds ratio
(OR) = 1.501, 95% confidence interval (CI) = 1.057–2.131) and have the highest risk with worse survival
compared with other parameters. Conclusion: There is a close relationship between MS and colorectal
carcinoma, and MS is a significantly independent element that influences the survival of the colorectal carcinoma.
Decreasing the incidence of MS maybe play a role in improving therapeutic efficacy and prognosis of the
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2997","volume":"41","issue":"5","abstract":"Nonalcoholic fatty liver disease (NAFLD) has been suggested to be a
strong risk factor of colorectal benign adenomas and advanced neoplasms. The aim of this large cohort study was
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ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of
CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in
the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at
sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal
adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate
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After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for
CRMN (OR 1.868; 95 % CI 1.360–2.567; P < 0.05). NAFLD was an independent risk factor for CRMN. Sigmoid
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(ClinicalTrials.gov number, NCT01657773, website: http://clinicaltrials.gov/ct2/show/NCT01657773?
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Cancer", "page": "881", "volume": "14", "archive": "PMC", "archive_location": "PMC4289193", "abstract": "BACKGR
Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in
cancer development. Moreover, recent studies have reported associations between a number of 3

-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three
VEGF 3

-UTR polymorphisms (1451C

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T [rs3025040], 1612G

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A [rs10434], and 1725G

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A [rs3025053] and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850
participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF
polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and
gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs)
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A correlated with MetS risk (Dominant model; AOR = 1.61; 95% CI = 1.06 - 2.46; p = 0.026). Of the gene-
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A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p = 0.008).
CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS.
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to risk of developing colorectal cancer; however, the association of MetS, as defined according to recent
international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what
extent the MetS components individually account for such an association. We addressed these issues in a nested
case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density
sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined
according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III
(NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among
individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer,
whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal
cancer (RR = 2.07; 95% CI: 1.45-2.96). MetS, as defined by each of the definitions, was similarly associated with
colon cancer (e.g., RR = 1.91; 95% CI: 1.47-2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII,
but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02-2.06). Overall,
these associations were stronger in women than in men. However, the association between MetS and colorectal
cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide
risk information beyond these components (likelihood ratio test P = 0.10 for MetS by NCEP/ATPIII). These data
suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals
at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. Cancer

Prev Res; 4(11); 1873–83. ©2011 AACR.,"DOI": "10.1158/1940-6207.CAPR-11-0218", "journalAbbreviation": "Cancer Prev Res (Phila)", "author": [{"family": "Aleksandrova", "given": "Krasimira"}, {"family": "Boeing", "given": "Heiner"}, {"family": "Jenab", "given": "Mazda"}, {"family": "Bas Bueno-de-Mesquita", "given": "H."}, {"family": "Jansen", "given": "Eugene"}, {"family": "Duijnhoven", "given": "Fränzel J.B."}, {"family": "non-dropping-particle": "van"}, {"family": "Fedirko", "given": "Veronika"}, {"family": "Rinaldi", "given": "Sabina"}, {"family": "Romieu", "given": "Isabelle"}, {"family": "Riboli", "given": "Elio"}, {"family": "Romaguera", "given": "Dora"}, {"family": "Overvad", "given": "Kim"}, {"family": "Østergaard", "given": "Jane Nautrup"}, {"family": "Olsen", "given": "Anja"}, {"family": "Tjønneland", "given": "Anne"}, {"family": "Boutron-Ruault", "given": "Marie-Christine"}, {"family": "Clavel-Chapelon", "given": "Françoise"}, {"family": "Morris", "given": "Sophie"}, {"family": "Masala", "given": "Giovanna"}, {"family": "Agnoli", "given": "Claudia"}, {"family": "Panico", "given": "Salvatore"}, {"family": "Tumino", "given": "Rosario"}, {"family": "Vineis", "given": "Paolo"}, {"family": "Kaaks", "given": "Rudolf"}, {"family": "Lukanova", "given": "Annekatriin"}, {"family": "Trichopoulou", "given": "Antonia"}, {"family": "Naska", "given": "Androniki"}, {"family": "Bamia", "given": "Christina"}, {"family": "Peeters", "given": "Petra H."}, {"family": "Rodríguez", "given": "Laudina"}, {"family": "Buckland", "given": "Genevieve"}, {"family": "Sánchez", "given": "María-José"}, {"family": "Dorronsoro", "given": "Miren"}, {"family": "Huerta", "given": "Jose-Maria"}, {"family": "Barricarte", "given": "Aurelio"}, {"family": "Hallmans", "given": "Göran"}, {"family": "Palmqvist", "given": "Richard"}, {"family": "Khaw", "given": "Kay-Tee"}, {"family": "Wareham", "given": "Nicholas"}, {"family": "Allen", "given": "Naomi E."}, {"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Pischoon", "given": "Tobias"}], "issued": {"date-parts": [{"2011, 11, 2]}]}, {"id": "144", "uris": [{"http://zotero.org/users/2724931/items/R3KQJJK"}, {"http://zotero.org/users/2724931/items/R3KQJJK"}], "itemData": {"id": "144", "type": "article-journal", "title": "Clinical study on the correlation between metabolic syndrome and colorectal carcinoma", "container-title": "ANZ Journal of Surgery", "page": "331-336", "volume": "80", "issue": "5", "abstract": "Background: Although metabolic syndrome (MS) has received a lot of attention in recent years, the correlation between MS and colorectal carcinoma is still not very clear. This study aims at exploring the relationship between MS and colorectal carcinoma. Methods: Data was collected from 507 cases of colorectal carcinoma and 507 cases of healthy patients between January 2002 and March 2007 to establish the database. The patients with colorectal cancer were divided into two groups based on the presence of MS. Multivariate analysis of these data for the overall survival and recurrence was performed with the Cox proportional hazard model. Variables examined by multivariate analysis were sex, age, location, histotype, differentiation, tumour, node, metastasis (TNM) stage, the number of lymph nodes detected, etc. Results: The existence of MS in the colorectal carcinoma group was clearly more than that in the control group. The existence of two to four types of abnormal metabolic diseases was significantly more in the colorectal cancer group than in the control group. MS is one of the important elements that can independently influence the survival (odds ratio (OR) = 1.501, 95% confidence interval (CI) = 1.057–2.131) and have the highest risk with worse survival compared with other parameters. Conclusion: There is a close relationship between MS and colorectal carcinoma, and MS is a significantly independent element that influences the survival of the colorectal carcinoma. Decreasing the incidence of MS maybe play a role in improving therapeutic efficacy and prognosis of the cancer."}, {"DOI": "10.1111/j.1445-2197.2009.05084.x"}, {"ISSN": "1445-2197"}, {"author": [{"family": "Shen", "given": "Zhanlong"}, {"family": "Wang", "given": "Shan"}, {"family": "Ye", "given": "Yingjiang"}, {"family": "Yin", "given": "Mujun"}, {"family": "Yang", "given": "Xiaodong"}, {"family": "Jiang", "given": "Kewei"}, {"family": "Liu", "given": "Yan"}], "issued": {"date-parts": [{"2010, 5, 1]}]}, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}]

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CRMN (OR 1.868; 95 % CI 1.360–2.567; $P < 0.05$). NAFLD was an independent risk factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD. (ClinicalTrials.gov number, NCT01657773, website: <http://clinicaltrials.gov/ct2/show/NCT01657773?term=zheng+minghua&rank=1>).", "DOI": "10.1007/s11033-014-3157-y", "ISSN": "1573-4978", "journalAbbreviation": "Molecular Biology Reports", "author": [{"family": "Lin", "given": "Xian-Feng"}, {"family": "Shi", "given": "Ke-Qing"}, {"family": "You", "given": "Jie"}, {"family": "Liu", "given": "Wen-Yue"}, {"family": "Luo", "given": "Ying-Wan"}, {"family": "Wu", "given": "Fa-Ling"}, {"family": "Chen", "given": "Yong-Ping"}, {"family": "Wong", "given": "Danny Ka-Ho"}, {"family": "Yuen", "given": "Man-Fung"}, {"family": "Zheng", "given": "Ming-Hua"}], "issued": {"date-parts": [{"2014}]}}, {"id": 121, "uris": ["http://zotero.org/users/2724931/items/7FAPCFIV"], "uri": ["http://zotero.org/users/2724931/items/7FAPCFIV"], "itemData": {"id": 121, "type": "article-journal", "title": "Association of colorectal adenoma with components of metabolic syndrome.", "container-title": "Cancer causes & control : CCC", "page": "727-735", "volume": "23", "issue": "5", "abstract": "PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to contribute to this phenomenon, including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667 polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity.", "DOI": "10.1007/s10552-012-9942-9", "ISSN": "1573-7225 0957-5243", "note": "PMID: 22450737", "journalAbbreviation": "Cancer Causes Control", "language": "eng", "author": [{"family": "Kim", "given": "Byung Chang"}, {"family": "Shin", "given": "Aesun"}, {"family": "Hong", "given": "Chang Won"}, {"family": "Sohn", "given": "Dae Kyung"}, {"family": "Han", "given": "Kyung Su"}, {"family": "Ryu", "given": "Kum Hei"}, {"family": "Park", "given": "Bum Joon"}, {"family": "Nam", "given": "Ji Hyung"}, {"family": "Park", "given": "Ji Won"}, {"family": "Chang", "given": "Hee Jin"}, {"family": "Choi", "given": "Hyo Seong"}, {"family": "Kim", "given": "Jeongseon"}, {"family": "Oh", "given": "Jae Hwan"}], "issued": {"date-parts": [{"2012", 5}]}}, {"id": 125, "uris": ["http://zotero.org/users/2724931/items/ENWMID8V"], "uri": ["http://zotero.org/users/2724931/items/ENWMID8V"], "itemData": {"id": 125, "type": "article-journal", "title": "Interplay between 3

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ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users.,"DOI":"10.1186/1471-2407-14-881", "ISSN":"1471-2407", "author": [{"family": "Jeon", "given": "Young Joo"}, {"family": "Kim", "given": "Jong Woo"}, {"family": "Park", "given": "Hye Mi"}, {"family": "Jang", "given": "Hyo Geun"}, {"family": "Kim", "given": "Jung O"}, {"family": "Oh", "given": "Jisu"}, {"family": "Chong", "given": "So Young"}, {"family": "Kwon", "given": "Sung Won"}, {"family": "Kim", "given": "Eo Jin"}, {"family": "Oh", "given": "Doyeun"}, {"family": "Kim", "given": "Nam Keun"}], "issued": {"date-parts": [{"2014}]}}, {"id": "144", "uris": [{"http://zotero.org/users/2724931/items/R3KQJJK"}], "uri": [{"http://zotero.org/users/2724931/items/R3KQJJK"}], "itemData": {"id": "144", "type": "article-journal", "title": "Clinical study on the correlation between metabolic syndrome and colorectal carcinoma", "container-title": "ANZ Journal of Surgery", "page": "331-336", "volume": "80", "issue": "5", "abstract": "Background: Although metabolic syndrome (MS) has received a lot of attention in recent years, the correlation between MS and colorectal carcinoma is still not very clear. This study aims at exploring the relationship between MS and colorectal carcinoma. Methods: Data was collected from 507 cases of colorectal carcinoma and 507 cases of healthy patients between January 2002 and March 2007 to establish the database. The patients with colorectal cancer were divided into two groups based on the presence of MS. Multivariate analysis of these data for the overall survival and recurrence was performed with the Cox proportional hazard model. Variables examined by multivariate analysis were sex , age, location, histotype, differentiation, tumour, node, metastasis (TNM) stage, the number of lymph nodes detected, etc. Results: The existence of MS in the colorectal carcinoma group was clearly more than that in the control group. The existence of two to four types of abnormal metabolic diseases was significantly more in the colorectal cancer group than in the control group. MS is one of the important elements that can independently influence the survival (odds ratio (OR) = 1.501, 95% confidence interval (CI) = 1.057–2.131) and have the highest risk with worse survival compared with other parameters. Conclusion: There is a close relationship between MS and colorectal carcinoma, and MS is a significantly independent element that influences the survival of the colorectal carcinoma. Decreasing the incidence of MS maybe play a role in improving therapeutic efficacy and prognosis of the cancer.,"DOI":"10.1111/j.1445-2197.2009.05084.x", "ISSN":"1445-2197", "author": [{"family": "Shen", "given": "Zhanlong"}, {"family": "Wang", "given": "Shan"}, {"family": "Ye", "given": "Yingjiang"}, {"family": "Yin", "given": "Mujun"}, {"family": "Yang", "given": "Xiaodong"}, {"family": "Jiang", "given": "Kewei"}, {"family": "Liu", "given": "Yan"}], "issued": {"date-parts": [{"2010", "5", "1"}]}}, {"schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}], "44, 46, 54, 57

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27.26, df = 6

(

P

= 0.0001)

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cancer (RR = 2.07; 95% CI: 1.45–2.96). MetS, as defined by each of the definitions, was similarly associated with colon cancer (e.g., RR = 1.91; 95% CI: 1.47–2.42 for MetS by NCEP/ATPIII), whereas MetS by NCEP/ATPIII, but not IDF or harmonized definition, was associated with rectal cancer (RR = 1.45; 95% CI: 1.02–2.06). Overall, these associations were stronger in women than in men. However, the association between MetS and colorectal cancer was accounted for by abdominal obesity and abnormal glucose metabolism such that MetS did not provide risk information beyond these components (likelihood ratio test $P = 0.10$ for MetS by NCEP/ATPIII). These data suggest that simple assessment of abnormal glucose metabolism and/or abdominal obesity to identify individuals at colorectal cancer risk may have higher clinical utility than applying more complex MetS definitions. *Cancer Prev Res*; 4(11); 1873–83. ©2011 AACR.,"DOI": "10.1158/1940-6207.CAPR-11-0218","journalAbbreviation": "Cancer Prev Res (Phila)","author":

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The aim of this large cohort study was to further investigate the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and determine whether association between NAFLD and CRMN exists. 2,315 community subjects (1,370 males and 945 females) who underwent a routine colonoscopy according to international colorectal cancer screening guideline were recruited. Nature of colorectal lesions determined by biopsy and NAFLD was diagnosed by ultrasound. Binary logistic regression analysis was applied to explore the related associations. Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512–2.761; P < 0.05). After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360–2.567; P < 0.05). NAFLD was an independent risk factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD. (ClinicalTrials.gov number, NCT01657773, website: <http://clinicaltrials.gov/ct2/show/NCT01657773?term=zheng+minghua&rank=1>), "DOI":"10.1007/s11033-014-3157-y","ISSN":"1573-4978","journalAbbreviation":"Molecular Biology Reports","author":{"family":"Lin","given":"Xian-Feng"}, {"family":"Shi","given":"Ke-Qing"}, {"family":"You","given":"Jie"}, {"family":"Liu","given":"Wen-Yue"}, {"family":"Luo","given":"Ying-Wan"}, {"family":"Wu","given":"Fa-Ling"}, {"family":"Chen","given":"Yong-Ping"}, {"family":"Wong","given":"Danny Ka-Ho"}, {"family":"Yuen","given":"Man-Fung"}, {"family":"Zheng","given":"Ming-Hua"}],"issued":{"date-parts":["2014"]}},"id":121,"uris":["http://zotero.org/users/2724931/items/7FAPCFIV"],"uri":["http://zotero.org/users/2724931/items/7FAPCFIV"],"itemData":{"id":121,"type":"article-journal","title":"Association of colorectal adenoma with components of metabolic syndrome.","container-title":"Cancer causes & control : CCC","page":727-735,"volume":23,"issue":5,"abstract":"PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal neoplasms. Although the mechanism is not known, those have been proposed to contribute to this phenomenon, including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667 polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum. CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including advanced adenoma and multiplicity.","DOI":"10.1007/s10552-012-9942-9","ISSN":"1573-7225 0957-5243","note":"PMID: 22450737","journalAbbreviation":"Cancer Causes Control","language":"eng","author":{"family":"Kim","given":"Byung Chang"}, {"family":"Shin","given":"Aesun"}, {"family":"Hong","given":"Chang Won"}, {"family":"Sohn","given":"Dae Kyung"}, {"family":"Han","given":"Kyung Su"}, {"family":"Ryu","given":"Kum Hei"}, {"family":"Park","given":"Bum Joon"}, {"family":"Nam","given":"Ji Hyung"}, {"family":"Park","given":"Ji Won"}, {"family":"Chang","given":"Hee Jin"}, {"family":"Choi","given":"Hyo Seong"}, {"family":"Kim","given":"Jeongseon"}, {"family":"Oh","given":"Jae Hwan"}],"issued":{"date-parts":["2012",5]}},"id":700,"uris":["http://zotero.org/users/2724931/items/CSEQKLIQ"],"uri":["http://zotero.org/users/2724931/items/CSEQKLIQ"],"itemData":{"id":700,"type":"article-journal","title":"A Longitudinal Study of the Metabolic Syndrome and Risk of Colorectal Cancer in Postmenopausal Women","container-title":"European journal of cancer prevention : the official journal of the European Cancer Prevention Organisation (ECP)","page":326-332,"volume":21,"issue":4,"archive":"PMC","archive_location":"PMC5759970","abstract":"The metabolic syndrome is associated with increased risk of diabetes and coronary heart disease. Although higher BMI and other related factors have been frequently associated with colorectal cancer (CRC), whether the metabolic syndrome is associated with the risk of colorectal cancer is unclear. We therefore assessed the association of the metabolic syndrome with the risk of CRC in a subsample of participants of the Women's Health Initiative who had repeated measurements of the components of the syndrome at baseline and during follow-up. Women with diabetes at baseline enrollment were excluded. Cox proportional hazards models were used to estimate hazard ratios (HR) and 95% confidence intervals (95% CI) at baseline and in time-dependent analyses. Among 4,862 eligible women, 81 incident cases of colorectal cancer were identified over a median follow-up of 12 years. Presence of the metabolic syndrome at baseline was associated with increased risk of colorectal cancer (HR 2.15, 95% CI 1.30-3.53) and colon cancer (HR 2.28, 95% CI 1.31-3.98). These associations were largely explained by positive associations of serum glucose and systolic blood pressure with both outcomes. Time-dependent covariate analyses supported the baseline findings. Our results suggest that the positive association of the metabolic syndrome with risk of colorectal cancer is largely accounted for by serum glucose levels and systolic blood pressure. The biological

mechanism underlying these associations remains to be clarified." 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In particular, it remains unclear to what extent the MetS components individually account for such an association. We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density sampling. Conditional logistic regression was used to estimate relative risks (RR) and 95% CIs. MetS was defined according to the criteria of the National Cholesterol Education Program/Adult Treatment Panel III (NCEP/ATPIII), the International Diabetes Federation (IDF), and the 2009 harmonized definition. Among individual components, abdominal obesity (RR = 1.51; 95% CI: 1.16-1.96) was associated with colon cancer, whereas abnormal glucose metabolism was associated with both colon (RR = 2.05; 95% CI: 1.57-2.68) and rectal cancer (RR = 2.07; 95% CI: 1.45-2.96). 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"DOI": "10.1158/1940-6207.CAPR-11-0218", "journalAbbreviation": "Cancer Prev Res (Phila)", "author": [{"family": "Aleksandrova", "given": "Krasimira"}, {"family": "Boeing", "given": "Heiner"}, {"family": "Jenab", "given": "Mazda"}, {"family": "Bas Bueno-de-Mesquita", "given": "H."}, {"family": "Jansen", "given": "Eugene"}, {"family": "Duijnhoven", "given": "Fränzel J.B."}, {"family": "non-dropping-particle": "van"}, {"family": "Fedirko", "given": "Veronika"}, {"family": "Rinaldi", "given": "Sabina"}, {"family": "Romieu", "given": "Isabelle"}, {"family": "Riboli", "given": "Elio"}, {"family": "Romaguera", "given": "Dora"}, {"family": "Overvad", "given": "Kim"}, {"family": "Østergaard", "given": "Jane Nautrup"}, {"family": "Olsen", "given": "Anja"}, {"family": "Tjønneland", "given": "Anne"}, {"family": "Boutron-Ruault", "given": "Marie-Christine"}, {"family": "Clavel-Chapelon", "given": "Françoise"}, {"family": "Morois", "given": "Sophie"}, {"family": "Masala", "given": "Giovanna"}, {"family": "Agnoli", "given": "Claudia"}, {"family": "Panico", "given": "Salvatore"}, {"family": "Tumino", "given": "Rosario"}, {"family": "Vineis", "given": "Paolo"}, {"family": "Kaaks", "given": "Rudolf"}, {"family": "Lukanova", "given": "Annekatriin"}, {"family": "Trichopoulos", "given": "Antonia"}, {"family": "Naska", "given": "Androniki"}, {"family": "Bamia", "given": "Christina"}, {"family": "Peeters", "given": "Petra H."}, {"family": "Rodríguez", "given": "Laudina"}, {"family": "Buckland", "given": "Genevieve"}, {"family": "Sánchez", "given": "María-José"}, {"family": "Dorronsoro", "given": "Miren"}, {"family": "Huerta", "given": "Jose-Maria"}, {"family": "Barricarte", "given": "Aurelio"}, {"family": "Hallmans", "given": "Göran"}, {"family": "Palmqvist", "given": "Richard"}, {"family": "Khaw", "given": "Kay-Tee"}, {"family": "Wareham", "given": "Nicholas"}, {"family": "Allen", "given": "Naomi E."}, {"family": "Tsilidis", "given": "Konstantinos K"}, {"family": "Pischon", "given": "Tobias"}], "issued": {"date-parts": [{"2011", 11, 2}]}, {"schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"} 44, 46, 48, 56

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-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3

-UTR polymorphisms (1451C

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T [rs3025040], 1612G

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A [rs10434], and 1725G

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A [rs3025053]) and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C

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T was significantly associated with rectal cancer risk (Dominant model; AOR = 1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas VEGF 1725G

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A correlated with MetS risk (Dominant model; AOR = 1.61; 95% CI = 1.06 - 2.46; p = 0.026). Of the gene-environment combined effects, the interaction of VEGF 1451C

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T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <

.001) whereas the combination of VEGF 1725G

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A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p = 0.008). CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users.,"DOI": "10.1186/1471-2407-14-881", "ISSN": "1471-2407", "author": [{"family": "Jeon", "given": "Young Joo"}, {"family": "Kim", "given": "Jong Woo"}, {"family": "Park", "given": "Hye Mi"}, {"family": "Jang", "given": "Hyo Geun"}, {"family": "Kim", "given": "Jung O"}, {"family": "Oh", "given": "Jisu"}, {"family": "Chong", "given": "So Young"}, {"family": "Kwon", "given": "Sung Won"}, {"family": "Kim", "given": "Eo Jin"}, {"family": "Oh", "given": "Doyeun"}, {"family": "Kim", "given": "Nam Keun"}], "issued": {"date-parts": ["2014"]}, {"id": "144", "uris": ["http://zotero.org/users/2724931/items/R3KQJLJK"], "uri":

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336", "volume": "80", "issue": "5", "abstract": "Background: Although metabolic syndrome (MS) has received a lot of attention in recent years, the correlation between MS and colorectal carcinoma is still not very clear. This study aims at exploring the relationship between MS and colorectal carcinoma. Methods: Data was collected from 507 cases of colorectal carcinoma and 507 cases of healthy patients between January 2002 and March 2007 to establish the database. The patients with colorectal cancer were divided into two groups based on the presence of MS. Multivariate analysis of these data for the overall survival and recurrence was performed with the Cox proportional hazard model. Variables examined by multivariate analysis were sex, age, location, histotype, differentiation, tumour, node, metastasis (TNM) stage, the number of lymph nodes detected, etc. Results: The existence of MS in the colorectal carcinoma group was clearly more than that in the control group. The existence of two to four types of abnormal metabolic diseases was significantly more in the colorectal cancer group than in the control group. MS is one of the important elements that can independently influence the survival (odds ratio (OR) = 1.501, 95% confidence interval (CI) = 1.057-2.131) and have the highest risk with worse survival compared with other parameters. Conclusion: There is a close relationship between MS and colorectal carcinoma, and MS is a significantly independent element that influences the survival of the colorectal carcinoma. Decreasing the incidence of MS maybe play a role in improving therapeutic efficacy and prognosis of the

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After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for
CRMN (OR 1.868; 95 % CI 1.360–2.567; P < 0.05). NAFLD was an independent risk factor for CRMN. Sigmoid
carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD.
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Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal
neoplasms. Although the mechanism is not known, those have been proposed to contribute to this phenomenon,
including insulin resistance, oxidative stress, and adipokine production. The objective of this study was to assess
the association between metabolic risk factors and colorectal neoplasm. METHODS: Study participants visited the
National Cancer Center, Korea, for screening (2007-2009). A total of 1,771 diagnosed adenoma patients and 4,667
polyp-free controls were included. The association between risk factors and colorectal neoplasm was evaluated
using logistic regression models. RESULTS: High waist circumference, blood pressure, and serum triglyceride
levels were associated with an increased risk of colorectal adenoma. Metabolic syndrome (MS) was associated
with an increased risk of adenoma (OR = 1.44, 95 % CI = 1.23-1.70). The association between MS and colorectal
adenoma was observed regardless of advanced/low-risk adenoma, and multiplicity. MS affected right colon
adenomas (OR = 1.50, 95 % CI = 1.22-1.85), left colon adenomas (OR = 1.36, 95 % CI = 1.05-1.76), and
adenomas in multiple anatomical locations (OR = 1.59, 95 % CI = 1.19-2.12), but was not associated with rectum.
CONCLUSION: Central obesity, triglyceride level, and MS are risk factors for colorectal adenoma including
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syndrome is associated with increased risk of diabetes and coronary heart disease. Although higher BMI and other
related factors have been frequently associated with colorectal cancer (CRC), whether the metabolic syndrome is
associated with the risk of colorectal cancer is unclear. We therefore assessed the association of the metabolic
syndrome with the risk of CRC in a subsample of participants of the Women's Health Initiative who had repeated
measurements of the components of the syndrome at baseline and during follow-up. Women with diabetes at
baseline enrollment were excluded. Cox proportional hazards models were used to estimate hazard ratios (HR) and
95% confidence intervals (95% CI) at baseline and in time-dependent analyses. Among 4,862 eligible women, 81
incident cases of colorectal cancer were identified over a median follow-up of 12 years. Presence of the metabolic
syndrome at baseline was associated with increased risk of colorectal cancer (HR 2.15, 95% CI 1.30-3.53) and
colon cancer (HR 2.28, 95% CI 1.31-3.98). These associations were largely explained by positive associations of
serum glucose and systolic blood pressure with both outcomes. Time-dependent covariate analyses supported the
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-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3

-UTR polymorphisms (1451C

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T [rs3025040], 1612G

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A [rs10434], and 1725G

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A [rs3025053] and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C

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T was significantly associated with rectal cancer risk (Dominant model; AOR = 1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas VEGF 1725G

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A correlated with MetS risk (Dominant model; AOR = 1.61; 95% CI = 1.06 - 2.46; p = 0.026). Of the gene-environment combined effects, the interaction of VEGF 1451C

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T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <

.001) whereas the combination of VEGF 1725G

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A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p = 0.008). CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users.", "DOI": "10.1186/1471-2407-14-881", "ISSN": "1471-2407", "author": [{"family": "Jeon", "given": "Young Joo"}, {"family": "Kim", "given": "Jong Woo"}, {"family": "Park", "given": "Hye Mi"}, {"family": "Jang", "given": "Hyo Geun"}, {"family": "Kim", "given": "Jung O"}, {"family": "Oh", "given": "Jisu"}, {"family": "Chong", "given": "So Young"}, {"family": "Kwon", "given": "Sung Won"}, {"family": "Kim", "given": "Eo Jin"}, {"family": "Oh", "given": "Doyeun"}, {"family": "Kim", "given": "Nam Keun"}], "issued": {"date-parts": [{"2014, 11}]}, {"id": 146, "uris": ["http://zotero.org/users/2724931/items/9WXARXXK"], "uri": ["http://zotero.org/users/2724931/items/9WXARXXK"], "itemData": {"id": 146, "type": "article-journal", "title": "Metabolic Syndrome and Risks of Colon and Rectal Cancer: The European Prospective Investigation into Cancer and Nutrition Study", "container-title": "Cancer Prevention Research", "page": "1873", "volume": "4", "issue": "11", "abstract": "Metabolic syndrome (MetS) is purportedly related to risk of developing colorectal cancer; however, the association of MetS, as defined according to recent international criteria, and colorectal cancer has not been yet evaluated. In particular, it remains unclear to what extent the MetS components individually account for such an association. We addressed these issues in a nested case-control study that included 1,093 incident cases matched (1:1) to controls by using incidence density

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-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3

-UTR polymorphisms (1451C

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T [rs3025040], 1612G

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A [rs10434], and 1725G

>

A [rs3025053]) and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C

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T was significantly associated with rectal cancer risk (Dominant model; AOR = 1.58; 95% CI = 1.09 - 2.28; p = 0.015) whereas VEGF 1725G

>

A correlated with MetS risk (Dominant model; AOR = 1.61; 95% CI = 1.06 - 2.46; p = 0.026). Of the gene-environment combined effects, the interaction of VEGF 1451C

>

T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; p <

.001) whereas the combination of VEGF 1725G

>

A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; p = 0.008). CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users.", "DOI": "10.1186/1471-2407-14-881", "ISSN": "1471-2407", "author": [{"family": "Jeon", "given": "Young Joo"}, {"family": "Kim", "given": "Jong Woo"}, {"family": "Park", "given": "Hye Mi"}, {"family": "Jang", "given": "Hyo Geun"}, {"family": "Kim", "given": "Jung O"}, {"family": "Oh", "given": "Jisu"}, {"family": "Chong", "given": "So Young"}, {"family": "Kwon", "given": "Sung Won"}, {"family": "Kim", "given": "Eo Jin"}, {"family": "Oh", "given": "Doyeun"}, {"family": "Kim", "given": "Nam Keun"}], "issued": {"date-parts": ["2014"]}, {"id": "146", "uris": ["http://zotero.org/users/2724931/items/9WXARXXX"], "uri":

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(ClinicalTrials.gov number, NCT01657773, website: http://clinicaltrials.gov/ct2/show/NCT01657773?term=zheng+minghua&rank=1).", "DOI": "10.1007/s11033-014-3157-y", "ISSN": "1573-4978", "journalAbbreviation": "Molecular Biology Reports", "author": [{"family": "Lin", "given": "Xian-Feng"}, {"family": "Shi", "given": "Ke-Qing"}, {"family": "You", "given": "Jie"}, {"family": "Liu", "given": "Wen-Yue"}, {"family": "Luo", "given": "Ying-Wan"}, {"family": "Wu", "given": "Fa-Ling"}, {"family": "Chen", "given": "Yong-Ping"}, {"family": "Wong", "given": "Danny Ka-Ho"}, {"family": "Yuen", "given": "Man-Fung"}, {"family": "Zheng", "given": "Ming-Hua"}], "issued": {"date-parts": [{"2014"}]}}, {"id": 121, "uris": ["http://zotero.org/users/2724931/items/7FAPCFIV"], "uri": ["http://zotero.org/users/2724931/items/7FAPCFIV"], "itemData": {"id": 121, "type": "article-journal", "title": "Association of colorectal adenoma with components of metabolic syndrome.", "container-title": "Cancer causes & control : CCC", "page": "727-735", "volume": "23", "issue": "5", "abstract": "PURPOSE: Recently, some studies have shown that diabetes mellitus and metabolic syndrome increase the risk of colorectal neoplasms. 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MetS
metabolic syndrome,
NA
not applicable,
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random-effects,
RR
risk ratio.
There was no evidence of significant publication bias with Begg
's
test (
P
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0.7275) and with Egger's test (
P
=
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Two
studies [
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CRMN (OR 2.043; 95 % CI 1.512–2.761; P < 0.05). After adjusting for metabolic and other confounding factors, NAFLD
remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360–2.567; P < 0.05). NAFLD was an independent risk
factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in
NAFLD. (ClinicalTrials.gov number, NCT01657773, website: http://clinicaltrials.gov/ct2/show/NCT01657773?
term=zheng+minghua&rank=1 ),","DOI":"10.1007/s11033-014-3157-y","ISSN":"1573-4978","journalAbbreviation":"Molecular
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overall heterogeneity and result and one study [

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] contributed to the overall heterogeneity according to the Baujat plot. One study was considered potentially influential [

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factor of colorectal benign adenomas and advanced neoplasms. The aim of this large cohort study was to further investigate
the prevalence of colorectal malignant neoplasm (CRMN) in patients with NAFLD and determine whether association between
NAFLD and CRMN exists. 2,315 community subjects (1,370 males and 945 females) who underwent a routine colonoscopy
according to international colorectal cancer screening guideline were recruited. Nature of colorectal lesions determined by biopsy
and NAFLD was diagnosed by ultrasound. Binary logistic regression analysis was applied to explore the related associations.
Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in
the control group (P < 0.05). In addition, malignant neoplasm in NAFLD group occurred more frequently at sigmoid colon than
in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was
significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with
CRMN (OR 2.043; 95 % CI 1.512–2.761; P < 0.05). After adjusting for metabolic and other confounding factors, NAFLD
remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360–2.567; P < 0.05). NAFLD was an independent risk
factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in
NAFLD. (ClinicalTrials.gov number, NCT01657773, website: http://clinicaltrials.gov/ct2/show/NCT01657773?
term=zheng+minghua&rank=1).","DOI":"10.1007/s11033-014-3157-y","ISSN":1573-4978,"journalAbbreviation":"Molecular
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] (Supplementary Figure 5.2).

Consistently, our results suggest a statistically non-significant increase for HDL-C on CRC incidence. The summary of RR was 1.13; 95% CI 0.93-1.37;

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2

=

89%) in five studies with 12 datasets comparing patients with low HDL-C levels and individuals with normal values (Supplementary Figure 5.3).

No evidence of the small study effect or publication bias was found (Begg's test

P

=

0.7373) and (Egger's test

P

=

0.8443). The study type, study location, and cancer site influenced the risk estimate (Supplementary Table 5.1). The adjusted RR for publication bias increased to 1.18 (95% CI 0.79-1.43) by the trim and fill method. The Baujat plot illustrated that the dataset (Jeon 2014 RC / Other) [

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Polymorphisms in angiogenesis-related genes and metabolic syndrome (MetS) risk factors play important roles in cancer
development. Moreover, recent studies have reported associations between a number of 3
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-UTR polymorphisms and a variety of cancers. The aim of this study was to investigate the associations of three VEGF 3
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-UTR polymorphisms (1451C
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T [rs3025040], 1612G

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A [rs10434], and 1725G

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A [rs3025053]) and MetS with colorectal cancer (CRC) susceptibility in Koreans. METHODS: A total of 850 participants (450 CRC patients and 400 controls) were enrolled in the study. The genotyping of VEGF polymorphisms was performed by TaqMan allelic discrimination assays. Cancer risks of genetic variations and gene-environment interactions were assessed by adjusted odds ratios (AORs) and 95% confidence intervals (CIs) of multivariate logistic regression analyses. RESULTS: VEGF 1451C

>

T was significantly associated with rectal cancer risk (Dominant model; AOR = 1.58; 95% CI = 1.09 - 2.28; $p = 0.015$) whereas VEGF 1725G

>

A correlated with MetS risk (Dominant model; AOR = 1.61; 95% CI = 1.06 - 2.46; $p = 0.026$). Of the gene-environment combined effects, the interaction of VEGF 1451C

>

T and MetS contributed to increased rectal cancer risk (AOR = 3.15; 95% CI = 1.74 - 5.70; $p <$

.001) whereas the combination of VEGF 1725G

>

A and MetS was involved with elevated colon cancer risk (AOR = 2.68; 95% CI = 1.30 - 1.55; $p = 0.008$). CONCLUSIONS: Our results implicate that VEGF 1451C

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T and 1725G

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A may predispose to CRC susceptibility and the genetic contributions may be varied with the presence of MetS. ELECTRONIC SUPPLEMENTARY MATERIAL: The online version of this article (doi:10.1186/1471-2407-14-881) contains supplementary material, which is available to authorized users.,"DOI": "10.1186/1471-2407-14-881", "ISSN": "1471-2407", "author": [{"family": "Jeon", "given": "Young Joo"}, {"family": "Kim", "given": "Jong Woo"}, {"family": "Park", "given": "Hye Mi"}, {"family": "Jang", "given": "Hyo Geun"}, {"family": "Kim", "given": "Jung O"}, {"family": "Oh", "given": "Jisu"}, {"family": "Chong", "given": "So Young"}, {"family": "Kwon", "given": "Sung Won"}, {"family": "Kim", "given": "Eo Jin"}, {"family": "Oh", "given": "Doyeun"}, {"family": "Kim", "given": "Nam Keun"}], "issued": {"date-parts": [{"2014"}]}}, {"schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}
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] contributed

to

overall heterogeneity and result (Supplementary Figure 5.4).

Advanced adenomas and components of the MetS

Four studies [

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Discriminatory power of HT, HL, DM, and BMI for neoplasia was assessed by binary logistic regression. Odds were calculated for neoplasia in each colonic segment related to BMI. RESULTS: A and ADV were commoner in overweight and obese males, obese females, older subjects, and smokers. HL, HT, and DM were associated with increased odds for neoplasia, significantly for A with hypertension. BMI alone predicted neoplasia as well as HT, HL, DM, or combinations thereof. All segments of the colon were affected. Multiple polyps were particularly prevalent in the obese. CONCLUSIONS: Obesity and MetS are risk factors for colonic neoplasia in a Canadian population.,"DOI":"10.1155/2017/8750967","ISSN":"2291-2789","author": [{"family":"Shapero","given":"Theodore F"}, {"family":"Chen","given":"Grant I"}, {"family":"Devlin","given":"Tim"}, {"family":"Gibbs","given":"Alison"}, {"family":"Murray","given":"Iain C"}, {"family":"Lee","given":"Stanley"}, {"family":"Weigensberg","given":"Corey"}], "issued":{"date-parts":["2017"]}}, {"id":150,"uris":["http://zotero.org/users/2724931/items/HXJHWUI6"], "uri":["http://zotero.org/users/2724931/items/HXJHWUI6"], "itemData": {"id":150,"type":"article-journal","title":"Vegetarianism as a Protective Factor for Colorectal Adenoma and Advanced Adenoma in Asians","container-title":"Digestive Diseases and Sciences","page":1025-1035,"volume":59,"issue":5,"abstract":"Although epidemiologic and animal studies suggest a vegetarian diet protects against the development of colorectal cancer, the relationship between vegetarian diet and incidence of colorectal adenoma is not yet conclusive, especially for Asians.,"DOI":"10.1007/s10620-013-2974-5","ISSN":"1573-2568","journalAbbreviation":"Digestive Diseases and Sciences","author":{"family":"Lee","given":"Chang Geun"}, {"family":"Hahn","given":"Suk Jae"}, {"family":"Song","given":"Min Keun"}, {"family":"Lee","given":"Jun Kyu"}, {"family":"Kim","given":"Jae Hak"}, {"family":"Lim","given":"Yun Jeong"}, {"family":"Koh","given":"Moon-Soo"}, {"family":"Lee","given":"Jin Ho"}, {"family":"Kang","given":"Hyoun Woo"}], "issued":{"date-parts":["2014"]}}, {"id":145,"uris":["http://zotero.org/users/2724931/items/FX77VBWZ"], "uri":["http://zotero.org/users/2724931/items/FX77VBWZ"], "itemData": {"id":145,"type":"article-journal","title":"Prevalence and risk of colorectal neoplasms in asymptomatic, average-risk screenees 40 to 49 years of age","container-title":"Gastrointestinal Endoscopy","page":480-489,"volume":72,"issue":3,"abstract":"Background\nA paucity of information exists regarding colorectal neoplasm in asymptomatic, average-risk individuals 40 to 49 years of age.\nObjective\nTo evaluate the prevalence and risk factors of colorectal neoplasms in those in their 40s.\nDesign\nCross-sectional study.\nSetting\nResults offered to subjects of a health care provider that offers screening services as part of an employer-provided wellness program.\nPatients\nA consecutive series of 1761 asymptomatic, average-risk screenees 40 to 59 years of age.\nIntervention\nFirst screening colonoscopy.\nResults\nThe prevalence of overall colorectal neoplasm in subjects of ages 40 to 44 years, 45 to 49 years, 50 to 54 years, and 55 to 59 years increased significantly with increasing age (13.7%, 20.2%, 21.0%, and 23.8%, respectively; P < .001). The prevalence of advanced adenomas in subjects of ages 40 to 44 years, 45 to 49 years, 50 to 54 years, and 55 to 59 years increased significantly with age (1.9%, 3.0%, 3.2%, and 5.9%, respectively; P = .004). Multivariate analysis of data from the 40- to 49-year age group identified an increased risk of colorectal neoplasm associated with ages 45 years and older (odds ratio [OR], 1.68; 95% CI, 1.20-2.35), male sex (OR, 1.76; 95% CI, 1.15-2.69), presence of abdominal obesity (OR, 1.57; 95% CI, 1.12-2.21), and metabolic syndrome (OR, 1.56; 95% CI, 1.03-2.35), whereas for advanced adenomas, abdominal obesity (OR, 2.37; 95% CI, 1.06-5.27) and metabolic syndrome (OR, 2.83; 95% CI, 1.23-6.53) were the independent risk factors.\nLimitations\nSingle-center study and the cohort composed of ethnic Korean subjects who lived in the same geographic region.\nConclusion\nIn average-risk individuals 40 to 49 years of age, men with abdominal obesity or metabolic syndrome might benefit from screening colonoscopy starting at 45 years of age to detect colorectal neoplasm.,"DOI":"10.1016/j.gie.2010.06.022","ISSN":"0016-5107","journalAbbreviation":"Gastrointestinal Endoscopy","author":{"family":"Hong","given":"Sung Noh"}, {"family":"Kim","given":"Jeong Hwan"}, {"family":"Choe","given":"Won Hyeok"}, {"family":"Han","given":"Hye Seung"}, {"family":"Sung","given":"In Kyung"}, {"family":"Park","given":"Hyung Seok"}, {"family":"Shim","given":"Chan Sup"}], "issued":{"date-parts":["2010,9"]}}, {"schema":"https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}
46, 51, 67, 70

] provided data on the correlation between advanced colorectal adenoma (AA) and components of the MetS. Our results showed that only hypertriglyceridemia and hypertension seem to significantly increase the AA incidence (Table 2).

Colorectal adenomas versus colorectal cancer

We performed an analysis with the purpose of comparing the effect estimates for the different metabolic factors between CRA and CRC using only studies that reported both outcomes. Two studies [

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Prevalence of CRMN was 29.3 % (77/263) in patients with NAFLD, which was significantly higher than 18.0 % (369/2,052) in the control group ($P < 0.05$). In addition, malignant neoplasm in NAFLD group occurred more frequently at sigmoid colon than in control group (14.3 vs. 11.9 %). The incidence of highly-differentiated colorectal adenocarcinoma in NAFLD group was significantly higher than control group (62.3 vs. 9.8 %). Univariate analysis showed that NAFLD had strong association with CRMN (OR 2.043; 95 % CI 1.512–2.761; $P < 0.05$). After adjusting for metabolic and other confounding factors, NAFLD remained as an independent risk factor for CRMN (OR 1.868; 95 % CI 1.360–2.567; $P < 0.05$). NAFLD was an independent risk factor for CRMN. Sigmoid carcinoma and highly differentiated colorectal adenocarcinoma were more commonly found in NAFLD. (ClinicalTrials.gov number, NCT01657773, website: <http://clinicaltrials.gov/ct2/show/NCT01657773?term=zheng+minghua&rank=1>), "DOI": "10.1007/s11033-014-3157-y", "ISSN": "1573-4978", "journalAbbreviation": "Molecular Biology Reports", "author": [{"family": "Lin", "given": "Xian-Feng"}, {"family": "Shi", "given": "Ke-Qing"}, {"family": "You", "given": "Jie"}, {"family": "Liu", "given": "Wen-Yue"}, {"family": "Luo", "given": "Ying-Wan"}, {"family": "Wu", "given": "Fa-Ling"}, {"family": "Chen", "given": "Yong-Ping"}, {"family": "Wong", "given": "Danny Ka-Ho"}, {"family": "Yuen", "given": "Man-Fung"}, {"family": "Zheng", "given": "Ming-Hua"}], "issued": {"date-parts": [{"2014"}]}, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}
44, 46

] were available for all factors except for waist circumference. Our findings displayed a stronger association between hyperglycemia, hypertriglyceridemia, and hypertension with CRC than CRA (Supplementary Tables 1.1, 2.1, and 3.1). No difference in the magnitude of the effect was observed for the association between HDL-C and both out comes (Supplementary Table 5.1).

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Discussion

We focused in this meta-analysis on answering the question of which condition(s) of the MetS are related to the developing of CRA and CRC since we have demonstrated the MetS association with both conditions in a previous study [

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75

] We also aimed to determine whether these elements influence the carcinogenesis process in its earlier or later stages. Our results suggest that individuals with hyperglycemia, hypertension, and visceral obesity, but not low values of HDL-C are associated with an increased risk of developing both CRA and CRC. According to a recent worldwide estimate by the World Health Organization, the global prevalence of obesity has become three times as higher since 1975 [

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76

] Accordingly, in 2016, more than 13% of the world adults (above 18 years) were obese, that is more than 650 million cases. Additionally, 124 million children and adolescents (5-18 years) were considered obese in the same year [

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76

] Subsequently, the key element in the pathogenesis of MetS is the alteration of normal visceral adipose tissue function [

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79

- J. Our results suggested an implication of WC in CRC risk with an 18% increase, lower than previous findings (43%) [ADDIN ZOTERO_ITEM CSL_CITATION {"citationID": "GH95hqmj", "properties": {"formattedCitation": "\super 28 \nosupersub {}", "plainCitation": "28", "noteIndex": 0}, "citationItems": [{"id": 297, "uris": ["http://zotero.org/users/2724931/items/E5G7NVFR"], "uri": ["http://zotero.org/users/2724931/items/E5G7NVFR"], "itemData": {"id": 297, "type": "article-journal", "title": "Colorectal cancer association with metabolic syndrome and its components: a systematic review with meta-analysis.", "container-title": "Endocrine", "page": "634-647", "volume": "44", "issue": "3", "abstract": "We performed a systematic review and meta-analysis of the empirical evidence on the association of metabolic syndrome and its components with colorectal cancer incidence and mortality. A systematic literature search of multiple electronic databases was conducted and complemented by cross-referencing to identify studies published before 31 October 2012. Every included study was to report risk estimates with 95 % confidence intervals for the association between metabolic syndrome and colorectal cancer (incidence or mortality). Core items of identified studies were independently extracted by two reviewers, and results were summarized by standard methods of meta-analysis. We identified 17 studies, which reported on 49 data sets with 11,462 cancer cases. Metabolic syndrome was associated with an increased risk of colorectal cancer incidence and mortality in both men (RR: 1.33, 95 % CI 1.18-1.50, and 1.36, 1.25-1.48, respectively) and women (RR: 1.41, 1.18-1.70, and 1.16, 1.03-1.30, respectively). The risk estimates changed little depending on type of study (cohort vs non cohort), populations (US, Europe, Asia), cancer site (colon and rectum), or definition of the syndrome. The risk estimates for any single factor of the syndrome were significant for higher values of BMI/waist (RR: 1.19, 95 % CI 1.10-1.28), dysglycemia (RR: 1.29, 1.11-1.49), and higher blood pressure (RR: 1.09, 1.01-1.18). Dysglycemia and/or higher BMI/waist explained most of the risk associated with metabolic syndrome. Metabolic syndrome is associated with an increased risk of colorectal cancer incidence and mortality in both sexes. The risk conveyed by the full syndrome is not superior to the sum of its parts.", "DOI": "10.1007/s12020-013-9939-5", "ISSN": "1559-0100 1355-008X", "note": "PMID: 23546613", "journalAbbreviation": "Endocrine", "language": "eng", "author": [{"family": "Esposito", "given": "Katherine"}, {"family": "Chiodini", "given": "Paolo"}, {"family": "Capuano", "given": "Annalisa"}, {"family": "Bellastella", "given": "Giuseppe"}, {"family": "Maiorino", "given": "Maria Ida"}, {"family": "Rafaniello", "given": "Concetta"}, {"family": "Panagiotakos", "given": "Demosthenes B."}, {"family": "Giugliano", "given": "Dario"}], "issued": {"date-parts": [["2013", "12"]] }, "schema": "https://github.com/citation-style- language/schema/raw/master/csl-citation.json" }

28

- J. Various factors could relate obesity to CRC. A chronic low-grade inflammation is associated with obesity attributable to the production of pro-inflammatory cytokines such as tumor necrosis factor-alpha and interleukin-6, leading to cell apoptosis inhibition and cell survival promotion [

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80, 81

- J. Besides, insulin resistance, which is a characteristic of the MetS, associated with hyperinsulinemia, increased secretion of insulin-like growth factor 1 (IGF1), and hyperglycemia are supposed to promote CRC carcinogenesis. High levels of insulin may lead to an overproduction of IGF1, causing an overstimulation of the receptors, and activation of insulin receptor substrate-1. This can activate various signal pathways, including mitogen-activated protein kinase (MAPK) and phosphatidylinositol-3 kinase that decreases cell apoptosis and enhances cell proliferation [

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The aim of this paper is to present an overview of our scientific understanding of that topic and its implication in clinical practice. One of the principal goals of current CRC secondary prevention efforts is to detect and remove the precancerous lesions in individuals with an average CRC risk to prevent the development of invasive cancer. MS is not currently considered a high-risk CRC factor and is therefore not included in the guidelines of organized screening programs. However, in light of growing scientific evidence, the approach to patients with MS should be changed. Metabolic risk factors for the development of adenomas and cancers are the same - obesity, impaired glucose tolerance, dyslipidemia, hypertension, cardiovascular diseases and diabetes mellitus type 2. Therefore, the key issue in the near future is the development of a simple scoring system, easy to use in clinical practice, which would identify individuals with high metabolic risk of colorectal neoplasia and would be used for individual CRC secondary prevention strategies. Currently, such scoring systems have been published based on Asian (Asia-Pacific Colorectal Screening Score; APCS) and Polish populations." }, { "DOI": "10.3748/wjg.v22.i36.8103", "ISSN": "1007-9327", "note": "PMID: 27688652\nPMCID: PMC5037079", "journalAbbreviation": "World J Gastroenterol", "author": [{ "family": "Suchanek", "given": "Stepan" }, { "family": "Grega", "given": "Tomas" }, { "family": "Ngo", "given": "Ondrej" }, { "family": "Vojtechova", "given": "Gabriela" }, { "family": "Majek", "given": "Ondrej" }, { "family": "Minarikova", "given": "Petra" }, { "family": "Brogyuk", "given": "Nagyija" }, { "family": "Bunganic", "given": "Bohus" }, { "family": "Seifert", "given": "Bohumil" }, { "family": "Dusek", "given": "Ladislav" }, { "family": "Zavoral", "given": "Miroslav" }], "issued": { "date-parts": [[2016, 9, 28]] }, { "id": "155", "uris": "http://zotero.org/users/2724931/items/GGQCZFQ2" }, "uri": "http://zotero.org/users/2724931/items/GGQCZFQ2" }, "itemData": { "id": "155", "type": "article-journal", "title": "Metabolic syndrome and risk of cancer: Which link?", "container-title": "Metabolism", "page": "182-189", "volume": "64", "issue": "2", "abstract": "Abstract\nMetabolic syndrome (MS) is characterized by a group of metabolic disturbances which lead to an enhanced risk of cardiovascular diseases and type 2 diabetes mellitus. MS constitutes a preoccupied issue with elevated prevalence in the western countries and is often related with cancer development. Elucidating the mechanisms linking these two pathologies is, therefore, essential to identify potential therapeutic molecular targets for cancer treatment in MS patients. The main goals of this review are, to identify the relation between MS and cancer development, handling specifically each one of the main players on this process: insulin and IGF system, estrogen, pro-inflammatory cytokines and others; and, given that colorectal cancer is one of the most prevalent types of cancer in MS patients, we intend to particularly highlight the mechanisms that promote colorectal cancer development in MS individuals. Finally, we will also focus on the clinical implications of the presented mechanisms on cancer therapy and care." }, { "DOI": "10.1016/j.metabol.2014.10.008", "ISSN": "0026-0495", "journalAbbreviation": "Metabolism", "author": [{ "family": "Mendonça", "given": "Fernando Miguel" }, { "family": "Sousa", "given": "Filipa Rodrigues", "non-dropping-particle": "de" }, { "family": "Barbosa", "given": "Ana Luisa" }, { "family": "Martins", "given": "Sara Costa" }, { "family": "Araújo", "given": "Raquel Lage" }, { "family": "Soares", "given": "Raquel" }, { "family": "Abreu", "given": "Cristina" }], "issued": { "date-parts": [[2015, 2]] }, { "id": "141", "uris": "http://zotero.org/users/2724931/items/MSKMWXQX" }, "uri": "http://zotero.org/users/2724931/items/MSKMWXQX" }, "itemData": { "id": "141", "type": "article-journal", "title": "Metabolic syndrome and risk of subsequent colorectal cancer", "container-title": "World Journal of Gastroenterology : WJG", "page": "5141-5148", "volume": "15", "issue": "41", "archive": "PMC", "archive_location": "PMC2773892", "abstract": "The metabolic syndrome and visceral obesity have an increasing prevalence and incidence in the general population. The actual prevalence of the metabolic syndrome is 24% in US population and between 24.6% and 30.9% in Europe. As demonstrated by many clinical trials (NAHANES III, INTERHART) the metabolic syndrome is associated with an increased risk of both diabetes and cardiovascular disease. In addition to cardiovascular disease, individual components of the metabolic syndrome have been linked to the development of cancer, particularly to colorectal cancer. Colorectal cancer is an important public health problem; in the year 2000 there was an estimated total of 944

717 incident cases of colorectal cancer diagnosed world-wide. This association is sustained by many epidemiological studies. Recent reports suggest that individuals with metabolic syndrome have a higher risk of colon or rectal cancer. Moreover, the clusters of metabolic syndrome components increase the risk of associated cancer. The physiopathological mechanism that links metabolic syndrome and colorectal cancer is mostly related to abdominal obesity and insulin resistance. Population and experimental studies demonstrated that hyperinsulinemia, elevated C-peptide, elevated body mass index, high levels of insulin growth factor-1, low levels of insulin growth factor binding protein-3, high leptin levels and low adiponectin levels are all involved in carcinogenesis. Understanding the pathological mechanism that links metabolic syndrome and its components to carcinogenesis has a major clinical significance and may have profound health benefits on a number of diseases including cancer, which represents a major cause of mortality and morbidity in our societies." }, { "DOI": "10.3748/wjg.15.5141", "ISSN": "1007-9327", "author": [{ "family": "Pais", "given": "Raluca" }, { "family": "Silaghi", "given": "Horatiu" }, { "family": "Silaghi", "given": "Alina Cristina" }, { "family": "Rusu", "given": "Mihai Lucian" }, { "family": "Dumitrascu", "given": "Dan Lucian" }], "issued": { "date-parts": [[2009, 11, 7]] }, { "id": "292", "uris": "http://zotero.org/users/2724931/items/4P5JJ2WZ" }, "uri": "http://zotero.org/users/2724931/items/4P5JJ2WZ" }, "itemData": { "id": "292", "type": "article-journal", "title": "Metabolic syndrome: a novel high-risk state for colorectal cancer.", "container-title": "Cancer letters", "page": "56-61", "volume": "334", "issue": "1", "abstract": "Metabolic syndrome (MS) and related disorders, including cancer, are steadily increasing in most countries of the world. However, mechanisms underlying the link between MS and colon carcinogenesis have yet to be fully elucidated. In this review article we focus on the relationships between various individual associated conditions (obesity, dyslipidemia, diabetes mellitus type 2 and hypertension) and colon cancer development, and demonstrate probable related factors revealed by in vivo and in vitro studies. Furthermore, molecules suggested to be involved in cancer promotion are addressed, and the potential for cancer prevention by targeting these molecules is discussed." }, { "DOI": "10.1016/j.canlet.2012.10.012", "ISSN": "1872-7980", "note": "PMID: 23085010", "journalAbbreviation": "Cancer Lett", "language": "eng", "author": [{ "family": "Ishino", "given": "Kousuke" }, { "family": "Mutoh", "given": "Michihiro" }, { "family": "Totsuka", "given": "Yukari" }, { "family": "Nakagama", "given": "Hitoshi" }], "issued": { "date-parts": [[2013, 6, 28]] }, "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json" }]

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] Hyperglycemia is suggested to promote cancer development by way of a variety of mechanisms. A high glucose level leads to a state of an oxidative stress by increasing the production of reactive oxygen species [

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85
-] and enhances inflammatory pathways which lead also to a state of a chronic low-grade inflammation [
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86
-].
Hyperglycemia provides to cancer cells the necessary energy source which allows for cell survival and resistance to chemotherapy [
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87
-] and indirectly increases cancer progression by dysregulating signaling pathways in many types of cancer (breast, lung, and prostate cancer) [
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88
-]. However, hyperglycemia may be dependent on other factors like hyperinsulinemia and diet [
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28

] noticed a 9% increase in CRC risk in patients with high blood pressure. However, 25% was the increase that we found in our meta-analysis. The mechanisms by which hypertension affects the development of cancer remain unclear. The renin-angiotensin system which is implicated in the etiology of hypertension is linked to the development of many cancers. The angiotensin II activates downstream MAPK and STAT signal pathways throughout its effect on angiotensin type 1 receptor which induces the expression of proto-oncogenes and subsequently the promotion of cell proliferation [

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84

] Epidemiological studies have reported the association between hypertension and cancer development. Women with hypertension were at a high risk of endometrial cancer, while a history of hypertension has been related to kidney cancer [

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91

] The prevalence of hypertension was higher among subjects with prostate cancer [

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92

] Moreover, a long-term use of anti-hypertensive medication which is an indication of a long duration of hypertension increased the risk of invasive breast cancer [

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93
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The results of the association between dyslipidemia, a condition that includes high serum TG levels and low values of HDL-C, were inconsistent. We noticed that low HDL-C levels do not have a significant effect on the CRC incidence which matched previous findings. In a meta-analysis attempting to evaluate the association between serum lipids and CRN, the pooled RR of serum HDL-C for CRC was 0.97 (95% CI 0.80-1.18;

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0.77), suggesting no significant relevance [

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94
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]. Another meta-analysis presented results for high versus low concentrations of serum HDL-C and CRC risk. A random-effects model yielded a summary RR of 0.84 (95% CI 0.69, 1.02), with evidence of moderate heterogeneity (

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0.059,

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42.5 %) [

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University Press","archive":"Cambridge Core","abstract":"AbstractObjectiveThere have been inconsistent results published
regarding the relationship between dyslipidaemia and an increased risk of colorectal neoplasia (CRN), including colorectal
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and CRN.DesignWe identified studies by performing a literature search using PubMed, EMBASE and the Science Citation Index
through October 2013.SettingWe analysed thirty-three independent studies reporting the association between CRN and at least
one of the selected lipid components, including total cholesterol (TC), TAG, HDL-cholesterol (HDL-C) and LDL-cholesterol
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=1.08; 95 % CI 1.05, 1.12, P<0.00001) and LDL-C (RR=1.07; 95 % CI 1.00, 1.14, P=0.04) presented an increased
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not of CRC. No association between serum HDL-C and risk for CRN (including CRA and CRC) was observed.ConclusionsBoth
TAG and LDL-C were significantly associated with an increasing prevalence of CRN. High levels of serum TC, TAG and
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] stated that TG was associated with an increased incidence of CRA, but not CRC. Though, our results disagree with those findings. A stronger association was found among subjects with high TG values for developing CRA than for CRC in our analysis. Additionally, our results are not in line with those found by Tian et al

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regarding the relationship between dyslipidaemia and an increased risk of colorectal neoplasia (CRN), including colorectal
adenoma (CRA) and colorectal cancer (CRC). We conducted a meta-analysis to explore the relationship between dyslipidaemia
and CRN.DesignWe identified studies by performing a literature search using PubMed, EMBASE and the Science Citation Index
through October 2013.SettingWe analysed thirty-three independent studies reporting the association between CRN and at least
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(RR=1.06; 95 % CI 1.03, 1.10, P=0.0009) and LDL-C (RR=1.11; 95 % CI 1.04, 1.19, P=0.003) increased the risk of CRA but
not of CRC. No association between serum HDL-C and risk for CRN (including CRA and CRC) was observed.ConclusionsBoth
TAG and LDL-C were significantly associated with an increasing prevalence of CRN. High levels of serum TC, TAG and
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1.07; 95% CI 0.99-1.15;

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was to report risk estimates with 95 % confidence intervals for the association between metabolic syndrome and colorectal cancer
(incidence or mortality). Core items of identified studies were independently extracted by two reviewers, and results were
summarized by standard methods of meta-analysis. We identified 17 studies, which reported on 49 data sets with 11,462 cancer
cases. Metabolic syndrome was associated with an increased risk of colorectal cancer incidence and mortality in both men (RR:
1.33, 95 % CI 1.18-1.50, and 1.36, 1.25-1.48, respectively) and women (RR: 1.41, 1.18-1.70, and 1.16, 1.03-1.30, respectively).
The risk estimates changed little depending on type of study (cohort vs non cohort), populations (US, Europe, Asia), cancer site
(colon and rectum), or definition of the syndrome. The risk estimates for any single factor of the syndrome were significant for
higher values of BMI/waist (RR: 1.19, 95 % CI 1.10-1.28), dysglycemia (RR: 1.29, 1.11-1.49), and higher blood pressure (RR:
1.09, 1.01-1.18). Dysglycemia and/or higher BMI/waist explained most of the risk associated with metabolic syndrome.
Metabolic syndrome is associated with an increased risk of colorectal cancer incidence and mortality in both sexes. The risk
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28
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] (RR

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1.12; 95% CI 0.98-1.27) where a non-significant association of serum TG with CRC risk was observed, our findings suggest a positive significant relationship. By contrast, our findings support those reported by Yao and Tian. [

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studies.", "container-title": "Cancer causes & control : CCC", "page": "257-268", "volume": "26", "issue": "2", "abstract": "PURPOSE:
The findings from epidemiologic studies of dyslipidemia and colorectal cancer risk have been conflicting. We performed a dose-
response meta-analysis of published prospective studies to assess the aforementioned association. METHODS: Relevant studies
that reported the association between the components of dyslipidemia (serum triglyceride, total cholesterol, and high-/low-density
lipoprotein cholesterol) and colorectal cancer risk were identified by searching PubMed until the end of May 2014. We pooled
the relative risks (RRs) from individual studies using a random- and fixed-effects models and performed dose-response,
heterogeneity, and publication bias analyses. RESULTS: Seventeen prospective studies, including 1,987,753 individuals with
10,876 colorectal cancer events, were included in the meta-analysis. The overall pooled RR for high versus low concentrations
for triglyceride (n = 9 studies) was 1.18 (95 % CI 1.04-1.34; I (2) = 47.8 %), for total cholesterol (n = 10 studies) was 1.11 (95 %
CI 1.01-1.21; I (2) = 46.7 %), for high-density lipoprotein cholesterol (n = 6 studies) was 0.84 (95 % CI 0.69-1.02; I (2) = 42.5
%), and for low-density lipoprotein cholesterol (n = 3 studies) was 1.04 (95 % CI 0.60-1.81; I (2) = 82.7 %). In the dose-response
analysis, the overall pooled RR was 1.01 (95 % CI 1.00-1.03; I (2) = 0 %) per 50 mg/dL of triglyceride and 1.01 (95 % CI
0.97-1.05; I (2) = 64.3 %) per 100 mg/dL of total cholesterol. CONCLUSIONS: This meta-analysis of prospective studies
suggests that dyslipidemia, especially high levels of serum triglyceride and total cholesterol, is associated with an increased risk
of colorectal cancer, whereas high-density lipoprotein cholesterol might associate with a decreased risk of colorectal cancer.
Further studies are warranted to determine whether altering the concentrations of these metabolic variables may reduce colorectal
cancer risk.", "DOI": "10.1007/s10552-014-0507-y", "ISSN": "1573-7225 0957-5243", "note": "PMID:
25488827", "journalAbbreviation": "Cancer Causes Control", "language": "eng", "author": [{"family": "Yao", "given": "Xu"},
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95
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] when assessing the implication of high levels of TG with CRC risk. Results for

high versus low concentrations of serum TG and CRC occurrence yielded a summary RR of 1.18; 95 % CI 1.04-1.34), with evidence of moderate heterogeneity (P=0.011,

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47.8 %). A case-cohort study found that plasma triglycerides and HDL-C were unrelated to CRC risk [

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cancer risk and dyslipidemia", "language": "en", "author": [{"family": "Agnoli", "given": "Claudia"},
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96
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].

The biological mechanisms linking dyslipidemia to CRC pathogenesis remain unknown. Nevertheless, some hypotheses were postulated. Fat intake increases bile acids production, which are transformed in the colon to secondary bile acids. The increase in the amounts of secondary bile salts may be carcinogenic for colon cells. Additionally, the constant damage to the colonic mucosa caused by secondary bile acids promotes the proliferation of colonocytes which may leads afterward to CRC development [

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title": "Metabolism", "page": "182-189", "volume": "64", "issue": "2", "abstract": "Abstract\nMetabolic syndrome (MS) is
characterized by a group of metabolic disturbances which lead to an enhanced risk of cardiovascular diseases and type 2 diabetes
mellitus. MS constitutes a preoccupant issue with elevated prevalence in the western countries and is often related with cancer
development. Elucidating the mechanisms linking these two pathologies is, therefore, essential to identify potential therapeutic
molecular targets for cancer treatment in MS patients. The main goals of this review are, to identify the relation between MS and
cancer development, handling specifically each one of the main players on this process: insulin and IGF system, estrogen, pro-
inflammatory cytokines and others; and, given that colorectal cancer is one of the most prevalent types of cancer in MS patients,
we intend to particularly highlight the mechanisms that promote colorectal cancer development in MS individuals. Finally, we
will also focus on the clinical implications of the presented mechanisms on cancer therapy and
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- 231", "volume": "341", "issue": "3", "abstract": "Currently, significant amount of epidemiologic evidence is present to suggest that metabolic syndrome increases the risk of developing colorectal cancer. This evidence is based on studies of the evaluate determinants of the metabolic syndrome (obesity), clinical consequences of metabolic syndrome (type 2 diabetes and hypertension) and serum component of metabolic syndrome (hypertriglyceridemia, hyperglycemia and low high-density lipoprotein cholesterol), as well as markers of hyperinsulinemia. Although the exact pathogenesis of this relationship is unknown, it seems that hyperinsulinemia may play a pivotal role in increasing CRC risk.", "DOI": "10.1097/MAJ.0b013e3181df9055", "ISSN": "0002-9629", "author": [{"family": "Siddiqui", "given": "Ali A."}, {"family": "Palmer", "given": "Biff F."}], {"id": "338", "uris": ["http://zotero.org/users/2724931/items/WTEBWSE8"], "uri": "http://zotero.org/users/2724931/items/WTEBWSE8"}, {"itemData": {"id": "338", "type": "article-journal", "title": "How significant is the association between metabolic syndrome and prevalence of colorectal neoplasia?", "container-title": "World Journal of Gastroenterology", "page": "8103-8111", "volume": "22", "issue": "36", "source": "PubMed Central", "abstract": "The incidence and prevalence of metabolic syndrome (MS) and colorectal cancer (CRC) has been rising in developed countries. The association between these two diseases has been widely studied and reported. Less evidence is available about the relationship between MS and CRC precancerous lesions (adenomatous polyps, adenomas). The aim of this paper is to present an overview of our scientific understanding of that topic and its implication in clinical practice. One of the principal goals of current CRC secondary prevention efforts is to detect and remove the precancerous lesions in individuals with an average CRC risk to prevent the development of invasive cancer. MS is not currently considered a high-risk CRC factor and is therefore not included in the guidelines of organized screening programs. However, in light of growing scientific evidence, the approach to patients with MS should be changed. Metabolic risk factors for the development of adenomas and cancers are the same - obesity, impaired glucose tolerance, dyslipidemia, hypertension, cardiovascular diseases and diabetes mellitus type 2. Therefore, the key issue in the near future is the development of a simple scoring system, easy to use in clinical practice, which would identify individuals with high metabolic risk of colorectal neoplasia and would be used for individual CRC secondary prevention strategies. Currently, such scoring systems have been published based on Asian (Asia-Pacific Colorectal Screening Score; APCS) and Polish populations.", "DOI": "10.3748/wjg.v22.i36.8103", "ISSN": "1007-9327", "note": "PMID: 27688652\nPMCID: PMC5037079", "journalAbbreviation": "World J Gastroenterol", "author": [{"family": "Suchanek", "given": "Stepan"}, {"family": "Grega", "given": "Tomas"}, {"family": "Ngo", "given": "Ondrej"}, {"family": "Vojtechova", "given": "Gabriela"}, {"family": "Majek", "given": "Ondrej"}, {"family": "Minarikova", "given": "Petra"}, {"family": "Brogyuk", "given": "Nagyija"}, {"family": "Bunganic", "given": "Bohus"}, {"family": "Seifert", "given": "Bohumil"}, {"family": "Dusek", "given": "Ladislav"}, {"family": "Zavoral", "given": "Miroslav"}], "issued": {"date-parts": ["2016", "9", "28"]}], "schema": "https://github.com/citation-style-language/schema/raw/master/csl-citation.json"} 81, 82, 97
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nude mice. In summary, our data suggest that L1, L5, and especially VLDL promote breast cancer progression and metastasis through Akt-induced EMT and angiogenesis, and provide a novel mechanism of how dyslipoproteinemia promotes breast cancer progression."DOI":"10.1016/j.canlet.2016.11.033","ISSN":"0304-3835","journalAbbreviation":"Cancer Letters","author":[{"family":"Lu","given":"Chun-Wun"}, {"family":"Lo","given":"Yi-Hsuan"}, {"family":"Chen","given":"Chu-Huang"}, {"family":"Lin","given":"Ching-Yi"}, {"family":"Tsai","given":"Chun-Hao"}, {"family":"Chen","given":"Po-Jung"}, {"family":"Yang","given":"Yi-Fang"}, {"family":"Wang","given":"Chie-Hong"}, {"family":"Tan","given":"Chun-Hsiang"}, {"family":"Hou","given":"Ming-Feng"}, {"family":"Yuan","given":"Shyng-Shiou F."}], "issued":{"date-parts": [{"2017",3,1}]}}, "schema":"https://github.com/citation-style-language/schema/raw/master/csl-citation.json"}]

]. Research concerning the effect of the MetS and its individual conditions on CRA risk is limited. Tian et al

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] indicated that serum TG was significantly associated with the CRA formation (RR

= 1.06; 95% CI 1.03-1.10;

P

= 0.0009;

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= 69%). Yet, this is lower than the 30% increase in the CRA risk observed in our analysis. The meta-analysis undertaken by Tian et al

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] showed that the RR for CRA with serum HDL-C was 1.03 (95 % CI 0.99-1.06;

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=0.12) with a moderate heterogeneity (

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= 43 %). Correspondingly, our analysis revealed a non-significant effect of low levels of HDL-C on CRA risk (RR

=

1.02; 95% CI 0.92-1.12;

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74%).

To the best of our knowledge, our study could be the first comprehensive meta-analysis that shed the light on the effect of each metabolic factor constituting the MetS and CRA formation in addition to their association with the risk of developing CRC. This could be of high importance, particularly to determine the implication of MetS components on CRC carcinogenesis. Future research should focus on determining whether the increased risk of CRN is attributable to the entire cluster or to every particular condition. Moreover, understanding the role of

each component and the biological mechanisms relating to those factors and CRN incidence may provide indications for colorectal cancer therapy. In general, no evidence of the small study effect or publication bias was found. Besides, the additional analyses including subgroup, influence, and sensitivity analyses were performed and the Baujat plots were constructed for all the analyses. The results showed that no dataset has contributed in a way that significantly alters the findings, apart from the exceptions mentioned, emphasizing therefore on the strength of our findings. Although, this study has certain limitations. Including case-control and cross-sectional studies may result in selection bias. Several analyses presented results with moderate or considerable heterogeneity, hence these findings should be interpreted with caution. Nevertheless, subgroup and sensitivity analyses were carried out with the aim of exploring the sources of heterogeneity.

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Conclusions

In summary, our findings demonstrate that hyperglycemia, hypertension, hypertriglyceridemia, and central obesity are associated with a moderately increased risk of both CRA and CRC. In fact, the proportions for the augmentation of the risk oscillated between 26-33% for CRA, and between 14-35% for CRC. In general, regarding the relationship between the increased CRC risk and these conditions, the association was more noticeable in the colon than in rectal cancer and in men than women. Nonetheless, low HDL-C shows a statistically non-significant positive effect on both outcomes. Our results display stronger associations between MetS components and CRA risk compared with those of CRC. Thus, screening programs aiming to prevent CRC should take into consideration MetS patients. The management of MetS and its individual components is highly recommended. Further research should be focused on understanding the biological mechanisms underlying the relationship between MetS and CRC.

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Cite this article as

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 .
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 https://doi.org/10.5281/zenodo.
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 1478870](https://doi.org/10.5281/zenodo.1478870)

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The North African Journal of Food and Nutrition Research

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