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Title of your Manuscript				
Short Running Title if possible				
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To which topic (s) does/do your manuscript belong?				
Select one (or more) by checking (mandatory)				
1. □ Food Composition and Dietary Intake Assessment				
2. □ Epidemiology, and the prevalence of related disorders such as obesity, diabetes, dyslipidemias, etc.				
3. □ Biochemistry and Cellular Metabolism of Nutrients				
4. □ Dietary strategies and Nutrition Education				
5. ☐ Food Security and Challenges				
6. ☐ Food Behavior and Quality of Life				
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14. □ Nutrition and Immune Regulation				
15. □ Nutrition and Reproduction				
16. ☐ Food Environment and NCDs				
17. □ Food Microbiology and Safety				



ABSTRACT

Key-words: Keyword 1, Keyword 2, Keyword 3, Keyword 4, Keyword 5.



1. Introduction



2. Subjects/Materiel and Methods



3. Results



4. Discussion



5. Conclusions

Manuscript



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Author Contribution: A.A. conceived and designed the study, and undertook the literature research. All authors participated in the experiment and data acquisition. B.B. and C.C. performed the data analysis. D.D. carried out the statistical analysis, prepared, reviewed and drafted the manuscript. All authors approved the final version before submission. All authors have read and agreed to the published version of the manuscript.

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Conflicts of Interest: The authors declare no conflicts of interest.



References

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Tables: (put each table on a separate page)

Table 1: Title

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Table 2: Title

Parameters		



Figures: (put each figure on a separate page)

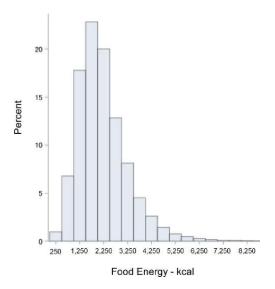


Figure 1: Title