## Type of article:
Select the category of manuscript

### Title of your Manuscript

**Short Running Title**

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- **Source(s) of support:** ……………………………………………………………………………………………………………………..
- **Conflicting Interest:** ……………………………………………………………………………………………………………………..
- **Number of tables:** Click to add
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- **Entire article word’s number (abstract and references included):** ………………………………………………………………..
- **Abstract word’s number:** Click to add
To which topic does your manuscript belong?

Select one (or more) by checking (mandatory)

1. ☐ Effect of Nutrition on Metabolic Control
2. ☐ Epidemiology, and the prevalence of related disorders such as obesity, diabetes, dyslipidemias, etc.
3. ☐ Biochemistry and Cellular Metabolism of Nutrients
4. ☐ Dietary strategies and Nutrition Education
5. ☐ Food Security and Challenges
6. ☐ Food Behavior and Quality of Life
7. ☐ Public Health Policy & Health Economics
8. ☐ Nutrition and Cancer
9. ☐ Food Chemistry and Engineering
10. ☐ Human and Clinical Nutrition
11. ☐ Food Processing and Packaging
12. ☐ Nutrition, Physical Activity and Sport
13. ☐ Infant, Child, and Adolescent Nutrition
14. ☐ Nutrition and Immune Regulation
15. ☐ Nutrition and Reproduction
Abstract page

ABSTRACT

200 to 250 words. (Please refer to the instructions for authors on the NAJFNR website)
https://www.najfnr.org/instructions

Background/Introduction: word word word word word word word word word word word word
word word word word word word word word word word word word. Aims/objectives: word word word word word word word
word word word word word word word word word word word word word word word word word. Subjects/Material and Methods:
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word word word word word word word word word word word word word word word word word word word. Conclusions: word word word
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Key-words: Keyword 1, Keyword 2, Keyword 3, Keyword 4, Keyword 5.
1. Introduction
2. Subjects/Materiel and Methods
3. Results
4. Discussion
5. Conclusions
6. References


7. Acknowledgement
Tables: (put each table on a separate page)

**Table 1: Title**
Figures: (put each figure on a separate page)

Figure 1: Title