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Short Running Title

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To which topic (s) does/do your manuscript belong?

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1.	☐ Food Composition and Dietary Intake Assessment
2.	☐ Epidemiology, and the prevalence of related disorders such as obesity, diabetes, dyslipidemias, etc.
3.	☐ Biochemistry and Cellular Metabolism of Nutrients
4.	☐ Dietary strategies and Nutrition Education
5.	☐ Food Security and Challenges
6.	☐ Food Behavior and Quality of Life
7.	□ Public Health Policy & Health Economics
8.	□ Nutrition and Cancer
9.	☐ Food Chemistry and Engineering
10.	☐ Human and Clinical Nutrition
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12.	□ Nutrition, Physical Activity and Sport
13.	☐ Infant, Child, and Adolescent Nutrition
14.	□ Nutrition and Immune Regulation
15.	□ Nutrition and Reproduction
16.	☐ Food Environment and NCDs



Abstract page

ABSTRACT

250 words. (Please refer to the instructions authors on NAJFNR for

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word word word word word word. Aims/objectives: word word word word word word word

word word word word word word Conclusions: word word word word word word word

word word.

Key-words: Keyword 1, Keyword 2, Keyword 3, Keyword 4, Keyword 5.



Body Text

1. Introduction



2. Subjects/Materiel and Methods



3. Results



4. Discussion



5. Conclusions



Acknowledgment: Authors would like to thank

Author Contribution: A.A. conceived and designed the study, and undertook the literature research. All authors participated in the experiment and data acquisition. B.B. and C.C. performed the data analysis. D.D. carried out the statistical analysis, prepared, reviewed and drafted the manuscript. All authors approved the final version before submission. All authors have read and agreed to the published version of the manuscript.

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6. References

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Tables: (put each table on a separate page)

Table 1: Title



Figures: (put each figure on a separate page)

Figure 1: Title